A cutting from the website of The Salvation Army about Integrated Social Aid Network (INSAN) Project in Union Council Satbani, Tehsil Balakot, District Mansehra



A co-operative maximises crop output

The third project is a livelihood empowerment and regeneration scheme in 40 villages.

'In this, The Salvation Army and the local agency Integrated Social Aid Network equip key people to advise and educate men and women's groups in the villages,' says Alison. 'The women are taught basic health education, such as the

importance of boiling drinking water to make it safe and clean.

'Men are taught how to maximise their income by joining groups rather than struggling to make a living on their own small piece of land. This gives them more land, more animals and increased crops - and enables them to apply for grants to set up businesses. They also receive professional advice about agricultural and other subjects to help improve their prospects.

'The Salvation Army is committed to an initial three-year programme to see these projects through.'

Pakistani personnel have now been assigned to live and work in the area.

Alison is part of a 24-strong group of team leaders from all over the Salvation Army world who are being trained in emergency response to natural catastrophes.

'The Salvation Army is always there at all kinds of disasters,' she says. 'A team will go and assess the situation and decide what help can be offered. We adhere to internationally recognised codes of practice.