

THE Chick-tionary



**86 confusing things
women say to men -
and what they
REALLY mean.**

**The Wing Girl Method's guide to knowing exactly what a woman really thinks,
even if she won't tell you - proven to work after helping thousands of guys in real-life situations.**

THE Chick-tionary

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she's telling you that she's not interested in you romantically or sexually.

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22 WHAT SHE'S REALLY SAYING: "I'm giving you a good signal here."

These statements all share a positive quality. How exactly they're positive varies though.

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As much as you don't want to hear a girl isn't into you, that's nothing compared to the quotes in this section. You want nothing to do with the woman who says the following to you.

26 WHAT SHE'S REALLY SAYING: "Go slowly."

The quotes in this section all share the theme of slowing down.

28 WHAT SHE'S REALLY SAYING: "Step it up."

When you hear one of these, it means you need to ratchet up the man factor

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30 WHAT SHE'S REALLY SAYING: "I'm looking for some reassurance."

These statements all call for attention or reassurance. Whether you give it depends on you and the specific situation, but when you hear these, she's asking you for a little handholding.

32 WHAT SHE'S REALLY SAYING: Calls for Communication

Each of these are cues that there's a situation that requires thoughtful communication, probably involving a lot of active listening.

33 WHAT SHE'S REALLY SAYING: "What's Next?"

As you may have realized yourself, a lot of things women are saying to you are subtle ways of saying I'm not interested in you.

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INTRODUCTION:

Why Women SEEM Confusing, and How To Read Them Like A Book With %100 Confidence

I say this all the time...

WOMEN ARE COMPLICATED!

And I'm sure you can agree.

But the truth is that women **SEEM** complicated, because they operate on different rules than men.

Which brings us to this guide...

The Chick-tionary: A Man's Guide To Know What Women REALLY Mean.

You see, while women are more aware of their feelings and more comfortable expressing those feelings...

They tend to send mixed messages when they don't wanna hurt **YOURS**. Women are socially primed to be polite, accommodating creatures of society...because otherwise they'd be called "a bitch!"

I have one girlfriend who was at a bar one night talking to a guy...

After awhile he asked for her number and she said, "Oh sorry I'm not interested...but thank you!"

And you know what happened while she was walking away? He screamed out at her in front of the entire bar, "Well fuck you then you stupid slut!"

Can you believe that?!

I actually have another friend who was talking to this guy for just over half an hour. No touching, flirting or leading on, just talking.



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As she was leaving he said “hey, where are you going? Give me your number so I can take you out sometime.” My friend turned to him and said “I’m sorry if I gave you the wrong idea. As I said in the beginning of our conversation, I have a boyfriend.”

And you know what that guy did??

He punched her in the face. I’m being dead serious.

Now this example is much more extreme and hopefully doesn’t happen often but it explains why women do **NOT** wanna piss off the wrong guy!

On the **OTHER** hand...they **ALSO** don’t wanna come off as the sexual aggressors. They’re **EQUALLY** conditioned to be the sexually prudent type that waits for the men to make the moves...because otherwise they’d be called “easy.”

One of the biggest female fears is that guys will lose interest and get lost if the girl shows **TOO MUCH** interest...

In fact, me and my friends spent **SIX HOURS** one night trying to “figure out” why the guy she liked was “playing games,” only to find out that she had turned him down **THREE TIMES** when he tried taking her out!

To which, she explained that, “Well I can’t seem too eager or like I’m waiting around for him!”

Women, right? :-)

Now for these 2 reasons...there’s gossip and Girls Night!

To shed some light on some of the female phrases that you’re completely in the dark over... I’m gonna lay out the **REAL** meaning of everything you hear from a woman that makes you go, “Huh?”

So that you can finally understand what she means, what you can do, and how to avoid getting confused from here on out.

Once you’re done reading this guide you will be able to translate her mixed signals, know exactly how and when to make your move, or cut your losses and move on (which often gets her chasing you anyway).

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The Science of It All...

As you know, when I create materials for you, I like to make sure that I do thorough research and provide you with multiple sources of information. Which is why I called on my friend Duane C. Welch Ph.D. and author of Love Factually: 10 Proven Steps from I Wish to I Do, to help me with explain the science behind how women communicate.

Here is a scientific explanation as to why women are such subtle communicators.

Why Women Speak With Their Eyes More Than Their Words

By: Duane C Welch Ph.D.

It happens all the time: Women think they've been perfectly clear about their interest, and guys think, Yeah-clear as mud!

Studies show that women usually make the first move in getting that initial conversation rolling. Trouble is, they do it without words. The reason? Women are basically punished for being too clear about your appeal to them.

Per the science, guys tend to assume that women who are obvious—who would, say, cross the room, say they liked you, and take the lead in buying drinks, asking you out, etc.—are either nuts or sluts.

Apparently, men have an unconscious filing system of Ms. Right versus Ms. Right-Now, and a woman who takes the pursuer roll is often shifted into the hookup category. Evolutionary psychology says that men unconsciously assume that a woman who takes over pursuit is low-status, mentally unstable, unintelligent, or—worst of all—might be so sexually available that she is available to everyone, possibly putting him at risk of unknowingly raising some other guy's kids. So men who value a woman's hard-to-getness are basically valuing her future fidelity to him, and his own gene's survival.

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So as you can see there is reason for women to be so subtle in their actions towards men.

The Problem is that we women have become so subtle, that most men are baffled by us. Some guys "get it," and for them, connecting with women comes easy. I want you to be one of those rare men, so that you can finally have the sex life you really want!

Which is why I'm giving you The Chick-tionary!

Female Phrases and Words Decoded

Here is how and why the Chick-tionary got created. I am a Wing Girl and I tell men how to attract women so they can date, seduce and get the women they want, even if they are already in a relationship. Thousands of men, come to me for advice on how to get the girl and keep the girl through my website <http://www.winggirlmethod.com>.

I posed the question "what are the top things women do and say that confuse and frustrate you?", to those who are members of my site.

I sent out this email right before sitting down to dinner and when dinner was over I already had over 400 emails from guys.

Then by the next morning, I had over 1000 replies filled with scenarios, phrases and actions that women do that are misunderstood by men.

I went through every email, over 3 months, to answer all your questions, and give you a resource you can use for the rest of your life, to decode the women you want.

Here are the most common words and phrases that confuse men. I categorized them into themes, or phrases that are saying the same thing with different words.

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WHAT SHE'S REALLY SAYING: “I *really mean just what I'm saying.*”

Let's start easy. Sometimes a woman means exactly what she's saying, and nothing more. No deeper meaning, no hidden test. In these cases, it's really that simple.

- 1. Service girl says, “How is your day going?” but doesn't say it to others.**
 - It totally could be a girl flirting with you but most likely you are just giving her eye contact or she senses openness with you and she is just being polite.
- 2. “How old are you?”** – I'm confused about your age because of the things you are saying, so tell me your age. Also sometimes said to be nice but overall it's a girl asking your age.
- 3. “What are you doing over the weekend?”** – This is just chitchat.
- 4. All she does is giggle then says, “I hear ya,” to your jokes.** – She may not be comfortable with what you are saying or doesn't know how to respond back. I would say if she stops hanging out with you then she is not comfortable with you saying what you say and is turned off by it. BUT if she keeps hanging out and giggling then she's okay with it but just doesn't know how to respond back and is not comfortable talking dirty. Again, most likely because she doesn't know what to say.



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WHAT SHE'S REALLY SAYING: “I've been hurt before.”

If you hear any of these phrases, then it's likely this woman is still feeling something from her past. That doesn't mean she's hung up on someone prior, just that there's still some experience that's shading her interaction with you. Be aware of this, and don't make the same mistakes she's telling you someone else did.

- 1. “I'm looking for a guy who is open-minded.”** – Means my last boyfriend was NOT open-minded. He didn't want to do anything I wanted to do or try and didn't see the world the same way that I do. I'm looking for someone who has the same view of the world as me and is open to trying new things. No lazy, scared men allowed!
- 2. “I am looking for a casual relationship, find someone I can get along with and go from there.”** – She's looking to go slow with someone. Most likely she's been burned in the past by going too fast with guys and has told herself to not move so fast in the future. Having a casual relationship does not mean casual sex. It means taking her time to get to know a guy before letting him in.
- 3. “I don't need a guy to be happy.”** – This statement could come from past baggage/experiences and she's announcing to you and the world that she doesn't need a man to be happy because in the past she may have felt differently. She may have relied on men to make her happy and it could have bitten her in the ass with losing herself or possibly hurting her relationships.
- 4. “I'm trying to figure out my feelings for you before we start dating.”** (just got out of a relationship) – You can laugh at this statement. Not in a “This is so stupid. I can't believe it,” way, but in a “You are so cute that you're thinking about this that much. I hear you.”

It's a protective thing that a lot of women say/do. If a woman says this to you, you can say, “I get you. Let's help you figure it out. I'll let you ask me 3 questions about me and I have to answer them honestly. You can ask anything you like.”

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BUT you also have to let me ask you 3 questions and you have to answer. Agreed?" If you say this with a smirk on your face and eye contact it shows her that her protecting herself doesn't faze you and you totally get it.

- 5. "I just got out of a long term relationship."** – Means she's not her full self yet because she's recovering from a break up. Expect wishy-washy behavior from a girl who makes this statement. Don't get mad at it. She warned you! She's just trying to recover from the breakup and figure out who she is as a single person again. Not sure what she wants.
- 6. You are out on a "date" with her, but then says "I'm just not ready to date..."** – Maybe YOU'RE out on a date but she definitely is not. Pretty sure this means that she has no idea you are out on a date or dating which means you gotta step it up and let her know your intentions. IF she does know that she's out on a date, I would say this she's a girl who is going through a recent break up and realizing that she just isn't ready to do all of the dating stuff just yet. That prior to the date she thought she may be ready to date but now that she's on she's realizing she's just not ready yet.
- 7. "I can't give a %100 to a relationship right now so I am just not going to date anyone."** – She's tired from her last situation and drained and just can't do it right now.



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WHAT SHE'S REALLY SAYING: “I'm not into you.”

If you hear any of these phrases, she's telling you that she's not interested in you romantically or sexually; you haven't set off any sparks for her. Depending on the circumstance, you might still have a shot, but you'll need to change your approach with this woman. Or, you may just be out of luck.

One little note to you. IF you hear any of the following phrases and want a chance of flipping things around, you MUST remain unemotionally effected by the words. A cute follow up comment. A smirk. Nice eye contact. Anything that shows that what's been said to you doesn't bother you and you can handle it, is the best response you can give.

- 1. “You're a friend of a friend so I don't shit where I sleep.”** – There are only a few reasons that woman would consider not being with you and being a friend of a friend is **NOT** one of them. Meeting people through friends of friends is the best way to meet people!!!! So this is a clear cut excuse and she is not into you.
- 2. “I love you but not in that way.”** – I care for you but I never want your penis inside of me and I don't see you as a potential boyfriend or lover. Stop trying to date me because it will never happen, especially not if you keep doing what you are doing. The only way it will change is if YOU change what you're doing and how you are towards me.
- 3. “I have a boyfriend.”** – The “I have a boyfriend” statement is always a tough one to decode because women use in so many ways. It could mean she really has a boyfriend and wants to let you know that her talking to you in no way indicates that she's flirting or wants you to pursue her. It's letting you know she's taken but is enjoying the conversation.

It's also a way for women to kindly give you the off and let you down easily. Women who don't have a boyfriend find it easier to say, “I have a boyfriend” then to say, “I'm not into you” or “please leave me alone”. What I can say about this statement is that when you hear it, the way you handle it is what will have the most effect on how a woman sees you.

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Option 1: If she really does have a boyfriend – The woman who really has a boyfriend and says this is softly putting a contract out there between the two of you that states “I’m letting you know I have a boyfriend so that you don’t get the wrong idea about me being friendly. If you continue talking to me, you will know that moving forward any of my actions are “friend focused” and not signs that I want anything more from you.” By you continuing to talk with her and accepting initiations from her, it’s you silently signing this contract and stating you clearly understand her words and intentions moving forward and you are also down for a friendship.

Option 2: If she's just saying she has a boyfriend – The woman who doesn't really have a boyfriend but says she does is trying to tell you she's not into you. If you can handle it lightly and not be offended by it and even make a joke about it, it can save you with this woman. I'm not saying that she will suddenly be into you but she may be more open to learning more about you, AND if anything she could introduce you to her other girlfriends. I always think a great response is for you to tell her you wish that weren't the case but she's too X for you anyway (X = a joke) and that if she's taken, then it's her job to be your wing girl. Then play a game with her where you guys can go find girls for you to meet and she is your wing girl. This shows that her rejecting your advances are not a big deal and that you can still have fun with her.

I have a great example of something to do when a girl you like has a boyfriend.

Go watch here:

<http://www.winggirlmethod.com/what-to-say-when-she-says-i-have-a-boyfriend/>

Overall my advice on going after girls with boyfriends is that it's a waste of time to narrowly focus on getting a girl you want to break up with her guy. What you can do is show her what a real man is like during the times you do hang out with her. That you are fun, playful and flirty and that you can show her a side of herself that she may not know is there. **AND THEN** you focus on other women; if that girl breaks up with her guy, then you're top of mind for her. If you don't live your own life and just focus on her and sabotaging her relationship, it will never happen.



- 4.** “I’m totally into you/have the best time/etc. when we’re together, but when we’re apart, I don’t think about you and just see you as a friend.” – You aren’t exciting her enough and giving her nothing to latch onto. Exciting doesn’t mean that you have to take her diving with sharks or skydiving. It means you aren’t making her feel any type of attraction.

Read this:

<http://www.winggirlmethod.com/-8friend-zone-traits-killing-your-game/>

- 5.** “You must be a gay!” – There are a lot of guys where it’s hard to tell if they are gay or straight. Either it’s how they dress, talk or act towards you. Typically it’s the voice and how they talk to you. What they are saying with this comment is “I honestly thought you were gay,” OR they could be saying to you “I was that open and touchy with you because I thought it didn’t mean anything sexual to you. Sorry for leading you on, I just thought you were gay.”

- 6.** “I care about you, but I don’t feel anything.” – Not into you and not seeing you in a sexual way. FRIEND ZONE!

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- 7.** **"It's not you, it's me," and "You're a lovely guy."** – She's saying it's her that's not into you and you're a lovely guy that just isn't doing it for her, BUT she's sure someone else will like you.
- 8.** **A woman flirts with you but then talks ABOUT other guys.** – I hate that I keep giving it could be this but it could also be this advice but this is another one where it totally depends on the situation. IF she's been attempting to flirt with you by validating herself, then a statement like this is another way for her to do so. She's saying "you better get on this now or someone else will get me." But if she's not flirting with you and simply being friendly, this is her way of saying "I'm not into." She's talking about other guys to subtly let you know that she's not interested in you.
- 9.** **When she says, "Hey" and just leaves.** – This can be a couple of things depending on the context. It could mean she doesn't want to be rude. It can mean you don't know one another and she is being friendly. It can mean she's shy but doesn't want to be rude. It can mean she likes you but doesn't want to be too aggressive. It can mean she's not into you at all but still wants to just say hi.
- 10.** **"I don't look at you that way."** – Means I don't see you sexually. I see you as a friend. **NOT INTERESTED.**
- 11.** **"I'm not looking for anything romantic right now."** – This can be a couple of things. She's really not into anything romantic right now. This depends on where she is in life. But typically it means I'm not into you that way.
- 12.** **"You have to stop telling me about kissing me because it stresses me out!"** – Not sure why you are telling her about kissing her and not actually doing it. This can be her saying "Stop talking about it and just do it already. It stresses me out thinking when is it coming," or it can mean "I just want to be friends so please stop saying you want to kiss me cause pretty soon I won't want to hang out as friends. It makes me uncomfortable."

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13. “I don’t have time for dating, and am focusing on myself.” –

Could be true but most often it means not into you. I don’t have time to date **YOU** but that guy I could date ;-)

14. “I already have a drink.” – Means

- MOVE ON buddy. I don’t want your drink.

15. “I could not accept what you have to give.” – She just wasn’t feeling that

chemistry.

16. “I like you so much...what is wrong with me?” – A lot of girls do this with guys

that are so awesome but they just don’t feel that way about them and then they get mad at themselves.



17. Short, one word texts like “Hey,” “Good,” “Maybe.” – Means I want to be polite by responding but I’m not into you, which is why I’m not giving you more.

18. She says she'll message you and doesn't. – Not into you or forgetful, but most likely not into you.

19. When a girl looks at you and smiles and turns away and turns back and smiles again but when you want to approach her she looks mad or looks away or sometimes even leaves as you're walking up to her. – This is an interesting one because it's all from your perspective of what she's doing, but I will say this: I smile when someone is looking at me. It's usually to be polite; I see them looking at me and I want to acknowledge that I see them looking. If I can feel that same person still smiling at me but without taking action like approaching, I'll get super uncomfortable and out of discomfort I'll look back at him. But I still want to be nice, so I'll smile. Keep in mind my smile is not a big, welcoming smile. It's a half smile to be polite. Usually this person has creeped me out, so by the time they actually approach I'm annoyed that I have to deal with more time of being polite.

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Sounds like this girl is just honest and doesn't want to give you the wrong idea, so she's just leaving instead of talking.

- 20.** **"I am kinda seeing somebody."** – Could mean she just started seeing someone but she's not sure if she likes him yet, OR she's not sure if he likes her. Overall it means she's not going to be seeing you anymore ;-)
- 21.** **"I'm not really looking for anything serious right now,"** or "I am single, but I'm currently not looking." – Depending on who says it, it could actually mean she's not looking for anything serious right now, BUT most girls will toss that out the window if they meet the right guy that they connect with and feel chemistry with. Overall means, "I don't want anything serious with you so let's just remain friends."
- 22.** **"I am not ready. / I'm busy."** – It means get the F*&K away from me. If a girl is interested, she will not say these things.
- 23.** **"I'm seeing someone."** – Either a soft way to turn you down so she won't hurt your feelings or it's the truth. She actually is seeing someone and either wants you to go away or to just be friends. Depends on the context and situation. Overall it means "I'm not into you that way."
- 24.** **"You're really nice guy... but..."** – "You don't get my juices flowing!!!" This means she doesn't see you that way. Doesn't mean you can't turn things around but you'll have to change your approach with her.
- 25.** ***She starts telling you all about her and her husband/boyfriend*** – Depends on the exact situation, but typically when a woman is talking with you and she brings up her husband, it's her way of saying "I'm taken. I enjoy talking to you. This is just friendly talk," and by you sticking around to talk with her it's your way of saying "Totally get it that you are taken. I won't think this can be something else other than friendly conversation."
- 26.** **"I don't have the same feelings for you, but I'm willing to go out and try."** – It means she THINKS you're a nice enough person right now, doesn't see anything **BLATANTLY** wrong with you...and is also aware of the fact that she doesn't necessarily **FEEL** anything for you. Her mind's telling her yes but her body's telling her no.

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- 27.** **"I am seeing someone," or "I am dating someone," and still asks to hang out.** - Because she wants to be clear that this is a friendship dinner. Women can be friends with men, so this is her saying "I hope you understand what this time together means. FRIENDS. So don't try anything."
- 28.** **"You're cute."** - **Typically means** "I see you in a brotherly way and not as sexy or a sexual option."
- 29.** **"I think we should be friends. / I see you more as a friend than as a lover."** - This one is pretty direct. "I don't see you that way which means you have not been able to get my juices flowing and I don't' see you sexually. You don't make me feel a certain way that I need to feel if I'm going to sleep with someone."
- 30.** **"Listen, you're great, and you're going to make some other girl happy one day, but I really just want to be friends."** - I really should just say IBID for this full document because this one is also saying "I'm not feeling excitement from you and a desire to date you BUT I'll be your friend but not a real friend that actually gets together and hangs out. A fake friend because I'm trying to let you down easily and offer you friendship as a consolation prize."
- 31.** **"You're funny."** - I've never said, "you're funny" to a guy I am interested in. Most often when this is said she thinks you need a confidence boost and wants to give you something that doesn't lead you on. "You're funny" is an easy compliment to give out because it's non-sexual. BUT if she's flirting with you and really laughing hard with you then you can see it as flirting. BUT if she just says "you're funny" after you've done a lot of entertaining and talking, she's not into you and politely wants you to stop trying so hard.



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WHAT SHE'S REALLY SAYING: “I don’t want to go out with you.”

Similar to the section above, these statements express a lack of interest. These specifically deal with how a woman responds to invitations or events. Pay attention: just because she's responding to you, or even gone out with you, if you hear one of these means it means she's not feeling it.

- 1. “Thank you for a wonderful night” type of response, then afterwards an “I am so busy at work” brushoff.** – “I had a great time” is what you are supposed to say after a date, the polite thing to say. So what she means with her actions and words mixed together is “I had a nice time but I didn’t feel a spark between us and therefore will not be going on a second date with you.” Brush-offs are not signals to pursue harder or tests to see if you can court her. Brush-offs are exactly what they state to be. She is trying to brush you away from her. “Scoot! I don’t want you on me.”
- 2. “Let me think about your proposal.”** – This could mean she’s really thinking about it and possibly trying to not seem so eager. It really depends on her age AND if she gets back to you on it. If she doesn’t get back to you within a day then she’s just blowing you off.
- 3. “I do not like going to the movies.”** – Who the hell doesn’t like movies??? Red flag for sure but to translate, it probably means she doesn’t like going to the movies. May have had bad experiences or has A.D.D or just isn’t her thing. OR she’s trying to blow you off.

- 4.** **"I can't hang out tonight."** – I'm pretty sure this means "I can't hang out tonight" ;-) but if this girl simply says that and does not provide other time options or agree to meet you at another time, then it's pretty clear the two of you will never be hanging out.
- 5.** **She says yes to everything but she flakes in the end.** – She doesn't want to tell you no because she doesn't want to be mean. If she does it more than 3 times (which is still too many times) she's not into you.
- 6.** **"I'm so sorry. I can't make it because of A and B and C. Emojis. Can we do it some other time?"** – AB and C?? Wow. That's a lot of excuses. If a girl cancels and doesn't give options of when she can reschedule, she's probably not going to ever fit you into her schedule. The "some other time" is super casual and shows that she is not taking you that seriously AND the fact that you have not heard from her also screams not into this.
- 7.** **When you ask to get together and she replies "maybe."** – Maybe without a follow up is a nice way of saying NO. It's rarely an indicator of interest or test to you to see if you'll pursue harder.
- 8.** **When you ask a girl on a date and she says "Oh, I have a doctor's appointment," but then she never says anything after that like "Let's do it at another time."** – As I keep saying, women who don't offer other options when they decline your request to take her out OR break plans are never going to go out with you.



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WHAT SHE'S REALLY SAYING: “I’m giving you a good signal here.”

These statements all share a positive quality. How exactly they’re positive varies though. Some are self-qualifiers, meaning she’s trying to establish worth to you. Others are outright flirts. Pay attention to the particulars.

- 1. “I am an independent woman.”** – Could mean “I don’t want to be controlled and I can think for myself.” Or it could also mean she’s trying to signal to you that she is not needy and not like typical girls. Trying to show she’s a cool girl. Depends on the context of how this is said but it could be a clear indicator she is trying to validate herself to you to say she’s low maintenance.

NOTE: GIRLS WHO TYPICALLY SAY THIS ARE NOT INDEPENDENT WOMEN, HA. SHE MAY BE SAYING IT MORE FOR HERSELF THAN YOU.

- 2. “You don’t know me. I can be really mean.”** – This could be a flirting statement or a self-loathing statement depending on how it’s said or in what context. If you guys are mid-flirt and she throws this statement out, it could be her sly way of being sexy and flirting. Saying, “I’m really a bad girl” or “I’m not as nice as you think.”
- 3. “Do you have a girlfriend?”** and “What is your favorite thing about yourself?” – These are just getting to know you questions. Take them with a grain of salt and answer them. These are not tests so don’t let these questions put pressure on you. Anytime a woman wants to learn more about you, it means there is a level of interest OR she’s sussing you out for someone else. Either way, handle these questions with ease.
- 4. “I still love him, but I’m IN LOVE with you.”** – She is yours and you don’t have to worry about that other guy. She cares about this other guy because he was a part of her life and because it’s the right thing to say about an ex. BUT she is yours and totally into you.

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- 5.** **"Let me know when you are ready to chat."** – Not sure who was saying this to you, but if it's your GF then she's being awesome. Instead of bombarding you at a moment where you are not open to talking about something serious, she's telling you I want to talk about something but need you to tell me when you are free to talk. This means it's up to you to let her know when you can chat. IF you don't tell her when you can chat and just ignore these instructions, she's going to get really mad at you, thinking that her feelings are not important to you and that you are avoiding her.
- 6.** **When she says, "Hey" and just leaves.** – This can be a couple of things depending on the context. It could mean she doesn't want to be rude. It can mean you don't know one another and she is being friendly. It can mean she's shy but doesn't want to be rude. It can mean she likes you but doesn't want to be too aggressive. It can mean she's not into you at all but still wants to just say hi.
- 7.** **"You're a great guy and an awesome human being and we should meet soon."** – Not sure of the context of this one, but that sounds like a good message to get from a woman. Not too forward but subtle.
- 8.** **A woman flirts with you but then talks to other guys.** – She's having fun and working the room. If she's really flirting with you and keeps coming back to you after she talks to other guys, she's trying to show you what a commodity she is and that others want her so hop on it! VERY GOOD THING! She's trying to show her value. Big flirting sign.
- 9.** **Call her after text to have a real conversation and she doesn't answer but responds by texting you back.** – I interviewed my sister on this topic and a ton of other women and they all said the same thing. "I love it when a guy shows he can call me but there is no way in hell I'm gonna answer the phone. That's too scary!!!" In today's world people are a little fearful of talking on the phone and texting is much more comfortable. So if these women are still texting you, giving you more than 1 word responses and agreeing to meet you and then actually going... they're still into you. You can tease them about being afraid of the phone.



- 10. “What do you do?”** – Ha. I always laugh at this one because so many men think that this question is more loaded than it actually is. “So what do you do” is a standard get to know you question. A woman can be saying because she’s nervous and that’s the easiest thing to think to ask at that moment. Or it can mean she really wants to know what you do so she can learn more about you. What a person does for a living says a lot about who they are. I know that some men think it means “how much money do you make” and that can be part of it too, but overall she’s trying to find out who you are and what you are about.
- 11. “I’m getting married but I’m still not sure if he’s the one.”** – It’s the truth when they say it. “I’m with someone but I kind of like you so I’m kind of opening the door for you to show me what you’ve got.” Most girls who say that are not in a good relationship and need an excuse to get out. YOU could be that excuse.
- 12. “We’re not having sex tonight.”** – It’s what she wants to believe. She’s trying to convince herself that she doesn’t want to have sex with you, most likely because she wants to behave herself but she knows she’s gonna have trouble restraining herself. A.K.A – you’re probably going to have sex with this girl. What you can do is respect this and you can tease a bit, but ultimately let her lead you down the path to sex. DON’T push it!! If she says this in a very sexy, enticing way, it’s just a way for her to flirt and build tension. You can jump on this flirtation and play along with her.

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WHAT SHE'S REALLY SAYING: “I’m waving a big, red flag.”

As much as you don't want to hear a girl isn't into you, that's nothing compared to the quotes in this section. You want nothing to do with the woman who says the following to you.

- 1. “I have a boyfriend but we're having problems.”** – This is an interesting one because I always find it to be a lose lose situation. Either she's saying “I have a boyfriend but I want to hurt him right now and I'll do that with you.” Which means she'll flirt with you to make him jealous, or possibly make out with you to make him jealous, but ultimately she doesn't want anything more and any actions with her could get you beat up or dragged into her relationship drama.

Or it could mean that you're about to get sucked into “I need attention because my boyfriend's not giving it to me. So I'm going to talk and flirt with you all night and then go home and leave you high and dry.”

Or it could mean “You're about to hear about all my relationship issues because I don't see you sexually and need a male shoulder to cry on and vent to.” So actually it's a lose lose lose situation.
- 2. “I am not in your league.”** – This means she THINKS she's better than you or just not a right fit for you in some way. And if she seriously thinks she's BETTER for whatever reason, then find someone who can actually appreciate you for who you are.
- 3. “I like motorcycles but [your kind] isn't as cool as [another kind].”** – It means she's a bitch.

WHAT SHE'S REALLY SAYING: “Go slowly.”

The quotes in this section all share the theme of slowing down. Maybe you came on too strong, maybe things are just heavy and she needs time to process. You probably can't just charge in the way you just did, but you can still move forward.

1. **“I don't know you, that's why I don't talk to you.”** – She's saying, “I don't know you. So even though you may think you know me and built up a whole relationship with me in your mind, I still don't know you.” In this situation you can let her get to know you so that she is more open to talking to you and see where it goes from there. Make it a fun game and don't get emotionally wounded by her response. Tell her “Well then it's time for you to get to know me and vice versa. I'll give you 3 questions and I have to answer them honestly. Then I can do the same to you.” Something playful to show you that you acknowledge that she doesn't know you and you've heard what she's said. BUT it's a problem that can easily be fixed.



2. **“I am not ready to call this a monogamous relationship.”** – She's still not sure about you. This could be a lesson learned from past experiences where she has become monogamous to fast and it has not worked out well. Either she's being smart about things with you and going slow, OR she just isn't sure about you and still needs more time to decide.

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Typically when a woman says this it's a clear indicator that she's trying to force something to work OR that she sees potential in you but you haven't shown her what she needs to see yet. Advice on this is give it 2 more weeks and don't hold anything back with her (flirt, tease, escalate and lead). If she still feels the same way after 2 weeks, end things. It's not going to go anywhere.

- 3. "I don't want to date you again," and then a week later "I would like to get to know you again."** – She's trying to say I don't want to jump into dating you just yet because I want to see if you are different first. If you've changed. There may have been something about you she didn't like before and wants to see if it's changed. She's curious and wants to go slow.
- 4. "I still need my space."** – This is an annoying one because it is totally situation specific. "I still need my space," means "I'm not ready to be friends yet, or talk yet or contemplate getting back together. BUT if you broke up because she wanted you to change something about yourself or about how you treated her, she's saying, "Show me you have changed and then show me that you still want me. I'm protecting myself right now."
- 5. You ask her for her number but she said, "I don't know you well to give you my number."** – It's not a shit test, so please don't look at it that way. It's a sign that you have not connected with her enough before asking for her number. What she's saying is "I don't know you or anything about you. I don't know who you are, what type of man you are OR if I should trust you. I have no evidence to trust you yet."

You can totally play around with that statement and say, "Ok, I agree with you. We don't know one another. So let's get to know one another. You can ask me 3 questions and I'll do the same with you."

If you show that you are not affected by this statement and **HEAR** her, then you can actually get her more comfortable with you.

BUT if you show her that you are offended or hurt by her protecting herself, she will never let you get to know her.

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WHAT SHE'S REALLY SAYING: “Step it up.”

When you hear one of these, it means you need to ratchet up the man factor. Put yourself out there; ask for what you want; stop neutering yourself to please her, because it's not working.

- 1. “I want to feel your energy.”** – Either she's some hippy dippy who wants to actually see your aura and meditate for hours with you OR she's saying she can't really get a sense for you or your personality and she's not feeling connected to you. You can remedy this by opening up more, sharing and possibly not being so contrived or controlled in your action. This happens to a lot of guys in the friend zone. They get nervous to show their true personality so instead they become this polite, non-opinionated, pleasing version of themselves. If you start really putting yourself out there and stop being afraid of losing her attention, you'll have a better chance of attracting her and letting her feel your energy.
- 2. “Be a man.”** – Means stop being a baby. Be a man that leads, that does not get emotionally rattled by a woman's emotions. Do “man” type things that we associate with men. Overall it means step up, own who you are and don't be afraid to go after things.
- 3. “You have to stop telling me about kissing me because it stresses me out!”** Not sure why you are telling her about kissing her and not actually doing it. This can be her saying “Stop talking about it and just do it already. It stresses me out thinking when is it coming,” or it can mean “I just want to be friends so please stop saying you want to kiss me cause pretty soon I won't want to hang out as friends. It makes me uncomfortable.”

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- 4. You are out on a “date” with her, but then says “I’m just not ready to date...”** – Maybe YOU'RE out on a date but she definitely is not. Pretty sure this means that she has no idea you are out on a date or dating which means you gotta step it up and let her know your intentions. IF she does know that she's out on a date, I would say this she's a girl who is going through a recent break up and realizing that she just isn't ready to do all of the dating stuff just yet. That prior to the date she thought she may be ready to date but now that she's on she's realizing she's just not ready yet.
- 5. “So - what do you want from me?”** – She's saying get to the point. She wants to know why you are talking to her. Sometimes in conversation we can feel that there is something else you're waiting to say and if a girl says this, she's kind of calling you out and saying “So?? Get to it already.” This may be more of an aggressive girl.



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WHAT SHE'S REALLY SAYING: “I’m looking for some reassurance.”

These statements all call for attention or reassurance. Whether you give it depends on you and the specific situation, but when you hear these, she's asking you for a little handholding.

- 1. “Do I look fat in this outfit?”** – Means “I’m really insecure right now about how I look and need some reassurance and honesty.” Guidance on this is if you are out already and she says this look at her and say: “You look freakin hot in that outfit and I can’t wait to take it off of you.” Pull her in when you say this, make eye contact, and kiss her and then maybe give a slap on the ass. BUT if you are at home still and you agree that the outfit is not flattering, you can say something like: “It doesn’t make you look fat but it’s not the most flattering on you. Your body is super sexy and that’s not really showing it off.”
- 2. “Do you like these shoes on me?”** – Totally depends on your relationship with her and WHEN you say your response. BUT if you are already out you can say: “The shoes are great. I like how they make your legs look. Makes me want to X you....” Something semi teasing sexually. BUT if you are at home and you actually hate the shoes tell her: “I like everything on you but I like everything off you way better ;). Those shoes are okay but I think you have better ones that.”
- 3. “I’m not a mind reader.”** – Means “I can’t read your mind so OPEN YOUR MOUTH!” Usually it means she wants to know what you are thinking. If you know, tell her. But if you don’t know what you are thinking and still processing, tell her that as well and that you need a certain amount of time to collect your thoughts. Then make sure that you go to her after that set amount of time and tell her what you think. Overall women want you to update them. Think of communication like those little newsbreaks that come on TV all day. They are updates letting you know little bits about what is going on in the world and that you can catch the full story tonight at 11. Women simply want to know what you are thinking. Because when they attempt to read your mind, they misread your mind and that will always cause a negative.

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- 4.** **"I love you but you deserve better than me."** – This is fear that she isn't good enough for you or not lovable enough. Tends to be said by girls who doubt how you feel about them. They need a little reassurance. OR this may come from a girl who has done some shady things and is ashamed of it. This one needs a conversation to dig deeper and get to the bottom of what is going on.
- 5.** **"They text you even though they are seeing someone."** – This is just an attention thing or because they want to pursue a friendship. The attention thing is that in a moment of boredom and insecurity they want to get some attention and make sure.
- 6.** **"A married woman friend says things like "You need good sex," and "Make sure you don't call out my name in your sleep."** – Sounds like your married friend is not getting the attention she needs at home and is trying to get it elsewhere. Most likely these are empty statements because she thinks it's safe with you. But the reason she's doing it is because she's not getting a sexual, sensual, feminine outlet at home and needs to get it out! She wants to feel wanted and it doesn't seem to be happening at home.
- 7.** **"You're a player and I know you are gonna break my heart, so I'm just not going to get serious..."** – She's pretty much telling this to herself to remind herself that she knows what she is getting into, but also she's saying it to you hoping you'll say you don't want to be a player anymore and she's that girl who you'll change your ways for.
- 8.** **"What's an amazing man like you want with a stupid woman like me?"** – Depends on how it's said, but if said seriously she's showing you her insecurities. She feels like she's not enough for you. You can only do so much to help her security levels but ultimately it's up to her.
- 9.** **"What if you don't like me?"** – This is the same as above. It comes from an insecure place or she doubts something about you. Either way, it's her issue, not anything to do with you. All you can do is be strong for her and reassure her that you do like her as of right now, and then tease her about how you'll feel in the future.
- 10.** **"I don't deserve love."** – Same as the other ones. She wants you to tell her why she deserves love because there is insecurity there. NOTHING to do with you.

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WHAT SHE'S REALLY SAYING: *Calls for Communication*

Each of these are cues that there's a situation that requires thoughtful communication, probably involving a lot of active listening. Pick your way through these carefully, paying attention to what she says as she begins to open up.

- 1. When the girl blames the guy for everything that is bad in or after the relationship.** – This is just a defense thing and a lot of people do it in relationships. They tend not to look at how they contributed to dysfunction in a relationship. What you can do in this situation is set up a time to talk to her and dig through what's really going on. See how you guys can work on things forever. This really just means she's hurt because she feels you don't hear her or understand her and didn't try. A little calm communication can go a long way.
- 2. "Nothing."** – Means, "Oh it's definitely something and you better spend time talking with me to figure it out or else this is gonna get way worse." It's also saying "You should not have to ask what's wrong because you should just know why I'm upset or what you did." The best way to handle a "nothing" statement is not say "Cool. Well then I'll get back to the game." But instead to let her know that you are open to talking about whatever is bothering her and that you are sorry you don't intuitively know what is bothering her. Tell her you love her, touch her and say she can tell you anything. IF she still refuses to share what's going on, then you can tell her you'll be in the other room and are ready to talk and listen whenever she is ready.
- 3. "You don't understand. / You don't get it."** – Means "You're not getting the point of what I'm what I'm expressing to you. You may just be hearing words but I'm using words, feelings and thoughts and you don't get it because you don't feel it and you think logically." We think more emotionally. What you can do in these cases is just empathize with her and not belittle her emotions or think of them as irrational. Respect them even though you don't understand them AND never or fix them.

WHAT SHE'S REALLY SAYING: “What’s Next?”

As you may have realized yourself, a lot of things women are saying to you are subtle ways of saying I'm not interested in you.

That, on its own, can mean a ton of things.

“I’m not interested in you” doesn’t have to mean “I’ll **NEVER** be interested in you”...but it does mean with your current approach and the way you act with me **NOW** I’m not interested. I don’t feel excitement, a spark or attraction.

And I’m guessing the reason they aren’t feeling any of this with you is because you aren’t really showing them your real self.

You’re showing them the polite, contrived version of yourself.

You’re not being a leader.

You’re not standing up for your values/opinions.

You’re not assertive.

You’re not challenging her.

You’re not teasing her.

You’re not being bold and asking for what you want.

BUT I want to help you change all that!

If you were to stop being the polite, nice, fake version of yourself and instead were bold and really put yourself out there you would start to hear more positive responses from women and the confusion would end.

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But I must confess...

There is 1 other key things that keeps you from getting the results you want with women...

And it's a **MAJOR** thing missing from most guys interactions with women.

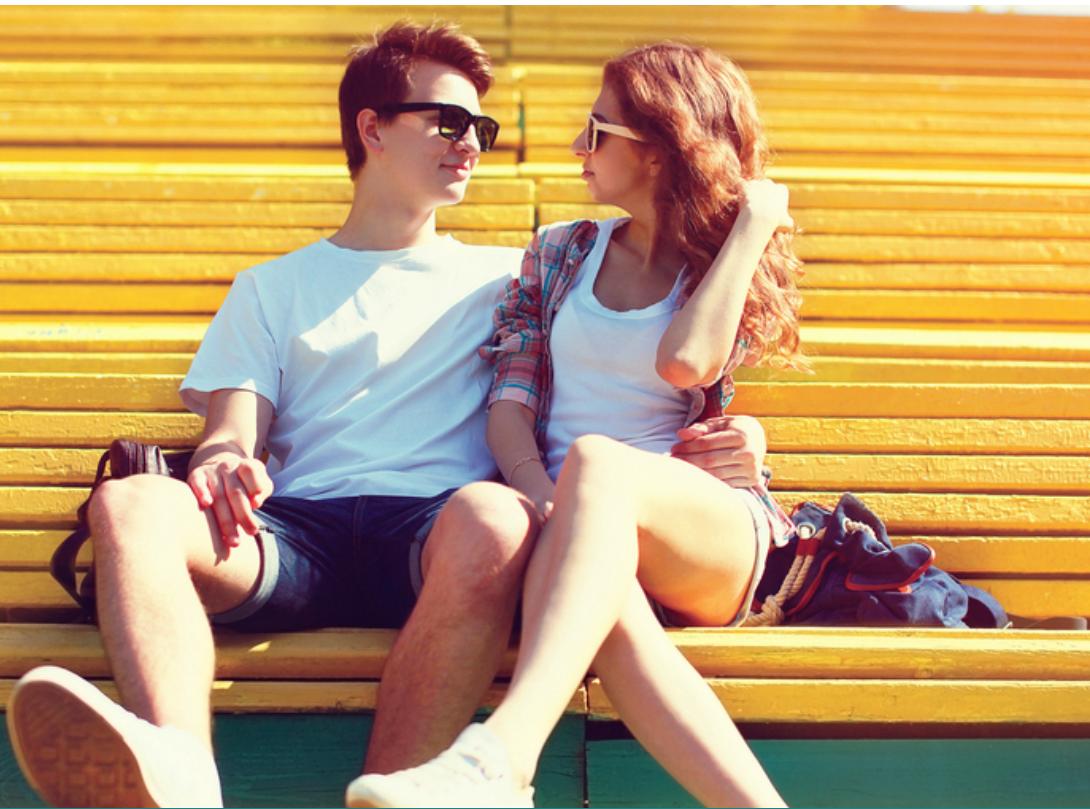
And that's flirting – or the ability to ignite sexual chemistry with any girl you meet, in a matter of minutes!

Most guys **SUCK** at flirting. They can't flirt their way out of a paper bag.

As your personal wing girl, I can't let you be one of those guys.

That's why I want to show you the most effective, step-by-step approach to flirting with any girl you like.

You just apply the formula and see results instantly. It's that powerful.



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Get the virtually unknown “F-Formula” that ignites instant chemistry with any woman you like...

This formulaic approach has been tested on thousands of girls and is proven to work like magic.

You'll discover:

- A simple, step-by-step guide to the ONLY flirting method women are biologically hard-wired to respond to... no matter what “type” of girl she is...
- (And nope, you won’t find male “gurus” teaching this method, because they don’t have a clue how this works.)
- The “emotional rollercoaster technique” that keeps us guessing. Once you “get” this, I promise:

***Approaching women will be %1,000 less terrifying.
That's because %90 of the game is already won for you...***

...Fact: women are hardwired to respond to men who create this “rollercoaster” feeling within us...

Seriously, I totally wanna teach you this because you can even make her disappointed if you fail to escalate.

Crazy idea right?

- How to escalate sexual tension without saying anything sexual or sleazy at all.
- The 3 predictable “done for you” flirting phases you can use to attract and escalate with literally any woman...

Most men don’t even know these phases exist. But ha!

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They are totally simple to learn and once you do, you're gonna love approaching beautiful women because you'll always be "one step ahead" of the game.

- Use your authentic personality to build the kind of sexual tension women fantasize about every day...

(I know some guys think they're boring to women, but getting a green light doesn't depend on your personality. It depends on the way you USE your personality. Big difference.)

- Eight FREE bonuses worth 238\$ dollars, including real-life video breakdowns and case studies to remove all the guesswork and guarantee you "encode" this information into your brain.

In short:

The F-Formula is your secret weapon for effortlessly flirting, attracting and escalating with ANY woman.

So if you want to be the man with options, I recommend you check it out.

But be careful:

Once your guy friends see the way women now respond to you, they may not let you anywhere near their girlfriends or wives!

But hey, don't let that stop you ;)

Click here to watch me explain more about the F-Formula



Marni
Your Personal Wing Girl

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