

Other indications for ATG

Adults:

→ *Treatment for acute rejection:*

The recommended dosage of Thymoglobulin for treatment of acute renal graft rejection is 1.5 mg/kg of body weight administered daily for 5 to 7 days (cumulative dose 7.5 – 10.5mg/kg). Although licensed for 7 – 14 days for AR treatment, this duration is usually not necessary. After the initial 5-7 days dosing, an assessment should be made, and further treatment may be given if the rejection process is ongoing.

Reduce the dose by half if total WCC $<3 \times 10^9/l$ and/or Platelets $<75 \times 10^9/l$. Dose should be withheld when total WCC $< 2 \times 10^9/l$ or platelet count $< 50 \times 10^9/l$.

Premedication of Hydrocortisone 200mg IV (omit oral prednisolone), paracetamol 1g PO and chlorpheniramine 10mg IV before administering thymoglobulin.

A test dose is NOT needed for ATG treatment in most cases. ^[1]

However, if the patient has had a previous reaction to ATG or has a history of close exposure to rabbits, it may be considered [5 mg ATG in 100 ml NaCl 0.9% infused through a peripheral vein over 1 hour]. ^[2]

→ *Chronic graft-versus-host disease (prevention) (off-label use):*

IV: 0.5 mg/kg administered 2 days prior to transplant and 2 mg/kg administered 1 day before and 1 day after transplant or 2.5 mg/kg once daily for 3 days beginning 3 days prior to transplant. ^[3]

→ *Heart transplant (induction therapy in high-risk patients) (off-label use):*

IV: 1 to 1.5 mg/kg once daily for up to 7 days. ^[4]



→ *Heart transplant (acute cellular rejection, treatment) (off-label use):*

IV: 0.75 to 1.5 mg/kg/day for 5 to 14 days. ^{[5] [6]}

→ *Intestinal and multivesicular transplantation (induction therapy) (off-label use):*

IV: 2 mg/kg/day on postoperative days 0, 2, 4, 6, and 8 (in combination with rituximab). ^[7]

→ *Lung transplant (induction therapy) (off-label use):*

IV: 1.5 mg/kg/day for 3 days; the first dose was administered within 24 hours of transplantation. ^{[8] [9]}

→ *Lung transplant (persistent acute cellular rejection, treatment) (off-label use):*

IV: Pulse treatments have been used to manage persistent acute cellular rejection . ^[10]

[1] -Edren Renal Transplant Handbook. (<https://edren.org/ren/handbook/transplant-handbook/immunosuppressive-drugs/atg-anti-thymocyte-globulin/>)

[2]- Di Filippo, S., Boissonnat, P., Sassolas, F., Robin, J., Ninet, J., Champsaur, G., & Bozio, A. (2003). Rabbit antithymocyte globulin as induction immunotherapy in pediatric heart transplantation. Transplantation, 75(3), 354–358.
<https://doi.org/10.1097/01.TP.0000045223.66828.FA>



[3]- Ruutu, T., Gratwohl, A., de Witte, T., Afanasyev, B., Apperley, J., Bacigalupo, A., Dazzi, F., Dreger, P., Duarte, R., Finke, J., Garderet, L., Greinix, H., Holler, E., Kröger, N., Lawitschka, A., Mohty, M., Nagler, A., Passweg, J., Ringdén, O., Socié, G., ... Niederwieser, D. (2014). Prophylaxis and treatment of GVHD: EBMT-ELN working group recommendations for a standardized practice. *Bone marrow transplantation*, 49(2), 168–173. <https://doi.org/10.1038/bmt.2013.107>

[4]- Zuckermann, A., Schulz, U., Deuse, T., Ruhpawar, A., Schmitto, J. D., Beiras-Fernandez, A., Hirt, S., Schweiger, M., Kopp-Fernandes, L., & Barten, M. J. (2015). Thymoglobulin induction in heart transplantation: patient selection and implications for maintenance immunosuppression. *Transplant international : official journal of the European Society for Organ Transplantation*, 28(3), 259–269. <https://doi.org/10.1111/tri.12480>

[5]- [International Society of Heart and Lung Transplantation Guidelines for the care of heart transplant recipients](#)

[6]- Costanzo, M. R., Dipchand, A., Starling, R., Anderson, A., Chan, M., Desai, S., Fedson, S., Fisher, P., Gonzales-Stawinski, G., Martinelli, L., McGiffin, D., Smith, J., Taylor, D., Meiser, B., Webber, S., Baran, D., Carboni, M., Dengler, T., Feldman, D., Frigerio, M., ... International Society of Heart and Lung Transplantation Guidelines (2010). The International Society of Heart and Lung Transplantation Guidelines for the care of heart transplant recipients. *The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation*, 29(8), 914–956. <https://doi.org/10.1016/j.healun.2010.05.034>

[7]- Vianna, R. M., Mangus, R. S., Fridell, J. A., Weigman, S., Kazimi, M., & Tector, J. (2008). Induction immunosuppression with thymoglobulin and rituximab in intestinal and multivisceral transplantation. *Transplantation*, 85(9), 1290–1293. <https://doi.org/10.1097/TP.0b013e31816dd450>

[8]- Palmer, S. M., Miralles, A. P., Lawrence, C. M., Gaynor, J. W., Davis, R. D., & Tapson, V. F. (1999). Rabbit antithymocyte globulin decreases acute rejection after lung transplantation: results of a randomized, prospective study. *Chest*, 116(1), 127–133. <https://doi.org/10.1378/chest.116.1.127>

[9]- Hartwig, M. G., Snyder, L. D., Appel, J. Z., 3rd, Cantu, E., 3rd, Lin, S. S., Palmer, S. M., & Davis, R. D. (2008). Rabbit anti-thymocyte globulin induction therapy does not prolong survival after lung transplantation. *The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation*, 27(5), 547–553. <https://doi.org/10.1016/j.healun.2008.01.022>

[10]- Martinu, T., Howell, D. N., & Palmer, S. M. (2010). Acute cellular rejection and humoral sensitization in lung transplant recipients. *Seminars in respiratory and critical care medicine*, 31(2), 179–188. <https://doi.org/10.1055/s-0030-1249113>

