

ALOPECIA

Tacrolimus is associated with alopecia totalis in patients who have received a kidney and/or pancreas transplant and the increased risk for hair loss seems to be dose-related.

Management:

- Vitamin supplementation with biotin may be beneficial in protecting hair strength.
- Conversion to cyclosporine can be considered, but hirsutism and gingival hyperplasia can occur.
- Sirolimus or everolimus can be considered, but acne is a potential cosmetic side effect. ⁽⁶⁾

[6]- Mecadon K. Managing Side Effects of Immunosuppressants.

