

GLUCOMA

Steroid-induced glaucoma is considered to be a type of secondary open-angle glaucoma, caused by increased resistance to the outflow of aqueous at the level of the trabecular meshwork

- Dose should be reduced: A baseline measurement of IOP (Intra ocular pressure) should always be taken prior to commencement of steroid therapy.
- IOPS measured again after 2 weeks, then every 4 weeks for 2-3 months, then 6-monthly if therapy is to continue
- Antiglaucoma medications can be added to control the IOP **as beta-blockers, alpha-2 agonists, and carbonic anhydrase inhibitors.** Beta-blockers are the first-line agents in this condition.

Laser trabeculoplasty

Surgical management ^[1]

[1]- Feroze KB, Khazaeni L. Steroid Induced Glaucoma. [Updated 2021 Jul 17]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2021 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK430903/>

