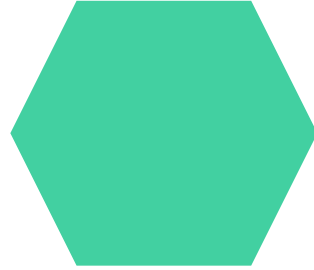
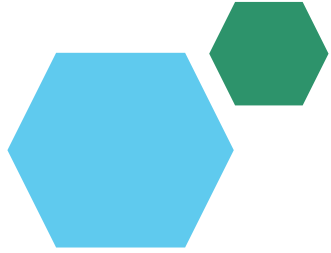


# Digital Portfolio



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PROJECT TITLE

# "Smart Health Tracker: AI-Powered Wellness Monitoring System"



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# AGEND

# A

- 1.Problem Statement
- 2.Project Overview
- 3.End Users
- 4.Tools and Technologies
- 5.Portfolio design and Layout
- 6.Features and Functionality
- 7.Results and Screenshots
- 8.Conclusion
- 9.Github Link



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# PROBLEM STATEMENT

## 1. Problem Statement

Lack of proper tracking of daily health metrics leads to lifestyle-related diseases.

Existing health apps fail to provide personalized recommendations.



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# PROJECT OVERVIEW

A web & mobile platform to monitor fitness, diet, and health parameters.

Uses AI to give real-time insights and alerts for better health management.

## 3. End Users

Individuals aiming to improve personal health & fitness.

Healthcare professionals monitoring patient wellness remotely.



# WHO ARE THE END USERS?



Individuals aiming to improve personal health & fitness.

Healthcare professionals monitoring patient wellness remotely.



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# TOOLS AND TECHNIQUES



Frontend: React Native (mobile) / React.js (web).

Backend & AI: Python (Flask/Django), TensorFlow, MongoDB.



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# POTFOLIO DESIGN AND LAYOUT

User-friendly dashboard with graphs & analytics.

Intuitive navigation with a clean and responsive design.



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# FEATURES AND FUNCTIONALITY

AI-based health recommendations & progress tracking.

Integration with wearables (smartwatch, fitness band).



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# RESULTS AND SCREENSHOTS



Demonstrated improvement in health awareness among users.

Screenshots of dashboards showing daily/weekly progress.



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# CONCLUSION



Provides an effective, data-driven approach to health monitoring.

Scalable solution for both personal use and healthcare industry.



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# GitHub Link

Repository for source code, documentation, and deployment guide.



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