

**Downtown Toastmasters Club**

Club No. 3064505 | Area 10 | District 114

"A SAFE SPACE"**Toastmaster of the Day:** Churchill Ogutu**Theme:** Breaking the Ice**WORD OF THE DAY: "Regale with" (phrasal verb)****Meaning:** To entertain or amuse (someone) by telling stories, describing experiences**Icebreakathon**

A form of special club meeting dedicated solely to the first speech delivered by a new member.

Executive Committee 2023/24	6:00	Attendees join the meeting	
President Winfred Osiro VP Education Mercy Mwangi VP Membership Agnes Githinji VP Public Relations Teresia Gitau Secretary Clinton Mutinda Treasurer Belinda Agola Sergeant at Arms Samuel Kyalo Immediate Past President Donvin Oguda Our Meetings We meet online on the 2 nd Thursday and physically on the 4 th Thursdays of every month (Cardinal Otunga Plaza) from 6:29 to 8:30 pm EAT (GMT+3). Club Mission We provide a safe space in which members are empowered to develop communication and leadership	6:29	Presiding Officer Calls Meeting to Order	Winfred Osiro
		Opening Remarks	
		Calls for Presentation of Meeting Rules	Clinton Mutinda
		Business Session	
		Introduces Toastmaster of the Day	
	6:40	Toastmaster of the Day (TMoD) Introduces Theme and Functionaries	Churchill Ogutu
		Timer	Donvin Oguda, AD
		Ah-Counter	Lucy Sopia
		Grammarians	Kevin Rubia, DD
		General Evaluator	Club Growth Director, Jaynnie Mulle, DTM
	6:50	TMoD calls Evaluators to introduce Prepared Speakers	
		Icebreaker (4-6 min)	Doreen Kaigongi
		Icebreaker (4-6 min)	Laban Bore
		Icebreaker (4-6 min)	Evans Kyalo
		Icebreaker (4-6 min)	Jackline Kerubo
		Best Speaker Poll	Clinton Mutinda
	7:30	Leadership Central: Why you are our next Vice President Education	Mercy Mwangi, VPE
	7:45	Table Topics ®	Khamis Mabruk
		Best Table Topics Speaker Poll	Clinton Mutinda
	8:00	TMoD Introduces Evaluators (2-3 minutes/evaluation)	
		Doreen Kaigongi's evaluation	Monica Chiru

<p>skills, resulting in greater self-confidence and personal growth.</p> <p>Contact Us downtown.nairobi@gmail.com</p> <p>All social media platforms: downtown nairobi.</p> <p><u>Toastmasters International</u> is a nonprofit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs.</p>		Laban Bore's evaluation	Samuel Kyalo
		Evans Kyalo's evaluation	Yvonne Mbula
		Jackline Kerubo's evaluation	Agnes Githinji
		Best Evaluator Poll	Clinton Mutinda
	8:10	TMoD Calls for Reports	
		Grammarian (5 minutes)	Kevin Rubia, DD
		Ah - Counter (2 minutes)	Lucy Sopia
		Timer (2 minutes)	Donvin Oguda, AD
		General Evaluator (5 minutes)	DTM Jaynnie Mulle, CGD
	8:20	TMoD Concludes and Returns Control to the Presiding Officer	
		Poll Results	Clinton Mutinda
	8:30	Closing Remarks Impressions by Guests Meeting Adjourned	Winfred Osiro

Acronyms

TMoD Toastmaster of the Day

DD District Director

Div D Division Director

DTM Distinguished Toastmaster

GE General Evaluator

ExCo Executive Committee

PQD Program Quality Director

AD Area Director

CGD Club Growth Director

SAA Sergeant at Arms

