Relax & Restore

Yoga Holiday



Your Package Includes:

FLIGHTS FROM MANCHESTER at 0815 Arrive 1145

THURSDAY 8TH OCTOBER 2015

4 Nights at the FERGUS MARIPINS HOTEL
In Malgarat De Mar - Costa Brava, SPAIN.
HALF BOARD with SHARED TRANSFERS.
RETURN MONDAY 12TH OCTOBER at 1330 Arrive 1510
Also enjoy...
TWICE DAILY YOGA & MORNING BEACH TAI CHI

DEPOSIT ONLY £60 per person!
BOOK EARLY TO SECURE THE BEST PRICE!

Single Room from £439 per person*

Twin Share from **£389** per person*

Classes are suitable for all Yoga levels including little or no experience.

Non-Yoga Partner's welcome at further discount.

*Price is based on 10kgs hand luggage & 22kgs hold luggage.









Fergus Maripins Hotel ***

Occupying a prime beachfront location overlooking Malgrat de Mar's golden beach, and a lively resort centre just a short stroll away. The hotel has a relaxed atmosphere and a great range of facilities.

50m from the nearest shops, bars and restaurants. 100m from the beach. 400m from the resort centre.



Twin rooms sleep up to 3 adults and have air-conditioning, satellite TV, full bathroom, hairdryer and balcony. Single rooms are also available at a supplement.

Outdoor swimming pool with sun terrace, lounges and umbrellas. Games room*. Internet WIFI Area*. TV Room*.

*Please note some features may be payable locally



Contact Adeona Travel for Further details.

255 Fulwood Road, Broomhill, Sheffield, S10 3BD 0114 2684146 / Sheffield@adeona.travel

*Terms and conditions apply. Based on group booking rates minimum of 10 passengers.

Price and availability are subject to change & cannot be guaranteed until deposits taken.

Package price includes the holiday cost payable to Adeona Travel & Yoga Classes / service of £100 per person payable to Steve Avian (Shama Yoga).