

*Relax & Restore*

# Yoga Holiday



## Your Package Includes :

FLIGHTS FROM MANCHESTER

Depart SUNDAY 12<sup>th</sup> OCTOBER 2014

4 Nights at the POLLENSA PARK HOTEL & SPA

in Puerto Pollensa, MAJORCA.

HALF BOARD, with SHARED TRANSFERS

Also enjoy...

TWICE DAILY YOGA & OPTIONAL EVENING TAI CHI

Single Room from **£416** per person\*

Twin Share from **£392** per person\*

**Deposit £60 per person**

Classes are suitable for all Yoga levels including little or no experience.

Non-Yoga Partner's welcome at further discount.

\* Price Is based on 10kgs hand luggage only. £39.00 to add 22kgs hold luggage



## The Pollensa Park Hotel & Spa \*\*\*

The Pollensa Park Hotel & Spa\*\*\* complex is located in Puerto Pollensa, a few minutes away from the commercial area and just 50 yards away from the beach.

It is an ideal hotel for all types of guests, from families to couples, since it has large garden areas, a spa, an outdoor swimming pool with solarium, a children's swimming pool, a buffet restaurant and daily entertainment programs.

Nature lovers will especially enjoy its closeness to the Natural Park and the Peninsula of Formentor.

### A break of relaxation and wellness at the Spa



In a single space we have integrated an exceptional spa and a wide range of aesthetic treatments and massages\* in a cosy and pleasant atmosphere, with the aim of combining personal care with enjoyment and well-being. We offer you a thermal relaxation pool with water fountains, a jacuzzi, a foot bath, a Finnish sauna, a Turkish bath, a hydro massage cyclonic shower, an aromatic shower, a relaxation area and a fitness area.

\*Please note some features may be payable locally



Contact **Adeona Travel** for Further details

255 Fulwood Road, Broomhill, Sheffield, S10 3BD

0114 2684146 / [Sheffield@adeonatravel.co.uk](mailto:Sheffield@adeonatravel.co.uk)

\*Terms and conditions apply. Based on group booking rates minimum of 10 passengers. Price and availability are subject to change & can't be guaranteed until deposits taken. Package price includes the holiday cost payable to Adeona Travel & Yoga Classes. (payable to Steve Avian) [www.shamayoga.org.uk](http://www.shamayoga.org.uk)

For further information and bookings please call Steve on 07792557105