

9.22-9.29

At this stage, I had a detailed debriefing with Yadira on the progress of the project, delving into the theoretical underpinnings, sources of inspiration and challenges encountered. I showed her the core idea of emotional labour theory: the process of transforming negative emotions into positive ones. The process is similar to a frontline employee receiving negative emotions and then transforming them into customer or consumer-facing positive emotions. Conversely, it could also be the transformation of positive energy into more serious or unsmiling emotions.

My project was inspired by the association of this process of absorption followed by feedback. This process is like the refraction that occurs when light travels through different media. The propagation of light through different media requires adaptation and adjustment, as does emotional labour. Different situations and relationships require individuals to be flexible in their interactions, and this is precisely the subtlety and diversity of emotional labour that I want to convey through the installation. This diversity and subtlety is reflected in the fact that individuals need to manage and express emotions flexibly in different situations and relationships in order to adapt to the requirements of different environments.

On a technical level, the main challenge I faced was turning to the Raspberry Pi, which I had never worked with before, during the setup of the device. This was both a challenge and a new area of opportunity for me. At this stage, I also started to think deeply about the framework and methodology of the thesis and plan to draw up a first draft of the thesis in the next week or two.