

8.1-8.27

At this stage I carefully collated the design concepts and sketches that I had prepared for a second meeting with Yadira. Our meeting centred around the concept and feasibility of the installation. In my planning, I planned to symbolically represent the process of emotional labour through the use of light shining through a prism and producing a rainbow of light. The source of light symbolises the emotion to be absorbed, the process of refraction of the light in the triangular prism represents the transformation of the emotion, and the refracted beams of seven coloured light symbolise the specific emotion released as a result of the transformation.

During the course of the session, Yadira recommended to me a great deal of information on the theory of emotional labour. After reading through it in detail, I realised that almost all of the existing research related to emotional labour has adopted a data-driven approach, with data collected mainly through questionnaires for exploration. I was unable to find any studies on Google Scholar that discussed emotional labour based on interactive devices, which was a great challenge for me. My aim was to provoke the audience to reflect deeply on this phenomenon by demonstrating the process of emotional labour. In the process, I began to think about whether my presentation might be too one-dimensional and how I could more effectively guide the audience to a deeper reflection on emotional labour.