

## 7.1-7.31

At the beginning of the month, I had my first meeting with Yadira to discuss the initial proposal for my final project. During the start-up discussion of the project, I was slightly confused about what I wanted to implement, and was hesitant between several alternative themes. However, after showing Yadira my previous work and my areas of specialisation, together we clarified the thematic direction of the project. I decided to dedicate myself to the topic of emotional labour, as I have a strong interest in this often-neglected area based on my personal experiences. My goal was to reveal the process of emotional labour and lead the audience to a deeper understanding and reflection on this phenomenon.

After identifying my research topic, I invested a significant amount of time in researching relevant reports and literature in order to gain a fuller understanding of the concept of emotional labour. This was crucial to my design of the interactive installation and reflection on the core themes of the installation.

After completing the initial research, I conceived an initial concept for the installation. I wanted to be able to deconstruct and show the process of emotional labour, so I created a simple sketch of the installation to be used in my next session with Yadira.

This month's work experience has allowed me to emerge from my initial confusion and gradually find my way into the research. It has been a creative challenge for me and I am grateful to Yadira for her guidance in helping me to clarify my research path and look forward to the next meeting.