

CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

S.No	Title	Description (Please refer to applicable Policy Clause Number in next column)	Policy Clause Number
1	Name of Insurance Product/Policy	my:Optima Secure	NA
2	Policy number	Policy number shall be as on Policy Schedule issued post policy issuance	NA
3	Type of Insurance Product/ Policy	Both Indemnity and Benefit	NA
4	Sum Insured	 Individual Sum Insured -Where each member has a separate sum insured under the policy), or Floater Sum Insured-Where all members under the policy have a single sum insured limit which may be utilized by any or all members Sum Insured opted:1000000 on Family Sum Insured basis Note: For complete details of Sum Insured applicability, please refer to your Policy Schedule 	NA
5	Policy Coverage (What the policy covers?)	Base Covers: Coverages in force for the Insured Persons shall be as per the plan opted Expenses in respect of:	
		 Admission in Hospital for minimum 24 hours All Day Care procedures requiring less than 24 hours of hospitalization Home Health Care (Medical Expenses incurred on availing 	B-1.1 B-1.1.1.i v
		treatment at Home) 4. Domiciliary Hospitalization (Treatment at home due to non-availability of room in a Hospital or patient could not be removed/admitted to a Hospital) 5. AYUSH Treatment (Medical Expenses incurred for Inpatient Care	B-1.2 B-1.3
		under Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy)	B-1.4
		6. Pre-hospitalisation of 60 days (treatment prior to admission in hospital)	B-1.5
		7. Post-hospitalisation (treatment after discharge from hospital) within 180 days from date of discharge	B-1.6
		8. Organ Donor Expenses (Cost of Organ donor's hospitalization for harvesting of the donated organ where an Insured Person is the recipient)	B-1.7
		9. Cumulative Bonus (Applicable only to Optima Suraksha plan)	B-1.8



	10. Preventive Health Check-up - Basic (Cost of a Preventive Health Check-up for the Insured Person will be paid)	B-3
	Optional Covers: Optional coverages for the Insured Persons shall be in force only if the same is available under the plan and/or is opted	
	1. Emergency Air Ambulance (Cost incurred by the Insured Person towards Ambulance transportation in an airplane or helicopter for Emergency Care which requires immediate and rapid ambulance transportation that ground transportation cannot provide from the site of first occurrence of the Illness or Accident to the nearest Hospital)	B-2.1
	2. Daily Cash for Shared Room (Daily cash amount for each continuous and completed 24 hours of Hospitalization if the Insured Person is Hospitalized in shared accommodation in a Network Provider Hospital and such Hospitalization exceeds 48 consecutive hours)	B-2.2
	Protect Benefit (Payment towards Non-Medical Expenses listed under Annexure B of Policy Document)	B-2.3
	Policy will be added to the Sum Insured available under the Renewed	B-2.4
	5. Secure Benefit (An additional amount will be available to the Insured Person as Sum Insured for all claims admissible)	B-2.5
	of complete or partial utilization of the Base Sum Insured due to any	B-2.6
	7. Aggregate Deductible (Aggregate Deductible is an amount as specified in the Policy Schedule that Insured Person shall bear for all admissible claims)	B-2.7
	8. E-Opinion for Critical Illness (Expenses towards E-Opinion for Critical Illness availed from a Medical Practitioner in respect of any Major Medical Illness)	B-2.8
	9. Global Health Cover (Emergency Treatments Only) Emergency Medical Expenses which are diagnosed and incurred outside India.	B-2.9
	Emergency & Planned Medical Expenses which are incurred & paid outside India.	B-2.10
	11. Overseas Travel Secure (Covers overseas travel & accommodation expenses)	B-2.11
policy does not	Investigation & Evaluation: Code Excl04	C.1.d
	i. Expenses related to any admission primarily for diagnostics and evaluation purposes only are excluded.	
	Exclusions (what the policy does not cover)	Check-up for the Insured Person will be paid) Optional Covers: Optional coverages for the Insured Persons shall be in force only if the same is available under the plan and/or is opted 1. Emergency Air Ambulance (Cost incurred by the Insured Person towards Ambulance transportation in an airplane or helicopter for Emergency Care which requires immediate and rapid ambulance transportation that ground transportation cannot provide from the site of first occurrence of the Illness or Accident to the nearest Hospital) 2. Daily Cash for Shared Room (Daily cash amount for each continuous and completed 24 hours of Hospitalization if the Insured Person is Hospitalized in shared accommodation in a Network Provider Hospital and such Hospitalization exceeds 48 consecutive hours) 3. Protect Benefit (Payment towards Non-Medical Expenses listed under Annexure B of Policy Document) 4. Plus Benefit (50% of the Base Sum Insured under the expiring Policy will be added to the Sum Insured available under the Renewed Policy) 5. Secure Benefit (An additional amount will be available to the Insured Person as Sum Insured for all claims admissible) 6. Automatic Restore Benefit (Restoration of Sum Insured in the event of complete or partial utilization of the Base Sum Insured due to any claim admitted during the Policy Year) 7. Aggregate Deductible (Aggregate Deductible is an amount as specified in the Policy Schedule that Insured Person shall bear for all admissible claims) 8. E-Opinion for Critical Illness (Expenses towards E-Opinion for Critical Illness availed from a Medical Practitioner in respect of any Major Medical Illness) 9. Global Health Cover (Emergency Treatments Only) Emergency Medical Expenses which are diagnosed and incurred outside India. 10. Global Health Cover (Emergency & Planned Treatments) Emergency & Planned Medical Expenses which are incurred & paid outside India. 11. Overseas Travel Secure (Covers overseas travel & accommodation expenses) Exclusions (what the policy does not cover) 1. Expenses relat



 ii. Any diagnostic expenses which are not related or not incidental to the current diagnosis and treatment are excluded. 2. Rest Cure, rehabilitation and respite care: Code – Excl05: Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. This also includes: i. Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or non-skilled persons. ii. Any services for people who are terminally ill to address physical, social, emotional and spiritual needs. 3. Obesity/Weight control: Code – Excl06: Expenses related to the surgical treatment of obesity that does not 	C.1.e	
i. Surgery to be conducted is upon the advice of the Doctor ii. The surgery/Procedure conducted should be supported by clinical protocols iii. The member has to be 18 years of age or older and iv. Body Mass Index (BMI) A. greater than or equal to 40 or B. greater than or equal to 35 in conjunction with any of the following severe co-morbidities following failure of less invasive methods of weight loss: 1) Obesity-related cardiomyopathy 2) Coronary heart disease 3) Severe sleep apnea		
4) Uncontrolled type2 diabetes 4. Change-of-Gender treatments: Code – Excl07:	C.1.g	
Expenses related to any treatment, including surgical management, to change characteristics of the body to those of the opposite sex 5. Cosmetic or plastic Surgery: Code – Excl08: Expenses for cosmetic or plastic surgery or any treatment to change appearance unless for reconstruction following an Accident, Burn(s) or Cancer or as part of Medically Necessary Treatment to remove a direct and immediate health risk to the insured. For this to be considered a medical necessity, it must be certified by the attending Medical Practitioner	C.1.h	
6. Hazardous or Adventure Sports: Code – Excl09: Expenses related to any treatment necessitated due to participation as a professional in Hazardous or Adventure sports, including but not limited to, para-jumping, rock climbing, mountaineering, rafting,motor racing, horse racing or scuba diving, hand gliding, sky diving, deep-sea diving.	C.1.i	
7. Breach of Law: Code – Excl10: Expenses for treatment directly arising from or consequent upon any Insured Person committing or attempting to commit a breach of law with criminal intent.	C.1.j	



8. Excluded Providers: Code – Excl11:	C.1.k
Expenses incurred towards treatment in any hospital or by any N	
Practitioner or any other provider specifically excluded by the Ins	l l
and disclosed in its website/notified to the Policyholders are not	
admissible. However, in case of Life Threatening Situations or	
following an Accident, expenses up to the stage of stabilization a	are
payable but not the complete claim.	
9. Treatment for Alcoholism, drug or substance abuse or any	
addictive condition and consequences thereof. Code – Excl1	2 C.1.I
10. Treatments received in health hydros, nature cure clinics,	
spas or similar establishments or private beds registered as a	
nursing home attached to such establishments or where	C.1.m
admission is arranged wholly or partly for domestic reasons.	0.1
Code – Excl13.	
11. Dietary supplements and substances that can be purchased	
without prescription, including but not limited to Vitamins,	
minerals and organic substances unless prescribed by a Medical	C.1.n
Practitioner as part of Hospitalization claim or Day Care	0.1.11
procedure. Code – Excl14.	
12. Refractive Error: Code – Excl15:	
Expenses related to the treatment for correction of eye sight due	to C.1.0
refractive error less than 7.5 dioptres.	10 0.1.0
13. Unproven Treatments: Code – Excl16:	C.1.p
Expenses related to any unproven treatment, services and	
supplies for or in connection with any treatment. Unproven	
treatments are treatments, procedures or supplies that lack	
significant medical documentation to support their effectiveness.	
14. Sterility and Infertility: Code – Excl17:	
Expenses related to sterility and infertility. This includes:	C.1.q
i. Any type of contraception, sterilization	
ii. Assisted Reproduction services including artificial inseminatio	n and
advanced reproductive technologies such as IVF, ZIFT, GIFT, IC	I
iii. Gestational Surrogacy	
iv. Reversal of sterilization	
15. Maternity: Code – Excl18	
i. Medical treatment expenses traceable to childbirth(including	
complicated deliveries and caesarean sections incurred during	C.1.r
hospitalization) except ectopic pregnancy;	
ii. Expenses towards miscarriage (unless due to an accident)and	l l
lawful medical termination of pregnancy during the Policy Period	•
Specific Exclusions:	C.2



l l	tion to the foregoing general exclusions, the Company shall not le to make any payment under this Policy caused by or arising	
l l	or attributable to any of the following:	
a) War	or any act of war, invasion, act of foreign enemy, (whether war	
	lared or not or caused during service in the armed forces of any	C 2 a
	/), civil war, public defence, rebellion, revolution, insurrection, or usurped acts, Nuclear, Chemical or Biological attack or	C.2.a
	ns, radiation of any kind.	
,	regate Deductible - Claims/claim amount falling within	
	pate Deductible limit if opted and in force, as specified in the Schedule.	C.2.b
, ,	Insured Person committing or attempting to commit intentional	
1 '	ury or attempted suicide or suicide.	C.2.c
1 '	Insured Person's participation or involvement in naval, military orce operation.	C.2.d
	stigative treatment for sleep-apnoea, general debility or stion ("run-down condition").	C.2.e
1 '	genital external diseases, defects or anomalies.	C.2.f
10,	n cell harvesting.	C.2.g
1 '	estigative treatments for analysis and adjustments of spinal sub n, diagnosis and treatment by manipulation of the skeletal	
	re or for muscle stimulation by any means except treatment of	C.2.h
	es (excluding hairline fractures) and dislocations of the mandible tremities.	
1 '	umcisions (unless necessitated by Illness or Injury and forming treatment).	C.2.i
	ination including inoculation and immunisations (except post bite treatment).	C.2.j
i	Medical expenses such as food charges (other than	
r r	s diet provided by hospital), laundry charges, attendant	
_	s,ambulance collar, ambulance equipment, baby food,	C.2.k
	tility charges and other such items. Full list of Non-Medical ses is attached as Annexure B of policy document and also	
_	le at www.hdfcergo.com.	
I) Treat	ment taken on outpatient basis.	C.2.I
1 '	provision or fitting of hearing aids, spectacles or contact	C.2.m
lenses	treatment and associated expenses for alopecia, baldness	
1 '	ng corticosteroids and topical immunotherapy wigs, toupees,	00 =
hair pie	eces, any non-surgical hair replacement methods,optometric	C.2.n
therapy	/ .	



		o) Expenses for Artificial limbs and/or device used for diagnosis or treatment (except when used intra-operatively), prosthesis, corrective devices external durable medical equipment of any kind, wheelchairs, crutches, and oxygen concentrator for bronchial asthma/ COPD conditions, cost of cochlear implant(s) unless necessitated by an Accident. p) Any treatment or part of a treatment that is not of a reasonable charge and not Medically Necessary. Drugs or treatments which are not supported by a prescription.	C.2.o C.2.p
		q) Any permanent exclusion applied on any medical or physical condition or treatment of an Insured Person as specifically mentioned in the Policy Schedule and as specifically accepted by Policyholder/Insured Person. Such exclusions shall be applied for the condition(s) or treatment(s) that otherwise would have resulted in rejection of insurance coverage under this Policy to such Insured Person as per Company's Underwriting Policy	C.2.q
7	Waiting period	Initial waiting Period: 30 days for all illnesses (not applicable in case of continuous renewal or accidents)	C.1.c
	• Time period during which specified diseases/treatments are not covered.	Specific Waiting periods (Not applicable for claims arising due to an accident):	C.1.b
	• It is counted from	24 months for listed diseases/procedure	
		3. Pre-existing diseases: Covered after 36 months	C.1.c
		Note: Waiting Periods in force for Insured Persons shall be as per the plan opted or option selected	
8	Financial limits coverage of Sub-limit (It is a pre-	The policy will pay only up to the limits specified hereunder for the following diseases/ procedures: Base Cover:	
		1. Preventive Health Check-up (basis plan chosen):	B-3
	Deductible (It is a specified amount:	i. Individual Policies : Upto Rs 1500/2000/4000/5000/8000	
	- up to which an insurance company will not pay any claim, and	ii. Family Floater Policies : Upto Rs 2500/5000/8000/10,000/15,000	
	- which will be deducted from total claim amount (if claim amount is more	Optional Covers :	



	than the specified		
	than the specified amount)		
		1. Emergency Air Ambulance : Up to 5 L	B-2.1
		2. Daily Cash for Shared Room (basis plan chosen):	B-2.2
		Rs. 800 per day max upto 4800 or Rs. 1000 per day max up to 6000	
		3. Overseas Travel Secure :	
		Accomodation Expenses :upto Rs. 15,000 per day max upto 30 days	B-2.11
		Deductibles:	
		Aggregate Deductible (Optional Cover) :	D 0 -
		25k/50k/100k/200K/300K/5L/10L/20L/25L (Per Claim)	B-2.7
		2. Per Claim Deductible (Applicable for each and every claim arising out	B-2.9 &
		of India in Global plans) : 10K (Per Claim)	B-2.10
9	Claims/Claims	A. Details of procedure to be followed for cashless service as well as for	E
9	Procedure	reimbursement of claim including pre and post hospitalization in India.	
		Turn Around Time (TAT) for claims settlement:	
		For Cashless Process :	
		i. TAT for preauthorization of cashless facility: 2 hours from the time the	
		last necessary document is received.	
		ii. TAT for cashless final bill authorization: 2 hours from the time the last	
		necessary document is received.	
		(Note: In case of internal verification, the final stand will be confirmed	
		within 24 hours from the time the last necessary document is received by us)	
		B. Procedure for Cashless Claims Outside India: You shall intimate the	
		Claims to us through any available mode of communication as specified	
		in the Policy, Health Card or our Website.	
		Toll Free No: 800 08250825 Global Toll Free No : +800 08250825	
		(accessible from locations outside India only) Landline no	
		(Chargeable): 0120-4507250 Emailtravelclaims@hdfcergo.com	
		For Reimbursement Process :	
		i. TAT for Claim settlement – 30 days from the time the last necessary	
		document is received.	
		(Note: In case of internal verification, the final stand will be confirmed	
		within 45 days from the time the last necessary document is received by	
		us)	
		Provide the details /web link for following:	
		i. Network Hospital details :	
		https://www.hdfcergo.com/locators/cashless-hospitals-networks	
		ii. Helpline number :	
		https://www.hdfcergo.com/customercare/grievances	
		Call - : 022 6234 6234 / 0120 6234 6234	
		iii. Hospitals which are excluded or from where no claims will be accepted by inc	
		https://www.hdfcergo.com/docs/default-source/documents/exclusion-list.pdf	
		iv. Downloading/getting claim form	
		https://www.hdfcergo.com/download/claim-form	



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		Process for portability: The Insured Person will have the option to port the Policy to other insurers by applying to such Insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to Portability.	
		Change in Sum Insured: Sum Insured can be changed (increased/ decreased) only at the time of renewal, subject to underwriting by the company. For increase in SI, the waiting period if any shall start afresh only for the enhanced portion of the sum insured. Moratorium Period: After completion of eight continuous years under the policy no look back to be applied. This period of eight years is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and applicable for the sums insured of the first policy and subsequently completion of eight continuous years would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no health insurance policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract.	D.1.6
13	Your Obligations	Please disclose all pre-existing disease/s or condition/s and fill in the complete details in the proposal form before buying a policy. Non-disclosure may affect the claim settlement.	

Note:

- 1. Web-link of the product documents: https://www.hdfcergo.com/download >>
- 2. In case of any conflict, the terms and conditions mention in the policy document shall prevail. <u>Declaration by the Policy Holder:</u>

I have read the above and confirm having noted the details.

Place:	(Signature of the Policyholder)
Date:	



CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

S.No	Title	Description (Please refer to applicable Policy Clause Number in next column)	Policy Clause Number
1	Name of Insurance Product/Policy	Unlimited Restore	NA
2	Policy number	Policy number shall be as on Policy Schedule issued post policy issuance	NA
3	Type of Insurance Product/ Policy	Indemnity	NA
4	Sum Insured	• Individual Sum Insured - Where each member has a separate sum insured under the policy), or	NA
		• Floater Sum Insured-Where all members under the policy have a single sum insured limit which may be utilized by any or all members Sum Insured opted:NA	
5	Policy Coverage (What the policy covers?)	Base Covers: Coverages in force for the Insured Persons shall be as per the plan opted.	
		Expenses in respect of: 1. Unlimited Restore - Instant addition of 100% Basic Sum Insured on complete or partial utilization of Your Sum Insured rebound or Restore benefit (as applicable)	B.i
6	Exclusions (what the policy does not cover)	All exclusions applicable to the base product will apply to this Add-on as well	С
7	Waiting period Time period during which specified diseases/treatments are not covered. It is counted from the beginning of the policy coverage.	All waiting period applicable to the base product will apply to this Add-on as well	С
8	Financial limits coverage of Sub-limit (It is a predefined limit and the insurance company will not pay any amount in excess of this limit)	NA	NA



9	Claims/Claims Procedure	Details of procedure to be followed for cashless service as well as for reimbursement of claim including pre and post hospitalization.	E
		Turn Around Time (TAT) for claims settlement:	
		For Cashless Process :	
		i. TAT for preauthorization of cashless facility: 2 hours from the time	
		the last necessary document is received.	
		ii. TAT for cashless final bill authorization: 2 hours from the time the	
		last necessary document is received.	
		(Note: In case of internal verification, the final stand will be	
		confirmed within 24 hours from the time the last necessary	
		document is received by us)	
		For Reimbursement Process :	
		i. TAT for Claim settlement – 30 days from the time the last necessary	
		document is received.	
		(Note: In case of internal verification, the final stand will be confirmed	
		within 45 days from the time the last necessary document is received by us)	
		Provide the details /web link for following:	
		i. Network Hospital details :	
		https://www.hdfcergo.com/locators/cashless-hospitals-	
		<u>networks</u>	
		ii. Helpline number :	
		https://www.hdfcergo.com/customercare/grievances	
		Call - : 022 6234 6234 / 0120 6234 6234	
		iii. Hospitals which are excluded or from where no claims will be accept	1
		https://www.hdfcergo.com/docs/default-source/documents/exclusion-lis	
		iv. Downloading/getting claim form	
		https://www.hdfcergo.com/download/claim-form	<u> </u>
10	Policy Servicing	Call center number:	E
		022 6234 6234 / 0120 6234 6234 Or visit help section on www.hdfcergo.com	
		022 6234 6234 / 0120 6234 6234 Or visit help section on	
		www.hdfcergo.com	
		Details of Company officials:	
		Customer Happiness Center: D-301, 3rd Floor, Eastern Business	
		District LBS Marg, Bhandup (West), Mumbai - 400 078.	
11	Grievances/Complai	In case of any grievance the insured person may contact the Company	D F
' '	nts	through:	
		- Website: <u>www.hdfcergo.com</u>	
		- Toll free: 022 6234 6234 / 0120 6234 6234	
		- E-mail: grievance@hdfcergo.com	
		- Contact Details for Senior Citizen: 022 – 6242 – 6226	



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		- E-mail specific for Senior citizens :		
		seniorcitizen@hdfcergo.com		
		Insured Person may contact the Grievance officer at cgo@hdfcergo.com For updated details of grievance officer, kindly refer the link:		
		https://www.hdfcergo.com/customer-voice/grievances		
		Ombudsman:		
		https://bimabharosa.irdai.gov.in/		
		Free Look cancellation: You may cancel the insurance policy if		
12	Things remember to	you do not want it, within 15 days from the beginning of the policy.	D	
		Process for free look cancellation:		
		The Free Look Period shall be applicable on new individual health		
		insurance policies and not on renewals or at the time of		
		porting/migrating the policy.		
		2. The insured person shall be allowed free look period of fifteen		
		days from date of receipt of the policy document to review the terms		
		and conditions of the policy, and to return the same if not acceptable.		
		Policy renewal: Except on grounds of fraud, moral hazard or		
		misrepresentation or non-cooperation, renewal of your policy		
		Migration and Portability: When your policy is due for renewal,		
		you may migrate to another policy with us or port your policy to		
		another insurer.		
		Process for migration: The Insured Person will have the option to		
		migrate the Policy to other health insurance products/plans		
		offered by the Company by applying for Migration of the policy		
		atleast 30 days before the policy renewal date as per IRDAI		
		guidelines on Migration.		
		Change in Sum Insured: Sum Insured can be changed		
		(increased/ decreased) only at the time of renewal, subject to		
		underwriting by the company. For increase in SI, the waiting	NA	
		period if any shall start afresh only for the enhanced portion of the	" `	
		sum insured.		
		Moratorium Period: After completion of eight		
		continuous years under the policy no look back to be		
		applied. This period of eight years is called as		
		moratorium period. The moratorium would be applicable		
		for the sums insured of the first policy and applicable for		
		the sums insured of the first policy and subsequently		
		completion of eight continuous years would be		
		applicable from date of enhancement of sums insured		
		only on the enhanced limits.		
		After the expiry of Moratorium Period no health insurance policy shall		
		be contestable except for proven fraud and permanent exclusions		
		specified in the policy contract.		
		Please disclose all pre-existing disease/s or condition/s and fill in		
13	Your Obligations	the complete details in the proposal form before buying a policy.		
		Non-disclosure may affect the claim settlement.		
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- 1. Web-link of the product documents: https://www.hdfcergo.com/download
- 2. In case of any conflict, the terms and conditions mention in the policy document shall prevail.

Declaration by the Policy

I have read the above and confirm having noted the details.	
Place:	
Date:	(Signature of the Policyholder)