



# GUEST INFORMATION







**Welcome to Tregulland Cottage and Barn.**

*always:*

**Ken and Illona Aylmer and all the team at Tregulland & Co.**



**WELCOME TO T**



## **QUICK REFERENCES**

### **Wi-Fi**

**tregullandandco**

### **ENTRY KEYPADS**

### **NO SMOKING**

### **LIGHTING KILL SWITCH**

### **HEATING AND HOT WATER**

**HOT WATER CAN BE EXTREMELY HOT – PLEASE TAKE CARE**



**FRESHWATER INDOOR SWIMMING POOL**

**DUTCH HOT TUB**

**ELECTRIC FENCE**

**DO NOT TOUCH ANY PART OF THE ELECTRIFIED METAL FENCE AROUND THE LAKE**

**REED BED SYSTEM**

**only put loo paper down the loo**

**BBQs**



**SENSE AND SAFETY**

**WEATHER PROOF**

**DRIVING**

**NEAREST SHOP**

**Hallworthy Garage**

**Wilsey Down Pub**

**TROUBLESHOOTING GUIDE**

**CHECK IN & CHECK OUT**



## **INSIDE TREGULLAND**

### **KITCHENS AND EQUIPMENT**

### **BINS & RECYCLING**





**MUSIC SYSTEMS – COTTAGE AND BARN**

**CINEMA SCREEN**

**TREASURE HUNT**

**TOWELS**

**WOOD BURNERS**



**POOL**

**STEAM ROOM**

**DUTCH HOT TUB**

**extremely hot**

**FIRE PITS**



## **HOT TUB INSTRUCTIONS**

**SIX EASY STEPS TO GET THE HOT TUB GOING – ALLOW 2 HOURS**

**ONLY NOW**

**with the paddle provided;**

**SAFETY NOTICE - BE CAREFUL**



**TAKE CARE**

~  
~  
~  
~  
~  
~  
~  
~  
~

**DOG OWNERS**

~

**DOG POO BIN**

~  
~  
~  
~  
~  
~  
~

**GROUNDS MAINTENANCE DAYS**



## ACCIDENTS HAPPEN

## STAINS AND LAUNDRY

*with most stains the sooner you deal with the problem,  
the easier it is to remove*

## A HELPING HAND

## TIPPING



## **OUTSIDE TREGULLAND**

### **PLACES TO VISIT**

#### **WALKS**

**St Clether Holywell Chapel**

**Rough Tor**

#### **BEACHES**

**Widemouth Bay/Black Rock –**

**Black Rock Beach (Dog Friendly)**

**The Beach House Surf Shop (**

**Outdoor Adventure**



**Summerleaze Beach -**

**Crackington Haven Beach -**

**NEARBY TOWNS**

**LAUNCESTON**

**Philip Warren Butchers**

**Philip Warren**

**Steam Railway**

**Launceston Castle**

**Skate Park**

**Phoenix Leisure Centre**

**BUDE**

**Life's a Beach**

**Harlequin's**

**OTHER PLACES TO VISIT**

**Hidden Valley**

**Tamar Otter Park**

**Trethorne Leisure Farm**



## **PLACES TO EAT**

### **RESTAURANTS**

#### **Outlaws Fish Kitchen**

*"celebrates small, original and delicious seafood plates. Cooked to order and served when ready."*

#### **Rick Stein's Seafood Restaurant**

#### **Fifteen Cornwall**

#### **Porthminster Café**





## **PUBS WITH FOOD**

**Wilsey Down**

**Rising Sun Inn**

**Kings Head**

**Bayview Inn**

**Mill House Inn**

**Port William**

**Dartmoor Inn**



## **PLACES TO SHOP**

### **LOCAL SHOPS**

#### **LOCAL SHOPS**

**Hallworthy Garage**

**Wilsey Down Pub**

**Wainhouse Corner Garage**

**Wainhouse Post Office**

**Tregida Seafood**

**Homeleigh Garden Centre**



#### **FARM SHOPS**

- ~ **Lifton Strawberry Field Farm Shop**
- ~ **Bray Farm Shop**
- ~ **Hill Top Farm Shop**
- ~
- ~ **Killock Farm Shop**

#### **SUPERMARKETS**

- ~ **Waitrose**
- ~ **Tesco**
- ~ **Co-Op**
- ~ **Sainsbury's**
- ~ **Morrisons**
- ~ **Asda**

#### **OUT OF HOURS PHARMACY**

**Tesco In store Pharmacy**



## CONTACT INFORMATION

### TELEPHONES

### HOUSE PHONE NUMBERS

### TAXI

- ~ Dan's Cabs
- ~ AB taxi
- ~ Launceston Taxis
- ~ Shirley's Taxi
- ~ Parnell's
- ~ Group Travel
- ~ Rob's Travel
- ~ Camelot



## EMERGENCY CONTACTS

### FIRE

*In the event of a fire proceed calmly to the nearest exit and assemble in the meadow by the standing stones.*

### POLICE

### POWER FAILURE

~

~

### MEDICAL EMERGENCY

### DOCTOR

**Launceston Medical Centre**  
**Camelford Medical Centre**



## DENTIST

**Castle Rise Dental Practice**

## HOSPITAL

**Launceston General Hospital**

**Stratton Hospital Bude**

## OUT OF HOURS PHARMACY

**Tesco Instore Pharmacy**

## OUR CONTACT INFORMATION

## EMERGENCIES

**emergency  
water or heating)**

**genuine  
alarm going off, no**



**ECO SMART LUXURY**

**BIOMASS BOILER**

**OUR OWN PRIVATE BOREHOLE**

**ECO FRIENDLY SWIMMING POOL**

**SOLA**



ENTIRE  
PENTHOUSE



BARFORD  
BEACH HOUSE



TREGULLAND  
COTTAGE & BARN