



TREGULLAND

Spa Treatments at Tregulland with Claire Banbury



	dermalogica®
Microzone Skin Face Treatment (30 mins)	£36
Revitalising Eye Treatment (30 mins)	£41
The Prescriptive Face Treatment (60 mins)	£53
Firm to smooth away the signs of skin aging. Control aging triggers before they start. (75 mins)	£63
A new era in brightening from the skin health experts (75 mins)	£63
Treat the multiple triggers between inflammation for lasting relief from sensitivity flare-ups (75 mins)	£63
Clearer skin starts: bring the four contributing factors of problem skin under control (75 mins)	£63
Add a contour facial mask to any of the above treatments (15 mins)	£8.50
Exfoliations (30 mins)	£43
Body packs (30 mins)	£43
Ultimate spa treatments (120 mins)	£120
Full body massage (90 mins)	£80
Back, neck and shoulders (45 mins)	£42
A semi-permanent tint is applied to enhance the eyes. A patch test is required 24 hours prior to treatment.	
Eyelash tint (30 mins)	£15
Eyebrow tint (30 mins)	£15
Eyebrow tint and shape (30 mins)	£18
Eyelash and Eyebrow tint (30 mins)	£22
Eyelash tint, eyebrow tint and shape. (45 mins)	£31
Eyebrow shape (tweeze or wax) (30 mins)	£12
To include filing, buffing, cuticle work, hand and arm massage (30 mins)	£33
To include filing, buffing, cuticle work and massage (30 mins)	£33

A deep cleansing begins the treatment followed by a smoothing exfoliation and extractions to remove and congestion. The subsequent face, neck and shoulder massage is certain to relieve tension and stress. To finish an application of soothing mask will balance and hydrate the skin.

Individual treatment (45 mins)	£50
Juice manicure (45 mins)	£28

O·P·I

An ultra- moisturising treatment that nourishes and replenishes skin with the essence of soothing avocado.

This includes natural or colour finish (45 mins)	£36
With French finish (50 mins)	£42

O·P·I

This age-defying, luxury manicure is enriched with fabulous ingredients for visibly younger looking hands.

This includes natural or colour finish (45 mins)	£36
With French finish (50 mins)	£42
Paraffin manicure (60 mins)	£42

Packed with botanical ingredients, this essential, monthly pedicure is a must-have treatment to keep feet looking good.

This includes natural or colour finish (60 mins)	£44
Spa Pedicure with French finish (75 mins)	£50
Paraffin Wax Pedicure (90 mins)	£53

Treat your feet and toes to an instant lift with this quick fix, with all the benefits of cuticle care.

Finishing with a fabulous OPI lacquer (60 mins)	£33
Feet Treats! With French Finish (45 mins)	£39

Shellac™

14 day wear, mirror finish and zero drying time

Fingernails (60 mins)	£45
Toe nails (60 mins)	£54

Working using gentle pressure to the feet, reflexologists can rebalance the blocked energy pathways to help maintain the body's natural equilibrium and encourage healing. A very relaxing treatment which can help to treat a number of problems.

Individual treatment (60 mins)	£60
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* Please note for bookings less than 4 hours an admin fee of £40 applies *

Tregulland Cottage and Barn

Luxury self catering accommodation in Cornwall

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