



Cornish Delicacies at Tregulland - In house catered meal sample menus

Pre-prepared delivered meals to serve yourself

Main Course

Option 1 £6.25 per person

Chilli Con Carne **GF DF**
Sausage and Egg Pie
(chilled only and serves 6 -10 each pie)
Vegetable and Chickpea Balti **GF DF V**
Potato and Tomato Tart **V**

Option 2 £8.50 per person

Lasagne
(can be made gluten-free on request)
Pork Fillets in Cider **GF**
Vegetarian Lasagne **V**
(can be made gluten-free on request)

Option 3 £11.00 per person

Coq au Vin **GF DF**
Beef and Ale Casserole **GF**
Basque Chicken **GF DF**
Fish Pie **GF**
Salmon Fish Cakes
Monkfish Provencale **GF**

GF = Gluten free DF = Dairy free V = Vegetarian

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Side dishes (can be discussed with order)

Garlic bread £3.00 per person Prepared seasonal vegetables £3.50 per person
Selection of salads £3.50 per person Prepared potatoes £2.50 per person

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Deserts

Whilst we have put an option for individual portions, a minimum of 6 of any one type needs to be ordered.

	Individual portion	Large Size	Serves
Tart au Citron	£5.25	£16.75	6-8
Lemon & Sultana Cheesecake		£28.50	8-12
Key Lime pie	£3.25	£12.75	6-8
Apple Pie		£9.75	6
Crumble with seasonal fruit	£3.25	£10.50	6
Brioche Bread & Butter Pudding	£4.60	£12.75	6-8
Chocolate Mousse Cake with optional raspberry coulis		£23.50 £6.90	8-10 8-10
Crème Caramels	£4.50		
Panna Cotta or Junket! With forest fruit compote	£5.00		

A minimum of 20 meals, 6 portions per dish, or £125 need to be ordered for free delivery, otherwise a charge of £10.
Please let us know if you have a particular request or any dietary requirements or allergies.

Tregulland Cottage and Barn

Luxury self catering accommodation in Cornwall

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