

Shandana Syed

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Linnankoskenkatu 16 B 11, Porvoo, 06100, Finland

Profile I am Internal Medicine Specialist with a special interest in Psychology and Counseling as well as Diabetes & Obesity related diseases. I am passionate about Health Technology and integration of Artificial Intelligence in the diagnosis and treatment of medical illnesses.

Experience Telemedicine Physician, 2021-present, Sehat Kahani Inc. (remotely from Finland)
Providing online medical consultation for patients residing in Pakistan through Sehat Kahani Telemedicine portal.

Online Doctor 2015-2021 Self-employed, Finland
Free online medical consultation for patients residing in Pakistan

Postgraduate Trainee (Internal Medicine) 2010-2014 Ayub Teaching Hospital, Abbottabad
I worked as a postgraduate trainee in internal medicine for 4 years. In addition to general medicine I rotated in other medical fields such as cardiology, pulmonology, gastroenterology, psychiatry, dermatology etc. I have experience in managing inpatients as well as outpatients along with management of medical student teaching schedule and also participated in teaching medical students in their clinical years.

Medical Content writer/Blogger – 2010-2014 Self-employed Abbottabad
• A help blog for students taking the FCPS-1 exam where I write detailed explanations for past paper questions. Subjects included basic clinical sciences.

Medical Teacher –2009-2010 NIMS Medical College - Abbottabad
Teaching anatomy to first year and second year medical students.

House Officer 2008-2009 Ayub Teaching Hospital Abbottabad
• Management of inpatients and outpatients in General Medical Ward
• Management of inpatients and outpatients in Gynae/Obstetrics Ward
• Management of Anesthetic patients

Education Fellow of College of Physicians & Surgeons of Pakistan (Internal Medicine) – 2014
MBBS, Peshawar University, Pakistan -2007

Skills
-Power Point
-Medical Content Writer/Blogger
-Video making and editing
-Troubleshoot Apple Devices including iPod, iPhone and iPad

Languages
• Urdu - Native
• Hindko -Native
• English-Fluent
• Finnish - Intermediate

Certifications & Licenses Fellow of College of Physicians & Surgeons of Pakistan.

2014-Present

Licensed Medical Practitioner
(Pakistan)

2008-Present

PMDC No: 14505-N

Publications

Identifiable risk factors in hepatitis B and C. [https://
www.ayubmed.edu.pk/JAMC/23-4/Faiz.pdf](https://www.ayubmed.edu.pk/JAMC/23-4/Faiz.pdf) April
2011

Links

<https://fcps1.wordpress.com/>
<https://fcps1usmle1.wordpress.com/>