Services Guide

High-Quality Health Care





www.chsli.org

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Welcome to Catholic Health Services.

Catholic Health Services (CHS) is an integrated system encompassing some of the region's finest health and human services agencies. With six acute care hospitals, three nursing homes, a home nursing service, hospice and a community-based agency for persons with special needs, CHS's high standards have resulted in excellent patient satisfaction. Annually*, CHS facilities handle more than 80,000 hospital admissions, almost 6,000 newborn deliveries, nearly 239,000 emergency department cases, approximately 95,000 rehabilitation visits and 300,000 home care visits, plus day and residential services for 2,150 individuals with special needs. Our commitment to quality is recognized by patients and independent health agencies.

In 2015, CHS was awarded the Most Wired™ designation for the second consecutive year by the American Hospital Association's Health Forum and the College of Healthcare Information Management Executives. All six CHS hospitals have The Joint Commission Gold Seal of Approval® and earned a place in the top 12% of U.S. hospitals using electronic medical records (EMR), as recognized by the Healthcare Information and Management Systems Society (HIMSS), having achieved Stage 6 on the HIMSS Analytics EMR Maturity Model. Every CHS hospital is a designated stroke center and has earned the Get With The Guidelines® Stroke Gold Plus Achievement Award, with St. Joseph achieving Target: Stroke Honor Roll recognition for 2015, as well. For the 9th consecutive year, St. Francis was listed among the Best Hospitals in the nation by U.S. News & World Report (2015–2016)—ranking 13th for cardiology and heart surgery nationwide—and was once again the top-ranked hospital on Long Island. Mercy received the 2015 Risk Management and Patient Safety Best Practices Award from Physicians' Reciprocal Insurers. In the fall of 2015, St. Charles was awarded its fourth consecutive "A" in the Hospital Safety Score by The Leapfrog Group. Also, St. Catherine and Good Samaritan were named Top Performers on Key Quality Measures® by The Joint Commission in 2015 (based on 2014 data).

CHS's continuing care division has achieved honors, too. In 2015, Catholic Home Care achieved impressive results in its triennial survey by The Joint Commission, and Good Shepherd's leadership was presented with the U.S. Secretary of Defense's Patriot Award. Programs at Maryhaven—which celebrated its 85th anniversary in 2015—have earned the highest level of accreditation from the Commission on Accreditation for Rehabilitation Facilities. Good Samaritan, Our Lady of Consolation and St. Catherine of Siena nursing and rehabilitation facilities were awarded five stars for quality measures in 2015 by the Centers for Medicare & Medicaid Services.

We share this information with you to assure you of our dedication to quality and patient safety. CHS is a multifaceted system, encompassing a wide array of programs across Long Island. Whether you are looking for services for yourself or others, we encourage you to use this guide to find the program or service you need, close to home.

Wishing you good health,

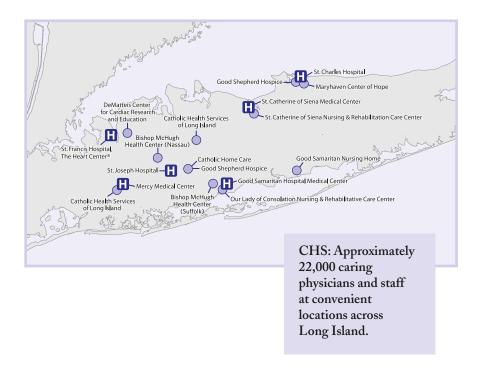
Alan D. Guerci, MD

President & CEO, Catholic Health Services

Mission Statement

Catholic Health Services of Long Island (CHS), as a ministry of the Catholic Church, continues Christ's healing mission, promotes excellence in care and commits itself to those in need.

CHS affirms the sanctity of life, advocates for the poor and underserved, and serves the common good. It conducts its health care practice, business, education and innovation with justice, integrity and respect for the dignity of each person.



Please visit each CHS member's website for the most current information. Simply go to www.chsli.org and click through.

Hospitals: Checklist of Services

Services	GS	M	SCS	SC	SF	SJ
Advanced Cardiac Life Support	•		•		•	•
Alzheimer's		•				
Ambulatory Surgery Unit	•	•	•	•	•	•
Anesthesiology	•	•	•	•	•	•
Arrhythmia & Pacemaker Services	•	•	•		•	
Autism	•					
Bariatric Surgery	•	•	•	•	•	
Behavioral Health († peds only)	†	•	•			
Bishop McHugh Health Center	•				•	
Blood Bank	•	•	•	•	•	•
Bone Densitometer	•	•	•	•	•	•
Breast Health Services	•	•	•	•	•	•
Cancer Care	•	•	•	•	•	•
Cardiac Catheterization	•	•	•		•	
Cardiac Diagnostic Imaging	•	•	•	•	•	•
Cardiac Outreach Program					•	
Cardiac Rehabilitation	•			•	•	
Cardiology	•	•	•	•	•	•
Cardiothoracic Surgery	•				•	
Care Management/Social Work	•	•	•	•	•	•
Chemical Dependency Rehabilitation				•		
Child Life Program	•					
Clinical Decision Unit (Observation)	•	•	•		•	•
Colon & Rectal Services	•	•	•	•	•	•
Community Health Lectures	•	•	•	•	•	•
Concussion Management	•			•		
Congestive Heart Failure	•	•	•	•	•	•
Cystic Fibrosis	•					
Dental Clinic				•	•	
Diabetes Care Center		•		•	•	•
Dialysis Unit	•	•	•			•
Echocardiography	•	•	•	•	•	•
Elective Angioplasty	•		•		•	
Emergency Angioplasty	•		•		•	
Emergency Department	•	•	•	•	•	•
Endocrinology	•	•	•		•	•
Endoscopy Unit	•	•	•	•	•	•
ENT (Otolaryngology)	•	•	•	•	•	•
Epilepsy Program				•		
Family Medicine	•	•	•	•	•	•
Gastroenterology	•	•	•	•	•	•
Geriatrics	•	•	•		•	•

Key: Good Samaritan = GS

St. Charles = **SC**

Mercy = **M** St. Francis = **SF** St. Catherine of Siena = SCS St. Joseph = SJ

Catholic Health Services of Long Island

Services	GS	M	SCS	SC	SF	SJ
Hearing & Speech Center	•			•		•
Hospice	•	•	•	•	•	•
Hospitalists	•	•	•	•	•	•
Hydrotherapy				•		
Infection Control	•	•	•	•	•	•
Infusion	•		•		•	
Intensive Care Unit	•	•	•	•	•	•
Internal Medicine	•	•	•	•	•	•
Interventional Cardiology	•		•		•	
Laboratory	•	•	•	•	•	•
Mammography		•	•	•	•	•
Maternal Fetal Medicine	•	•	•	•		
Maternity			•	•		
Meals on Wheels				•		•
Medical Education	•			•	•	
Minimally Invasive Surgery	•	•	•	•	•	•
MRI/CT Scan			•	•		
Neonatal Intensive Care Unit		•	•	•		
Nephrology				•		
Neurology		•	•	•	•	•
Neurosurgery			•	•	•	
Nuclear Medicine		•	•	•	•	•
Nursing Education			•	•		
Nursing Home			•			
Nutritional Counseling			•	•		
Obstetrics/Gynecology		•	•	•		
Occupational Therapy				•		
Oncology		•	•	•	•	
Operating Room						
Ophthalmology			•	•	•	
Oral Surgery						
Orthopedics			•	•		•
Osteoporosis Program						
Pain Management			•	•		
Palliative Care						
Parkinson's Outpatient Program			•			
Pastoral Care						
Pathology			•	•		
Pediatric Advanced Life Support						
Pediatric Emergency Department				•		
Pediatric Specialty Care Center						
Pediatrics († peds surgery/* peds outpatient services only)		†*	†	•		
Perinatal Education						

Key: Good Samaritan = GS St. Charles = SC Mercy = M St. Francis = SF St. Catherine of Siena = SCS St. Joseph = SJ

Services	GS	M	SCS	SC	SF	SJ
PET/CT Imaging († CT only)	•	•	•	†	•	†
Pet Therapy		•	•	•		•
Pharmacy	•	•	•	•	•	•
Physical Therapy	•	•	•	•	•	•
Physician Referral Service	•	•	•	•	•	•
Plastic & Reconstructive Surgery	•	•	•	•	•	•
Podiatry	•	•	•	•	•	•
Pre-Surgical Testing	•	•	•	•	•	•
Prostate Brachytherapy	•		•		•	
Psychiatric Services († inpatient only)		•	†			
Psychiatry	•	•	•		•	
Pulmonary Care	•	•	•	•	•	•
Radiation Oncology	•	•				
Radiology	•	•	•	•	•	•
Rehabilitation (Inpatient) Services († adult only)	•	†	†		†	
Rehabilitation (Outpatient) Services († adult only)	•	†	·	•	†	•
Research	•	•	•			
Respiratory Care	•	•	•	•	•	•
Rheumatology	•		•			
Robotics	•		•		•	
Senior Assessment Program	•	•				
Sleep Medicine	•	•	•	•		•
Smoking Cessation Program	•	•				
Special Care Unit	•		•			
Speech/Language Pathology	•	•				
Speech Therapy	•	•	•	•	•	•
Sports Medicine	•		•			
Stress Management					•	
Stroke Center	•		•			
Support Groups	•	•	•	•	•	•
Surgery	•		•			
Telemetry Unit	•	•	•	•	•	•
Trauma Services						
Traumatic Brain Injury				•		
Travel Medicine Service						
Ultrasound	•	•	•	•	•	•
Urology	•		•			
Vascular Services	•	•	•		•	•
Volunteer Services			•			
Woman/Child Care Services	•	•	•	•		
Women's Imaging						
Women's Specialty Rehabilitation				•		
Wound Care Center (Hyperbaric)						

Key: Good Samaritan = GS St. Charles = SC Mercy = M St. Francis = SF St. Catherine of Siena = SCS St. Joseph = SJ

Continuing Care: Checklist of Services

ervices	CHC	GSNH	GSH	MCH	OLC	SCSN
24-Hour Nursing Care		•		•	•	•
Adult Bereavement			•	•	•	•
Affordable Senior Housing				•		
Alzheimer's	•	•	•		•	•
Behavioral Health	•			•		
Cancer Care	•	•	•			
Caregivers Support Groups		•	•	•	•	
Children's Bereavement			•	•		
Day Habilitation				•		
Dementia Care	•	•			•	•
Diabetes Management	•	•			•	•
Dialysis Center Onsite						•
Full-Time Medical Staff	•	•	•	•	•	•
Home Health Aides	•		•			
Home Infusion Services			•			
Home Medical Equipment			•			
Home Nursing Service						
Hospice Care		•	•		•	
Maternal Child and Pediatric Services						
Medical Social Work		•	•	•	•	
Mental Health		•				
Nutritional Counseling		•	•	•	•	
OASAS Residence						
Occupational Therapy		•	•	•	•	
OMH Residences						
Orthotic/Prosthetic Service					•	
Pain Management						
Palliative Care		•	•		•	
Parenteral Care						
Pastoral Care		•	•		•	
Personal Recovery Oriented Services		-	-		-	-
Physical Therapy						
Post-Surgical/Medically Complex Psychiatrist		•		•	•	
•						
Psychologist		•		•	•	
Pulmonary Disease Management	•				•	
Resident & Family Counseling		•		•	•	
Residential Programming				•		
Respiratory Therapy		•			•	
Respite			•	•		
Senior Network & Drop-In Center				•		
Service Coordination				•		
Short-Term Inpatient Care			•			
Skilled Nursing in Home	•		•			
Social Work/Social Services	•	•	•	•	•	•
Specialized Individual Education				•		
Speech Therapy	•	•	•	•	•	•
Stroke Rehabilitation Care	•	•			•	•
Sub-Acute Rehabilitation		•			•	•
Telehealth	•					
Therapeutic Recreation		•		•	•	•
Tracheostomy Care	•	•			•	•
Vascular Disease Management		•			•	•
Vocational Programming				•		
Volunteer		•	•	•	•	•
Wound Care/Wound Specialist	•	•	•		•	•

Key:

Catholic Home Care = CHC
Maryhaven Center of Hope = MCH



Good Samaritan Hospital Medical Center

Founded in 1959, Good Samaritan Hospital Medical Center has grown into a 537-bed (including 100 nursing home beds) medical center, with more than 3,500 employees and almost 900 physicians on staff. Good Samaritan's approximately 24,000 patient admissions, 2,800 babies delivered, more than 14,000 operations (including 8,500 same-day surgeries), almost 80,000 home care visits and more than 147,000 diagnostic imaging procedures—as well as nearly 90,000 Emergency Department visits and almost 4,000,000 laboratory tests—annually illustrate the medical center's unrivaled experience. Good Samaritan has earned The Joint Commission's Gold Seal of Approval® and in 2015 was named a *Top Performer on Key Quality Measures*® for the second consecutive year (based on previous year's data).

As part of the St. Francis Open Heart Surgery Program at Good Samaritan Hospital, cardiothoracic surgeons, anesthesiologists, nurses, perfusionists and other experts from St. Francis Hospital, The Heart Center®, are on site to offer this nationally recognized open heart surgery program to residents of Suffolk County. They have expertise in all types of heart surgery, from conventional open heart bypass and offpump coronary artery bypass to the newest minimally invasive valve procedures, including surgical techniques designed to treat certain cardiac arrhythmias.

Good Samaritan, a NYS Designated Level II Trauma Center since 1995, provides trauma care to nearly 2,000 people each year. As part of its commitment to offering the best care possible, the hospital has taken on the challenge of becoming one of the first in the state to be reviewed by the American College of Surgeons Committee on Trauma (ACS-COT) for verification as an ACS-COT Level II Trauma Center, the standard for high-quality trauma care.

Good Samaritan was among the first community hospitals in Suffolk County to perform primary angioplasty to swiftly open blocked arteries during a heart attack and was the first in the county to offer the combination of primary or elective angioplasty and a cardiac rehabilitation program. Good Samaritan has expanded its Division of Cardiology to better focus on the individual needs of cardiac patients.

The hospital's BirthPlace provides expert care to women experiencing high-risk pregnancies. The Maternal Fetal Medicine Program cares for women whose pregnancies are complicated by premature labor or underlying medical conditions such as diabetes or high blood pressure, or due to a multiple birth. Specialists work closely with neonatologists to ensure the health of both mother and baby.

Good Samaritan provides dedicated pediatric services, including the first fully designated Pediatric Emergency Department in Suffolk County. The hospital also has the only Level III Neonatal Intensive Care Unit on the south shore of Suffolk. Good Samaritan's freestanding, outpatient Center for Pediatric Specialty Care and Sleep Disorders is the largest of its kind in Suffolk County. Located in Babylon, it is staffed by physicians with a wide variety of expertise, including pulmonology, endocrinology, cystic fibrosis, gastroenterology, infant/child development, nutrition, infectious disease, neurology, nephrology, hematology, surgery and sleep disorders, supporting more than 30,000 patient visits a year. The facility has further expanded services to enhance the family-centered care of medically complex children.

Good Samaritan's Cancer Center offers a complete range of preventive, diagnostic, therapeutic and supportive services, enhanced by a cancer patient navigation program. Accredited by the American College of Surgeons Commission on Cancer, Good Samaritan earned the Outstanding Achievement Award with a 3-year commendation on 4 consecutive surveys (12 years in a row).

Good Samaritan's Ambulatory Surgery Unit (ASU) meets the needs of adult and pediatric patients who are able to return home the same day. Procedures are performed by board certified surgeons in dedicated operating rooms, with a pain management suite. In addition, the ASU is designed to accommodate patients undergoing special procedures such as cardiac studies, interventional radiology procedures and blood transfusions. There is also an endoscopy unit, equipped and staffed to provide expert gastroenterological care to both adults and children.

With advanced mammography—including Suffolk County's first 3-D tomosynthesis technology—and other breast diagnostic services, Good Samaritan is a Breast Imaging Center of Excellence, as awarded by the American College of Radiology. The medical center has earned a three-year, full accreditation designation by the National Accreditation Program for Breast Centers.

The hospital offers comprehensive, patient-focused imaging services on an outpatient and inpatient basis and earned three-year reaccreditation by the American College of Radiology. This reflects Good Samaritan's high practice standards, including the caliber of work being performed by physicians, medical physicists and other experts, as well as efficiency, quality assurance programs and adequacy of space.

Highlights

- Good Samaritan's Breast Health Center again earned three-year/full accreditation from the National Accreditation Program for Breast Centers, administered by the American College of Surgeons, in 2015.
- The Bariatric Surgery Program at Good Samaritan is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).
- American Academy of Sleep Medicine Center of Excellence.
- First hospital on the south shore of Suffolk County to earn NYS Designated Stroke Center designation and a recipient of the American Heart Association/ American Stroke Association Get With The Guidelines® Stroke Gold Plus and Heart Failure Gold Performance Achievement Awards.
- Certified by the American Association of Cardiovascular and Pulmonary Rehabilitation, with Quality Respiratory Care Recognition in three consecutive years.
- Outstanding Achievement Award from the American College of Surgeons Commission on Cancer (12 consecutive years).

Directory

Ambulatory Surgery Unit
Bariatric (Weight-Loss) Surgery (631) 376-3697
BirthPlace
Bishop McHugh Health Center (631) 376-4025
Breast Health Center
Cancer Registry
Cardiology
Cardiothoracic (Open Heart) Surgery (631) 376-6185 The St. Francis Hospital, The Heart Center®, Open Heart Surgery Program at Good Samaritan Hospital.
Center for Pediatric Specialty Care & Sleep Disorders
Concussion Management

Emergency Department
Genetic Counseling (631) 376-4050
The Good Samaritan Hospital Foundation (631) 376-4365
Good Samaritan Nursing Home (631) 244-2400
Imaging Services
Laboratory
Maternal Fetal Medicine
Neonatal Intensive Care Unit
Palliative Care
Pastoral Care
Pediatric Emergency Department
Pediatric Intensive Care Unit (631) 376-3960

PET/CT Center	
Physician Referral & Information Line Access to the expertise of Good Samaritan's physicians and hospital programs and services is available.	•
Pre-Surgical Testing	. (631) 376-4808
Rehabilitation Services	patient physical,
Sleep Apnea Center	
Volunteer Services	. (631) 376-4121
Women's Imaging Center	as designated by the ereotactic needle

Please call (631) 376-4444 for the latest information on services.



1000 Montauk Highway, West Islip, NY 11795 (631) 376-4444

www.good-samaritan-hospital.org



Mercy Medical Center

Founded by the Nursing Sisters of the Congregation of the Infant Jesus, Mercy Medical Center has served the residents of Nassau County and nearby communities since 1913. Mercy is a full-service, 375-bed community hospital with a medical staff of nearly 700 physicians and almost 1,600 employees. From nursing services and comprehensive stroke and cancer care, to women's health services and weight-loss surgery, top ratings in national assessments make Mercy the hospital of choice for patients 100,000 times a year.

Mercy received an "A" for patient safety in The Leapfrog Group's Hospital Safety Score in the fall of 2015. In 2015, the hospital received the Risk Management and Patient Safety Best Practices Award from Physicians' Reciprocal Insurers. Also, Mercy holds the Pathway to Excellence® designation by the American Nurses Credentialing Center. The hospital provides 24-hour emergency and trauma care for both adults and children, as well as the newly renovated Express Care for less urgent cases, and its advanced diagnostic facilities include a cardiac catheterization lab, magnetic resonance imaging (MRI), positron emission tomography (PET) and computed tomography (CT). Mercy has received the Get With The Guidelines® Stroke Gold Plus Performance Achievement Award from the American Heart Association/American Stroke Association and is also a NYS designated stroke center.

Mercy earned the 2013 Outstanding Achievement Award from the Commission on Cancer of the American College of Surgeons, and the hospital has been designated a Breast Imaging Center of Excellence by the American College of Radiology. Mercy's Bishop John R. McGann Radiology and Imaging Center features enhanced amenities, including a spacious reception area, along with a private waiting area for a full complement of women's imaging services. Mercy is a leader in providing comprehensive breast health care—with screening, diagnosis, treatment and follow-up all at one location, the Women's Imaging Center. Highly skilled radiologists and breast surgeons offer a complete range of treatment options and the latest full reconstructive procedures. Also, to assist those who are newly diagnosed, "living with" or survivors of cancer, Mercy has partnered with the American Cancer Society to offer the free Patient Navigation Program.

With the largest dedicated inpatient acute rehabilitation program on the south shore of Nassau, Mercy employs state-of-the-art equipment and techniques to speed the recovery of patients who have suffered a catastrophic illness, stroke, spinal cord injury, amputation, major orthopedic surgery, severe disabling arthritis or acquired brain injury. Ambulatory services are now offered, as well, in a beautiful outpatient facility to address all rehabilitation needs. Physiatrists, physical and occupational therapists, and speech-language pathologists can diagnose and treat a wide variety of disabilities, and the Balance Center helps those experiencing dizziness, vertigo and related issues.

Mercy delivers more than 1,200 babies each year and is home to the only Level III Neonatal Intensive Care Unit on the south shore of Nassau County, with 24/7 in-house neonatologists/pediatricians, anesthesiologists and obstetrician attending physicians. Generations of women have chosen to have their babies in an environment recognized for superior, personalized care. Mercy is committed to providing single occupancy in the home-like setting of its redesigned maternity suites.

The hospital is widely known for its leadership in weight-loss surgery and is an accredited center of the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program. Mercy offers single-incision laparoscopic surgery (SILS) for weight loss—as well as for abdominal and gynecologic procedures—and the latest techniques in minimally invasive brain and spine surgery.

The spiritual needs of patients and their families are an integral part of care at Mercy Medical Center, with a pastoral care staff committed to addressing the needs of the whole person—body, mind and spirit. Chaplains are members of the health care team, providing support and counseling with bedside visits and family conferences. The Sacrament of Reconciliation, Anointing of the Sick and Holy Communion are offered to Catholic patients. Mass is celebrated in the hospital chapel and is also available to patients in their rooms via closed-circuit television. A nondenominational meditation room is available, as are a Muslim prayer room and a kosher kitchen, orthodox shul and hospitality rooms for emergency, short-term or Sabbath stays for observant Jewish family members of patients.

Highlights

- 2015 Physicians' Reciprocal Insurers (PRI) Risk Management and Patient Safety Best Practices Award.
- Second consecutive "A" for patient safety in The Leapfrog Group's Hospital Safety Score in the fall of 2015.
 - Note: The [Leapfrog] Hospital Safety ScoreSM grades hospitals on data related to how safe they are for patients. For more information, visit www.hospitalsafetyscore.org.
- Outstanding Achievement Award from the American College of Surgeons Commission on Cancer (2013).
- Bronze-level Beacon Award for Excellence for Mercy's ICU from the American Association of Critical-Care Nurses.
- Get With The Guidelines® Stroke Gold Plus Performance Achievement Award from the American Heart Association/American Stroke Association.
- American Nurses Credentialing Center Pathway to Excellence® designation.
- Breast Imaging Center of Excellence, as designated by the American College of Radiology.
- The Bariatric Surgery Program at Mercy is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).
- First on Long Island to use SILS techniques for LAP-BAND® adjustable gastric banding and sleeve gastrectomy.
- Largest inpatient acute rehabilitation program of its kind in south Nassau.
- The Joint Commission Gold Seal of Approval®.

Balance Center.

Directory

For anyone experiencing dizziness, vertigo, difficulty judging distance or an increased risk of falling.
Bariatric (Weight-Loss) Surgery (516) 705-2702
Behavioral Health
Breast Health Services

Cancer Care. (516) 62-MERCY

(516) 62-MERCY

Center for Hyperbaric Medicine & Wound Healing
Development
Diabetes Outpatient Education Center (516) 705-2532
Express Care (516) 62-MERCY
Family Care Center
Geriatric Assessment/Consultation Service (516) 705-3622
Neonatal Intensive Care Unit (NICU) (516) 705-2291 Mercy's Level III NICU is the only one of its kind on the south shore of Nassau.
Orthopedic Surgery
Pastoral Care
Physical Medicine/Rehabilitation (516) 705-2633 Both inpatient and outpatient services. The largest dedicated inpatient acute rehabilitation program on Nassau's south shore.
Physician Referral (516) 62-MERCY
Podiatry Outpatient Service (516) 62-MERCY Ambulatory program with convenient access to expert care for a full range of foot and ankle conditions.
Radiology & Imaging (516) 705-1300
Ryan Draw Station (516) 705-2206 Full-service laboratory, offering minimal wait time. No appointment necessary.
Sleep Medicine (516) 62-MERCY
Spine Endeavor Program (516) 62-MERCY Mercy's interdisciplinary program combines the expertise of orthopedic surgeons and neurosurgeons to resolve intractable neck, spine and lower back problems.
Travel Medicine (516) 705-1804
Please call (516) 62-MERCY for the latest information on services.
Mercy Medical Center 1000 North Village Avenue PO Box 9024



Mercy Medical Center Catholic Health Services At the heart of health mercymedicalcenter.chsli.org

P.O. Box 9024 Rockville Centre, NY 11571-9024 (516) 62-MERCY



St. Catherine of Siena Medical Center

Since 2000, St. Catherine of Siena Medical Center has been a trusted health care resource. St. Catherine of Siena is located on 110 acres on the north shore of Long Island, in Smithtown. The campus comprises a 318-bed, not-for-profit hospital, a 240-bed skilled nursing and rehabilitation care center, a 298-unit senior housing facility and a 3-story medical office building.

In 2015, St. Catherine was named a *Top Performer on Key Quality Measures** by The Joint Commission, based on 2014 data. The medical center also earned advanced certification as a Primary Stroke Center from The Joint Commission. St. Catherine continually focuses on improving patient care and quality outcomes, and the dedicated staff of professionals strive to meet or exceed the needs and expectations of patients and their families each and every day.

St. Catherine's Women's Health & Outpatient Diagnostic Pavilion, located on campus, offers women comprehensive health care in one location. Diagnostic services include breast magnetic resonance imaging (MRI) and breast MRI biopsy, breast ultrasound, fine needle aspiration, galactograms, high-quality digital mammography, needle localization, stereotactic core breast biopsy, sentinel lymph node biopsy, ultrasound-guided cyst aspiration, ultrasound-guided needle biopsy

and bone densitometry. While the pavilion is dedicated to women's health needs, diagnostic testing is available for men as well. The medical center also provides comprehensive breast health services, from diagnosis to reconstructive surgery.

The Department of Radiology is accredited by the American College of Radiology in MRI, computed tomography (CT), ultrasound, breast ultrasound, ultrasound-guided breast biopsy, vascular ultrasound, mammography and stereotactic breast biopsy, as well as PET/CT—positron emission tomography combined with CAT scanning—which offers early and highly accurate detection of cancer. St. Catherine is designated a Breast Imaging Center of Excellence by the American College of Radiology.

St. Catherine's Colon and Rectal Program offers treatment for the full range of diseases and conditions of the small bowel, colon, rectum and anus, from cancer to hemorrhoids. The program is staffed with nationally recognized, board certified colorectal surgeons, including both male and female physicians. They have expertise in the use of endoscopic and laparoscopic procedures and other minimally invasive techniques, including robotic surgery, to treat colon and rectal disorders. A new minimally invasive and reversible procedure was recently introduced, providing an option for those suffering with fecal incontinence.

The medical center recently opened its Center for Hyperbaric Medicine & Wound Healing, specializing in helping patients, including those with diabetes, whose wounds have reached a plateau and may be at risk for complications. Dedicated staff create a personalized treatment plan for patients using the latest techniques for the most effective and expedited recovery.

St. Catherine's Sleep Disorders Center provides comprehensive, individualized evaluation and testing for the diagnosis and treatment of clinical disorders related to sleep, for adults and children. Each patient undergoes sleep testing in one of four specially designed bedrooms, accessible to the physically challenged. Self-referrals are accepted at the center, which is open 24 hours a day, Monday to Saturday, but most patients are referred by a physician.

Highlights

- Named a Top Performer on Key Quality Measures[®] by The Joint Commission in 2015 (based on 2014 data).
- Achieved the American Heart Association/American Stroke Association Stroke Gold Plus Award.
- St. Catherine is a NYS designated stroke center, with its stroke program earning a perfect score from The Joint Commission in its biennial survey in December 2014 and awarded disease-specific certification as a Primary Stroke Center.

- Named a Breast Imaging Center of Excellence by the American College of Radiology.
- First hospital-based facility on Long Island to be awarded three-year certification by the American Society for Gastrointestinal Endoscopy's Endoscopy Unit Recognition Program, with recertification earned in 2014.
- NYS Perinatal Quality Collaborative Obstetrical Improvement Project's Quality Improvement Award (2013).

Directory

Directory
Ambulatory Surgery
Bariatric (Weight-Loss) Surgery (631) 862-3801
Breast Health Services
Cardiac Catheterization Laboratory (631) 862-3215 The Cardiac Catheterization Laboratory offers elective and emergency angioplasty.
Center for Hyperbaric Medicine & Wound Healing
Colon & Rectal Program
Development

Dialysis Center
Emergency Department
Laboratory & Pathology (631) 862-3050
Maternity
Orthopedic Surgery & Podiatry (631) 870-3444
Outpatient Service Center
Palliative Care
Pastoral Care
Physician Referral
Psychiatry

Radiology (631) 862-3222
The Department of Radiology is accredited by the American College of Radiology in MRI, CT, ultrasound, breast ultrasound, ultrasound-guided breast biopsy, vascular ultrasound, mammography and stereotactic breast biopsy.
Siena Proactive Internal Medicine (631) 870-3444
Sleep Disorders Center
Volunteer Office (631) 862-3959
Women's Health & Outpatient Diagnostic Pavilion

Please call (631) 870-3444 for the latest information on services.



50 Route 25A, Smithtown, NY 11787 (631) 870-3444 stcatherines.chsli.org



St. Charles Hospital

St. Charles Hospital has served the residents of the north shore in the Town of Brookhaven since 1907. St. Charles is a full-service, community hospital and regional rehabilitation center with eight outpatient satellite rehabilitation sites, from Albertson to Port Jefferson. The 243-bed hospital includes 71 medical/ surgical beds, 16 intensive care/critical care beds, 8 pediatric beds, 6 neonatal and 22 maternity beds, 40 alcohol and chemical dependency beds, 10 medically supervised detoxification beds and 80 physical medicine/rehabilitation beds. St. Charles is renowned for high-quality, compassionate care. In the fall of 2015, the hospital received its fourth consecutive "A" in the Hospital Safety Score by The Leapfrog Group, a nonprofit organization that ranks hospitals nationwide.

With a rehabilitation program that has achieved the highest level of certification available, St. Charles is the only hospital on Long Island accredited by the Commission on Accreditation for Rehabilitation Facilities for both inpatient and outpatient, adult and pediatric rehabilitation. The pediatric rehabilitation unit has the only inpatient pediatric traumatic brain injury unit on Long Island. In addition, St. Charles is a NYS designated traumatic brain and spinal cord injury center for both adults and children. The sophisticated rehabilitation techniques used at St. Charles include virtual-reality technology for physical therapy and an electrical stimulation device for the hand and/or leg that allows stroke patients to grasp objects and walk without foot drop.

St. Charles was the first hospital in New York to introduce computer-assisted orthopedic surgery when performing a total knee arthroplasty. St. Charles went on to become the first hospital in the region to perform computer-assisted surgery (CAS) on an anterior cruciate ligament and the first in the U.S. to perform a reverse ball and socket total shoulder replacement. Also, it was the first hospital in the Northeast to provide a total hip replacement with computer assistance. With Joint Commission certification for its total hip and knee replacement program, the hospital performed more than 500 total joint replacement surgeries in 2013. In 2014, St. Charles became the first Long Island hospital to offer MAKOplasty® partial knee resurfacing.

Each year, approximately 1,500 babies are born at St. Charles. The experienced and skilled obstetricians and labor/delivery nurses at St. Charles have, on average, more than 12 years of experience in labor and delivery. Additionally, board certified neonatologists and nurse practitioners provide 24-hour-a-day coverage in the Neonatal Intensive Care Unit to ensure that newborns with special needs receive the highest level of care. The Mother/Baby Couplet Program, unique to St. Charles, allows one nurse to care for the mother and baby, instead of the traditional model of a postpartum nurse caring for the mother and a nursery nurse taking care of the newborn. This program allows families to bond with their newborns by becoming more involved in the care of infants during the first days following birth.

The hospital provides diagnostic imaging on an outpatient and inpatient basis, performing more than 60,000 procedures annually. St. Charles offers advanced digital mammography, diagnostic needle localization, X-ray, ultrasound, stereotactic breast biopsy, breast magnetic resonance imaging (MRI), and biopsy and ultrasound of the breast. Other outpatient services include comprehensive radiography for skeletal, abdominal, chest, genitourinary and gastrointestinal diagnostic testing, full computed tomography/angiography (CT/CTA), nuclear medicine, nuclear stress testing, ultrasound and magnetic resonance angiogram (MRA)/MRI. The Diagnostic Imaging Department at St. Charles features a 3.0 Tesla MRI and a 256-slice CT scanner and has earned a three-year, full accreditation designation by the American College of Radiology.

Due to the growing number of adult and pediatric patients in need of surgical services, an \$8 million expansion of an existing operating room suite at St. Charles added 4 operating rooms. The new structure is adjacent to the original five ORs and features a highly skilled surgical staff, advanced equipment and more space, creating one of the most technologically advanced surgery centers in the area.

Patients' spiritual needs are very important at St. Charles. A full-time chaplain and deacon, a priestly presence and pastoral care volunteers are available daily to enhance a living faith for all denominations. This includes support and prayerful meditation for staff, patients and family members when they need it most.

The physicians in the Emergency Department at St. Charles are all board certified in emergency medicine and available 24 hours a day. Additional services provided at St. Charles include general surgery, bariatric surgery, a state-of-the-art Sleep Disorders Center, medically supervised detoxification, pediatric services and the Comprehensive Epilepsy Center of Long Island, as well as pediatric orthopedic, female urinary incontinence and laboratory services.

Highlights

- The Total Hip and Knee Joint Replacement Program at St. Charles is Joint Commission certified and is an Empire Blue Cross/Blue Shield Blue Distinction Center for Total Joint Replacement.
- St. Charles is Joint Commission certified as a stroke center and is a
 recipient of the American Heart Association/American Stroke Association
 Gold Plus Performance Achievement Award for success in using Get
 With The Guidelines® to improve quality of care for stroke. St. Charles
 was also the first hospital in Suffolk County to become a NYS designated
 stroke center.
- Fourth consecutive "A" for patient safety in The Leapfrog Group's Hospital Safety Score in the fall of 2015.
 - Note: The [Leapfrog] Hospital Safety Score SM grades hospitals on data related to how safe they are for patients. For more information, visit www.hospitalsafetyscore.org.
- Recognized by the American Academy of Sleep Medicine as a full-service sleep disorders center and a Sleep Center of Excellence.
- St. Charles's rehabilitation program received the highest level of accreditation available from the Commission on Accreditation for Rehabilitation Facilities (CARF) for adult and pediatric inpatient and outpatient services and the stroke rehabilitation program.
- The hospital earned the 2015 American College of Surgeons Commission on Cancer Approval Award with Commendation.
- The Bariatric Surgery Program at St. Charles is fully accredited as a Comprehensive Bariatric Surgery Center by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) and accredited as a Comprehensive Center with Adolescent Qualifications by MBSAQIP.
- The Comprehensive Epilepsy Center of Long Island at St. Charles is recognized by the National Association of Epilepsy Centers (NAEC) as a Level 4 epilepsy center, with the professional expertise and facilities to provide the highest level medical and surgical evaluation and treatment for patients with complex epilepsy.

Directory

Bariatric (Weight-Loss) Surgery (631) 474-6797
Colon & Rectal Surgery Program (631) 862-3600
Comprehensive Epilepsy Center
Concussion Management
Diabetes Care
Emergency Department
Laboratory
Mammography (631) 474-6163
Orthopedics
Outpatient Pediatric & Adult Specialty Care Center (631) 474-6300
Pastoral Care
Pediatrics

Physician Referral
Radiology/Diagnostic Imaging
Rehabilitation (Inpatient)
Rehabilitation (Outpatient Cardiac & Pulmonary) (631) 474-6859
Rehabilitation Satellites (Outpatient):
Albertson (516) 739-4900
Centereach
East Setauket
Melville
Patchogue
Port Jefferson (631) 474-6111
Ronkonkoma (631) 580-8720
Smithtown
Sleep Disorders Center
St. Charles Hospital Foundation (631) 474-6465
Volunteer Services
Please call (631) 474-6797 for the latest information on services.



200 Belle Terre Road, Port Jefferson, NY 11777 (631) 474-6797 www.stcharles.org



St. Francis Hospital, The Heart Center®

St. Francis Hospital, The Heart Center*, is New York's only specialty designated cardiac center and is a nationally recognized leader in cardiac care. Founded in 1922 by the Sisters of the Franciscan Missionaries of Mary, the 306-bed hospital is an innovator in the delivery of specialized cardiovascular services in an environment where excellence and compassion are emphasized. Also, St. Francis offers an outstanding program in noncardiac surgery, including some of the most advanced technology and minimally invasive techniques available for vascular, prostate, ear-nose-throat, abdominal, gastrointestinal, oncologic and orthopedic surgery.

St. Francis Hospital performs one of the highest volumes of cardiac surgeries in New York state and has been consistently recognized for its outstanding quality of care. In 2015, St. Francis was top-ranked on Long Island again by *U.S. News & World Report* and listed 13th in the entire nation for cardiology and heart surgery. St. Francis has been ranked one of the Best Hospitals in America for the ninth consecutive year and is the only hospital on Long Island to be ranked nationally in four adult specialties. St. Francis is also among just 7% of U.S. hospitals to hold the coveted Magnet® designation for nursing excellence. It has been a Magnet® hospital since 2006 and is the only hospital in Nassau County to be designated. St. Francis also holds the gold-level Beacon Award for Excellence from the American Association of Critical-Care Nurses.

Highlights

- In the past decade, more than 118,000 cardiac catheterizations, 41,000 angioplasties and 15,000 open heart surgeries have been performed at St. Francis Hospital. Studies consistently show that patients fare better when they go to physicians and hospitals that perform a high volume of procedures.
- Electrophysiologists at St. Francis perform one of the highest volumes of cardiac arrhythmia procedures in the nation, including radiofrequency ablation, and pacemaker and defibrillator implantation. The hospital was the first on Long Island to implant a leadless pacemaker.
- St. Francis is a leader in transcatheter aortic valve replacement (TAVR) and was one of the first hospitals in the U.S. to implant the Medtronic CoreValve.
- St. Francis was ranked the best hospital for patient satisfaction on Long Island by the federal Centers for Medicare & Medicaid Services (2015).
- St. Francis is among just 7% of U.S. hospitals to have earned Magnet[®] designation.
- The hospital's DeMatteis Center for Cardiac Research and Education in Greenvale received the Summit Award from Press Ganey for outstanding patient satisfaction three times.
- Three of St. Francis's intensive care units have earned the gold-level Beacon Award for Excellence from the American Association of Critical-Care Nurses.
- The hospital also holds three Prism awards for Nursing Excellence (2013–2014).
- The hospital is a premier center for national clinical trials such as Medtronic CoreValve, St. Jude Portico, Abbott EVALVE Mitraclip®, COAPT-Mitraclip® for coronary calcification, and carotid stent trials such as Gore Scaffold.
- St. Francis has been accredited by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP) of the American College of Surgeons.
- Breast Imaging Center of Excellence, as designated by the American College of Radiology.
- St. Francis Hospital is located in Roslyn, on Long Island's north shore, and is easily accessible from Northern Boulevard and the Long Island Expressway.

Directory

Arrhythmia & Pacemaker Center (516) 562-6672

St. Francis has a leading national program for pacemaker and defibrillator implantation and the diagnosis and treatment of cardiac rhythm abnormalities. The center has unparalleled expertise in radiofrequency cardiac ablation, including treatment of atrial fibrillation, and it performs one of the highest volumes of arrhythmia procedures in the U.S., with an extraordinary record of success and safety.

Bishop McHugh Health Center (516) 827-2727

Cancer Institute (516) 325-7500

The Cancer Institute combines an integrated approach to treating cancer with St. Francis's signature commitment to excellence and compassionate care. The institute features a newly relocated and enhanced outpatient infusion center, where patients can receive chemotherapy, biologic (including antibody) treatments, transfusion support and intravenous antibiotics.

Cardiac Catheterization . . . (1-888-432-7869) 1-888-HEARTNY

In 2014, St. Francis interventional cardiologists performed more than 10,000 cardiac catheterizations and more than 3,000 percutaneous coronary interventions (angioplasty and insertion of stents). The hospital is also recognized as one of the East Coast's highest volume centers for catheter-based techniques to close atrial septal defects and patent foramen ovale.

Cardiac Diagnostic Imaging (516) 705-6627

St. Francis Hospital has contributed to major advances in noninvasive cardiac diagnostic imaging. As a result, heart disease can be detected at earlier stages and diagnosed with greater accuracy, enabling more specific guidance of a patient's treatment. The hospital has all of the major cardiac imaging modalities under one roof. St. Francis was the first hospital on Long Island to introduce CT scanning for CT coronary angiography and recently introduced the first hospital-based cardiac PET/CT program on Long Island. Noninvasive imaging services include CT angiography, cardiac MRI, SPECT/CT nuclear imaging, transesophageal echocardiography, three-dimensional echocardiography and stress testing with nuclear, echocardiographic or MRI imaging.

Cardiac Diagnostics & Treatment

St. Francis Hospital performs one of the highest volumes of cardiac surgeries in New York state and has been consistently recognized for its outstanding quality of care. In 2015, St. Francis Hospital was ranked again as one of America's Best Hospitals by *U.S. News & World Report* for cardiology and heart surgery.

To consult with a St. Francis physician, call 1-888-HEARTNY

Cardiac Fitness & Rehabilitation (516) 629-2040 The St. Francis Cardiac Fitness and Rehabilitation Program is housed at the DeMatteis Center in Greenvale. It is the largest and longest established medically supervised program of its kind on Long Island.
Cardiac Surgery
Center for Advanced Cardiac Therapeutics (516) 629-2090 The program offers all-inclusive care for congestive heart failure patients and over the years has been recognized for its high survival rates.
CPR
Development
Diabetes Care Center
Pastoral Care
Physician Referral (516) 562-6199 Access to the expertise of St. Francis's physicians and broad range of hospital programs and services is available.
Surgery (1-888-432-7869) 1-888-HEARTNY St. Francis offers an outstanding program in noncardiac surgery, including some of the most advanced technology and minimally invasive techniques available for vascular, prostate, ear-nose-throat, abdominal, gastrointestinal, oncologic and orthopedic surgery. The hospital has been ranked by <i>U.S. News & World Report</i> as one of the Best Hospitals in America for nine years in a row for noncardiac specialties such as geriatrics; gastroenterology and GI surgery; and orthopedics (2015–2016).

Volunteer Office (516) 562-6105

Women's Health Center (516) 629-2400

St. Francis's Women's Health Center is a state-of-the-art imaging center committed to women's health and education.

Please call (516) 562-6199 for the latest information on services.



100 Port Washington Blvd. Roslyn, New York 11576 (516) 562-6000

www.stfrancisheartcenter.com



St. Joseph Hospital

Located in Bethpage, St. Joseph Hospital holds The Joint Commission Gold Seal of Approval® and has earned the Get With The Guidelines® Stroke Gold Plus Achievement Award and Target: Stroke™ Honor Roll recognition. The 203-bed hospital, which joined CHS in 2010, offers magnetic resonance imaging (MRI), nuclear medicine and a vascular laboratory in its array of fully digital radiological services. Many specialized services are available, including high-level skin grafting and vascular assessment.

St. Joseph provides residents of the surrounding communities the expertise of its nationally accredited outpatient Diabetes Education Center, balance testing for vestibular disorders and outpatient physical therapy (with additional specialization in balance disorders). Outpatient services also include adult and pediatric speech, swallow and language therapy, as well as sleep disorder studies in the nationally accredited Center for Sleep Medicine with six hotel-style rooms and hyperbaric oxygen therapy in the first wound healing center on Long Island to be accredited—and reaccredited—by the Undersea and Hyperbaric Medical Society.

A new, state-of-the-art cardiac computed tomography (CT) scanner is now available at St. Joseph. Cardiac CT provides revolutionary ways to look at a patient's heart and pinpoint disease long before symptoms start. The scanner allows the physician to examine the health of the blood vessels around the heart, and results can be obtained the same day the test is administered.

St. Joseph uses the Arctic Sun Temperature Management System to preserve life and prevent brain damage resulting from oxygen deprivation, in cases of cardiac arrest. This system lowers the body's core temperature to 91 degrees, slowing metabolism and preventing dangerous brain swelling. All of the hospital's critical care and Emergency Department (ED) nurses are trained in the use of this procedure. Thanks to this technology, along with the proven experience, teamwork and professionalism of St. Joseph's staff, patients' lives have been saved.

Expert plastic surgeons offer individualized, personal care in a modern, state-of-the-art ambulatory center. Additionally, a full range of advanced urological services are offered, including endoscopic treatment of stones using holmium laser and fiber-optic instruments, laparoscopic renal tumor removal, cryoablation of renal masses, GreenLight laser therapy for prostatic hypertrophy and extracorporeal shock wave lithotripsy (ESWL)—a minimally invasive treatment—for renal or ureteral stones.

St. Joseph has been in a continual process of updating its physical plant, including the Critical Care Unit, Telemetry Unit, B Unit, hyperbaric and wound care, radiology, MRI, vascular laboratory, inpatient waiting area and central registration, as well as the Center for Speech, Swallow and Voice Disorders suite, main lobby, ED lobby and ultrasound facility. In addition, to accommodate patients' schedules, hours of operation for MRI and computed tomography (CT) procedures have been expanded, and both "Rapid Access" and "Fast Track" are available in the ED.

Highlights

- 2015 Get With The Guidelines® Stroke Gold Plus Achievement Award and Target: Stroke™ Honor Roll from the American Heart Association/American Stroke Association.
- 2015 CHS Pinnacle Award for Quality & Patient Safety.
- Accredited by the American College of Radiology for CT, MRI and nuclear medicine.
- Recognized by the American Nurses Association's National Database of Nursing Quality Indicators® for outstanding commitment to quality patient care (2011–2013).
- Diabetes Education Center of Excellence, as recognized by the American Diabetes Association and the American Association of Diabetes Educators.
- First facility of its kind on Long Island to earn accreditation—and reaccreditation—from the Undersea and Hyperbaric Medical Society.
- · Accredited by the American Academy of Sleep Medicine.
- The Joint Commission Gold Seal of Approval®, signifying full accreditation by the nation's predominant standards-setting body in health care.

Directory

Ambulatory Surgery Unit
Anesthesiology (631) 736-4064
Balance Center
Blood Bank
Breast Health Services (516) 520-2600
Cardiology
Care Management/Social Work (516) 520-2462 Registered nurses and social workers employ a comprehensive, interdisciplinary approach to discharge planning.
Center for Hyperbaric Medicine & Wound Healing (516) 520-2788 With accreditation by the Undersea and Hyperbaric Medical Society, comprehensive wound care services are provided for the treatment of chronic, nonhealing and poorly healing wounds. The center, which has extended hours to accommodate patients' schedules, has a 90% overall healing rate.
Center for Speech, Swallow & Voice Disorders
Community Health Lectures (516) 520-2487
Computed Tomography (CT) Services (516) 520-2600 The department features a state-of-the-art, multislice CT scanner, with reports interpreted by a board certified radiologist.
Development

Diabetes Care Center/ Diabetes Club Support Group (516) 520-2214 Self-management skills and knowledge are offered to prevent complications and help patients with diabetes live a long and healthy life.										
Echocardiography (516) 520-2495										
Emergency Department										
Endoscopy Unit										
ENT (Otolaryngology) (516) 520-2387										
Family Medicine (516) 520-2387										
Gastroenterology (516) 520-2387										
Geriatrics										
Hearing & Speech Center (516) 520-2667										
Hospice										
Intensive Care Unit										
Internal Medicine (516) 520-2387										
Laboratory										
Lithotripsy										
Mammography (516) 520-2600 The Mammography Department is accredited by the American College of Radiology, with expert accredited radiologists and licensed technologists.										

MRI												. (516) 520-2600
Neurology												. (516) 520-2387
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Oncology			•									. (516) 520-2387
Ophthalmo	log	y										. (516) 520-2387
Oral Surge	ry											. (516) 520-2387
Orthopedia	:s											. (516) 520-2387
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Pulmonary	Car	e	•		•						(516) 520-2387
Radiology											
Respiratory	Car	re									. (516) 520-2205
Sleep Medicine Outpatient Center (516) 520-2521 The Center for Sleep Medicine has six hotel-style patient testing rooms and offers the latest technology in diagnosing sleep disorders.											
Stroke Center											
Surgery .											. (516) 520-2442
Telemetry U	Jnit										
		•	•	•	•	•					. (516) 520-2342
Ultrasound											
Ultrasound Urology .											. (516) 520-2600
											. (516) 520-2600 . (516) 520-2387
Urology .	bora	ato	ry								. (516) 520-2600 . (516) 520-2387 . (516) 520-2600

Please call (516) 520-2500 for the latest information on services.



4295 Hempstead Turnpike, Bethpage, NY 11714 (516) 520-2500 www.stjosephhospitalny.org



Catholic Home Care

For more than 100 years, Catholic Home Care has been delivering care to people in their homes, across Long Island. Founded by the Congregation of the Infant Jesus, the sisters have provided care to the sick and dying without regard to a person's religion, race, gender or economic status. Today, the team of professionals carry on the tradition of caring for people in their homes. Despite the developments that have occurred over the years, the original commitment remains the same—from the moment the staff enter a home until the last contact with that patient, personnel will endeavor to offer the most comprehensive and compassionate health care available.

Catholic Home Care manages home care services for approximately 2,000 patients daily across Long Island. Specialized services include skilled nursing care, physical and occupational therapies, medical social work, maternal-child and pediatric services, home health aide assistance, nutritional counseling, pastoral care, infusion services, telehealth, palliative care, wound care and behavioral health services.

In 2015, Catholic Home Care achieved impressive results in its triennial survey by The Joint Commission. The entire staff are committed to the patients they serve in Nassau, Suffolk and Queens.

Fully Certified:

Medicare and Medicaid Certified, NYS Department of Health Accredited by The Joint Commission



110 Bi-County Boulevard, Farmingdale, NY 11735

(631) 465-6830

(516) 586-1421

(718) 484-1415

catholichomecare.chsli.org

Good Samaritan Nursing Home



Located just a block from the Great South Bay in Sayville, the 100-bed Good Samaritan Nursing Home has been part of Good Samaritan Hospital Medical Center since 1980. The residents of the nursing home are a medically complex population requiring the full-time care only a skilled nursing facility can provide.

The nursing home's size allows for personal attention to individual needs. All team members are easily reached by residents and families. Even the head chef knows each resident and the specific nutritional requirements and/or preferences. Every effort is made by the experienced dietary staff to provide customized entrées and nutritional snacks, never losing sight of the social significance of sharing a meal with another person. A variety of food accompanies enjoyable recreational programs.

The location of the facility is uniquely beautiful. Good Samaritan Nursing Home is situated in a lovely, residential area of Sayville, within a one-block walking distance of the bay. Residents frequently enjoy picnic lunches at the seashore during the summer months.

The spiritual needs of residents are very important to the staff. A full-time chaplain, the availability of a priest and a lively corps of pastoral care volunteers provide daily support to enhance a living faith for all denominations. This includes the prayerful presence of staff for the benefit of residents and family members during times of crisis, particularly end of life care and death.

Good Samaritan Nursing Home is fortunate to have the services of the Good Shepherd Hospice program available to residents who are terminally ill. This assists family members and enables palliative support to continue in a professional environment.

Specialized programs include personalized attention, physical, occupational and speech therapy, fall safety, wound care (with a certified wound care doctor), recreational therapy (with an ADA-equipped transport bus), psychological services, dental services and interfaith spiritual services. In 2015, Good Samaritan Nursing Home was awarded five stars for quality measures by the Centers for Medicare & Medicaid Services.

Services Include:

- 24-Hour Nursing Care
- · Cancer Care
- Caregivers Support Groups
- Diabetes Management
- Full-Time Medical Staff
- Occupational Therapy
- Orthotic/Prosthetic Service
- Physical Therapy
- Postsurgical/Medically Complex Care
- Psychiatrist

- Psychologist
- Pulmonary Disease Management
- · Resident and Family Counseling
- Social Services
- · Speech Therapy
- · Stroke Rehabilitation Care
- Tracheostomy Care
- Vascular Disease Management
- Wound Care Program (Managed by Certified Wound Specialists)

Fully Certified:

Medicare and Medicaid New York State Health Facilities Association Accredited by The Joint Commission Licensed, NYS Department of Health



101 Elm Street, Sayville, NY 11782 (631) 244-2400 goodsamaritannursinghome.chsli.org

Good Shepherd Hospice



Good Shepherd Hospice was created in 2001 with the merger of Good Samaritan, St. Charles and Mercy hospice services and represents a combined 30 years of experience serving the community. Its purpose is to offer quality of life by enhancing health care at the end of life for individuals and their families across Long Island, while educating the

community on the philosophy of hospice services.

There is a commitment to facilitate earlier referrals to hospice services so patients and their families can be supported as they make decisions regarding care. Through its community outreach programs, Good Shepherd Hospice continues to inform both the public and professionals in an attempt to eliminate barriers to hospice care and further develop connections in the community. Good Shepherd Hospice is Medicare-certified and operates under the Conditions of Participation for Hospice Care. Hospice care is also covered under most private insurance plans, as well as Medicaid.

A patient is eligible for hospice services if his or her physician and the hospice medical director certify that the patient has a life expectancy of less than six months if the disease runs its normal course. While enrolled in hospice, the patient is not receiving curative treatment.

Services Include:

- · Bereavement Counseling
- · Counseling Services
- Delivery of Prescription Drugs for Pain and Symptom Management and Comfort
- Dietary Consultation
- Home Health Aide Assistance
- · Medical and Nursing Management of Physical Symptoms
- · Medical Supplies, Equipment and Laboratory Services
- · Pastoral Care
- Physical, Occupational, Speech and Respiratory Therapies

- Registered Nurse and Physician On Call 24/7
- Short-Term Inpatient Admission for Symptom Management and Respite
- Special Bereavement Offerings for Children

Hospitalization and Short-Term Care for Inpatients:

Hospice is an approach toward care, not a specific place. Although hospice services may be offered in a hospital, inpatient center, skilled nursing facility or an assisted living residence, care is most often given in the patient's or family member's home. There are many factors to consider when making the decision to have a loved one hospitalized. When a hospice patient is receiving care in a hospital setting, the goal is to effectively manage the patient's symptoms and maximize the quality of life. Once the patient's symptoms are effectively managed and the physician feels the patient no longer needs to be hospitalized, the hospice social worker will partner with the patient and his or her family on a discharge plan. The social worker and nurse will be available to discuss possible care options for the patient. Each situation is unique, and every discharge plan is individualized.



Administrative and Clinical Offices

110 Bi-County Boulevard, Farmingdale, NY 11735

Clinical Office: (631) 465-6300

Central Access/Referral: (631) 465-6363 or (516) 586-1420

goodshepherdhospice.chsli.org

Good Shepherd Hospice Inpatient Center

(adjacent to St. Charles Hospital)

200 Belle Terre Road, Port Jefferson, NY 11777

General: (631) 642-4200

goodshepherdhospice.chsli.org



Making a Difference Every Day - Then and Now

Maryhaven Center of Hope

Maryhaven Center of Hope owes its existence to a small community of nuns from France known as the Daughters of Wisdom. In 1907, the Daughters of Wisdom established their first school in Port Jefferson. The sisters created the Wharton Memorial Institute for children with disabilities, with funds bequeathed by William Wharton. The building was blessed by the Right Reverend Thomas E. Molloy on July 20, 1930. In 1961, the school was renamed Maryhaven to better reflect the scope and purpose of a progressive educational environment.

Today, as one of the largest and most innovative multiservice agencies on Long Island, Maryhaven supports more than 2,300 individuals who may be autistic and/or intellectually disabled or in need of psychiatric or alcohol/substance abuse services. Through programs and services that focus on the potential—not limitations—of people with special needs, Maryhaven is able to build confidence, improve self-esteem and encourage community integration. The staff, educators and caregivers honor the agency's distinctive history, while continuing to provide the kind of assistance, leadership and opportunities that have been helping people overcome challenges for 85 years.

For information on the following Suffolk County services, please call (631) 474-4120:

Caring for Children: At Maryhaven, children have the opportunity to achieve their potential and become participating members of the community. Central to this mission is the Maryhaven School and Residential Program (inclusive of three children's homes and four dormitory-style residences). Situated in the seaside village of Port Jefferson, it is a supportive and caring environment that cultivates positive behavioral choices and social interaction. With certified educators and caring professionals, it offers a full scope of educational and residential options, including clinical, medical, dietary, social services coordination and admission/discharge planning to help children live and learn fully.

Caring for Adults: Maryhaven has 32 adult homes, 17 leased apartments and a 4-bed training house in Suffolk County, offering adults (21 and older) with intellectual disabilities/autism an opportunity to live in the community and enjoy its resources, while receiving individualized support and assistance with life management.

A service plan is developed for each person, focusing on his/her life goals and areas for growth and development. Residential and clinical staff provide supervision and support for individuals in an enriched environment and a setting they can call home. One of the agency's group homes, Angel Guardian, provides around-the-clock nursing care for people who are medically fragile. Individuals live in the least restrictive residential setting that will meet their direct care needs and appropriate level of support.

Vocational/Placement Programs: Vocational evaluations, vocational counseling and training assist adults in learning the skills necessary to participate in Long Island's workforce. Through training in social/communication skills and work habits, the goal of the program is for each participant to obtain employment within a range of community-based options or in one of Maryhaven's own work centers. These work centers provide opportunities in document imaging, microfilming, packaging/assembly and hydroponic farming, among others. Some individuals, with supervision, are able to function in the outside labor force. If additional help is required at the outset of a new job, a Maryhaven job coach provides step-by-step training, accompanying that person to offer support until the job is mastered.

Day Habilitation Programs: A total of 14 day habilitation programs serve people with intellectual and psychiatric disabilities. Each "day hab" focuses on the individual's needs and preferences, such as culinary arts, autism spectrum needs and performing arts, to name a few. These programs teach skills for daily living, offering clinical support to reduce behavioral difficulties and providing rehabilitative support to allow individuals to maintain a productive life in the community.

Care Management: This is a person-centered approach toward empowering participants, enabling them to be independent in their daily activities. Advocacy, service linkage and service coordination are primary functions provided to individuals and their families.

Weekend Recreational Respite: Located at Maryhaven's Yaphank facility, the program operates on Saturdays from 10:00 am to 2:00 pm. Families and/or other caregivers living with and caring for those with disabilities face a multitude of challenges. The program affords opportunities for therapeutic recreation and provides respite for caregivers' families.

Mental Health Concerns/Substance Abuse: Personalized Recovery Oriented Services (PROS/Steps to Life) in Suffolk County, offered in Yaphank and Riverhead, are certified programs that provide clinical support, day services and service coordination to assist individuals recovering from mental illness or co-occurring disability in developing and attaining goals for themselves in the following areas: vocational, educational, social and residential.

Affordable Senior Housing: Wisdom Gardens is a first-of-its-kind housing initiative, aimed at providing affordable housing to both senior citizens and individuals with intellectual disabilities. The complex, located on Terryville Road in Port Jefferson Station, includes 40 affordable senior housing apartments, with 6 apartments reserved for intellectually disabled individuals and a community center to serve the residents.

For information on the following Nassau County services, please call (631) 474-4120:

Personalized Recovery Oriented Services (PROS): This program is committed to assisting individuals recovering from the disabling effects of serious mental health concerns through coordinated delivery of an individualized array of rehabilitation, treatment and support services.

Senior Network and Drop-In Center (Day Programs): This grant-funded, Office of Mental Health (OMH) recreation and socialization program is for individuals age 55 and over who have been diagnosed with mental illness. This is the only one of its kind in Nassau County.

Office of Alcohol and Substance Abuse Services (OASAS) Residences: Three facilities focus on meeting the needs of individuals with substance abuse. New Hope is a crisis center that accepts outpatient, inpatient and residential referrals for individuals battling substance abuse addiction; it is *not* a detox center. Mercy Hall and Recovery House focus on personal recovery, counseling, vocational evaluation, education and training, housing potential and sometimes reunification with family.

Office of Mental Health Residences: There are 3 OMH group homes and a supported housing program consisting of 12 apartments. One of the group homes serves as a transitional residence for higher functioning individuals with a psychiatric background. The other two are for individuals with dual MI/MR diagnosis. The supportive apartment program serves individuals who are more independent and is designed to offer permanent housing to those who no longer require daily or weekly supervision.



Administrative Offices

51 Terryville Road, Port Jefferson Station, NY 11776

(631) 474-4120

maryhaven.chsli.org

Our Lady of Consolation Nursing & Rehabilitative Care Center



A 450-bed facility located in view of the Great South Bay in West Islip, Our Lady of Consolation Nursing & Rehabilitative Care Center—which was established in 1894 by the Sisters of St. Dominic—offers a comprehensive array of services and programs designed for adults and geriatric patients.

Skilled nursing care at the facility includes geriatric care, rehabilitative

care and medically complex care. In addition, onsite, 24/7 respiratory therapists are available, as well as full-time, onsite, specially trained medical staff.

Our Lady of Consolation, recipient of the 2014 HANYS Pinnacle Award for Quality and Patient Safety, was awarded five stars for quality measures from the Centers for Medicare & Medicaid Services in 2015. It offers residential care to 450 short-term and long-term residents. Nursing care features an interdisciplinary approach to optimize the quality of care received by residents. Specialized programs result in positive clinical outcomes, in addition to enriching each resident's quality of life. These goals are achieved by residents' families working together with the staff.

Services include sub-acute rehabilitation, pain management, tracheostomy, respiratory and parenteral care, nursing rehabilitation, wound care and dementia-focused attention. There is also an active pastoral care program, comprising staff and trained volunteers who work closely with the clinical team. Our Lady of Consolation is fortunate to have the services of the Good Shepherd Hospice program available to residents who are terminally ill. This helps to assist family members and enables palliative support to continue in a professional environment.

A very active, person-centered recreational program is coordinated by a team of therapists. They facilitate various activities, trips and celebrations to enhance residents' social and emotional life.

Fully Certified:

Medicare and Medicaid Accredited by The Joint Commission Licensed, NYS Department of Health



111 Beach Drive, West Islip, NY 11795 (631) 587-1600 olc.chsli.org

St. Catherine of Siena Nursing & Rehabilitation Care Center



St. Catherine of Siena Nursing & Rehabilitation Care Center has been serving Smithtown and its surrounding communities since 2000. It is a 240-bed, hospital-based, skilled nursing facility providing sub-acute, short-term rehabilitation and long-term care. St. Catherine of Siena provides quality, patient-centered care in an environment that offers all the comforts of home,

including a lovely garden, as well as amenities such as free TV, telephone and Wi-Fi, an onsite salon and an auditorium.

The expanded rehabilitation department is open 7 days a week and is staffed with 25 licensed, professional specialists in physical, occupational and speech-language pathology. The staff offers quality, state-of-the-art rehabilitation programs and modalities, to ensure patients' transition into their homes and communities at their optimal level of physical functioning. In addition, specialized programs in cardiac recovery, stroke rehabilitation, wound care, pain management, amputee care and orthopedics are offered, to better assist patients with a wide variety of health management challenges.

In 2015, St. Catherine of Siena Nursing & Rehabilitation Care Center was awarded five stars for quality measures by the Centers for Medicare & Medicaid Services.

Services Include:

- 24-Hour Nursing Care and Dedicated Wound Care Nurses
- · Admission and Discharge Counseling
- Beauty Salon
- Culinary Chefs and Geriatric Certified Dietitians
- Dental and Podiatry Services
- · Diabetes Management
- Free Cable, Telephone, Wi-Fi
- Geriatric Social Workers

Catholic Health Services of Long Island

- Hospice and Palliative Care
- Intravenous (IV) Therapy
- Onsite Dialysis Care Center
- Onsite Laboratory and X-Ray Services
- Pastoral Care, All Faiths
- Patient-Centered Care Approach
- Postsurgical Care
- Therapeutic Recreation Programs

Fully Certified:

Medicare and Medicaid Licensed, NYS Department of Health



52 Route 25A, Smithtown, NY 11787 (631) 862-3900 stcatherinenursingandrehab.chsli.org

