



January 2015

Dear Catholic Health Services Employee,

I am pleased to announce that Catholic Health Services is introducing a new resource – Personal Health Management – to assist you and your family to achieve better health.

Catholic Health Services has partnered with Conifer Value-Based Care, an independent medical management company, to help manage complex healthcare needs. Personal Health Nurses, who are Conifer employees, will be available to help you and your family better understand your health needs and work with your physicians to enhance your care. This new program is voluntary and available at no cost. It is intended to supplement – not replace – the care you receive from your doctor.

If you or a covered family member faces complex healthcare needs, and you are enrolled in Catholic Health Services' medical benefits through Empire, a Personal Health Nurse may call you in the next few months with an invitation to participate. The Personal Health Management program is completely confidential; no one at Catholic Health Services will see or have access to your personal information.

Enclosed are Frequently Asked Questions about the program. Please be sure to share this information with your family members, as this resource is also available to them.

If you are contacted to participate in Catholic Health Services' Personal Health Management program, I strongly encourage you to do so. It is designed to help improve the well-being of our employees and their families.

Sincerely,

A handwritten signature in blue ink, appearing to read "Tony Pellicano".

Tony Pellicano
Senior Vice President of Human Resources and Chief HR Officer