

### **CORE Plan**

Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: PS1

A

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>welcometouhc.com</u> or by calling 1-866-844-4864.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: Individual Tier 1: \$0 Tier 2: \$1,500 Family Tier 1: \$0 Tier 2: \$3,000 Non-Network: Individual Tier 3: \$2,000 Family Tier 3: \$4,000 Per calendar year. Copays, prescription drugs, and services listed below as "No Charge" do not apply to the <u>deductible</u> .	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	Yes, Prescription drugs - \$150 Individual / \$300 Family. There are no other specific <u>deductibles</u> .	You must pay all the costs for these services up to the specific <b>deductible</b> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Network: Individual Tier 1: Unlimited Tier 2: \$5,000 Family Tier 1: Unlimited Tier 2: \$10,000 Non-Network: Individual Tier 3: \$6,000 Family Tier 3: \$12,000	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premium, balance-billed charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of <u>network providers</u> , see <u>myuhc.com</u> or call <b>1-866-844-4864</b> .	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

**Questions:** Call 1-866-844-4864 or visit us at <u>welcometouhc.com</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf</u> or call the phone number above to request a copy.



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: PS1



- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If a non-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if a non-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Tier 1: Not Covered Tier 2: \$30 copay per visit	50% co-ins after ded.	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Specialist visit	Tier 1: Not Covered Tier 2: \$30 copay per visit	50% co-ins after ded.	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Other practitioner office visit	Tier 1: Not Covered Tier 2: \$30 copay per visit.	50% co-ins after ded.	Cost share applies to manipulative (chiropractic) services only and is limited to 26 visits per calendar year.
	Preventive care / screening / immunization	No Charge	Not Covered	Includes preventive health services specified in the health care reform law. No coverage non-network.
If you have a test	Diagnostic test (x-ray, blood work)	Tier 1: Not Covered Tier 2: 30% co-ins after ded	50% co-ins after ded.	No charge after office visit copay.  Coinsurance may vary if services rendered in an outpatient hospital setting.
	Imaging (CT / PET scans, MRIs)	Tier 1: Not Covered Tier 2: 30% co-ins after ded.	50% co-ins after ded.	None



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs 
Coverage for: Employee & Family 
Plan Type: PS1

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or	Tier 1 – Your Lowest-Cost Option	Retail: \$10 copay Mail-Order: \$30 copay	Not Covered	Provider means pharmacy for purposes of this section.
Condition  More information about	Tier 2 – Your Midrange-Cost Option	Retail: \$45 copay after ded.  Mail-Order: \$135 copay after ded.	Not Covered	Retail: Up to a 31 day supply Mail-Order: Up to a 90 day supply You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by us. Certain
prescription drug coverage is available at myuhc.com	Tier 3 – Your Highest-Cost Option	Retail: \$60 copay after ded.  Mail Order: \$180 copay after ded.	Not Covered	drugs may have a pre-authorization requirement or may result in a higher cost. If you use a non-network pharmacy (including a mail order pharmacy), you are responsible for any amount over the allowed amount. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. Tier 1 contraceptives covered at No Charge. See the website listed for information on drugs covered by your plan. Not all drugs are covered. Pharmacy deductible does not apply to Tier 1.
	Tier 4 – Additional High-Cost Options	Retail: \$100 copay Mail-Order: \$300 copay	Not Applicable	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Tier 1: Not Covered Tier 2: 30% co-ins after ded.	50% co-ins after ded.	None
	Physician / surgeon fees	Tier 1: Not Covered Tier 2: 30% co-ins after ded.	50% co-ins after ded.	None
If you need immediate medical attention	Emergency room services	Tier 1: Not Covered Tier 2: \$250 copay per visit then 30% co-ins	\$250 copay per visit then 30% co-ins	None
	Emergency medical transportation	Tier 1: Not Covered Tier 2: 30% co-ins after	*30% co-ins after ded.	*Network deductible applies



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs 
Coverage for: Employee & Family 
Plan Type: PS1

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
		ded.		
	Urgent care	Tier 1: Not Covered Tier 2: \$30 copay per visit	50% co-ins after ded.	If you receive services in addition to urgent care, additional copays, deductibles, or co-ins may apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	Tier 1: No Charge Tier 2: 30% co-ins after ded	50% co-ins after ded.	Pre-authorization is required non- network or benefit reduces to 50% of eligible expenses.
	Physician / surgeon fees	Tier 1: Not Covered Tier 2: 30% co-ins after ded.	50% co-ins after ded.	None
If you have mental health, behavioral	Mental / Behavioral health outpatient services	Tier 1: Not Covered Tier 2: \$30 copay per visit	50% co-ins after ded.	None
health, or substance abuse needs	Mental / Behavioral health inpatient services	Tier 1: Not Covered Tier 2: 0% co-ins after ded.	50% co-ins after ded.	Pre-authorization is required non- network or benefit reduces to 50% of eligible expenses.
	Substance use disorder outpatient services	Tier 1: Not Covered Tier 2: \$30 copay per visit	50% co-ins after ded.	None
	Substance use disorder inpatient services	Tier 1: Not Covered Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Pre-authorization is required non- network or benefit reduces to 50% of eligible expenses.
If you are pregnant	Prenatal and postnatal care	\$30 copay for first visit	50% co-ins after ded.	Additional copays, deductibles, or coins may apply depending on services rendered.
	Delivery and all inpatient services	Tier 1:No Charge Tier 2:	50% co-ins after ded.	Inpatient pre-authorization may



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: PS1

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
		30% co-ins after ded.		apply. Your cost for inpatient services only. Delivery Services cost share is reflected in "Physician/surgeon fees" above.
If you need help recovering or have other special health	Home health care	Tier 1: No Charge Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Pre-authorization is required non- network or benefit reduces to 50% of eligible expenses.
needs	Rehabilitation services	Tier 1: No Charge Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Outpatient rehabilitation services are unlimited per calendar year.
	Habilitative services	Tier 1: No Charge Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Limits are combined with Rehabilitation Services limits listed above.
	Skilled nursing care	Tier 1: No Charge Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Limited to 90 days per calendar year (combined with inpatient rehabilitation). Pre-authorization is required non-network or benefit reduces to 50% of eligible expenses.
	Durable medical equipment	Tier 1: Not Covered Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Pre-authorization is required non- network for DME over \$1,000 or no coverage.
	Hospice service	Tier 1: No Charge Tier 2: 30% co-ins after ded.	50% co-ins after ded.	Inpatient pre-authorization is required for non-network or benefit reduces to 50% of eligible expenses.
If your child needs	Eye exam	Not Covered	Not Covered	No coverage for eye exams.
dental or eye care	Glasses Dental check-up	Not Covered Not Covered	Not Covered Not Covered	No coverage for glasses.  No coverage for dental check-up.

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: PS1

Cosmetic surgery	Glasses (Adult/Child)	Long-term care	Routine eye care (Adult/Child)
Dental care (Adult/Child)	Hearing aids	Non-emergency care when	Routine foot care
		traveling outside the U.S.	Weight loss programs
		Private-duty nursing	
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these			
services.)			
Acupuncture	Bariatric surgery	Chiropractic care	Infertility treatment

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact the Member Service number listed on the back of your ID card or <u>myuhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/ebsa/healthreform</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.** 

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-844-4864.

Chinese (中文): **如果需要中文的帮助**,请拨打这个号码1-866-844-4864.



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: PS1

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-844-4864.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-844-4864.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page.



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family

Summary of Benefits and Coverage: What This Plan Covers & What it Cos

# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,520
- Patient pays \$2,020

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

{Deductibles}	\$0
Copays	\$20
Coinsurance	\$0
Limits or exclusions	\$2,000
Total	\$2,020

#### Managing type 2 diabetes

Plan Type: PS1

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,000
- Patient pays \$3,400

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

{Deductibles}	\$0
Copays	\$600
Coinsurance	\$0
Limits or exclusions	\$2,800
Total	\$3,400



Coverage Period: 01/01/2019 - 12/31/2019

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: PS1

### **Questions and answers about Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied to the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.
- If other than individual coverage, the Patient Pays amount may be more.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

**Questions:** Call 1-866-844-4864 or visit us at <u>welcometouhc.com</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf</u> or call the phone number above to request a copy.