

Estimate Your Annual Health Care FSA Contributions

A Health Care FSA helps you save money on a pre-tax basis for any IRS-allowed health expenses not paid by your health plan. These expenses can include deductibles, copayments, coinsurance payments, uninsured

dental expenses, qualified over-the-counter products, vision care expenses (e.g., eyeglasses or contact lenses), hearing care expenses (e.g., a hearing exam or a hearing aid), and orthodontia expenses.

Deductibles and/or copayments	\$ _____
Over-the-counter products (band-aids, contact lens solution, etc.)	\$ _____
Non-reimbursed physician, dental, prescription services	\$ _____
Vision services and eyewear	\$ _____
Prescription copayments	\$ _____
Total Estimated Health Care Expenses	\$ _____

The maximum annual amount you can deposit into a Health Care FSA is \$2,650.

Estimate Your Annual Dependent Care FSA Contributions

A Dependent Care FSA helps you set aside money on a pre-tax basis for daycare expenses for your child or disabled parent or spouse. This benefit may only be used to pay for dependent care expenses that allow you and your spouse to work, seek employment, or attend school on a full-time basis.

Generally, expenses will qualify for reimbursement if they are the result of care for:

- Your children, under the age of 13, for whom you are entitled to a personal exemption on your Federal income tax return; and
- Your spouse or other dependents, including parents, who are physically or mentally incapable of self-care.

Dependent care provider inside and outside the home	\$ _____
Elder care center	\$ _____
Nursery school or daycare center	\$ _____
Total Estimated Dependent Care Expenses	\$ _____

The maximum annual amount you can deposit into a Dependent Care FSA is \$5,000.