Coverage Period: 1/1/2019 – 12/31/2019 Coverage for: INDIVIDUAL & FAMILY | Plan Type: CDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://eoc.anthem.com/eocdps/aso">https://eoc.anthem.com/eocdps/aso</a> or by calling 1-800-875-9214 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$2,000 individual / \$4,000 family for In-Network Providers. \$4,000 individual / \$8,000 family for Out-of-Network Providers.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay
Are there services covered before you meet your <u>deductible?</u>	Yes	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$3,500 individual / \$7,000 family for In-Network Providers. \$7,000 individual / \$14,000 family for Out-of-Network Providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, Balance-billed charges, Health care this plan doesn't cover, Penalties for non-compliance, Pharmacy claims and Services deemed not medically necessary by Medical management.	Even though you pay these expenses, they don't count toward the out-of- pocket limit.
Will you pay less if you use a network provider?	Yes, Blue Card PPO. For a list of In-Network providers, see www.anthem.com or call 1-800-875-9214.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you visit a health	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	none	
care <u>provider's</u> office	Specialist visit	20% coinsurance	40% coinsurance	none	
or clinic	Preventive care/screening/ immunization	No cost share	40% coinsurance	none	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	none	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Precertification is recommended.	
	Generic drugs	20% coinsurance	40% coinsurance	Certain drugs may be subject to Prior	
If you need drugs to	Preferred brand drugs	20% coinsurance	40% coinsurance	Authorization, Step Therapy, Quantity limits and/or dose or duration limits.	
treat your illness or	Non-preferred brand drugs	20% coinsurance	40% coinsurance	Const 00 using CVC wharmasias manhara	
condition  More information about prescription drug coverage is available at www.express-scripts.com	Specialty drugs	20% coinsurance	40% coinsurance	Smart 90 using CVS pharmacies – members can obtain 90-day supply at a CVS pharmacy with a mail order copay. Traditional mail order will remain in place as well  Certain specialty drugs will be dispensed in smaller quantities. In those cases, copays will	
	Facility foo /o a combulatory			be prorated.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none	
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none	
If you need immediate medical attention	Emergency room care	20% coinsurance	20% coinsurance	If admitted, failure to obtain authorization no later than 2 business days after admission may result in non-coverage or reduced benefits.	
	Emergency medical transportation	20% coinsurance	20% coinsurance	none	
	<u>Urgent care</u>	20% coinsurance	40% coinsurance	none	

Common Medical Event	Services You May Need	What Y Network Provider (You will pay the least)	ou Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Failure to obtain pre-certification may result in non-coverage or reduced benefits.
stay	Physician/surgeon fees	20% coinsurance	40% coinsurance	none
If you need mental health, behavioral	Outpatient services	20% coinsurance	40% coinsurance	none
health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance	Failure to obtain pre-certification may result in non-coverage or reduced benefits.
	Office visits	20% coinsurance	40% coinsurance	none
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	Precertification is recommended for inpatient stay that exceeds 48 hours for a normal delivery and 96 hours after a cesarean delivery. Home births are covered at 100% if billed as part of global maternity charge.
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	Precertification is recommended for inpatient stay that exceeds 48 hours for a normal delivery and 96 hours after a cesarean delivery. Home births are covered at 100% if billed as part of global maternity charge.
If you need belo	Home health care	20% coinsurance	40% coinsurance	Coverage is limited to 100 visits maximum per calendar year combined In-Network and Out-of-Network.
If you need help recovering or have other special health needs	Rehabilitation services	20% coinsurance	40% coinsurance	Coverage is limited to 20 visits per calendar year each for Occupational and Speech Therapy combined In-Network and Out-of-Network. Coverage is limited to 60 visits per calendar year for Physical Therapy combined In-Network and Out-of-Network.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Habilitation services	20% coinsurance	40% coinsurance	All Rehabilitation and Habilitation visits count towards your Rehabilitation visit limit.	
	Skilled nursing care	20% coinsurance	40% coinsurance	Coverage is limited to 90 days per calendar year combined In Network and Out of Network. Failure to obtain pre-certification may result in non-coverage or reduced benefits.	
	Durable medical equipment	20% coinsurance	40% coinsurance	Hearing aid coverage for children under age 19, one hearing aid per year every two years.	
	Hospice services	20% coinsurance	40% coinsurance	none	
	Children's eye exam	Not covered	Not covered	none	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	none	
	Children's dental check-up	Not covered	Not covered	none	

# **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery
- Dental Care (Adult)

- Long term care
- Routine eye care (Adult)

- Routine foot care
- Weight loss programs

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (Limited to \$25,000 Lifetime Maximum per member)
- Chiropractic care

- Hearing aids
- Infertility treatment- diagnosis and treatment of underlying medical condition only
- Private duty nursing

 Most coverage provided outside the United States. See www.bcbs.com/bluecardworldwide Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Anthem Blue Cross and Blue Shield P.O Box 54159 Los Angeles, CA 90054-0159 Department of Labor Employee Benefits Security Administration (866) 444-EBSA (3272) www.dol.gov/ebsa/healthreform

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-875-9214.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-875-9214.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-875-9214.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-875-9214.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

# **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$200
■ Specialist [cost sharing]	20%
■ Hospital (facility) [cost sharing]	20%
Other [cost sharing]	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,731
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$2000

Cust Shanny		
Deductibles	\$2000	
Copayments	\$0	
Coinsurance	\$1250	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,310	

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$2000
■ Specialist [cost sharing]	20%
■ Hospital (facility) [cost sharing]	20%
Other [cost sharing]	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,399
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# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$2000	
Copayments	\$0	
Coinsurance	\$1437	
What isn't covered		
Limits or exclusions	\$55	
The total Joe would pay is	\$3,492	

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$200
■ Specialist [cost sharing]	20%
■ Hospital (facility) [cost sharing]	20%
Other <i>[cost sharing]</i>	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

# In this example, Mia would pay:

in this example, this would pay.	
Cost Sharing	
Deductibles	\$2000
Copayments	\$0
Coinsurance	\$77
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,077