The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, https://eoc.empireblue.com/eocdps/aso. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call (800) 496-6132 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For out-of-network providers \$2,000 individual/ \$5,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	No.	You will have to meet the <u>deductible</u> before the <u>plan</u> pays for any services.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For out-of-network providers \$10,000 individual/ \$25,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes, POS. See www.empireblue.com or call (800) 496-6132 for a list of network providers.	You pay the least if you use a <u>provider</u> in Catholic Hospitals. You pay more if you use a <u>provider</u> in In- <u>Network</u> . You will pay the most if you use an out-of- <u>network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an out-of- <u>network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay			
Common Medical Event	Services You May Need	CHS Provider (You will pay the least)	Empire Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$20/visit	\$20/visit	40% coinsurance	Well child care covered up to age 19. \$40 copay for in-
If you visit a health care	Specialist visit	\$20/visit	\$20/visit	40% <u>coinsurance</u>	network providers outside Nassau & Suffolk Counties
provider's office or clinic	Preventive care/screening/immunization	\$20/visit	\$20/visit	40% <u>coinsurance</u>	Well child care covered up to age 19. \$40 copay for in- network providers outside Nassau & Suffolk Counties
If you have a	Diagnostic test (x-ray, blood work)	No charge	No charge	40% coinsurance	none
test	Imaging (CT/PET scans, MRIs)	No charge	No charge	40% coinsurance	none
If you need	Tier 1 - Typically Generic	\$10	\$10	Not covered	Clinical rules may apply;
drugs to treat your illness or	Tier 2 - Typically Preferred Brand	\$20	\$20	Not covered	Copays are up to 30 day supply; Up to 90 day supply maintenance drugs available at 2x retail copay (MyCHSRx or Envision Rx mail order). For more information contact the MyCHSRx Pharmacy at 516-207-7007 or EnvisionRxOptions at 800-361-4542.
condition More	Tier 3 - Typically Non- Preferred Brand	\$35	\$35	Not covered	
information about prescription drug coverage is available at www.envisionrx.c om.	Tier 4 - Typically <u>Specialty</u> (brand and generic)	Same as above	Same as above	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	\$75	40% <u>coinsurance</u>	Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Physician/surgeon fees	No charge	No charge	40% <u>coinsurance</u>	none

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>https://eoc.empireblue.com/eocdps/aso</u>.

	Services You May Need	What You Will Pay			
Common Medical Event		CHS Provider (You will pay the least)	Empire Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Emergency room care	\$50/visit	\$50/visit	\$50/visit	Copay waived if admitted within 24 hours.
If you need immediate	Emergency medical transportation	No charge	No charge	No charge	none
medical attention	Urgent care	There is no unique benefit for Urgent Care. It will be billed as either an office or ER cost share.	There is no unique benefit for Urgent Care. It will be billed as either an office or ER cost share.	There is no unique benefit for Urgent Care. It will be billed as either an office or ER cost share.	none
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	\$125/\$500 per day/ max per confinement per person for facilities in Nassau or Suffolk County	40% <u>coinsurance</u>	\$125/\$1,000 per day/max per confinement per person at facilities outside Nassau & Suffolk Counties. Failure to obtain preauthorization may result in non-coverage or reduced coverage
	Physician/surgeon fees	No charge	No charge	40% coinsurance	none
If you mood	Outpatient services	\$20	\$20	40% <u>coinsurance</u>	\$40 copay for in-network providers outside Nassau & Suffolk Counties
If you need mental health, behavioral health, or substance abuse services	Inpatient services	No charge	\$125/\$500 per day/ max per confinement per person for facilities in Nassau or Suffolk County	50% <u>coinsurance</u>	\$125/\$1,000 per day/max per confinement per person at facilities outside Nassau & Suffolk Counties. Failure to obtain preauthorization may result in non-coverage or reduced coverage

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at https://eoc.empireblue.com/eocdps/aso.

	Services You May Need	What You Will Pay			
Common Medical Event		CHS Provider (You will pay the least)	Empire Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Office visits	\$20/visit first visit	\$20/visit first visit	40% <u>coinsurance</u>	\$40 copay for in-network providers outside Nassau & Suffolk Counties Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Failure to obtain preauthorization may result in non-coverage or reduced coverage.
	Childbirth/delivery professional services	No charge	No charge	40% coinsurance	
If you are pregnant	Childbirth/delivery facility services	No charge	\$125/\$500 per day/ max per confinement per person for facilities in Nassau or Suffolk County	40% <u>coinsurance</u>	
If you need help recovering or	Home health care	\$20/visit	\$20/visit	40% <u>coinsurance</u> deductible does not apply	\$40 copay for in-network providers outside Nassau & Suffolk Counties 200 days limit/benefit period for CHS Provider, Empire Tier In-Network Providers and Out-of-Network Provider combined. Failure to obtain preauthorization may result in non-coverage or reduced coverage.
have other special health needs	Rehabilitation services	\$20/visit	\$20/visit	40% <u>coinsurance</u>	\$40 copay for in-network providers outside Nassau & Suffolk Counties. PT covered up to 20 visits per calendar year, speech/language/OT and vision therapy covered up to 20 visits combined per calendar year.
	Habilitation services	\$20/visit	\$20/visit	40% <u>coinsurance</u>	\$40 copay for in-network providers outside Nassau & Suffolk Counties

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at https://eoc.empireblue.com/eocdps/aso.

	Services You May Need	What You Will Pay			
Common Medical Event		CHS Provider (You will pay the least)	Empire Tier In- Network Provider (You will pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
					Limited to 20 institutional /professional visits per calendar year for in-network and out-of-network combined. All rehabilitation and habilitation visits count toward your rehabilitation visit limit.
	Skilled nursing care	No charge	No charge	40% coinsurance	Failure to obtain preauthorization may result in non-coverage or reduced coverage
	Durable medical equipment	No charge	No charge	40% coinsurance	none
	Hospice services	No charge	No charge	40% <u>coinsurance</u>	210 days limit/lifetime for CHS Provider, Empire Tier In-Network Providers and Out-of-Network Providers combined. Failure to obtain preauthorization may result in non-coverage or reduced coverage.
If warm shild	Children's eye exam	Covered	Covered	Not covered	\$5 copay for 1 exam every 24
If your child needs dental or	Children's glasses	Not covered	Not covered	Not covered	months plus discounts on frames and lenses
eye care	Children's dental check-up	Not covered	Not covered	Not covered	none

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at https://eoc.empireblue.com/eocdps/aso.

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> services.)

- Elective termination of pregnancy
- Cosmetic surgery
- Infertility treatment
- Routine foot care

- Sterilization
- Dental care (adult)
- Long- term care
- Weight loss programs
- Any services that do not comply with the ethical and religious directives of the Catholic Church
- Contraceptive Services
- Hearing aids
- Private-duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

- Most coverage provided outside the United States. See www.bcbsglobalcore.com
- Routine eye care (adult) 1 exam every 24 months

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 1407, Church Street Station, New York, NY 10008-1407

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), www.dol.gov/ebsa/healthreform

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

^{*} For more information about limitations and exceptions, see <u>plan</u> or policy document at <u>https://eoc.empireblue.com/eocdps/aso.</u>

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall	\$0
deductible	
■ Specialist <i>copayment</i>	\$20
■ Hospital (facility) <u>copay</u>	\$125/day,

\$500 max 0%

Other coinsurance

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work) **Specialist** visit (anesthesia)

Total Example Cost

In this example, Peg would pay: <u>Cost Sharing</u>		
<u>Deductibles</u>	\$0	
Copayments	\$600	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$660	

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-

controlled condition)

■ The plan's overall deductible

■ Specialist *copayment* \$20

■ Hospital (facility) *copay* \$125/day, \$500 max

■ Other *coinsurance*

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$850		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Joe would pay is	\$910		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible **\$0**

Specialist copayment \$20

■ Hospital (facility) *copay* \$125/day, \$500 max

■ Other *coinsurance*

\$0

0%

\$7,460

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,010		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$140		
<u>Coinsurance</u>	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$140		

0%

\$12,840

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage Period: 01/01/2018–12/31/2018

Catholic Health Services: Empire DSPOS

Coverage for: Individual + Family | Plan Type: POS

Language Access Services:

(TTY/TDD: 711)

Albanian (Shqip): Nëse keni pyetje në lidhje me këtë dokument, keni të drejtë të merrni falas ndihmë dhe informacion në gjuhën tuaj. Për të kontaktuar me një përkthyes, telefononi (800) 496-6132

Amharic (አ**ማርኛ)፦** ስለዚህ ሰነድ ማንኛውም ጥያቄ ካለዎት በራስዎ ቋንቋ እርዳታ እና ይህን መረጃ በነጻ የማግኘት መብት አለዎት። አስተርጓሚ ለማናገር (800) 496-6132 ይደውሉ።

Armenian (հայերեն). Եթե այս փաստաթղթի հետ կապված հարցեր ունեք, դուք իրավունք ունեք անվձար ստանալ օգնություն և տեղեկատվություն ձեր լեզվով։ Թարգմանչի հետ խոսելու համար զանգահարեք հետևյալ հեռախոսահամարով՝ (800) 496-6132։

Bassa (Băsóò Wùdù): M̀ dyi dyi-diè-dè bĕ bédé bá céè-dè nìà kɛ dyí ní, ɔ mò nì dyí-bèdèìn-dè bé m̀ ké gbo-kpá-kpá kè bɔ̈ kpɔ̃ dé m̀ bídí-wùdùǔn bó pídyi. Bɛ́ m̀ ké wudu-zììn-nyò dò gbo wùdù kɛ, dá (800) 496-6132.

Bengali (বাংলা): যদি এই নথিপত্রের বিষয়ে আপনার কোনো প্রশ্ন থাকে, তাহলে আপনার ভাষায় বিনামূল্য সাহায্য পাওয়ার ও তথ্য পাওয়ার অধিকার আপনার আছে। একজন দোভাষীর সাথে কথা ব্লার জন্য (৪০০) 496-6132 — তে কল করুল।

Burmese **(မြန်မာ):** ဤစာရွက်စာတမ်းနှင့် ပတ်သက်၍ သင့်တွင် မေးမြန်းလိုသည်များရှိပါက အချက်အလက်များနှင့် အကူအညီကို အခကြေးငွေ ပေးစရာမလိုပဲ သင့်ဘာသာစကားဖြင့် ရယူနိုင်ခွင့် သင့်တွင် ရှိပါသည်။ စကားပြန် တစ်ဦးနှင့် စကားပြောနိုင်ရန် ဇုန် (800) 496-6132 သို့ ခေါ် ဆိုပါ။

Chinese (中文): 如果您對本文件有任何疑問,您有權使用您的語言免費獲得協助和資訊。如需與譯員通話,請致電 (800) 496-6132。

Dinka (Dinka): Na non thiëëc në ke de ya thorë, ke yin non lon bë yi kuony ku wer alëu bë geer yic yin ne thon du ke cin weu taauë ke piny. Te kor yin ba jam wenë ran ye thok geryic, ke yin col (800) 496-6132.

Dutch (Nederlands): Bij vragen over dit document hebt u recht op hulp en informatie in uw taal zonder bijkomende kosten. Als u een tolk wilt spreken, belt u (800) 496-6132.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage Period: 01/01/2018–12/31/2018

Catholic Health Services: Empire DSPOS

Coverage for: Individual + Family | Plan Type: POS

Language Access Services:

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Farsi (فارسي): در صورتی که سؤالی پیرامون این سند دارید، این حق را دارید که اطلاعات و کمک را بدون هیچ هزینه ای به زبان مادریتان دریافت کنید. برای گفتگو با یک مترجم شفاهی، با شماره (800) 496-6132) تماس بگیرید.
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French (Français): Si vous avez des questions sur ce document, vous avez la possibilité d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour parler à un interprète, appelez le (800) 496-6132.

German (Deutsch): Wenn Sie Fragen zu diesem Dokument haben, haben Sie Anspruch auf kostenfreie Hilfe und Information in Ihrer Sprache. Um mit einem Dolmetscher zu sprechen, bitte wählen Sie (800) 496-6132.

Greek (Ελληνικά) Αν έχετε τυχόν απορίες σχετικά με το παρόν έγγραφο, έχετε το δικαίωμα να λάβετε βοήθεια και πληροφορίες στη γλώσσα σας δωρεάν. Για να μιλήσετε με κάποιον διερμηνέα, τηλεφωνήστε στο (800) 496-6132.

Gujarati (ગુજરાતી): જો આ દસ્તાવેજ અંગે આપને કોઈપણ પ્રશ્નો હોય તો, કોઈપણ ખર્ચ વગર આપની ભાષામાં મદદ અને માહિતી મેળવવાનો તમને અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે, કોલ કરો (800) 496-6132.

Haitian Creole (Kreyòl Ayisyen): Si ou gen nenpòt kesyon sou dokiman sa a, ou gen dwa pou jwenn èd ak enfòmasyon nan lang ou gratis. Pou pale ak yon entèprèt, rele (800) 496-6132.

Hindi (हिंदी): अगर आपके पास इस दस्तावेज़ के बारे में कोई प्रश्न हैं, तो आपको निःशुल्क अपनी भाषा में मदद और जानकारी प्राप्त करने का अधिकार है। दुभाषिये से बात करने के लिए, कॉल करें (800) 496-6132

Hmong (White Hmong): Yog tias koj muaj lus nug dab tsi ntsig txog daim ntawv no, koj muaj cai tau txais kev pab thiab lus qhia hais ua koj hom lus yam tsim xam tus nqi. Txhawm rau tham nrog tus neeg txhais lus, hu xov tooj rau (800) 496-6132.

Igbo (Igbo): O bụr ụ na ị nwere ajujụ o bụla gbasara akwukwo a, ị nwere ikike ịnweta enyemaka na ozi n'asusu gi na akwughi ugwo o bula. Ka gi na okowa okwu kwuo okwu, kpọo (800) 496-6132.

Ilokano (Ilokano): Nu addaan ka iti aniaman a saludsod panggep iti daytoy a dokumento, adda karbengam a makaala ti tulong ken impormasyon babaen ti lenguahem nga awan ti bayad na. Tapno makatungtong ti maysa nga tagipatarus, awagan ti (800) 496-6132.

Summary of Benefits and Coverage: What this <u>Plan</u> Covers & What You Pay For Covered Services Coverage Period: 01/01/2018–12/31/2018 Catholic Health Services: Empire DSPOS Coverage for: Individual + Family | Plan Type: POS

Language Access Services:

Indonesian (Bahasa Indonesia): Jika Anda memiliki pertanyaan mengenai dokumen ini, Anda memiliki hak untuk mendapatkan bantuan dan informasi dalam bahasa Anda tanpa biaya. Untuk berbicara dengan interpreter kami, hubungi (800) 496-6132.

Italian (Italiano): In caso di eventuali domande sul presente documento, ha il diritto di ricevere assistenza e informazioni nella sua lingua senza alcun costo aggiuntivo. Per parlare con un interprete, chiami il numero (800) 496-6132

Japanese (日本語): この文書についてなにかご不明な点があれば、あなたにはあなたの言語で無料で支援を受け情報を得る権利があります。通訳と話すには、(800) 496-6132 にお電話ください。

Khmer (ខ្មែរ)៖ បើអ្នកមានសំណួរផ្សេងទៀតអំពីឯកសារនេះ អ្នកមានសិទ្ធិទទួលជំនួយនិងព័ត៌មានជាភាសារបស់អ្នកដោយឥតគិតថ្លៃ។ ដើម្បីជជែកជាមួយអ្នកបកប្រែ សូមហៅ (800) 496-6132

Kirundi (Kirundi): Ugize ikibazo ico arico cose kuri iyi nyandiko, ufise uburenganzira bwo kuronka ubufasha mu rurimi rwawe ata giciro. Kugira uvugishe umusemuzi, akura (800) 496-6132.

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Lao (ພາສາລາວ): ຖ້າທ່ານມີຄຳຖາມໃດໆກ່ຽວກັບເອກະສານນີ້, ທ່ານມີສິດໄດ້ຮັບຄວາມຊ່ວຍເຫຼືອ ແລະ ຂໍ້ມູນເປັນພາສາຂອງທ່ານໂດຍບໍ່ເສຍຄ່າ. ເພື່ອໂອ້ລົມກັບລ່າມແປພາສາ, ໃຫ້ໂທຫາ (800) 496-6132.

Navajo (**Diné**): Díí naaltsoos biká'ígíí łahgo bína'ídíłkidgo ná bohónéedzá dóó bee ahóót'i' t'áá ni nizaad k'ehji bee nił hodoonih t'áadoo bááh ílínígóó. Ata' halne'ígíí ła' bich'i' hadeesdzih nínízingo koji hodíílnih (800) 496-6132.

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Summary of Benefits and Coverage: What this <u>Plan</u> Covers & What You Pay For Covered Services Coverage Period: 01/01/2018–12/31/2018 Catholic Health Services: Empire DSPOS Coverage for: Individual + Family | Plan Type: POS

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Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

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Catholic Health Services: Empire DSPOS

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Language Access Services:

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