Coverage Period: 1/1/2019 – 12/31/2019 Coverage for: INDIVIDUAL & FAMILY | Plan Type: CDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, [insert contact information]. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.HealthReformPlansSBC.com</u> or by calling 1-888-277-1057 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,000 individual / \$4,000 family for In-Network Providers. \$4,000 individual / \$8,000 family for Out-of-Network Providers.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$3,500 individual / \$7,000 family for In-Network Providers. \$7,000 individual / \$14,000 family for Out-of-Network Providers.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, Balance-billed charges, Health care this plan doesn't cover, Penalties for non-compliance, and Services deemed not medically necessary by Medical management.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes, for a list of In-Network providers, see www.aetna.com or call 1-888-277-1057.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network</u> <u>provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you visit a health	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	none	
care <u>provider's</u> office	Specialist visit	20% coinsurance	40% coinsurance	none	
or clinic	Preventive care/screening/immunization	No cost share	40% coinsurance	none	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	none	
ii you nave a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Precertification is recommended.	
If you need drugs to treat your illness or	Generic drugs	20% coinsurance	40% coinsurance	Certain drugs may be subject to Prior Authorization, Step Therapy, Quantity limits	
condition	Preferred brand drugs	20% coinsurance	40% coinsurance	and/or dose or duration limits.	
More information about prescription drug	Non-preferred brand drugs	20% coinsurance	40% coinsurance	Smart 90 using CVS pharmacies – members can obtain 90-day supply at a CVS pharmacy	
coverage is available at www.express-scripts.com	Specialty drugs	20% coinsurance	40% coinsurance	with a mail order copay. Traditional mail order will remain in place as well. Certain specialty drugs will be dispensed in smaller quantities. In those cases, copays will be prorated.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none	
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none	
If you need immediate	Emergency room care	20% coinsurance	20% coinsurance	If admitted, failure to obtain authorization no later than 2 business days after admission may result in non-coverage or reduced benefits.	
medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	none	
	<u>Urgent care</u>	20% coinsurance	40% coinsurance	none	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Failure to obtain pre-certification may result in non-coverage or reduced benefits.	
stay	Physician/surgeon fees 20% coinsurance 40% coinsuranceno		none		

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need mental health, behavioral	Outpatient services	20% coinsurance	40% coinsurance	none	
health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance	Failure to obtain pre-certification may result in non-coverage or reduced benefits.	
	Office visits	20% coinsurance	40% coinsurance	none	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	Precertification is recommended for inpatient stay that exceeds 48 hours for a normal delivery and 96 hours after a cesarean delivery. Home births are covered at 100% if billed as part of global maternity charge.	
	Childbirth/delivery facility services	ility 20% coinsurance 40% coinsurance	Precertification is recommended for inpatient stay that exceeds 48 hours for a normal delivery and 96 hours after a cesarean delivery. Home births are covered at 100% if billed as part of global maternity charge.		
	Home health care	20% coinsurance	40% coinsurance	Coverage is limited to 100 visits maximum per calendar year combined In-Network and Out-of-Network.	
If you need help recovering or have other special health	Rehabilitation services	20% coinsurance	40% coinsurance	Coverage is limited to 20 visits per calendar year each for Occupational and Speech Therapy combined In-Network and Out-of-Network. Coverage is limited to 60 visits per calendar year for Physical Therapy combined In-Network and Out-of-Network.	
needs	<u>Habilitation services</u>	20% coinsurance	40% coinsurance	All Rehabilitation and Habilitation visits count towards your Rehabilitation visit limit.	
	Skilled nursing care	20% coinsurance	40% coinsurance	Coverage is limited to 90 days per calendar year combined In Network and Out of Network. Failure to obtain pre-certification may result in non-coverage or reduced benefits.	
	Durable medical equipment	20% coinsurance	40% coinsurance	Hearing aid coverage for children under age 19, one hearing aid per year every two years.	

Common			What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Ever		Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
		Hospice services	20% coinsurance	40% coinsurance	none	
If your child pood	4c	Children's eye exam	Not covered	Not covered	none	
If your child need dental or eye care		Children's glasses	Not covered	Not covered	none	
uciliai oi eye care	C	Children's dental check-up	Not covered	Not covered	none	

Excluded Services & Other Covered Services:

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- Acupuncture
- Cosmetic surgery

Dental care (Adult)

- Long term care
- Routine eye care (Adult)

- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (limited to \$25,000 Lifetime Maximum per member)
- Chiropractic care

- Hearing aids
- Infertility treatment diagnosis and treatment of underlying medical condition only
- Private duty nursing

Your Rights to Continue Coverage: For more information on your rights to continue coverage, contact the plan at 1-888-982-3862. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: contact Aetna at http://www.aetna.com/individuals-families-health-insurance/member-guidelines/complaints-grievances-appeals.html. Or the Department of Labor (DOL) at:

Department of Labor Employee Benefits Security Administration (866) 444-EBSA (3272) www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-277-1057 [

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-277-1057

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-277-1057

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-277-1057

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$200
■ <u>Specialist</u>	20%
■ Hospital (facility)	20%
Other	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

The total Peg would pay is

In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$2000
Copayments	\$0
Coinsurance	\$1250
What isn't covered	
Limits or exclusions	\$60

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

■ The plan's overall deductible	\$2000
■ Specialist	20%
Hospital	20%
Other	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

\$12,731

\$3,310

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$2000	
Copayments	\$0	
Coinsurance	\$1437	
What isn't covered		
Limits or exclusions	\$55	
The total line would hav is	\$3 492	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2000
■ Specialist	20%
■ Hospital (facility)	20%
Other	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,399

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,925
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In this example, Mia would pay:

Cost Sharing		
Deductibles	\$2000	
Copayments	\$0	
Coinsurance	\$77	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,077	