

Post-Intervention Complex And Ingestive Self-Efficacy (SE) Is Higher Than At Pre-Intervention (n=17)

Mean SE Score

6
5
4
3
2
1

Basic SE
Pre-
Intervention

Basic SE
Post-
Intervention

Complex SE
Pre-
Intervention

Complex SE
Post-
Intervention

Ingestive SE
Pre-
Intervention

Ingestive SE
Post-
Intervention

17

