

# Rishikesh Travel Itinerary.

Nestled in the foothills of the Himalayas, Rishikesh is renowned for its spiritual aura, thrilling adventures, and serene landscapes. Famous for yoga and meditation retreats, the city also offers adrenaline-pumping activities like river rafting and bungee jumping. Whether you're walking across the iconic Laxman Jhula, soaking in the tranquility of ashrams, or exploring hidden waterfalls, Rishikesh is a perfect blend of peace and adventure.

## Budget-Friendly Stays

- • Hostel Cozy Bunk
- • Hostel Soul
- • The Mountain View Hostel
- • Madpackers
- • Skyard Premium
- • Joey by Ganga
- • Sonu Guest House

## Day-to-Day Schedule

### • Day 1: Spiritual Rishikesh

1. Morning: Holy dip at Triveni Ghat.
2. 8:00 AM: Visit Swarg Ashram.
3. 11:00 AM: Explore Ram Jhula & Lakshman Jhula.
4. 1:00 PM: Lunch at Chotiwalla Restaurant.
5. 2:30 PM: Attend Ganga Aarti at Parmarth Niketan.
6. 6:00 PM: Shop at Rishikesh Market.

### • Day 2: Adventure Rishikesh

1. 8:00 AM: River rafting (16 km, Grade III-IV rapids).
2. 12:30 PM: Lunch at Shivpuri.
3. 2:00 PM: Bungee Jumping or Zip Lining.
4. 5:00 PM: Visit Neelkanth Mahadev Temple.
5. 7:00 PM: Camping by the Ganges.

- **Day 3: Exploration**

- 1.8:00 AM: Visit Bharat Mandir.
- 2.10:00 AM: Explore Vashishta Cave.
- 3.12:30 PM: Lunch at 60s Café.
- 4.2:00 PM: Kunjapuri Devi Temple.
- 5.4:00 PM: Depart from Rishikesh.

## Adventurous Activities

- River Rafting & Kayaking
- Bungee Jumping & Zip Lining
- Cliff Jumping & Mountain Biking
- Paragliding & Sky Diving
- Yoga & Meditation Retreats

## Tourist Places

- Beatles Ashram
- Triveni Ghat
- Swarg Ashram
- Parmarth Niketan
- Lakshman Jhula & Ram Jhula
- Bharat Mata Mandir

## Local & Instagram-Famous Cafés

- Chotiwalla Restaurant
- 60s Café German Bakery
- Freedom Café
- Ganga Café
- Little Buddha Café
- Bakery on Wheels

## Must-Visit Spots

- Neer Waterfall
- Kunjapuri Devi Temple
- Patna Waterfall
- Yoga with Local Gurus
- Tapovan Cafés

## Nightlife

- Ganga Aarti at Triveni Ghat
- The Beach House
- Rishikesh Valley
- The Beatles Ashram
- Club 360

## Secret Tips

- Alternative Ganga Aarti: Attend the serene aarti at Triveni Ghat for fewer crowds.
- Local Street Food: Try chaat, kebabs, and jalebi from street stalls.
- Stay in Upper Tapovan for tranquility.
- Avoid Peak Season: Visit in April-May or September-October for fewer tourists.

## Best Time to Visit

- Autumn (September to November) offers pleasant weather and scenic beauty.

## Phone Connectivity

- 4G network is available in most areas, ensuring connectivity throughout your trip.

## Must-Pack Essentials

1. Lightweight clothing & warm layers
2. Comfortable shoes & rain gear
3. Sunscreen & power bank

# Roadmap

