

## Self Introspection

Have you ever came across any memory of yours be it a picture album or a video in which you were doing something, which now makes you feel awkward? Any toddler act or a stupid habit that now you feel shy about?

Why to go so far, let me tell you my own experience regarding this, so recently I came across a video of my friend who was singing in his school at an event, and I have to admit, he sang very bad, though he was looking so confident. But when I asked him to sing the same song again, he refused and felt shy.

How the same person who was very confident turned into a shy one?? I was confused.

I did ask him the reason why did he stop singing, then what he told me really blew my mind, he told me as a kid, he thought everybody laughed because they enjoyed his singing, later he grew up to know that people enjoyed his honest confidence on his singing, they found it funny, how he thaught that he was a great singer. So, soon after this, he gave up singing.

Now that I had a reason to think, I started thinking about my hobbies that I left because of the same reason, to my surprise, there were some, not me, many of my friends and relatives had some items in the list.

So the main question is why does this happen? Why did I forget about my childhood, where I made many mistakes and nobody took it seriously, neither was I afraid to commit them.

But when I grew old, not only I was cautious to not make mistakes, if I did, same people used to yell at me, why does the difference occur? The answer was 'expectations'. I was expected to be mature as I grow and thats where things changed.

We refrain from trying new things due to fear of mistakes and stop following our passion in order to become more mature. Why can't we let everyone follow their weird hobbies which are not even weird?

If you feel that you were made fun of, if it did hurt you, if you felt bad, if you thaught it was wrong for people to laugh at you, let them laugh and never laugh at someone yourself.

Follow what you like, let other too, even if it is out of your professional domain, even if it makes you stupid for others, even if you are so bad at it. Just do it and never treat people like what you think is bad.