

# 5 Ways To Be More Productive

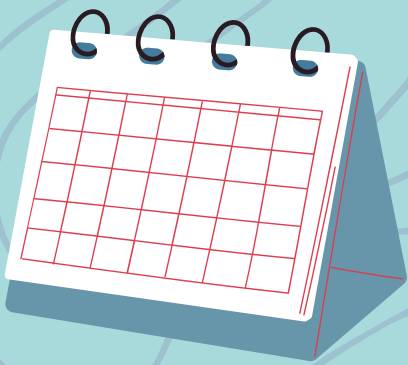
Set a timer for 5 minutes and start a task. Knowing you can stop in 5 minutes makes it easier to start and you may just keep going and complete the task.

1



2

Plan the next day before you go to bed. Having your plan in place allows you to get a quick start on your morning routine.



3

Set attainable goals. Break larger goals into smaller pieces so you can hit your target each time.



4

Get lots of rest and take breaks. You are more creative and productive if we get enough rest and take small breaks throughout the day.



5

Invest your time in training. There are hundreds of training videos online, and many of them are available for free. The more you learn, the more productive you will become.

