<!DOCTYPE html>

<html lang="en">

<head>

<meta charset="UTF-8">

<meta http-equiv="X-UA-Compatible" content="IE=edge">

<meta name="viewport" content="width=device-width, initial-scale=1.0">

<title>Fitlife - Work Hard To Get Better Life</title>

<!--

- favicon

-->

<link rel="shortcut icon" href="./favicon.svg" type="image/svg+xml">

<!--

- custom css link

-->

<link rel="stylesheet" href="style.css">

<!--

- google font link

-->

<link rel="preconnect" href="https://fonts.googleapis.com">

<link rel="preconnect" href="https://fonts.gstatic.com" crossorigin>

<link

href="https://fonts.googleapis.com/css2?family=Catamaran:wght@600;700;800;900&family=Rubik:wght@400;500;800&display=swap"

rel="stylesheet">

<!--

- preload images

-->

<link rel="preload" as="image" href="images/hero-banner.png">

<link rel="preload" as="image" href="images/hero-circle-one.png">

<link rel="preload" as="image" href="images/hero-circle-two.png">

<link rel="preload" as="image" href="images/heart-rate.svg">

<link rel="preload" as="image" href="images/calories.svg">

</head>

<body id="top">

<!--

- #HEADER

-->

<header class="header" data-header>

<div class="container">

<a href="#" class="logo">

<ion-icon name="barbell-sharp" aria-hidden="true"></ion-icon>

<span class="span">Fitlife</span>

</a>

<nav class="navbar" data-navbar>

<button class="nav-close-btn" aria-label="close menu" data-nav-toggler>

<ion-icon name="close-sharp" aria-hidden="true"></ion-icon>

</button>

<ul class="navbar-list">

<li>

<a href="#home" class="navbar-link active" data-nav-link>Home</a>

</li>

<li>

<a href="#about" class="navbar-link" data-nav-link>About Us</a>

</li>

<li>

<a href="#class" class="navbar-link" data-nav-link>Classes</a>

</li>

<li>

<a href="#blog" class="navbar-link" data-nav-link>Blog</a>

</li>

<li>

<a href="#" class="navbar-link" data-nav-link>Contact Us</a>

</li>

</ul>

</nav>

<a href="#" class="btn btn-secondary">Join Now</a>

<button class="nav-open-btn" aria-label="open menu" data-nav-toggler>

<span class="line"></span>

<span class="line"></span>

<span class="line"></span>

</button>

</div>

</header>

<main>

<article>

<!--

- #HERO

-->

<section class="section hero bg-dark has-after has-bg-image" id="home" aria-label="hero" data-section

style="background-image: url('images/hero-bg.png')">

<div class="container">

<div class="hero-content">

<p class="hero-subtitle">

<strong class="strong">The Best</strong>Fitness Club

</p>

<h1 class="h1 hero-title">Work Hard To Get Better Life</h1>

<p class="section-text">

Duis mollis felis quis libero dictum vehicula. Duis dictum lorem mi, a faucibus nisi eleifend eu.

</p>

<a href="#" class="btn btn-primary">Get Started</a>

</div>

<div class="hero-banner">

<img src="images/hero-banner.png" width="660" height="753" alt="hero banner" class="w-100">

<img src="images/hero-circle-one.png" width="666" height="666" aria-hidden="true" alt=""

class="circle circle-1">

<img src="images/hero-circle-two.png" width="666" height="666" aria-hidden="true" alt=""

class="circle circle-2">

<img src="images/heart-rate.svg" width="255" height="270" alt="heart rate"

class="abs-img abs-img-1">

<img src="images/calories.svg" width="348" height="224" alt="calories" class="abs-img abs-img-2">

</div>

</div>

</section>

<!--

- #ABOUT

-->

<section class="section about" id="about" aria-label="about">

<div class="container">

<div class="about-banner has-after">

<img src="images/about-banner.png" width="660" height="648" loading="lazy" alt="about banner"

class="w-100">

<img src="images/about-circle-one.png" width="660" height="534" loading="lazy" aria-hidden="true"

alt="" class="circle circle-1">

<img src="images/about-circle-two.png" width="660" height="534" loading="lazy" aria-hidden="true"

alt="" class="circle circle-2">

<img src="images/fitness.png" width="650" height="154" loading="lazy" alt="fitness"

class="abs-img w-100">

</div>

<div class="about-content">

<p class="section-subtitle">About Us</p>

<h2 class="h2 section-title">Welcome To Our Fitness Gym</h2>

<p class="section-text">

Nam ut hendrerit leo. Aenean vel ipsum nunc. Curabitur in tellus vitae nisi aliquet dapibus non et erat.

Pellentesque

porta sapien non accumsan dignissim curabitur sagittis nulla sit amet dolor feugiat.

</p>

<p class="section-text">

Integer placerat vitae metus posuere tincidunt. Nullam suscipit ante ac aliquet viverra vestibulum ante

ipsum primis.

</p>

<div class="wrapper">

<div class="about-coach">

<figure class="coach-avatar">

<img src="images/about-coach.jpg" width="65" height="65" loading="lazy" alt="Trainer">

</figure>

<div>

<h3 class="h3 coach-name">Denis Robinson</h3>

<p class="coach-title">Our Coach</p>

</div>

</div>

<a href="#" class="btn btn-primary">Explore More</a>

</div>

</div>

</div>

</section>

<!--

- #VIDEO

-->

<section class="section video" aria-label="video">

<div class="container">

<div class="video-card has-before has-bg-image"

style="background-image: url('images/video-banner.jpg')">

<h2 class="h2 card-title">Explore Fitness Life</h2>

<button class="play-btn" aria-label="play video">

<ion-icon name="play-sharp" aria-hidden="true"></ion-icon>

</button>

<a href="#" class="btn-link has-before">Watch More</a>

</div>

</div>

</section>

<!--

- #CLASS

-->

<section class="section class bg-dark has-bg-image" id="class" aria-label="class"

style="background-image: url('images/classes-bg.png')">

<div class="container">

<p class="section-subtitle">Our Classes</p>

<h2 class="h2 section-title text-center">Fitness Classes For Every Goal</h2>

<ul class="class-list has-scrollbar">

<li class="scrollbar-item">

<div class="class-card">

<figure class="card-banner img-holder" style="--width: 416; --height: 240;">

<img src="images/class-1.jpg" width="416" height="240" loading="lazy" alt="Weight Lifting"

class="img-cover">

</figure>

<div class="card-content">

<div class="title-wrapper">

<img src="images/class-icon-1.png" width="52" height="52" aria-hidden="true" alt=""

class="title-icon">

<h3 class="h3">

<a href="#" class="card-title">Weight Lifting</a>

</h3>

</div>

<p class="card-text">

Suspendisse nisi libero, cursus ac magna sit amet, fermentum imperdiet nisi.

</p>

<div class="card-progress">

<div class="progress-wrapper">

<p class="progress-label">Class Full</p>

<span class="progress-value">85%</span>

</div>

<div class="progress-bg">

<div class="progress-bar" style="width: 85%"></div>

</div>

</div>

</div>

</div>

</li>

<li class="scrollbar-item">

<div class="class-card">

<figure class="card-banner img-holder" style="--width: 416; --height: 240;">

<img src="images/class-2.jpg" width="416" height="240" loading="lazy" alt="Cardio & Strenght"

class="img-cover">

</figure>

<div class="card-content">

<div class="title-wrapper">

<img src="images/class-icon-2.png" width="52" height="52" aria-hidden="true" alt=""

class="title-icon">

<h3 class="h3">

<a href="#" class="card-title">Cardio & Strenght</a>

</h3>

</div>

<p class="card-text">

Suspendisse nisi libero, cursus ac magna sit amet, fermentum imperdiet nisi.

</p>

<div class="card-progress">

<div class="progress-wrapper">

<p class="progress-label">Class Full</p>

<span class="progress-value">70%</span>

</div>

<div class="progress-bg">

<div class="progress-bar" style="width: 70%"></div>

</div>

</div>

</div>

</div>

</li>

<li class="scrollbar-item">

<div class="class-card">

<figure class="card-banner img-holder" style="--width: 416; --height: 240;">

<img src="images/class-3.jpg" width="416" height="240" loading="lazy" alt="Power Yoga"

class="img-cover">

</figure>

<div class="card-content">

<div class="title-wrapper">

<img src="images/class-icon-3.png" width="52" height="52" aria-hidden="true" alt=""

class="title-icon">

<h3 class="h3">

<a href="#" class="card-title">Power Yoga</a>

</h3>

</div>

<p class="card-text">

Suspendisse nisi libero, cursus ac magna sit amet, fermentum imperdiet nisi.

</p>

<div class="card-progress">

<div class="progress-wrapper">

<p class="progress-label">Class Full</p>

<span class="progress-value">90%</span>

</div>

<div class="progress-bg">

<div class="progress-bar" style="width: 90%"></div>

</div>

</div>

</div>

</div>

</li>

<li class="scrollbar-item">

<div class="class-card">

<figure class="card-banner img-holder" style="--width: 416; --height: 240;">

<img src="images/class-4.jpg" width="416" height="240" loading="lazy" alt="The Fitness Pack"

class="img-cover">

</figure>

<div class="card-content">

<div class="title-wrapper">

<img src="images/class-icon-4.png" width="52" height="52" aria-hidden="true" alt=""

class="title-icon">

<h3 class="h3">

<a href="#" class="card-title">The Fitness Pack</a>

</h3>

</div>

<p class="card-text">

Suspendisse nisi libero, cursus ac magna sit amet, fermentum imperdiet nisi.

</p>

<div class="card-progress">

<div class="progress-wrapper">

<p class="progress-label">Class Full</p>

<span class="progress-value">60%</span>

</div>

<div class="progress-bg">

<div class="progress-bar" style="width: 60%"></div>

</div>

</div>

</div>

</div>

</li>

</ul>

</div>

</section>

<!--

- #BLOG

-->

<section class="section blog" id="blog" aria-label="blog">

<div class="container">

<p class="section-subtitle">Our News</p>

<h2 class="h2 section-title text-center">Latest Blog Feed</h2>

<ul class="blog-list has-scrollbar">

<li class="scrollbar-item">

<div class="blog-card">

<div class="card-banner img-holder" style="--width: 440; --height: 270;">

<img src="images/blog-1.jpg" width="440" height="270" loading="lazy"

alt="Going to the gym for the first time" class="img-cover">

<time class="card-meta" datetime="2022-07-07">1 &nbsp; January 2024</time>

</div>

<div class="card-content">

<h3 class="h3">

<a href="#" class="card-title">Going to the gym for the first time</a>

</h3>

<p class="card-text">

Praesent id ipsum pellentesque lectus dapibus condimentum curabitur eget risus quam. In hac

habitasse platea dictumst.

</p>

<a href="#" class="btn-link has-before">Read More</a>

</div>

</div>

</li>

<li class="scrollbar-item">

<div class="blog-card">

<div class="card-banner img-holder" style="--width: 440; --height: 270;">

<img src="images/blog-2.jpg" width="440" height="270" loading="lazy"

alt="Parturient accumsan cacus pulvinar magna" class="img-cover">

<time class="card-meta" datetime="2022-07-07">1 &nbsp;January 2024</time>

</div>

<div class="card-content">

<h3 class="h3">

<a href="#" class="card-title">Parturient accumsan cacus pulvinar magna</a>

</h3>

<p class="card-text">

Praesent id ipsum pellentesque lectus dapibus condimentum curabitur eget risus quam. In hac

habitasse platea dictumst.

</p>

<a href="#" class="btn-link has-before">Read More</a>

</div>

</div>

</li>

<li class="scrollbar-item">

<div class="blog-card">

<div class="card-banner img-holder" style="--width: 440; --height: 270;">

<img src="images/blog-3.jpg" width="440" height="270" loading="lazy"

alt="Risus purus namien parturient accumsan cacus" class="img-cover">

<time class="card-meta" datetime="2022-07-07">1 &nbsp; January 2024</time>

</div>

<div class="card-content">

<h3 class="h3">

<a href="#" class="card-title">Risus purus namien parturient accumsan cacus</a>

</h3>

<p class="card-text">

Praesent id ipsum pellentesque lectus dapibus condimentum curabitur eget risus quam. In hac

habitasse platea dictumst.

</p>

<a href="#" class="btn-link has-before">Read More</a>

</div>

</div>

</li>

</ul>

</div>

</section>

</article>

</main>

<!--

- #FOOTER

-->

<footer class="footer">

<div class="section footer-top bg-dark has-bg-image" style="background-image: url('images/footer-bg.png')">

<div class="container">

<div class="footer-brand">

<a href="#" class="logo">

<ion-icon name="barbell-sharp" aria-hidden="true"></ion-icon>

<span class="span">Fitlife</span>

</a>

<p class="footer-brand-text">

Etiam suscipit fringilla ullamcorper sed malesuada urna nec odio.

</p>

<div class="wrapper">

<img src="images/footer-clock.png" width="34" height="34" loading="lazy" alt="Clock">

<ul class="footer-brand-list">

<li>

<p class="footer-brand-title">Monday - Friday</p>

<p>7:00Am - 10:00Pm</p>

</li>

<li>

<p class="footer-brand-title">Saturday - Sunday</p>

<p>7:00Am - 2:00Pm</p>

</li>

</ul>

</div>

</div>

<ul class="footer-list">

<li>

<p class="footer-list-title has-before">Our Links</p>

</li>

<li>

<a href="#" class="footer-link">Home</a>

</li>

<li>

<a href="#" class="footer-link">About Us</a>

</li>

<li>

<a href="#" class="footer-link">Classes</a>

</li>

<li>

<a href="#" class="footer-link">Blog</a>

</li>

<li>

<a href="#" class="footer-link">Contact Us</a>

</li>

</ul>

<ul class="footer-list">

<li>

<p class="footer-list-title has-before">Contact Us</p>

</li>

<li class="footer-list-item">

<div class="icon">

<ion-icon name="location" aria-hidden="true"></ion-icon>

</div>

<address class="address footer-link">

CA-49, STREET NO-248, NEWTOWN, ACTION AREA 1 C, NEAR: NOVOTEL, Kolkata, India, West Bengal

</address>

</li>

<li class="footer-list-item">

<div class="icon">

<ion-icon name="call" aria-hidden="true"></ion-icon>

</div>

<div>

<a href="tel:18001213637" class="footer-link">1800-121-3637</a>

<a href="tel:+915552348765" class="footer-link">+91 555 234-8765</a>

</div>

</li>

<li class="footer-list-item">

<div class="icon">

<ion-icon name="mail" aria-hidden="true"></ion-icon>

</div>

<div>

<a href="mailto:info@fitlife.com" class="footer-link">info@fitlife.com</a>

<a href="mailto:services@fitlife.com" class="footer-link">services@fitlife.com</a>

</div>

</li>

</ul>

<ul class="footer-list">

<li>

<p class="footer-list-title has-before">Our Newsletter</p>

</li>

<li>

<form action="" class="footer-form">

<input type="email" name="email\_address" aria-label="email" placeholder="Email Address" required

class="input-field">

<button type="submit" class="btn btn-primary" aria-label="Submit">

<ion-icon name="chevron-forward-sharp" aria-hidden="true"></ion-icon>

</button>

</form>

</li>

<li>

<ul class="social-list">

<li>

<a href="#" class="social-link">

<ion-icon name="logo-facebook"></ion-icon>

</a>

</li>

<li>

<a href="#" class="social-link">

<ion-icon name="logo-instagram"></ion-icon>

</a>

</li>

<li>

<a href="#" class="social-link">

<ion-icon name="logo-twitter"></ion-icon>

</a>

</li>

</ul>

</li>

</ul>

</div>

</div>

<div class="footer-bottom">

<div class="container">

<p class="copyright">

&copy; 2024 Fitlife. All Rights Reserved By <a href="#" class="copyright-link">TeamElite.</a>

</p>

<ul class="footer-bottom-list">

<li>

<a href="#" class="footer-bottom-link has-before">Privacy Policy</a>

</li>

<li>

<a href="#" class="footer-bottom-link has-before">Terms & Condition</a>

</li>

</ul>

</div>

</div>

</footer>

<!--

- #BACK TO TOP

-->

<a href="#top" class="back-top-btn" aria-label="back to top" data-back-top-btn>

<ion-icon name="caret-up-sharp" aria-hidden="true"></ion-icon>

</a>

<!--

- custom js link

-->

<script src="script.js" defer></script>

<!--

- ionicon link

-->

<script type="module" src="https://unpkg.com/ionicons@5.5.2/dist/ionicons/ionicons.esm.js"></script>

<script nomodule src="https://unpkg.com/ionicons@5.5.2/dist/ionicons/ionicons.js"></script>

</body>

</html>