Mental Wellness Assistant

Powered by Generative AI Agents

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Motivation

- Mental Health challenges have become widespread but millions of people remain underserved due to barriers like stigma, cost, and limited access to professional care.

- In countries like India, the number of therapists are far below the recommended number by the World Health Organization (WHO).

- Even where therapists are available quality mental health care often remains a privilege for the economically well-off, with therapy sessions costing far beyond the reach of the average citizen.

- Generative AI-driven Wellness Assistant has the potential to make mental health support more inclusive, equitable, and empowering for all.

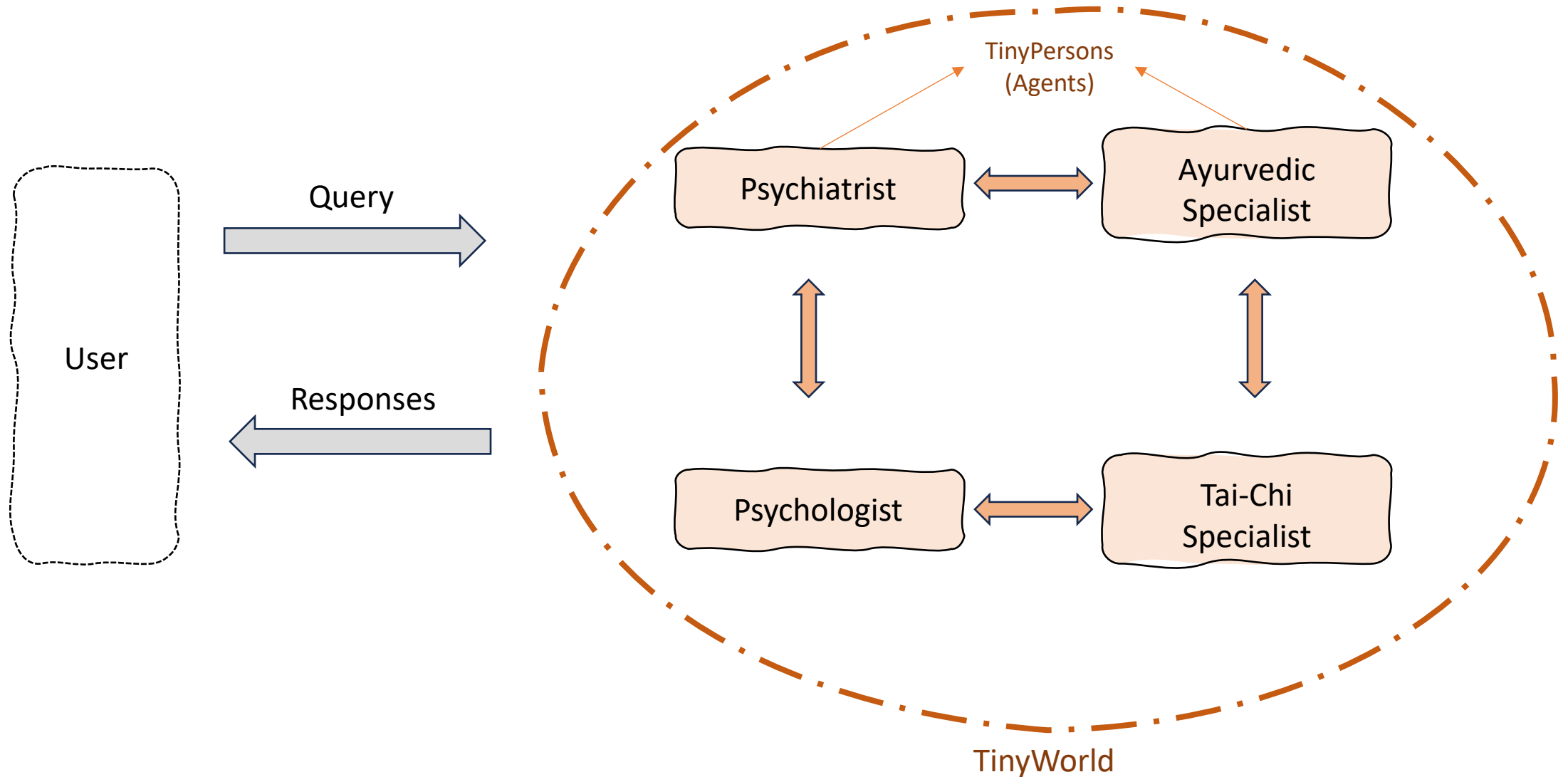# Generative AI (GenAI) solutions

- Traditional GenAI models like ChatGPT can provide general emotional support and conversation

- However, addressing mental health requires more than casual conversation—it demands tailored strategies, proactive guidance, and multi-faceted support

- GenAI-powered agents take mental wellness assistance to the next level by offering a more structured, specialized, and personalized approach

TinyTroupe Agentic Framework

- Most agentic frameworks focus on solving tasks (such as workflow automation, code generation etc).

- TinyTroupe's strength lies in simulating human-like agents with rich personas, making it particularly effective for applications requiring realistic human behavior modelling.

- TinyTroupe is tailored for creating controlled simulations, offering specialized features optimized for studying complex interactions within a virtual environment (known as TinyWorld) as opposed to task execution in other frameworks

  Using TinyTroupe, we can create individuals (agents) who are known as TinyPersons, each with distinct personalities, interests, and goals.

Proposed Solution

Thanks!