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## From the President's Desk

Rtn. Dr. Srikanth AVS



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Rtn. Dr. Srikanth AVS  
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The primary aim of education has always been to help growing minds to draw out the best in themselves and encourage them to achieve their goals.

In this regard, a good education means necessarily to teach students to form a judgment, to train them to think soundly and ensure that they use and share their knowledge, thoughts, and skills effectively for their own and common good.

We are faced with the daunting task of providing education to all the children of our country. Even though the government is doing its bit, people like us must chip in. Many children are unable to continue their education due to many reasons, and financial difficulty is the most common reason.

With the pandemic caused by the corona virus, providing continued education has taken on a new significance. Our scholarship program is designed to help bridge the financial gap that often prevents deserving and underprivileged students from pursuing their dreams of higher education. Our Scholarship program is based on 2 criteria; merit-based & need-based.

What started as a scholarship to one student has transformed itself into a significant and transformative movement with the entire Club. This has become the gamechanger for many students. Every year it's been our Club's endeavour to take this noble cause ahead. We now need to pursue new sources of funding within a fundamentally different context. Now let us work together to make it happen. I would like to thank and gratefully acknowledge all the members involved, for their single-minded devotion in making this happen.

At the time of going to print there was a great bit of news from one of our scholarship alumni – Ankitha. She had availed our scholarship in 2016-19 and completed her computer engineering and subsequently attended a four-month advanced training program, also financed by us.

As it was not possible for her to commute from her village to the training program and because of her weak financial status, RBI had put her up in BGMS. Subsequently, she got a job as an intern without pay with the promise that she will be absorbed after six months. When COVID struck, she was forced to return to her village. On 3rd September, she was informed that the company had confirmed her job and offered a starting salary of Rs.10,000/- per month.

She gave us the good news, but it did not end there; she wanted to donate her first full salary to BGMS as a token of her gratitude. Now, that is gratitude with a capital G. It is pertinent to note that she has always volunteered her services to us for contacting students and alumni. Till the end of August, around 310 students have received scholarships and an amount of Rs 80 lakhs has been disbursed.

So, let's all come together to continue this beautiful program to empower our today's children to become educated and committed citizens of tomorrow. Let's donate liberally to take this transformation forward.

# Rotary International President's Message

## Rtn. Holger Knaack's Message for Month of September 2020

Rotary youth exchange — one of the many programs for youths and young adults that we celebrate this month — was my path into true engagement in Rotary. My wife, Susanne, and I began hosting exchange students soon after I joined, and the experience helped me go from simply being a member of my Rotary club to being a true Rotarian. Now Rotary Youth Exchange is a family tradition, and a strong one: Over the past 24 years, we have hosted 43 students!



From the start, we loved it so much that, in addition to hosting students in our home, we became involved with the program by helping to organize student summer camps. During one such camp, I met Christine Lichtin, who was a German high school student at the time and whose father is a past president of my Rotary club. To try something new during this year of embracing change, I am turning this space, normally reserved for the president of Rotary, over to Christine so she can share her story.

*My first contact with Rotaract was about 13 years ago, when I was with Susanne and Holger at a barbecue for the summer youth camp. Holger turned to me and said: "Why don't you visit a Rotaract club? You'll meet a lot of great young people who come together to have fun and to make a difference."*

*A few years later, when I was at Trier University, his words came back to me and I decided to give it a try. That was more than eight years ago, and I'm still at it. Once you are in Rotaract, you just don't want to get out. Rotaract has accompanied me everywhere, starting with the Trier club and then on to a club in Bologna, Italy, during the year I studied there. When I was in Kiel for my master's degree, I got involved with Rotaract there before landing at the Rotaract Club of Hamburg-Alstertal as I began my career. Each of those clubs has its own identity and focus, but all have the same intrinsic motivation.*

*I am now taking on a senior advisory role in my Rotaract club, which I really enjoy. I carry Rotaract in my heart, and it shapes my values, even as my interests evolve. One day, as if she had sensed this evolution, Susanne knocked on my door, wanting to introduce me to a young, modern Rotary club located between Hamburg and Mölln, my hometown. The E-Club of Hamburg-Connect, which Susanne helped charter, holds e-meetings, all of them very relaxed and personal. With members of different ages, everything just seemed to fit, so I thought, why not try it out? After all, time is precious and should be filled with fun whenever possible; the rest happens by itself.*

*Now I am in both worlds — a proud member of Rotaract and a Rotarian. And my small personal goal is to build a bridge between these two parallel worlds. All of us have very similar reasons for being part of the Rotary family.*

It took some persistence to persuade Christine to become a member of Rotary, but it was well worth the effort. It is our duty to put in this kind of effort with youth program participants and Rotaractors so we can keep them in the family of Rotary. I hope you were inspired by her story. It's up to each of us to ensure that more young people like Christine can experience the many ways Rotary Opens Opportunities for us and for the people we serve.

HOLGER KNAACK  
President, Rotary International

Rotary Opens Opportunities



## Club Service



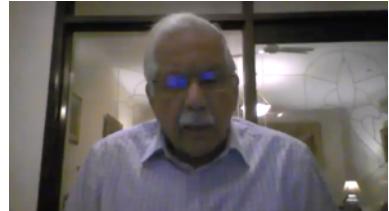
The articulate & suave Director - Rtn. Vipin Labroo

### Honouring a War Veteran - Lt Gen Mohinder Puri, PVSM



RBI has been celebrating Independence Day for the past many years by combining community service projects and fellowship. This year the pandemic caused a serious concern and our traditional programme was no exception to this reality. In order to continue our tradition of celebrating Independence Day by honouring Service officers, it was planned to honour a War Veteran and hero on the e-platform. Accordingly, Lt Gen Mohinder Puri, PVSM, UVSM, former Deputy Chief of Army Staff was requested to give us an opportunity to honour him on 03 August, the day immediately following Kargil Victory Diwas.

In view of the high profile of the Chief Guest, Doc Srikanth, President RBI decided to upgrade the status of the meeting by inviting Rotary Ulsoor and Rotary Lakeside. Gen Puri graced the occasion by delivering a talk narrating in detail his experience of the Kargil war. His talk gave the attendees a peep into the harsh and brutal reality of war. It was our brave soldiers who snatched victory by making supreme sacrifices.



Invitations were also extended to two distinguished defence scientists Shri N Sitaram, former Chief controller, DRDO, and Shri VS Mahalingam, former Director, CAIR, DRDO, and few more scientists with whom the General was associated for defence projects. General Puri cherished the presence of these special invitees, as well as of his brother Col KP Puri (Retd). Gen Mohinder Puri expressed his appreciation for the Rotary organisation and wished great success for their journey of humanitarian service.

### Zen and the Art of Leadership

On 10th August, we had a unique and wonderful talk by our own Rtn. Narssimhan Kannan. It was a preview of yet another facet of this multitalented Rotarian who has already brought accolades for himself and RBI. He went through a story-based presentation, crafted meticulously and vividly, and brought home the essential learnings for effective leadership like a breeze.



The presentation introduced the audience to Zen. In Narsi's words "Zen does not attempt to teach, but to create awareness". It is a method of awakening. Narsi narrated a few Zen stories that highlighted virtues such as being



thankful to be able to give; releasing the ego; discovering your Buddha nature; and then proceeded to give insights to the audience as to the message hidden in these stories.

There was no attempt to teach or preach, but to create an environment for the potential leader to 'see' things in a different perspective. For the attendees it was a journey of self-discovery supported by interesting stories told in the baritone but calming voice of Narsi. If the subject was dry and challenging, the credit of making it effective and revealing for all the participants must go to the very deft handling of the subject to this outstanding speaker. Way to go, Narsi!

## Membership Development



On 31st Aug 2020, we had PDG Rajendra Rai addressing the members of Rotary Bangalore Indiranagar. He spoke extensively on the topic of Membership development - New opportunities on E-Platforms. As part of the district initiative to induct new members, we at RBI also inducted two lady members; Shalini Sethi and Esha Ashok. The new members were formally inducted into the Rotary family by PDG PM Bhansali.



to the RBI Family...



### Esha Ashok

Esha Ashok has previously been a member of Rotary Bangalore Orchards. She is a psychologist having completed her M.A. in Psychology and is also a holder of an M.B.A. degree. Esha is the proprietrix of two entities, namely Esha Fuel Zone which is a dealer of Indian Oil Corporation & Evita Counselling. She is married to Mr. P. Ashok Kumar and her hobbies are travel, music and social work. The classification allotted to her is 'Psychology'. She is assigned to the BGMS Committee under Community Service Avenue and her mentor is PP Rtn. Ambika Narayan.



### Shalini Sethi

Shalini Sethi has previously been a member of Rotary Bangalore Orchards. She has completed her M.B.A. degree from F M S, University of Delhi. Shalini is presently the Chairperson & Managing Trustee of the Sethi Foundation which runs one of India's largest hearing enablement programs which include hearing devices and cochlear implants. She is married to Mr. Sudhir Kumar Sethi, and they are blessed with a son Nitant. Her hobbies are cooking, wildlife photography and philanthropy. The classification allotted to her is 'Social Service - Differently Abled'. She is assigned to the Scholarship Committee under Community Service Avenue and her mentor is IPP Rtn. Manoj Agarwal.



A farewell is necessary before we can meet again...

- Ashok Maheshwari
- D. Ravikumar
- Damodar Nawka
- Venkateshwaran
- Suresh Balasubramaniam
- Deepak Agarwal



We look forward to having you back in the Rotary family...



# Community Service



The untiring & relentless Director - Rtn. Philip George

## COVID Relief

On 5th Aug, the 300 bed Rotary Covid Care Centre at KSRTC Peenya was inaugurated by the Dy CM. This was facilitated by a massive contribution of Rs. 49 lakh from TITAN routed through RBI.

On 15th Aug, RTPCR equipment was formally inaugurated at Nimhans by DG Rtn Nagendra Prasad - this was donated by the MD of TITAN through RBI which was represented by President Dr. AVS Srikanth and Secretary Balakrishnan. RBI contributed Rs. 2 lakhs towards the same.

As part of Covid rehabilitation, we have launched a crowdfunding campaign spearheaded by Rtn. Vijay Mane to provide tricycles with in-built baskets for carrying fruits / vegetables to affected roadside vendors.

One of our adopted schools, Ekalavya, has requested for used mobiles / tablets to help their underprivileged children attend online classes – help from all RBI members is earnestly requested.

RBI contributed Rs. 30,000/- towards procurement of temperature scanners and oximeters for a District project covering 400 villages at Bagepally/Gudibande.



## Environment

A total of 650 saplings have been planted at Manae Lake in the month of August. The target is around 1500 saplings in the first phase.

Rs. 9.6 Lakh has been collected through a crowd funding campaign for rejuvenation of a lake at Chikkenehalli in Tumkur District. The actual work is expected to start in Nov / Dec.

## Vidya Daan

This year, scholarships worth around Rs. 75 lakhs have been disbursed to 292 students - this is an ongoing exercise. The current value of the corpus stands at Rs. 232 lakhs – aiming to end the year at Rs. 275 lakhs.

Rtns Suresh Patel and Dr Menon have donated Rs. 1 lakh each to the Vidya Daan Project.

## Karunashraya

About Rs. 3 lakhs has been collected / committed towards the 2626 scheme for Karunashraya. Through SEVA, we would like to request more Rotarians to come forward with their generous contributions. This effort is being coordinated by the Karunashraya Chair, Wg Cdr (Retd) Ashok Saraf.

Donations in kind are also being received through the efforts of Rtns Ashok Saraf and Rakesh Nayyar.

Rakesh Nayyar has facilitated close to Rs. 90,000/- through Mission Chai and Punjabi Sabha and about Rs. 30,000/- worth of groceries and other essentials.

Rtn. Jai Hinduja has contributed Rs. 10,000/- towards running expenses.



Rtn. Ashok Saraf has contributed a total of Rs. 30 lakh towards the building expansion from his commitment of Rs. 60 Lakh. The new building occupies about 30,000 sq ft and will house the Out Patient dept, Research and Education Wing including a 100-seater auditorium, three break-out rooms, a library and offices for the staff. The new building is expected to be ready for occupation by about Mar-April 2021.

## Child Development (TEACH)

Rtn. Sanjay Koppikar conducted three sessions on Cyber Bullying, Internet Crime, Social Media ills, etc., for the 9th and 10th standard students (numbering about 200) of Deens Academy. The sessions were hugely appreciated by both students and teachers alike. More such sessions are in the offing.

## Teacher Training (TEACH)

A Teacher Training workshop that was very well appreciated, was arranged by Rtn. Sanjay Dugar for about 70 teachers on the 29th at APS ASC; the facilitator was Kavitha Talreja from the International Association of Facilitators. Other Rotarians who attended were Rtns Vidyut, AK Sugunan, Anita Hari, Col Subu and Kavitha Pishay.

## BGMS

20 students appeared for the SSLC examination with 100% results; the maximum marks obtained being 90%. All 11 children who scored 70% + marks were granted scholarships under the Vidya Daan scheme.

## Mother & Child

The authorities in Hoskote Taluk have identified 10 more Anganwadis for renovation.

A crowdfunding campaign jointly with the Inner Wheel Club of Bengaluru Blossoms has been launched to raise funds for Menstrual hygiene cups/Reusable sanitary napkins, for women police personnel and nurses from government hospitals. Anne Sowmya Srikanth will be involved in the implementation of the project. Sowmya and Annette Sheetal will also participate in the campaign to raise funds for this initiative.

## Heart Care

Rtns Karthik Uday and OP Khanna have contributed to 4 heart surgeries.



The terminally ill continue to need compassionate care at the end of life even when resources diminish. Your support will help provide palliative care during the pandemic.

Contact us @ 73383 82999 / 99802 33578  
Email: communications@karunashraya.org



ONLINE Paytm



# Vocational Service

A multi-faceted & ever-dependable Director – Rtn. Narssimhan Kannan



## Panel Discussion on Entrepreneurship

On Aug 9th we had an awe inspiring and stimulating virtual ‘Panel discussion on Entrepreneurship’



- The panellists PP Rtn. Ajith Rai, Rtn. Ghanshyam Agarwal and PP Rtn. Jagadeesh enthralled the audience by sharing their entrepreneurship journey, thoughts, perspectives and insights into the “Do’s and Don’ts” on the path to becoming a successful businessperson.
- Rtn. Ranganath did an awesome job on moderating the event, asking incisive questions, maintaining decorum, ensuring that enough time was given to the panellists to respond and succinctly weaving in the 4 Way Test in the discussions.

- Rtn. Narssimhan and President Doc Shrikant gave the Opening and Closing Remarks, followed by Rtn. Kumar giving a Vote of Thanks. Narsi did a superb job in a creatively designing the e-invite.
- At the peak, close to 70 participants were online, of which 32 were Rotaractors and others being Rotarians from RBI and the District.
- Thanks to Rotaractors President Akshay Keerti who assisted in promoting the event amongst the Rotaractors.



## Career Guidance Sessions

Successfully completed Career Guidance sessions at:

- Frank Anthony Public School for 185 students (2 sessions) of Grade IX on Aug 29th. President Dr. Srikanth gave the Welcome address.
- The Zoom sessions lasted for 90 mins. Our gratitude to Rtn Ganesh Balakrishnan for conducting these sessions

**PHARMACY COURSES**

Pharm D – is a 6- year doctorate level course, including five years academic study and a year of internship or residency. Integrated Course of Pharmaceuticals and Clinical Practice Pharm. D.

B. in Pharmacy ( B. Pharma) – 4 years course and different career options to pursue. Students inclined towards Management and marketing should go for this.

**The Four Way Test -**  
What you think, say or do

**Rotary**

1. Is it the TRUTH ?  
(Clarity, Transparency, Ethical Behaviour)

2. Is it FAIR to all concerned ?  
(Empathy, Acceptance, Belonging)

3. Will it BUILD GOODWILL and BETTER FRIENDSHIPS ?  
(Trust, Do Good, Feel Good)

4. Will it be BENEFICIAL to all concerned ?  
(Better Decision making, Team Work)



## Youth Service

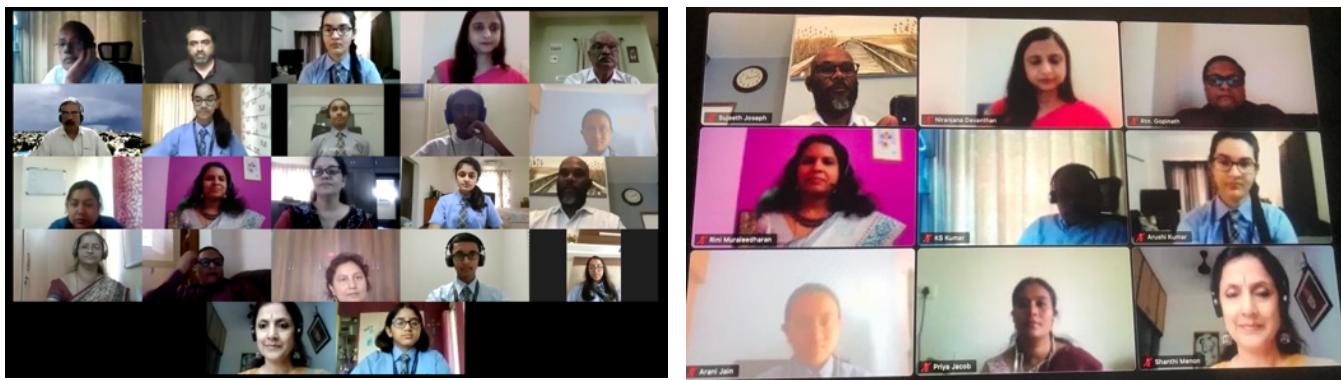


A technocrat & dynamic Director – Rtn. Gopinath

### Interact

The installation of the Board of the Interact club of Deens Academy was held via Zoom conference on 14<sup>th</sup> August 2020. President Rtn. Srikanth installed the team lead by Itr. Niharika Singh, President, and Itr. Arani Jain, Secretary, in the presence of the school principal Mrs. Shanti Menon and Interact coordinator Mrs. Rini Muraleedharan.

Rotarians Gopi, Sujeeth, Kavita Kekre, Kumar, Sugunan, PP Subu, Vijay Mane and Narsi attended the event. President Srikanth gave an inspiring speech to the Interactors.

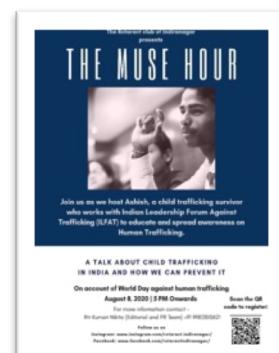


### Rotaract

The community based Rotaract Club of Bangalore Indiranagar raised a sum of ₹ 23,522 towards the education and rehabilitation of Ashish of ILFATS and had a webinar on “preventing child trafficking” on 8 August 2020.

#### Calendar for September 2020, Youth Service Month

- September 14, Monday - Inter-collegiate quiz competition with quiz master Arul Mani
- September 20, Sunday - Chess competition for school children in association with Rotary Bangalore Disha and United Karnataka Chess Association
- September 21, Monday - Speaker Meet





# International Service



Ever helpful & willing to take up any challenge – Rtn. Ambica Motupali

## Global Grant Update

Global Grant Reference	Project	Status
1638263	Pediatric Heart Surgery	Project completed; report filed with RI
1642051	Pediatric Heart Surgery	Project completed; report filed with RI
1743535	Pediatric Heart surgery	Project completed; report filed with RI
1759183	Pediatric Heart surgery	Project completed; report filed with RI
1981484	Cardiac Rehab Center	Project completed; report filed with RI
1867840	Tumkur Eye Care Project	Project completed report waiting for authorization by international partner
1983961	Upscaling of BVB BBMP school	Project completed report submitted to RI
2011908	ICU Equipment at Jain Mission Hospital	Project approved, awaiting to receive GG amount
2015624	CATHLAB equipment at the Jayadeva Cardio-vascular Hospital	Waiting for International Partners from Taiwan to confirm their participation
1872446	We are international partner to Rotary Club of Dhaka, Bangladesh	Awaiting completion report from RC Dhaka
2098062	Pediatric Heart Surgery	Application submitted in September 2020 for 50 Surgeries – approval awaited

Total Global Grant value is Rs 11,74,00,000 (Rs. Eleven crores seventy-four lakhs)

## New Fellowship Group



**Rotary Fellowship of Wildlifers for Conservation** is a group of Rotarians, spouses of Rotarians, Rotaractors, members of Rotary Alumni and interested individuals who share a common interest willing to work towards building a future in which people and nature thrive.

The objective is to create awareness about the importance of wildlife amongst public in general and youth in particular and promote lasting friendships outside of one's own club, district and country. This will serve as a strong incentive for attracting new members to Rotary and for retention of its' existing members.

This fellowship group also encourages Rotarians and Rotary program participants to form fellowship chapters in their respective regions/countries and have exchange programs with each other to witness and explore the flora and fauna of that region/country while conserving wildlife habitats and supporting each other's Rotary Projects. Members may contribute their knowledge and expertise and help wildlife conservation wherever they live.

Vision: Together We Make Protecting Wildlife, A Way Of Life!

# The Shining Stars of RBI

You make us proud...

## Arch Klumph Society member – PP Rtn. Ajith Rai



PP Rtn. Ajith Rai donated USD 2.5 Lakhs to The Rotary Foundation, during Rotary year 2018-19, thus becoming the 2nd Arch Klumph Society (AKS) member from Rotary Bangalore Indiranagar. A significant part of this amount is to be utilized as a Club contribution for Global Grants of our Projects like Karunashraya, Bharatiya Vidya Bhavan school, EYE care Projects etc. Special thanks to PP Rtn. Ajith Rai & his family for this wonderful contribution.



## Excellence in Service to Humanity – Anne Dr. Susheela Menon



Anne Dr. Susheela Menon has been visiting Sonnahallipura Village in Hoskote taluk every week to give free medical support to the villagers for many years. During the Rotary year 2018-19, she has been awarded with the "Rotary Award for Excellence in Service to Humanity" by Rotary International, for her wonderful service to the community at large. This award recognizes non-Rotarians, including partners and spouses of Rotarians, who have demonstrated exemplary humanitarian service in accordance with Rotary's ideals. Thanks to Dr. Susheela Menon; Rotary Bangalore Indiranagar is really proud of her.



## Avenues of Service – PP Rtn. Karthikeya Reddy



PP Rtn Karthikeya Reddy's contribution to service is very significant. He has been very active and has shown exemplary dedication in all the five avenues of service over several years. During 2018-19, Rotary International, awarded him with the "Avenues of Service award" for his excellent service to Society. A well-deserved award to PP Rtn. Karthikeya Reddy!



\* All these awards were initiated during the Rotary year 2018-19 by the then President Jagadeesh M.

## How the 4-Way Test Drove Karmayogi's Career Success



Here is an interesting piece of information about our Karmayogi's involvement with the 4-Way Test. In response to a request from Dr. P M Radha Krishnan - Director Vocational Avenue 4 Way Test (RID 3190), PP Rtn. O.P. Khanna had given a write up on "4-Way Test experience" of his working career.

**Rtn. Om Prakash Khanna**  
*Savior of 10,000 + precious lives*

This article was published in the District Vocational blog as well as the rotary.org vocational blog. Dr. Radhakrishnan has communicated that it has also been circulated to Rotary India as well as all the RID 3190 Presidents.

It may be relevant to mention here that a similar case study (by IIM Ahmedabad) of a German-Swiss multinational of which O.P. Khanna was the Managing Director in the 90's was used in the RLI (Rotary Leadership Institute) sessions for the last ten years. Proud of you Sir!

## Miracle Moments

"Miracle Makers", the tag line for my Rotary year 2018-19 as District Governor, did indeed create some truly extraordinary moments. Having got used to innumerable surprises ever since, I have started accepting them as they arrive and believe me... they don't fail to do so, if one is ready for them.



The global pandemic of Covid-19 did bring in phenomenal changes in the way humanity behaves and handles personal spaces and actions. As an Industry expert and connected to real estate, I had my own share of exceptional experiences during this period.

However, one event reaffirmed the 'Miracle Again' phenomenon. The landline phone ringing in the wee hours of 10th August made me just shrug it aside as a wrong number. Upon verifying the source of the number, I was shocked beyond description to know it was from the Union Finance Minister's office.

My happiness and thrill knew no bounds when the next ring heralded the call by the Honorable Finance Minister Mrs. Nirmala Sitharaman herself. Though stunned to the core, I held my own and rattled out all the information she wanted about the industry. It was a humbling experience to be heard out by this erudite financial leader who listened patiently and sought my inputs and ideas.

This certainly is an event in my life that will be etched in golden letters. That, I was chosen to interact with her, among many prominent and industry leaders, is a testimony to my dedication to the Industry all these years.

As the saying goes - 'Do your duty-success will follow'. Consistent dedicated work always pays. As I recollect, Karmanyevadhi karaste is the starting line and most popular in Bhagavad Gita's chapter-2 verse-47 - Perfect Truth.

~ PDG Suresh Hari

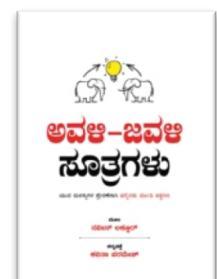
## Multi-faceted Personality

Rtn. Kavitha Parmesh - A new author is born



This book is about entrepreneurship and the values that which will enable an entrepreneur to be successful and these are explained with real life examples.

Originally written in English by Kavitha, she has translated this book into Kannada with an intent to help rural youth and women entrepreneurs. The book is currently an e-book and available on the My Lang books website. Proceeds from this book will be used for education and mid-day meals for rural students. Request your support in this noble endeavor.



The link to buy the book is given here:

<https://mylang.in/collections/personality-development/products/avali-javali-inr>



## 15<sup>th</sup> August Flag Hoisting



And the tradition continues despite the pandemic...

Normally, 15<sup>th</sup> August is for a sumptuous moment of hoisting the projects.

Rotary Bangalore Indiranagar is a no different. Despite the pandemic, Balakrishnan, IPP Manoj Agrawal, PP Rtn. AK Sugunan assembled at hoisted our National Flag.

It was a very proud yet sombre Bangalore Indiranagar. We had but the country was severely



a day when all Rotarians meet at RHOS breakfast, participate in the proud Indian Flag, and then visit various

stickler for tradition and this year it was President Dr. AVS Srikanth, Secretary Rtn. Shashank Kekre and Vice-President RHOS, maintained social distancing, and

moment for the members of Rotary completed 73 years of our Independence, challenged by the pandemic.



Flag-hoisting at Karunashraya



## The Illusion of Sound

An evening with ventriloquist Indushree and her puppet Shakuntala...

RBI fellowship committee has always brought out new activities for all the members to enjoy the evenings filled with fun.

15th of August 2020 was one such monthly fellowship evening where an idea to do something different this year lead us to bring a Ventriloquist as the performing artist.

Indushree Raveendra is a well-known artist in this field. The first woman ventriloquist of India, holding a number of records to her credit, she addressed our Club members, over 65 of whom attended the meeting. A script, tailor made for Rotary Bangalore Indiranagar club, INDUSHREE with her puppet

Shakuntala, held the audience together with laughter and jokes. Shakuntala spoke about many members of the club, our service to the community and answered all the questions coming from the audience in the wittiest possible way.

A surprise element to the program was, that even with all of us sitting so close to our system screens; we still couldn't make out how Indushree could talk with her lips completely closed!!!



## All Women Online Meet of RBI

The Post Covid Era has left little choice for people but to adapt to the new ways of life and we the Women of Rotary Bangalore Indiranagar did just that. We organized for the first ever virtual workshop exclusively for the women of our Club. This was a movement-based workshop with the theme "Awaken your Mind – Body – Movement Connections to creatively find and experience your inner voice" held on the 25<sup>th</sup> of August 2020 between 5.00 & 6.00 pm. The meeting was started by First Lady Mrs. Sowmya Srikant. Anne Pavithra Reddy then set the context as to why this event was planned. Anne Chaitra Gupta introduced the artist for the session; Aparna Nagesh, a movement specialist with many accolades to her credit. This was the first time that our club organized an interactive workshop based on movement and we had an overwhelming response of 45 participants attending it.

### The Event Flow

1. A short introduction to movement as a way of life – the participants were guided to understand the movements of various body parts.
2. Body Awareness – all parts leading to the body bases.
3. Fun activity to invent one's own unique 'move' inspired from day-to-day activities.
4. Sharing from participants on their findings and the insights they had.
5. A round of Q & A where Aparna suggested a list of things to do on a daily basis to maintain the connection with the body and mind.



The session concluded with a vote of thanks from Anne Prasanna Chandri. All the Anns and Lady Rotarians experienced a safe space for sharing and had a lot of fun while doing this.

## Woman Power Creates History

Jennifer Jones is the president and CEO of Media Street Productions Inc., an award-winning television production company in Windsor. Jones has served Rotary in many roles, including as RI vice president in 2016-17. She is co-chair of the End Polio Now: Make History Today campaign to raise \$150 million. She has been a leader in cultivating experiential fundraising opportunities such as Rotary's Polio Golf Day with Jack Nicklaus in Jupiter, Florida, USA, which raised over \$5.25 million for polio eradication.



Jones has been recognized with many awards, including the Service Above Self Award and the Rotary Foundation Citation for Meritorious Service, the YMCA Peace Medallion, and the Queen's Diamond Jubilee Medal, and she was the first Canadian to receive Wayne State University's Peacemaker of the Year Award.

Jones and her husband, Nick Krayacich, are members of the Arch Klumph Society and the Paul Harris Society and charter members of the Bequest Society.



## Sheer Nostalgia

Get ready to go down the memory lane every month.

### SEVA - Youth Service Month 1990-91

**SEVA**

NO. 5

BULLETIN OF THE ROTARY CLUB OF BANGALORE INDIRANAGAR R.I. DIST. 319 INDIA

3rd, SEPTEMBER 1990

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ROTARY CLUB OF BANGALORE INDIRANAGAR MEETS AT HOTEL TAI RESIDENCY EVERY MONDAY 7:00 P.M.

HONOR ROTARY WITH FAITH AND ENTHUSIASM

**YOUTH ACTIVITIES — A FOCUS**

*Rotary International recognises that the youth of today will be the leaders of tomorrow, and therefore considers its involvement with youth as an investment in future.*

*Rotary youth activities have two goals : a) Giving young children everywhere a favourable start in life and b) Helping youth become happy and productive citizens by presenting them with opportunities and challenges, and encouraging high ethical values. The first goal is achieved primarily through community service like Polo plus and 3-H programmes etc. The second objective is to involve the committee on youth services, as it deals with young people beyond the age of childhood and involves them in developing high ethical standards and educational and vocational skills.*

*All Rotary clubs have autonomy to choose their own youth programmes, and this has given impetus to branch out in all directions. The basic principle of youth work has remained unchanged, and that is to help youth to be good and productive citizens by making them more decisive and carry out responsibilities.*

*Two important programmes of Rotary International for the youth of today are the Interact and Rotaract clubs. Interact was launched in 1962 as a service club for young people in the age group of 14 to 18 yrs. Rotaract was launched in 1968 for youth of 19 to 29 yrs. Both clubs work under the guidance of the sponsoring Rotary club. In addition, an important programme was launched in 1971, which was called the Rotary Youth Leadership Awards (RYLA). Its objective being to develop leadership qualities and skills among outstanding young men and women. The other programmes of Rotary International aimed at the youth are the Youth Exchange and Scholarship programmes.*

*Our club has made significant headway in Youth activities, and today we have two Rotaract and three Interact clubs.*

*September, each year, is celebrated as the "Youth activities month" all over the Rotary World. An impressive line up of programme's like Inter school Quiz and debate competitions, Inter college Ithirattinampanam dance competitions, Cycle Road races, Inter school hockey tournaments, inter school football, RYLA camps, mock U.N J Lek Sabha with Y.M.C.A., and "On Spot" painting competitions etc, are already and waiting for action.*

*All this and much more is only possible due to the whole hearted co-operation of our Rotaractors and Interactors who I'm sure will leave no stone unturned to make all our planned programmes a thumping success. My thanks to all members of Youth service group for their active co-operation and help. And finally an appeal to all you wonderful Rotarians! Do participate in all programme's of the youth activities and encourage the youngsters.*

*Remember Youth service need not be restricted to members of the Youth only, but could include all Rotarians. — "EVERY ROTARIAN AN EXAMPLE TO YOUTH".*

— By Rtn. Gurmeet Singh Randhawa.

Today's Youth are humanity's passport to the future. It is our job to make sure that passport is validated.

#### Pulse Polio Final Push



The Final Push by our Veterans...



The first ever RYLA camp organised by RBI in the year 1990-91. President Rtn. C.M. Narayanan and YSD Rtn. Gurmeet Randhawa.



President Rtn. Shirish Mathur inaugurating the Dr. G. S. Randhawa Hockey Tournament.  
Rotary Year 2001-02.

#### Installation Nite - Home Club



Rotary Year 2002-03. Installation of Rtn. P.M. Bhansali as the District Governor and Rtn. Zaryll Lobo as the Club President.



## The Pampered Palate

Adding flavours and spices to your taste buds...

### Chocolate Rum Truffles

By Annette Shredha Joseph



#### Truffle Ingredients

Two cups – Grated dark cooking chocolate  
30 gms – Butter  
 $\frac{1}{3}$  cup – Cream  
1 tablespoon – Dark rum (optional)  
 $\frac{1}{3} - \frac{1}{2}$  cup – Powdered dark chocolate cake

#### Choice of Toppings

Unsweetened Cocoa  
Drinking Chocolate  
Grated Dark Chocolate  
Chocolate Sprinkles

#### Preparation

Step 1 – Put the grated chocolate and butter into a saucepan and melt on a very low heat, stirring constantly until melted.



Step 2 – Remove from the hob, add the cream and mix well.

Step 3 – After the cream has mixed well, pour in the rum and mix.

Step 4 – Stir in the cake crumbs, till well mixed.

Step 5 – Transfer the chocolate cake mix into an air-tight container with lid and chill well for 1 to 3 hours.

Step 6 – Remove from the fridge, take one teaspoon of the mix into your palm, shape them into balls and roll them in any of the toppings mentioned above.

Step 7 – Chill and serve.

### Avocado Mint/Dip Dressing

#### Ingredients

$\frac{1}{2}$ Ripe Avocado	$\frac{1}{4}$ Cup Curd
$\frac{1}{4}$ Cup Water	$\frac{1}{2}$ tsp Salt
$\frac{1}{4}$ tsp Garlic	$\frac{1}{4}$ tsp Lime
$\frac{1}{4}$ cup Mint Leaves	1 tsp Chopped green chillies

#### Preparation

Put all the ingredients into a food processor and blend until smooth. Add more salt/lime if necessary. Use it thick, as a dip and if you need to use it as a dressing, add 2 tablespoons of water and blend once more.



This can be used as a spread on toast/bruschetta; as a salad dressing; or as a dip for crudites, chips or tacos.

## Birthdays



Rtn. Rejin J Chalappuram	1 <sup>st</sup> September
Rtn. Vikram Nadir	1 <sup>st</sup> September
Anne Sheela Nagaraj	4 <sup>th</sup> September
Rtn. Vinod Sawhney	5 <sup>th</sup> September
Anne Vilas Kalyan	6 <sup>th</sup> September
Anne Subhashini Chalam	15 <sup>th</sup> September
Anne Asha Ramesh Agarwal	16 <sup>th</sup> September
Rtn. Mahesh Parikh	17 <sup>th</sup> September
Rtn. Prabhakar Bothireddy	18 <sup>th</sup> September
Rtn. Sandeep Rakhra	24 <sup>th</sup> September
Rtn. Suresh Hari	27 <sup>th</sup> September

## Anniversaries



Dr. Sushila & Dr. Krishnan Menon	5 <sup>th</sup> September
Renuka & Thomas Abraham	7 <sup>th</sup> September
Parvathy & Bijith	12 <sup>th</sup> September

## Thank you for your Generosity

Rtn. Ashok Kumar Saraf	₹ 15,26,260
Rtn. Zaryll Lobo (MCKS Trust)	₹ 13,95,000
Rtn. Jagadeesh M	₹ 10,10,000
Titan Company	₹ 10,00,000
Ms. Alka Rao (Rtn. Savita Kaura)	₹ 1,51,000
Rtn. Peeyush Jain	₹ 1,25,000
Rtn. Karthik Uday	₹ 1,20,000
Rtn. Dr. Krishnan Menon	₹ 1,00,000
Rtn. Suresh Patel	₹ 1,00,000
Rtn. Lokesh Vemulkar	₹ 76,260
Anne Malathi Jagadeesh	₹ 60,000
Smt. K.M. Gowramma	₹ 60,000
Rtn. Vinod Sawhney	₹ 46,260
Rtn. Joseph Abraham	₹ 40,000
Rtn. Kavitha Parmesh	₹ 40,000
Rtn. Dr. Srikanth AVS	₹ 35,000
Rtn. Shashank Kekre	₹ 25,000
Rtn. Philip George	₹ 23,130
Rtn. Promila Mathur	₹ 20,000
Rtn. Mahesh Parikh	₹ 20,000
Rtn. Suresh Hari	₹ 15,000
Rtn. R.V. Subramaniam	₹ 13,130
Anne Chandra Subramaniam	₹ 13,130
Mr. Vijay Subramaniam	₹ 13,130
Rtn. Balakrishnan Narayanan	₹ 10,000
Rtn. Sindhu Anand	₹ 10,000

\* These are the actual receipts for the month of August 2020



Ms. Ankitha, an Alumni of our Vidya Daan project, informed us that her company had confirmed her job. And that she wanted to donate her first full salary to BGMS as a token of her gratitude. Indeed, a proud moment for Rotary Bangalore Indiranagar. Our heartiest congratulations to Ms. Ankitha and we wish her all the best for her future.



## Events for the month of September

- 5<sup>th</sup> September – Joint Meeting with JB Nagar, Brigades and Whitefield
- 14<sup>th</sup> September – Inter-collegiate Quiz
- 21<sup>st</sup> September – Speaker Meeting
- 27<sup>th</sup> September – Monthly Fellowship



SEVA published by Rtn. Kavita S Kekre, Bulletin Editor – Rotary Bangalore Indiranagar

We meet every Monday @ 7 pm Online or at the Rotary House of Service, 2143, 16E Main, HAL II Stage, Indiranagar, Bengaluru – 560008

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