

## RBI Board 2019-20

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PP Rtn. N. Krishnamurthy

PP Rtn. Dr. Nagesh Simha

### WEEKLY MEETING VENUE & TIME:

Rotary House of Service  
2143, 16E Main, HAL II Stage,  
Indiranagar, Bengaluru - 560008  
Time 19:00, Monday

rotary.indiranagar@gmail.com  
Ph: 080 25267014



## From the Editor's desk



### Dear friends,

Rotary Indiranagar has a diversity in projects that just a few clubs are able to match. Some of our ongoing projects have completed 25 years of service, while others are just about sprouting. A few from this amazing array of projects had significant activity since our previous SEVA issue.

One example of an enduring project whose ever-expanding scope combines well with immense goodwill is Karunashraya - our iconic Hospice for patients with advanced cancer. It just turned 25 years. While a report on the anniversary celebrations are carried in this issue, you can expect to read some stories of its early days in a later issue of SEVA.

Our new Interact club at Charan's PU College and the Rotaract Club at Government First Grade College saw new projects take hold. With Rotary Indiranagar's support we are sure that they will emerge stronger with time.

Another relatively new project of ours that is fast acquiring a permanent place in Bengalurean hearts is Raagalahari. The 2019 edition of this competition was held at Vasavi Education Trust School, Basavanagudi on 10<sup>th</sup> Nov 2019.

'Soch aur Kar' (Think and Do) the readers' idea column remains somnolent. We turn a new page by following the lead of our infant Interact Club at Charan's PU College projects for our next 'Soch aur Kar' focus area – Managing plastic responsibly. Read about the background and our request for ideas from you on Page 11 of this issue. Your ideas are very precious and will benefit our environment. Do email them to [seva.rcbi@gmail.com](mailto:seva.rcbi@gmail.com) with subject "MANAGE PLASTIC".

We would love to receive feedback at [seva.rcbi@gmail.com](mailto:seva.rcbi@gmail.com). Your comments on specific points in a SEVA issue, will improve our future issues and enhance our connect with you.

Thank you for being a part of our world, and hope you will remain connected with us.

### Vidyut Shenoy

Bulletin Editor - 2019-20



## Karunashraya turns silver

On October 26th 1994, Rotary Bangalore Indiranagar & Cancer Society of India's Karnataka Chapter came together to form Bangalore Hospice Trust. It's aim, provide palliative care to advanced cancer patients. In 25 years over 24000 patients have been beneficiaries of this care. That it has been humbling is to say the obvious. Patients and their family members have found it a calming experience.

PP Nagesh Simha & PP Gurmeet S Randhawa have been dedicated warriors in the endeavour from day one. Our grateful thanks to the two PPs for exemplifying leadership through action.

RBI's support to Karunashraya continues as earlier. To mark Bangalore Hospice Trust's silver jubilee, RBI performed *bhoomi puja* to commence expansion of Karunashraya with an OPD & a Training & Research Center. It will be built at a cost of Rs. 6 crores. All approvals have been obtained, and construction of this new block is expected to proceed at a brisk pace. PP Dr. Nagesh Simha & Kishore Rao, initiators of Karunashraya, shared a few of their thoughts with those present.

RBI is understandably very proud of this achievement. Enjoy these few memories from the simple yet landmark event.



Contributed by President Manoj Agarwal

## Bangalore Hospice Trust celebrates 25<sup>th</sup> anniversary in style

Bangalore Hospice Trust (a joint project of Indian Cancer Society Karnataka Chapter and Rotary Bangalore Indiranagar), well known for its incredible work in Palliative Care for Advanced Cancer patients at Karunashraya, completed 25 years of Service on 26<sup>th</sup> October 2019. It called for a super celebration, which it did in style on the evening of 3<sup>rd</sup> November 2019. The well planned and executed event, was held at Taj MG Road.

The program commenced with a welcome address by PP Gurmeet Singh Randhawa, a key player in the formation of BHT, where he welcomed attendees and walked them through the Karunashraya idea through a short speech.

To acknowledge their dedicated work at Karunashraya, three of its employees, Babita Varkey, Girish Krishnamurthy and Georjo Vaipana were honoured with Honorary Paul Harris Fellowships by RBI.

An exceptional Kathak Dance Drama - "Uttar - The Ramayana Revisited" by Ponnamma Devaiah, was one of the highlights of the evening.

The event also provided an opportunity to meet old friends such as Rtn. Lalit Sawhney, who provided the link between Rotary Bangalore Indiranagar and Indian Cancer Society, Karnataka for eventually setting up Bangalore Hospice Trust.

The dedication of PP Dr. Nagesh Simha & PP Gurmeet Randhawa at Karunashraya, and their eye for excellence in the entertainment programme, was clearly visible.

As always, here are some pictorial memories of the event.



## RBI's block buster Diwali Celebrations

Rotary Bangalore Indiranagar's "Diwali Social" was held on Saturday 19th September 2019 at our Rtn. V. Venkata Reddy's home at Embassy Pristine, Iblur Village, Bellandur.

RBI organized a bus to ferry Rotarians & Anns from RHOS to the venue and back. Many opted to be on the bus while the rest drove to the venue on their own.

It was an excellent evening with rain deciding to keep away. The festive atmosphere, scenic location and great weather kept all in good cheer. The evening commenced with everyone enjoying a drink while being treated to mouthwatering chaats & starters and an entertaining game of Tambola. Then it was time to build an appetite through the energetic Dandia and dancing that followed. An enthusiastic DJ egging on the crowd to an inviting dance floor, ensured just that, and everyone did justice to the delicious dinner spread.

As guests reluctantly departed for their homes, a surprise gift awaited them. An attractive box of excellent chocolates, was thoughtfully presented to all by the gracious Rtn. Venkata Reddy.

Our sincere thanks to Rtn. Reddy and his family for their warm and wonderful hospitality. They opened their home to us, providing us a fairy tale venue for the Diwali social.

President Manoj Agarwal, First Lady Manju Agarwal, PP Harish Anand, Rotarians Narssimhan Kannan, Manju Verma and Ann Varsha Koppikar helped in the planning and arrangements.

A few glimpses of the event that remain etched in everyone's memory are shared below.



Contributed by Vice President Rtn. Fazal-Ur-Rahaman

## RBI leads Karnataka Sambhrama Rotary Sangama for Karnataka Rajyotsava

Karnataka Rajyotsava Celebrations - Karnataka Sambhrama Rotary Sangama was held on Monday 4th November at Chowdiah Memorial Hall. Rotary Bangalore Indiranagar was the lead club for this District 3190 event. It was led by event chair our PP Rtn. Ambika Narayan. Her meticulous planning & months of hard work paid rich dividends.

The excellent event was appreciated by all those present. The event's highlight was the Ekikarna song by children from our adopted school BGMS. The children were coached by Kannada film and theatre personality Prakash Belvadi's daughter. Another unforgettable item was a dance drama on Karnataka Vaibhava by Dr. Sanjay Shantaram & team, which was co-ordinated by our Anne Sowmya Srikanth.

Our ever dependable IPP M Jagadeesh took care of catering & food.

RBI Anns & lady members did a wonderful job in the reception area and handled the welcome desk.

These are a few glimpses of the event...



## RBI's Renovated Anganwadi flood continues unabated

Renovated anganwadis at Sulibele (Centre 2), Arasanahalli, Sulibele (Centre 6), Bettahalli & T. Agrahara villages in Hoskote Taluk were inaugurated and dedicated to children on Wednesday, 16th October 2019. These were the 73rd, 74th, 75th, 76th & 77th anganwadis renovated under Rotary Bangalore Indiranagar's "Anganwadi Restoration Project".

Renovation of these anganwadis was fully sponsored by M/s. Can Fin Homes Ltd. Our sincere gratitude to them for their support. Their Managing Director & CEO Mr. Girish Kousgi and their Assistant General Manager Mr. Prashanth Joishy attended the inauguration. Mr. Girish Kousgi cut the ceremonial ribbons at Sulibele (Centre 2), Arasanahalli, Sulibele (Centre 6) & Bettahalli to dedicate the renovated anganwadis to the children. He was very happy with the project and promised to continue supporting our Anganwadi Restoration Project during the next financial year.

Since Mr. Girish Kousgi & Mr. Prashanth Joishy had to return to Bangalore after the inauguration of the fourth anganwadi, Rtn. Geoff Cooper of the Rotary Club of Stafford Knot, RI District 1210, United Kingdom, was given the honour of cutting the ceremonial ribbon to dedicate the renovated anganwadi at T. Agrahara to the children. He too was very impressed with the project.

The anganwadi workers, anganwadi helpers, anganwadi parents and other residents of the villages were very happy with the improved facilities and better conditions provided for the children.

Rotary Bangalore Indiranagar was represented at the inauguration by Rotarians Col. (Retd.) R.V. Subramaniam, M. Jagadeesh, R. Kesavadas & Fazal Ur Rahaman.

The project was covered extensively by local vernacular newspapers on 17th October 2019.

We have now successfully completed the renovation of 77 anganwadis - 48 in Hoskote Taluk, 17 in Anekal Taluk, 5 in Bangalore South Taluk & 7 in Bangalore North Taluk.



Adapted using inputs from Secretary A K Sugunan and Vice President Fazal-Ur-Rahman

## Pediatric Chemotherapy project at Kidwai Memorial

Two Pediatric Chemotherapy Projects, Health for life - 3 (through a global grant by RB Southwest) and Health for Life - 4 (crowd funding platform, RBI's project with RB Southwest) were launched by DG Dr Sameer Hariani on 23 Oct 2019 at Kidwai Auditorium, Kidwai Memorial Institute of Oncology, Hosur Road, Bangalore. President Manoj Agarwal, first lady Manju Agarwal, and a number of RBI Rotarians including IPDG Suresh Hari, and Rtn. Anita Hari lent weight to RBI participation in this epochal event. A number of Pediatric Chemotherapy kits were handed over to patients during the function. Some select moments of the event are captured here for you.

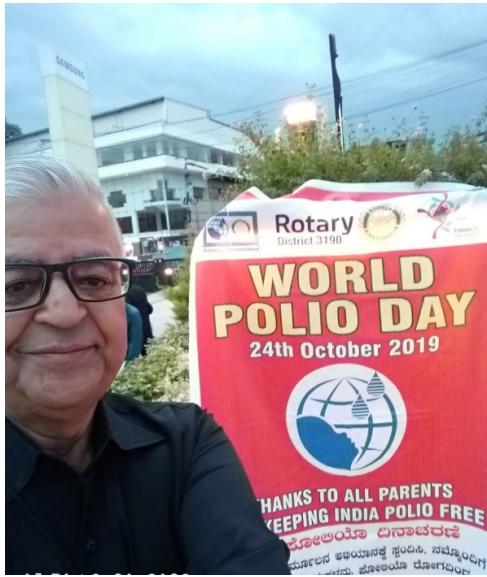


Our new Rtn. Assok Saraf handing over Chempot needles



Adapted using inputs from President Manoj Agarwal and Secretary A K Sugunan. Pictures courtesy Rtn. Rakesh Nayyar

## World Polio Day Color A Thon



RBI celebrated World Polio Day (24<sup>th</sup> October 2019) in two ways - both in accordance with RI District 3190's recommendations.

Quite a few RBI Rotarians participated in a walk for Polio Awareness at Samsung Opera House Brigade Road, thanking parents for keeping India Polio free.

Another group of Rotarians participated in a Color-a-thon at Rotary Bhavan BBMP School at Srirampuram, where students of Class I used crayons and color pencils to color up posters for learning how Pulse Polio works.

The objective of both was to enhance awareness about Pulse Polio and ensure that India remains Polio free. We are certain you will appreciate these pictures from these World Polio Day projects.



With inputs from President Manoj Agarwal

**INTERNATIONAL**

**SERVICE**



## **Rotary Club of Ramna, Dhaka achieves a landmark**

PDG Rajendra Rai posted this message on his Facebook page

Delighted to attend the meeting of Rotary Club of Ramna, a 42 year old Rotary Club in Dhaka, this evening. It is heartening to note that this club has just completed a 190,000 USD Global Grant project to establish an Eye Care Centre to provide quality eye care services to the poor in association with Rotary Club of Indiranagar in our district.

Congratulations to Rotary Club of Ramna and Rotary Bangalore Indiranagar.

Thank you President Manoj Agarwal for prompting me to attend the meeting.



PDG Rajendra Rai with luminaries at Rotary Club of Ramna

RBI is proud of Rotary Club of Ramna's singular achievement, as also the contribution of our own icon of Eye Care, Rtn. Dr. Sundaram Shetty.



## Charan's Interactors takes plastic fight to the streets

Interactors from the RBI affiliated Charan's Interact Club of Charan's PU College ventured out into the streets of Cambridge layout and S V Road to sensitize citizens on reducing use of plastics. In a first, the interactors took up an environmental issue to make an impact. Kudos to the team and its leaders. These are some on-the-spot images of their walk held on 31<sup>st</sup> October 2019.



## RBI's Community based Rotaract Club aces it at District 3190

Congratulations from Rotaract District Council 3190 [Inbox](#)

 DRR Rtr Shashi Kumar M 3:32 PM to Ritikakandhari, Abhi, me ↵ ...

Dear Rtr. Ritika Kandhari, Rtr. Abhilash P Lapasia,

I hereby take this opportunity to congratulate **Rotaract Club of Bangalore Indiranagar (Club ID: 8187)**, for being nominated as the **Star Club for Quarter 1** under **Community based clubs**.

Keep Roaring and touching many more lives, thereby enriching the Rotaract movement.

The Rotaract District Council 3190 will recognize the Q1 Star Club during the next President & Secretary Meet, we will share the details on the agenda in due course of time.

--  
Yours in Rotaract,



Be the change

PP. Rtr. Shashi Kumar M  
District Rotaract Representative | 2019-20  
Contact: (+91) 9972808883

RBI's Community based Rotaract Club was adjudged the **Star Club for Q1** among Community based Rotaract Club in District 3190.

An image of the formal mail by the Rotaract District Council, informing about the recognition is shared alongside.

Congratulations **President Rtr Ritika Kandhari** and **Rtr Abhilash Lapasia** for being **Dazzlers** while emphatically turning around RBI's Rotaractors in double quick time.



Rtr Ritika Kandhari



Rtr Abhilash Lapasia

**ROTARACT DISTRICT COUNCIL | RID 3190**

## Readers' Column – Soch Aur Kar (Think & Implement)

### Manage Plastics

We borrow an initiative of Charan's PU College, the newest addition to our Interact family. They chose to focus on the menace of rampant plastic use. On 31st October, these enthusiastic young Interactors walked the streets of Cambridge Layout, Indiranagar with catchy handmade posters imploring observers to do something drastic and reduce plastic.

Plastics are incredibly convenient to us in our daily life. Unfortunately, we appear to have overused our hand and the specter of plastics haunts the global environment today. The billions upon billions of items of plastic waste choking our oceans, lakes, and rivers and piling up on land is more than unsightly and is harmful to plants and wildlife.



The following 10 facts shed light on how plastic is proving dangerous to our planet, health, and wildlife.

<b>FACT #1</b>	About 8 million metric tons of plastic are thrown into the ocean annually. Of those, 236,000 tons are microplastics – tiny pieces of broken-down plastic smaller than your little fingernail
<b>FACT #2</b>	There are five massive patches of plastic in the oceans around the world. These huge concentrations of plastic debris cover large swathes of the ocean; the one between California and Hawaii is the size of the state of Texas
<b>FACT #3</b>	Every minute, one garbage truck of plastic is dumped into our oceans
<b>FACT #4</b>	The amount of plastic in the oceans is set to increase tenfold by 2020
<b>FACT #5</b>	By 2050 there will be more plastic in the oceans than there are fish (by weight)
<b>FACT #6</b>	Plastic is found in the ocean as far as 11km deep, meaning synthetic fibers have contaminated even the most remote places on Earth
<b>FACT #7</b>	Many marine organisms can't distinguish common plastic items from food. Animals who eat plastic often starve because they can't digest the plastic and it fills their stomachs, preventing them from eating real food
<b>FACT #8</b>	The likelihood of coral becoming diseased increases from 4% to 89% after coming in contact with marine plastic. It damages the skin of coral, allowing infection. Coral reefs are home to more than 25% of marine life.
<b>FACT #9</b>	There is more plastic than natural prey at the sea surface of the Great Pacific Garbage Patch, which means that organisms feeding at this area are likely to have plastic as a major component of their diets. For instance, sea turtles caught in fisheries operating within and around the patch can have up to 74% (by dry weight) of their diets composed of ocean plastics.
<b>FACT #10</b>	Many fish that humans consume, including brown trout, cisco, and perch, have at one time or another, ingested plastic microfibers.

To learn more about the threat and impact of plastic pollution and tips to reduce plastic consumption, download the [Plastic Pollution Primer and Toolkit](#) today!

Connect with us at [seva.rcbi@gmail.com](mailto:seva.rcbi@gmail.com) with the subject "MANAGE PLASTIC" to suggest green alternatives to replace plastics. Also, if you have suggestions on how you would responsibly dispose of existing plastic, please share that with us as well.



#### NOV-DEC BIRTHDAYS

##### November

Ann Indira Flavia Herbert	10
Rtn. Seema Satish	11
Rtn. Gurmeet Singh Randhawa	12
Rtn. V.T. Thomas	13
Rtn. Sanjay Dugar	20
Rtn. Dr. Srikanth AVS	21
Ann Luana Lobo	22
Ann Shamim Rahaman	22
Ann Manju Agarwal	23
Ann Jayashree Badri Prasad	24
Ann Chandra Subramaniam	24
Rtn. Chandrashekhar Vishwanath	25
Rtn. Ashok Maheshwari	26
Ann Kavita Pishay	27
Rtn. Ramesh Jhunjhunwala	29
Rtn. Ram Mohan Menon	29
Ann Asha Maheshwari	30
Ann Dr. Jayashree Simha	30
Ann Tasqueen Hajeebhoy	30

##### December

Ann Mahadevi Rajamane	02
Ann Meera Parikh	02
Rtn. Prakash Venkataraman	07



#### ANNIVERSARIES IN NOV-DEC

##### November

Jayashree & S.N. Simha	12
Pushpa and Ravindra Gaikwad	15
Rajini & C.M. Narayanan	16
Asha & Shyam Aggarwal	16
Rani & Amarnath Tandon	19
Tara & Ramesh Jhunjhunwala	20
Mona & Pradeep Lal	21
Anita & Suresh Hari S	21
Asha & Ashok Maheshwari	26
Sridhar & Kavita Pishay	27

##### December

Varsha & Sanjay Koppikar	01
Lata & Prabhat Amashi	04
Dr Supriya & Ajith Kumar Rai	04
Dr. Jayashree & Vijay Kumar Mane	05
Harish Kumar Anand & Sindhu	05

## EVENTS

#### KEY DATES IN NOVEMBER-DECEMBER

##### November

10 Raagalahari at VET School, Basavanagudi

##### December

**ROTARY BANGALORE  
INDIRANAGAR**  
PRESENTS

**Raagalahari**

INDIAN CLASSICAL MUSIC AND  
DANCE COMPETITION

DATE | 10/11/2019 | SUNDAY

TIME | 9 AM TO 6 PM

VENUE

VET SCHOOL (VASAVI EDUCATIONAL TRUST SCHOOL)  
#99 DIAGONAL ROAD VV PURAM BANGALORE 560004.  
(Opposite JAIN COLLEGE, VV Puram. Close to National College Metro Station on Green Line)

CATEGORIES Juniors & Seniors

CARNATIC VOCAL

LIGHT CLASSICAL (BHAJANS / DEVARNAMA)

FOLK

BHARATANATYAM SOLO

BHARATANATYAM GROUP