COVID-19 is an emerging, rapidly evolving situation.

- Get the <u>latest public health information from CDC</u>
- Get the <u>latest research information from NIH</u>



NIH National Institute of **Environmental Health Sciences**

Your Environment. Your Health.



Table of Contents

Allergens & Irritants

Introduction

Asthma is one of our nation's most common chronic health conditions.

asthma symptoms in individuals who are sensitive to these Allergen or irritants. This Web site is designed to help you survive the seasons by providing

Many substances can aggravate allergies or increase the severity of

seasonal and non-seasonal allergens and asthma irritants such as: **Dust Mites and Cockroaches** <u>Pet Allergens</u>

information on asthma, allergies and some of the most common

- <u>Pollen</u>
- **Smoking and Vaping**

recruiting

The following clinical trials are currently

Visit the Join an NIEHS Study

Looking for Clinical Studies?

Website ♂

Sample Collection Registry ☑

<u>E-Cigs and Smoking</u>

NHALES: Asthma Study

■ RSV Infection and Asthma ☑

In addition, we provide preventive strategies for each to help you avoid

exposure to these substances.

Please remember that information contained on this Web site is provided for educational and informational purposes only and should

provider. For information on other pulmonary research performed at NIEHS, visit the <u>Division of Intramural Research Immunity</u>, <u>Inflammation</u>, <u>and Disease</u> <u>Laboratory</u> and the <u>Division of Extramural Research and Training</u> Translational Research sites.

not be used to guide the diagnosis or treatment of any medical condition

without the advice and supervision of a licensed, qualified health care

• Guidelines for the Diagnosis and Management of Food Allergy in the United States 🗷 What is NIEHS Doing?

Further Reading

NIEHS Research Efforts

General Information

Newsletter)

and preventing lung disease.

Stories from the *Environmental Factor* (NIEHS

Cross-Divisional Inflammation Faculty

(September 2020) Allergens Widespread in Largest Study of U.S. Homes & (January

2018)

2015)

Additional Resources

American Lung Association 2 - The American Lung Association is the

leading organization working to save lives by improving lung health

Test Kits Can Motivate Parents to Reduce Allergens ♂ (November

Diverse Bacteria in House Dust Linked to Fewer Allergies in Adults &

Environmental Wellness Toolkit 2 - What surrounds you each day in your home, work, or neighborhood and the resources available to you can affect your health. You can't always choose what's in the environments you live, work, or play in. But taking small steps to make your environments safer and limiting your exposure to

potentially harmful substances can help keep you healthier.

• Food Allergy & - NIAID is the lead institute at the National Institutes

affects approximately 5 percent of children and 4 percent of adults

in the United States. Read on to learn more about food allergy and

of Health conducting research on food allergy, a condition that

the steps NIAID is taking to address this growing problem.

research to understand, treat, and prevent infectious, immunologic, and allergic diseases National Library of Medicine MedlinePlus: Allergy - A compilation of links to various resources that help with allergy treatment, diagnosis, and prevention. Talking to Your Doctor - Resources from NIH - You can play an

active role in your health care by talking to your doctor. Clear and

honest communication between you and your physician can help

Content courtesy of the US Centers for Disease Control and Prevention

Last Reviewed: September 03, 2020

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you both make smart choices about your health.

National Institute of Allergy and Infectious Diseases 2 - Leading

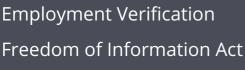
- Content provided and maintained by the <u>US Centers for Disease</u> Control and Prevention ☑ (CDC). Please see our system usage guidelines and disclaimer ♂.
- **Lung Diseases** Ozone

Related Health Topics

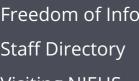
Asthma

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