

Personal Medical Record

U.S. Office of the National Coordinator
for Health Information Technology



PREPARED FOR Ellen Ross				BIRTHDAY 12/17/1960 (54)	GENDER Female
ETHNICITY Asian	LANGUAGE SPOKEN English	RELIGIOUS AFFILIATION Christian	MARITAL STATUS Married	PHONE (000) 555-1229	
ADDRESS 14 Daws Road, Portland, OR 97006				EMAIL e.ross@email.com	
GUARDIAN Martha Shan		ROLE Sister		PRIMARY MEDICAL PROVIDER Ashby Medical Center	
ADDRESS 1257 Amber Drive, Beaverton, OR 97006				ADDRESS 1002 Healthcare Dr, Portland, OR 97266	
PHONE (000) 555-6909				PHONE (000) 555-1200	

GENERAL HEALTH

Measured June 23, 2014

HEIGHT 5' 4.3" (64.3" / 163.3 cm)	WEIGHT 153.2 lbs. (69.49 kg)	RESTING HEART RATE 76 bpm	HEALTHY RANGE 60 to 100 bpm
BODY MASS INDEX (BMI) Normal/26.3	HEALTHY RANGE 18.5 to 27.3	BLOOD PRESSURE 118/78 mmHg	HEALTHY RANGE Less than 120/80 mmHg
YOUR BMI UNDERWEIGHT IDEAL OVERWEIGHT OBESE		YOUR BP VERY LOW BORDERLINE VERY HIGH	

ALLERGIES

ALLERGY NAME Bee Stings	SEVERITY Severe	REACTION Anaphylactic Shock
ALLERGY NAME Penicillin	SEVERITY Moderate to Severe	REACTION Hives
ALLERGY NAME Codeine	SEVERITY Moderate	REACTION Shortness of Breath

MEDICATIONS

DATE March 28, 2014	MEDICATION NAME Terbutaline (BRAND NAME: BRICANYL)	TYPE Inhaler ("TURBOHALER")
REFILLS Yes	PRESCRIBER Ashby Medical Center	DOSE QUANTITY (VALUE/UNIT) 2 / puffs
INFORMATION/INSTRUCTIONS 2 puffs, twice daily		RATE QUANTITY (VALUE/UNIT) 2x / day
DATE December 10, 2011	MEDICATION NAME Indomethacin (BRAND NAME: INDOCIN)	TYPE Capsule (GREEN/WHITE "720")
REFILLS No	PRESCRIBER Ashby Medical Center	DOSE QUANTITY (VALUE/UNIT) 50 / milligrams
INFORMATION/INSTRUCTIONS 50mg 2x daily with food, as needed for pain		RATE QUANTITY (VALUE/UNIT) 2x / day

IMMUNIZATIONS

DATE May 10, 2013	IMMUNIZATION NAME Influenza virus vaccine, IM	TYPE Intramuscular injection
PROVIDER Walgreens #10001, Portland, OR	PHONE (000) 555-1200	DOSE QUANTITY (VALUE/UNIT) 50 / micrograms
INFORMATION/INSTRUCTIONS Possible flu-like symptoms for three days following injection.		BOOSTER Annually (May 2014)

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