

1. Maintaining healthy habits Software

1.1 Profile management

1.1.1 Register: allows user to create an account

1.1.2 Log In/Out: allows user to log in and out of their account

1.1.3 Edit Profile: allows user to make changes to their profile

1.2 Habits

1.2.1 Create a new habit

1.2.2 Load habits that are saved

1.2.3 Save the progress of habits

1.2.4 Concede a habit

1.2.5 View the current progress of habits

1.2.6 Pause the current habit

1.3 Socials

1.3.1 Invite friends

1.3.2 View the game status

1.3.3 Approve or deny a user