



**VIT<sup>®</sup>**

**Vellore Institute of Technology**  
(Deemed to be University under section 3 of the UGC Act, 1956)

Reg. No. :

**Final Assessment Test(FAT) - Nov/Dec 2024**

Programme	<b>M.Tech. (Integrated)</b>	Semester	<b>Fall Semester 2024-25</b>
Course Code	<b>IHUM203L</b>	Faculty Name	<b>Prof. Maya Rathnasabapathy</b>
Course Title	<b>Introduction to Psychology</b>	Slot	<b>A1+TA1</b>
		Class Nbr	<b>CH2024250102708</b>
Time	<b>3 hours</b>	Max. Marks	<b>100</b>

**General Instructions**

- Write only Register Number in the Question Paper where space is provided (right-side at the top) & do not write any other details.

**Course Outcomes**

- CO1.Describe the basic concepts of Psychology.  
 CO2.Understand the knowledge of the processes of sensation and perception.  
 CO3.Acquire an in-depth knowledge of learning, memory, forgetting and decision making.  
 CO4.Analyze the importance of motivation and emotions.  
 CO5.Apply the theoretical foundations to describe human personality and intelligence.  
 CO6.Develop and implement the resilience strategies to promote mental health.

**Section - I**  
**Answer any 5 Questions (5 × 8 Marks)**

\*M - Marks

Q.No	Question	*M	CO	BL
01.	Memory is the faculty by which the brain encodes, stores, and retrieves information. It is a record of experience that guides future action. Explain the process of memory and its types.	8	1	1
02.	Discuss the importance of emotions in life and the physiological changes that take place while one experiences it.	8	2	1
03.	Explain with suitable examples Maslow's Hierarchy theory of needs.	8	2	4
04.	Successful people are those who accept, and adapt to constant change. This adaptability requires a degree of flexibility and humility most people can't manage." – Paul Lutus. Elaborate.	8	4	2
05.	"The Law of Win/Win says, 'Let's not do it your way or my way; let's do it the best way'." – Greg Anderson. Elucidate with suitable examples.	8	5	5
06.	People of all genders, ages, and ethnicities can be at risk for suicide. Mention the main risk factors.	8	6	4

**Section - II**  
**Answer any 3 Questions (3 × 20 Marks)**

\*M - Marks

Q.No	Question	*M	CO	BL
07.	Define Personality. Explain the different factors that determine one's personality.	20	4	2

08.	Elucidate the nature of intelligence and write down any three theories of intelligence.	20	3	1
09.	Stress is an inevitable aspect in one's life. Explain the causes and strategies to overcome it.	20	2	5
10.	Write down the four D's when defining abnormalities. Explain any five psychological disorders.	20	3	1

**BL-Bloom's Taxonomy Levels - (1.Remembering, 2.Understanding, 3.Applying, 4.Analysing, 5.Evaluating, 6.Creating)**

