



# VIT<sup>®</sup>

Vellore Institute of Technology  
(Deemed to be University under section 3 of the UGC Act, 1956)

Reg. No. :

## Final Assessment Test(FAT) - Nov/Dec 2024

Programme	M.Tech. (Integrated)	Semester	Fall Semester 2024-25
Course Code	IHUM203L	Faculty Name	Prof. Maya Rathnasabapathy
Course Title	Introduction to Psychology	Slot	A1+TA1
		Class Nbr	CH2024250102708
Time	3 hours	Max. Marks	100

### General Instructions

- Write only Register Number in the Question Paper where space is provided (right-side at the top) & do not write any other details.

### Course Outcomes

- CO1.Describe the basic concepts of Psychology.
- CO2.Understand the knowledge of the processes of sensation and perception.
- CO3.Acquire an in-depth knowledge of learning, memory, forgetting and decision making.
- CO4.Analyze the importance of motivation and emotions.
- CO5.Apply the theoretical foundations to describe human personality and intelligence.
- CO6.Develop and implement the resilience strategies to promote mental health.

### Section - I

Answer any 5 Questions (5 × 8 Marks)

\*M - Marks

Q.No	Question	*M	CO	BL
01.	Memory is the faculty by which the brain encodes, stores, and retrieves information. It is a record of experience that guides future action. Explain the process of memory and its types.	8	1	1
02.	Discuss the importance of emotions in life and the physiological changes that take place while one experiences it.	8	2	1
03.	Explain with suitable examples Maslow's Hierarchy theory of needs.	8	2	4
04.	Successful people are those who accept, and adapt to constant change. This adaptability requires a degree of flexibility and humility most people can't manage." – Paul Lutus. Elaborate.	8	4	2
05.	"The Law of Win/Win says, 'Let's not do it your way or my way; let's do it the best way'." – Greg Anderson. Elucidate with suitable examples.	8	5	5
06.	People of all genders, ages, and ethnicities can be at risk for suicide. Mention the main risk factors.	8	6	4

### Section - II

Answer any 3 Questions (3 × 20 Marks)

\*M - Marks

Q.No	Question	*M	CO	BL
07.	Define Personality. Explain the different factors that determine one's personality.	20	4	2

08.	Elucidate the nature of intelligence and write down any three theories of intelligence.	20	3	1
09.	Stress is an inevitable aspect in one's life. Explain the causes and strategies to overcome it.	20	2	5
10.	Write down the four D's when defining abnormalities. Explain any five psychological disorders.	20	3	1

**BL-Bloom's Taxonomy Levels - (1.Remembering, 2.Understanding, 3.Applying, 4.Analysing, 5.Evaluating, 6.Creating)**

