

MANUKOUKA / Aotearoa

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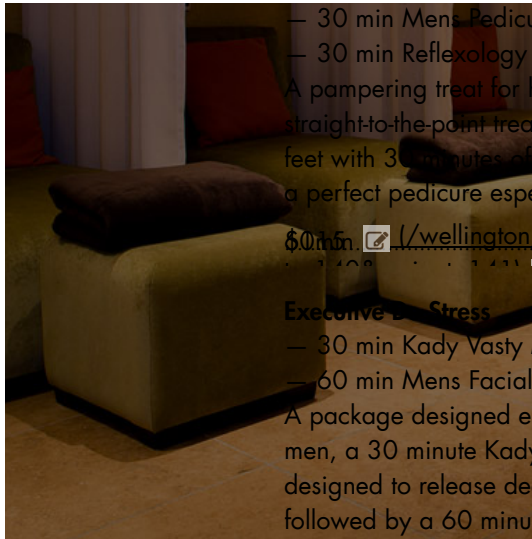
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**Packages  
For Him**

Executive Foot Therapy

**Ultimate East Experiences: For  
One**

The last word in day spa indulgence. Select any combination of treatments from the menu below.



- 30 min Mens Pedicure
- 30 min Reflexology

A pampering treat for hardworking feet, this straight-to-the-point treatment combo eases tired feet with 30 minutes of reflexology followed by a perfect pedicure especially designed for men.

~~\$045~~ [\(/wellington/book-an-appointment/?...](#)

#### Executive Stress

- 30 min Kady Vasty Massage
- 60 min Mens Facial

A package designed especially for hardworking men, a 30 minute Kady Vasty massage, designed to release deep muscular tension is followed by a 60 minute, bespoke Men's facial, to leave skin healthy, hydrated and clear.

~~\$075~~ [\(/wellington/book-an-appointment/?...](#)

#### Samurai

- 15 min East Foot Ritual
- 60 min Signature Massage
- 15 min Moroccan Oil Scalp Massage or 15 min Thai Foot Massage

In need of some head-to-toe revitalisation? Tailor your treatments to the individual needs with our 90 minute Samurai package. Begin with a de-stressing 60 minute Signature Massage and 15 minute East Foot Ritual before your choice of either a Moroccan Oil Scalp massage or Thai Foot massage to finish.

~~\$045~~ [\(/wellington/book-an-appointment/?...](#)

## Ultimate East Experiences: For Two

**The last word in day spa indulgence. Select any combination of treatments from the menu below. All packages include complimentary herbal refreshments. Lunch is also available on request.**

#### Prana (for two)

Includes 2 x 15 min East Foot Rituals, 60 min Staying in Touch Massage, 2 x 60 min Elemis Facials.

Take yourself a million miles away from the hustle and bustle of the city with the ultimate in total relaxation and luxurious wellbeing. You and your partner will enjoy a 15 minute East Foot Ritual, followed by our signature Staying-in-Touch massage and a nourishing Elemis facial.

~~\$180.50~~ [\(/wellington/book-an-appointment/?...](#)

#### Mumtaz (for two)

Includes 60 min Staying in Touch Massage, 2 x 60 min Elemis Facial, 30 min steam room.

For the ultimate in pure indulgence, our Mumtaz package is the last word in relaxing rituals. You and a partner will enjoy a pressure-releasing, circulation-boosting massage, followed by an

**All packages include complimentary herbal refreshments. Lunch is also available on request.**

#### Mum's the Word

Includes a 15 minute East Foot Ritual, 60 minute Signature Massage and 15 minute Moroccan Oil scalp massage or Reflexology.

Indulge a deserving mum with this luxe spa package designed to gently restore balance to the body. Beginning with a soothing 15 minute East Foot Ritual, the journey of relaxation continues with a tension-melting 60-minute signature massage before finishing with her choice of a 15-minute Reflexology or Moroccan Oil scalp massage.

~~\$045~~ [\(/wellington/book-an-appointment/?...](#)

#### Zen

Includes a 60 minute Signature Massage and 30 minute Express Manicure or Pedicure.

Treat yourself to the perfect pairing of a 60-minute signature massage followed by your choice of an Express Manicure or Pedicure. This 90 minute blissful experience is designed to indulge, relax and refresh from top to toe.

~~\$055~~ [\(/wellington/book-an-appointment/?...](#)

#### Ashaya (pre or post natal)

Includes a 60 minute Mama Massage and 30 minute Aromatherapy Associates Rose Hydrating Foot Treatment.

The ultimate experience for pre or post natal pampering. Especially designed for new mums or mums-to-be, the Ashaya package begins with a full body 'Mama Massage' which alleviates common leg, hip and lower back pressures of pregnancy. To finish, feet are treated with a combination of rose, geranium and lavender and left intensely nourished and smooth.

~~\$080~~ [\(/wellington/book-an-appointment/?...](#)

#### Monsoon

Includes a 15 minute East Foot Ritual, 45 minute East Signature Body Scrub and 60 minute Signature Massage.

The Monsoon package offers an indulgent two hours of pampering that focuses on relaxing, stimulating and refreshing the body and skin. Beginning with a luxurious East Foot Ritual, the body is then treated to a 45-minute coconut and raw sugar body scrub in steam room before settling into 60 minutes of a blissful signature massage.

~~\$180~~ [\(/wellington/book-an-appointment/?...](#)

#### Yatra

Includes a 15 minute East Foot Ritual, 60

circulation-boosting massage, followed by an Elemis facial and warm, skin-restoring Cleopatra milk bath.

~~\$149.50 min~~  </wellington/book-an-appointment/?...>

Signature Massage and 60 minute facial.

Our Yatra package leaves no part of the body overlooked. Beginning with a 15 minute East Foot Ritual, the journey moves on to a 60 minute personalised signature massage before turning focus to the face, as our expert facialists work their magic with a 60 minute facial designed to revive and refresh the complexion.

~~\$235.50 min~~  </wellington/book-an-appointment/?...>

### Ayurveda

Includes a 60 minute Signature Massage, 60 minute facial, 30 minute Express Manicure and 30 Minute Express Pedicure.


Step away from all the worries of the world with this three-hour luxe Ayurveda package. Revive and stimulate the entire body and mind starting with a relaxing personalised massage, before restoring the complexion with our expertly tailored facial experience. Finish off with an Express Manicure and Pedicure to leave your hands and feet feeling brand-new.

~~\$330~~  </wellington/book-an-appointment/?...>

### Memsahib

Includes 45 minute East Signature Body Scrub, 60 minute Signature Massage, 60 minute Facial followed by a 30 minute Spa Lunch, 60 minute Warm Milk & Sandalwood Manicure and 60 minute Warm Milk & Sandalwood Pedicure.

The ultimate spa experience, our Memsahib package takes luxury body pampering to new heights. Settle in and find yourself at home in the tranquil spa surrounds as your body and mind is indulged with this full-day ritual. Beginning with a coconut and raw sugar body scrub, the personalised journey moves through an hour of signature massage and facial, followed by a complimentary spa lunch. Return to the ultimate hands-and-feet pairing, finishing the day with a Warm Milk and Sandalwood Manicure and Pedicure.

~~\$490.50 min~~  </wellington/book-an-appointment/?...>

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[This hero treatment releases tension held in every  
part of the body](#)

[\(/wellington/treatment-menu/?tc=massage\)](/wellington/treatment-menu/?tc=massage)

## For Two

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[Experience your choice of our signature  
massages side by side](#)

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