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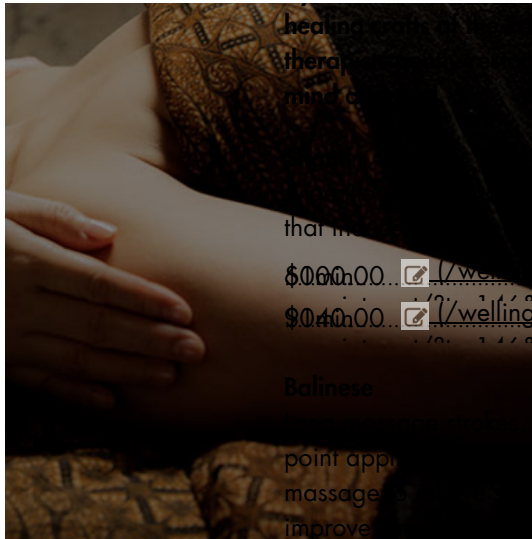
Massage Signature

Our massages are based on ancient Indian
Ayurvedic and Chinese rituals, as well as other

Specialised

Aromatherapy Associates The Ultimate
Aromatherapy Experience

This hero treatment releases tension held in



healing touch. Relax as our trained therapist restores the balance of body, mind and spirit.

Swedish massage uses slow, long flowing strokes that increase blood flow and state of relaxation.

~~\$100.00~~ </wellington/book-an-appointment/147>

~~\$140.00~~ </wellington/book-an-appointment/148>

Balinese

Deep tissue skin rolling and pressure point application used in this relaxing massage to release stress, ease tension and improve circulation.

~~\$100.00~~ </wellington/book-an-appointment/149>

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Veda

A full body deep tissue massage, providing stress relief for tired aching muscles.

~~\$100.00~~ </wellington/book-an-appointment/151>

~~\$140.00~~ </wellington/book-an-appointment/152>

Kady Vasty

A traditional Indian neck, shoulder and back massage for highly stressed professionals and hard-working mums.

~~\$65.00~~ </wellington/book-an-appointment/153>

~~\$85.00~~ </wellington/book-an-appointment/154>

~~\$100.00~~ </wellington/book-an-appointment/155>

Staying in Touch (for two)

Experience your choice of our signature massages side by side. Share this indulgent experience with your partner, friend or family member.

~~\$210.00~~ </wellington/book-an-appointment/156>

~~\$280.00~~ </wellington/book-an-appointment/157>

This new treatment releases tension held in every part of the body, leaving you feeling deeply relaxed and recharged. Carefully applied pressures stimulate the nervous system, Swedish and neuromuscular techniques relieve muscular tension, and lymphatic drainage helps encourage a healthy circulation.

With expert advice from your therapist, you will choose a signature oil blend best adapted to your emotional and physical needs. We have 12 award-winning essential oil blends, each formulated with natural plant and flower oils, with powerful therapeutic benefits for body and mind. This intense massage ritual will dissolve your strains and stresses away.

Tailor-made to your individual needs.

~~\$100.00~~ </wellington/book-an-appointment/158>

~~\$175.00~~ </wellington/book-an-appointment/159>

Aromatherapy Associates Ultimate Rose Pregnancy Massage

Feel nurtured and supported in a time of constant change. Choose from a selection of three oils, each safely formulated to be used during pregnancy and each with specific properties to nourish and care for your expanding skin so that you can reduce the risk of stretch marks.

This massage will relieve stress and tension, will ease the heavy feeling that can come with pregnancy, and help ease an aching back. Finally, a relaxing and rejuvenating full scalp and facial massage will complement this top to toe treatment. Give yourself a moment to appreciate the joy of pregnancy and leave the stresses of life behind you.

Tailor-made to your individual need and suitable from the second trimester.

~~\$100.00~~ </wellington/book-an-appointment/?id=160>

Balinese Bacial

Exotic warming spice mask, deep cleansing, relieves tension. Includes 30min back massage.

~~\$95.00~~ </wellington/book-an-appointment/?id=161>

Mama

Offered pre or post natal, this full body massage alleviates the common leg, hip and lower back pressures of pregnancy. Improves circulation and body awareness. Only suitable for women after their first trimester.

~~\$100.00~~ </wellington/book-an-appointment/162>

~~\$85.00~~ </wellington/book-an-appointment/163>

~~\$115.00~~ </wellington/book-an-appointment/164>

Thai

Originating from Buddhist monks, this holistic

modern Thai massage combines yoga stretches, rhythmic massage, acupressure and gentle twisting to relieve muscles, ease joint tension and increase flexibility.

~~\$100.00~~ </wellington/book-an-appointment/?id=1328&id2=1328>

Mantra

Two therapists perform this four-handed massage with synchronised rhythmic movements while applying warm herbal oils to the body. This invigorating treatment assists the flow of energy throughout the entire body.

~~\$115.00~~ </wellington/book-an-appointment/?id=1328&id2=1328>

Stone

Be lulled into a deep state of relaxation as warm rocks glide across your body in long flowing strokes for a soothing muscle-melt. Inspired by ancient healing traditions, with acupressure and hot stone techniques to relieve and revitalise the body.

~~\$150.00~~ </wellington/book-an-appointment/?id=1328&id2=1328>

Reflexology

A natural healing art that stimulates the reflex points on your feet in order, to rebalance and heal the body.

~~\$65.00~~ </wellington/book-an-appointment/?id=1328&id2=1328>

Jet Lag

This pre or post flight massage treatment stimulates circulation, reduces swelling, and eases muscle tension. A combination of body massage, foot massage and eye therapy, the Jet Lag is a must when doing any air travel.

~~\$150.00~~ </wellington/book-an-appointment/?id=1328&id2=1328>

Aromatherapy Associates Heavy Leg Reviver

Specialised massage techniques ease swollen legs and ankles, leaving you feeling refreshed and energised.

~~\$80.00~~ </wellington/book-an-appointment/?id=1328&id2=1328>

Experience

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This hero treatment releases tension held in every
part of the body

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For Two

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Experience your choice of our signature
massages side by side

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Auckland +64 9 363 7050

auckland@eastdayspa.com

[\(mailto:auckland@eastdayspa.com\)](mailto:auckland@eastdayspa.com)

Wellington +64 4 473 3611

wellington@eastdayspa.com

[\(mailto:wellington@eastdayspa.com\)](mailto:wellington@eastdayspa.com)

Bali + 62 361 8499636

bali@eastdayspa.com

[\(mailto:bali@eastdayspa.com\)](mailto:bali@eastdayspa.com)

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