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Our Wellington spa opened in 2002 and with a loyal clientele returning time and time again for the unique East experience, it has maintained its reputation as Wellington's premiere day spa. The spa's seven treatment rooms are an inviting oasis away from the hustle and bustle of nearby Lambton Quay.



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Location

Our seven treatment rooms are an inviting oasis away from the hustle and bustle of nearby Lambton Quay. Situated on the second floor of the Tramways building, our Thorndon Quay entrance is easy to find, providing convenient street level access.

9:00am – 8:00pm Monday to Saturday.
10:00am – 7:00pm Sundays.

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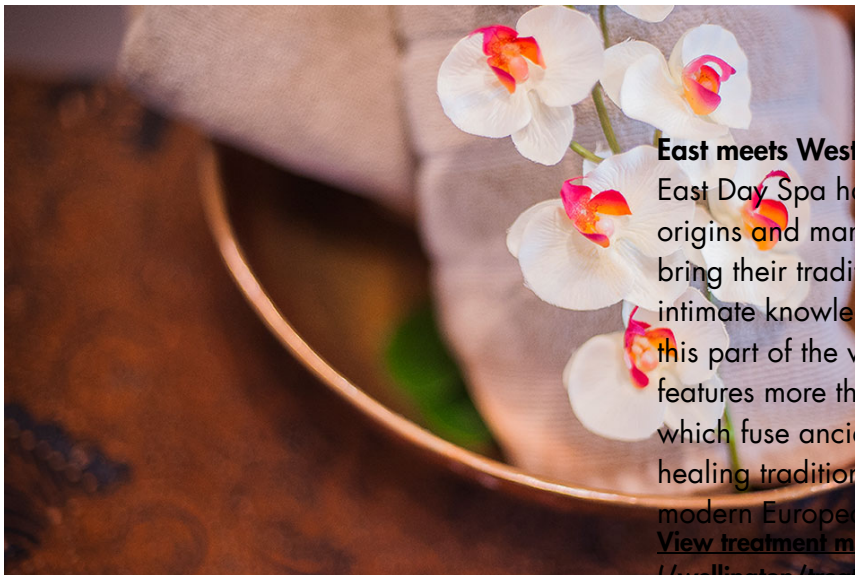


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We offer a wide range of treatments

Treatments include Balinese massage, Elemis Facials, Hot Stone Treatments, Waxing, Threading, Wraps, Reflexology.

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East meets West

East Day Spa has South East Asian origins and many of our therapists bring their traditional expertise and intimate knowledge of spa rituals from this part of the world. Our spa menu features more than 70 treatments which fuse ancient Asian holistic healing traditions with the very best in modern European beauty therapies.

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