

The magic of Backpropagation and Gradient descent

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Git hub : <https://github.com/sharonsibi/Backpropagation-ML-assignment.git>

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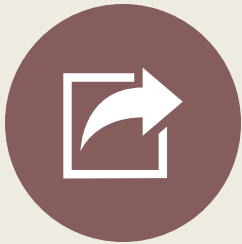
What is in here!

1. Basics of Backpropagation
2. How Backpropagation works
3. Understanding Backpropagation with Analogies
4. Gradient Descent
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6. Variants of Gradient Descent
7. Where is backpropagation used

Backpropagation Basics

- The optimal neural network model has **minimized error function** and **maximized accuracy**. But how do we achieve this?
- Here comes **Backpropagation**—a feedback mechanism that helps refine the model to get optimized results.
- Backpropagation short for **Backward Propagation of Error** is a technique to calculate how changes to any of the weights of a neural network will affect the accuracy of model predictions.

2. How Backpropagation works?



Forward Pass – Predictions are made



Error Calculation – Compare prediction vs. actual output.



Backward Pass – Error propagates backward using **chain rule**.



Weight Update – Weights adjust using **Gradient Descent**.

3. Backpropagation through Analogies

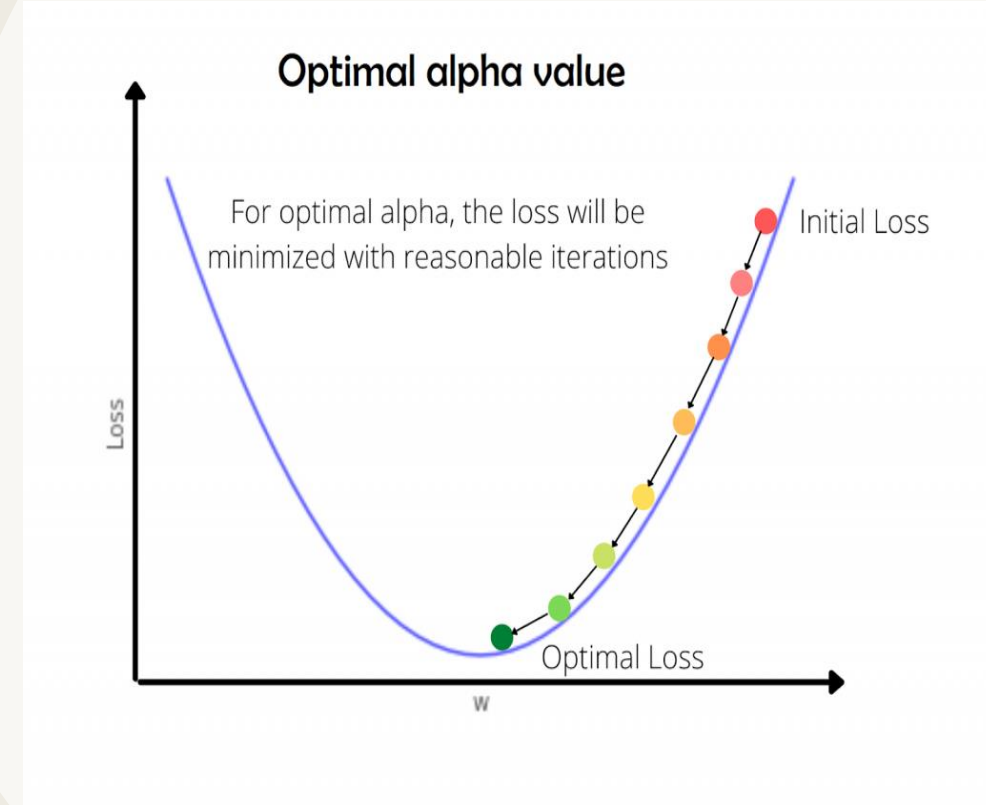
Let's assume Machine Learning models as a bowl of pasta :

- **Gradient Descent** is the **chef** – It keeps tasting and adjusting the recipe (weights) to make the dish perfect.
- **Backpropagation** is the **recipe book** – It tells the chef what went wrong with the last dish and how to improve the next one.
- **Neural Networks** are the **pasta** – They become more flavorful (accurate) as the chef (Gradient Descent) follows the right recipe (Backpropagation) to adjust the ingredients (weights).



4. Gradient Descent

- Gradient Descent's **goal** is to minimize the error function through **iterative weight adjustments**, and repeating the process until the optimal point is reached. Essentially, it is a key optimization method used in backpropagation to achieve better results.
- $W(\text{new}) = W(\text{old}) - \text{step size} * \text{gradient}$
- If the step size is too large, it may overshoot the optimal point, while a **smaller** step size increases the number of iterations.



5. Types of Gradient Descent:

- **Batch Gradient Descent** – Uses the **entire dataset** for updates these are slow but very stable.
- **Stochastic Gradient Descent (SGD)** – we can sample a small fraction and compute a gradient step. This process is known as stochastic gradient
- **Mini-Batch Gradient Descent** – Uses **small batches**

Analogy : Imagine you're training for a weightlifting competition. Instead of adjusting your technique after lifting just **one weight(SGD)** or waiting until you've completed an entire month of training (Batch GD), you evaluate your progress **every few days(mini batch)**. This balances learning speed and stability .Hence Mini batch is **faster than Batch GD, more stable than SGD**

6. Variants of GD :

RMSprop (Root Mean Square Propagation) – Uses a **moving average** of past gradients. Reduces large swings in weight updates, preventing divergence. Its like walking by adjusting speed **based on past mistakes**.

This works well for **deep networks**

Adam (Adaptive Moment Estimation) – Combines **SGD** and **RMS**. Uses momentum to smooth weight updates and accelerate convergence. Faster convergence, works well for **most ML problems**.

The major differences between them can be seen through **graph in further tutorials**

Where are these techniques used ?

Image Recognition Used in CNNs for object detection and facial recognition.

Natural Language Processing (NLP) -Helps train chatbots like ChatGPT! and LSTMs for language translation, and text summarization.

Autonomous Vehicles -Enables self-driving cars to recognize roads, obstacles, and pedestrians by learning from millions of images.

Medical Diagnosis - Used in deep learning models to detect diseases from X-rays and MRIs with high accuracy.

```
(x_train, y_train), (x_test, y_test) = keras.datasets.mnist.load_data()

# Normalize images to [0,1] range
x_train = x_train.astype('float32') / 255.0
x_test = x_test.astype('float32') / 255.0

# Flattening images
x_train = x_train.reshape(x_train.shape[0], 28 * 28)
x_test = x_test.reshape(x_test.shape[0], 28 * 28)

# Lets bring a neural network
model = keras.Sequential([
    keras.layers.Dense(128, activation='relu', input_shape=(784,)),
    keras.layers.Dense(10, activation='softmax')
])

# Compile model with backpropagation (SGD optimizer)
model.compile(optimizer=tf.keras.optimizers.SGD(learning_rate=0.01),
              loss='sparse_categorical_crossentropy',
              metrics=['accuracy'])

# Training the model
history = model.fit(x_train, y_train, epochs=10, batch_size=20, validation_data=(x_test, y_test))

# Plotting loss curve
plt.figure(figsize=(8,6))
plt.plot(history.history['loss'], label='Training Loss')
plt.plot(history.history['val_loss'], label='Validation Loss')
plt.xlabel('Epochs')
plt.ylabel('Loss')
plt.legend()
plt.grid()
plt.show()
```

This code is used for backpropagation.

We experimented with several optimizers, including Adam, RMSprop, and SGD, and found that the **Adam** optimizer performed best for smaller datasets, offering best speed and stability.

The batch size can vary, but an optimal range for smaller datasets is between **10 and 50**.

7. References:

Reference List Citation: James, G., Witten, D., Hastie, T., and Taylor, J. (2023) 'Backpropagation and Gradient Descent in Neural Networks', 0105: *Machine Learning and Neural Networks*. University of Hertfordshire. Unpublished assignment.

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Medium Article Citation: Yen, N. (2023) 'A Beginner's Guide to Gradient Descent', *Medium*, 5 May. Available at: <https://medium.com/@yennhi95zz/4-a-beginners-guide-to-gradient-descent-in-machine-learning-773ba7cd3dfe> [Accessed 24 March 2025].