### healthyish

# Cast-Iron Roast Chicken with Crispy Potatoes

13 Ratings
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□ 1 3½-4-pound whole chicken
☐ Kosher salt
$\square$ 1½ pounds russet potatoes, scrubbed, thinly sliced crosswise
☐ 2 tablespoons unsalted butter, melted
☐ 1 tablespoon thyme leaves
□ 2 tablespoons olive oil, divided
☐ Freshly ground black pepper

## TIMELESS CHARM ON BOARD AND OFF

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### **Recipe Preparation**

- Pat chicken dry with paper towels and season generously with salt, inside and out. (We use 1 tsp. Diamond Crystal or ½ tsp. Morton kosher salt per lb.) Tie legs together with kitchen twine. Let sit 1 hour to allow salt to penetrate, or chill, uncovered, up to 1 day ahead.
- Place a rack in upper third of oven and set a 12" cast-iron skillet or 3-qt. enameled cast-iron baking dish on rack. Preheat oven to 425°.
- Meanwhile, toss potatoes, butter, thyme, and 1 Tbsp. oil in a large bowl to coat; season with salt and pepper.
- Once oven reaches temperature, pat chicken dry with paper towels and lightly coat
  with half of remaining oil; sprinkle with dry rub, if using. Drizzle remaining oil into
  hot skillet (this helps keep the chicken from sticking and tearing the skin). Place
  chicken in the center of skillet and arrange potatoes around. Roast until potatoes
  are golden brown and crisp and an instant-read thermometer inserted into the
  thickest part of breasts registers 155°, 50–60 minutes (temperature will climb to
  165° as chicken rests). Let chicken rest in skillet at least 20 minutes and up to 45
  minutes.

• Transfer chicken to a cutting board and carve. Serve with potatoes.



What Makes the Perfect Pizza?



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