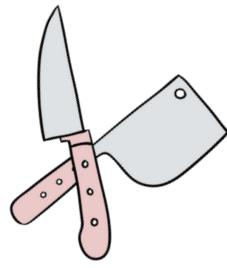


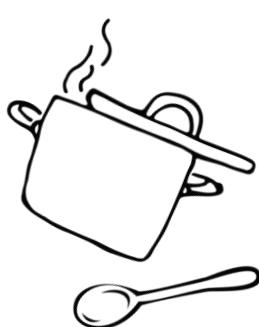
Mummy's Fabulous Helpers

Turn your housekeeper into a chef



- ✓ Expert-led sessions tailored for home cooks
- ✓ Healthy, family-friendly recipes
- ✓ Fun, engaging environment
- ✓ Skills that elevate everyday dining

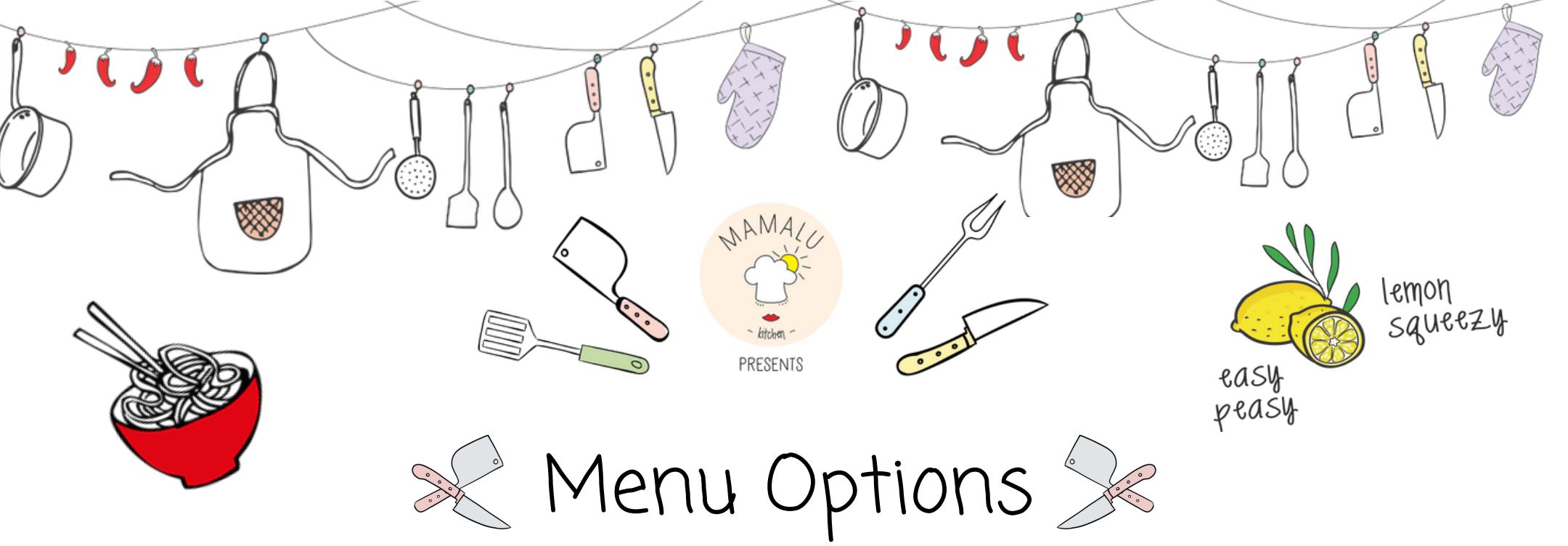
1200 AED for 4 sessions
1 hour 30 minutes each
Hands on cooking classes
Every Monday and Tuesday at 11 am



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Menu Options

Lebanese please 1

Mograhrabieh with chicken, molokhiyyeh, riz al dajaj

Lebanese please 2

Kibbeh B'laban, shish barak, kibbeh B'saniyeh

Kibbe Masterclass

Pumpkin kibbe, lentil kibbe, salmon kibbe and potato kibbe

Kafta Masterclass

Kafta B'saniyeh, kafta B'tahini and dawood basha with vermicelli rice

Stew's for You

Bamiyeh, bezelleh, loubieh, potato stew and vermicelli rice

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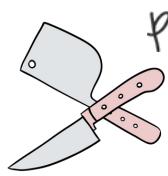
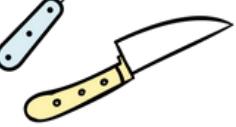
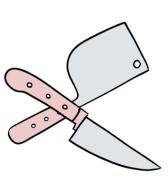
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Menu Options



lemon
squeeezy

easy
peasy

Fishtastic
Samki harra, sayadieh (spiced fish with aromatic rice) and kibbeh samak

Roll with It

Classic malfouf (stuffed cabbage rolls) and Waraa Enab (stuffed vine leaves)

Family Friendly

Homemade lasagna, butter chicken with garlic butter naan and Asian chicken stir fry noodles

Healthy Comfort Food

Pulled chicken tacos with guacamole, beef stroganoff and nut free pesto pasta

Asian Special

Shrimp summer rolls, Asian salmon with jasmine rice and Asian honey glazed chicken



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Menu Options



Modern Middleeastern

Zataar chicken with sumak potatoes, musakhan rolls and freekeh salad

Dinner Party Starters

Whole roasted cauliflower, crispy rice with tuna and white fish carpaccia with yuzu ponzu sauce

Lunch Box Favourites

Oat crusted chicken tenders, pizza pinwheels, banana oat muffins and granola from scratch

Japanese Please

Mushroom gyoza, ramen with shoyu tare and chicken yakitori skewers

Thai Special

Asian salad, chuck beef bao buns, Thai green curry with shrimp and steamed rice



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Menu Options

Dinner Party Tarts

Onion tart tatin, wild mushroom phyllo tart, goat cheese and tomato tart

Sushi Masterclass

Salmon and avocado rolls, salmon nigiri and California maki roll

Healthy Desserts

Sweet potato brownies, 3 ingredient chocolate cake, protein chocolate chip cookies and a date a walnut cake

Booking and Payment Policy:

A 50% deposit is required to secure your booking, with the remaining 50% due 48 hours before the class. Final attendee numbers must be confirmed 48 hours prior: any reduction after this point will still be charged. We are a cashless business and all payments must be made via the provided link