
A Scale-Free MADGRAD Regret Bound

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1 Introduction

This paper is concerned with dual averaging algorithms applied to deep learning. So far, we have tested two dual averaging algorithms, Modernized Dual Averaging (MDA) (Jelassi and Defazio [2020]) and MADGRAD (Defazio and Jelassi), which use Follow the Regularized Leader (FTRL) style algorithms in order to optimize deep learning algorithms. For this paper, we have focused on both implementing these algorithms in PyTorch (Paszke et al. [2019]) and testing them out on the CIFAR10 dataset (Krizhevsky). We then prove an alternate, scale-free regret bound for the MADGRAD algorithm in Section 4.

2 Algorithm Details

2.1 Algorithm Comparison

MDA is defined as follows:

Algorithm 1: Modernized Dual Averaging

Input: $x_0 \in \mathbb{R}^n$ initial point, $\gamma_k \geq 0$ stepsize sequence, c_k momentum parameter sequence.

Initialize $s_{-1} = 0$

for $k = 0, \dots, T - 1$ **do**

 Set the scaling coefficient $\beta_k = \sqrt{k+1}$ and stepsize $\lambda_k = \gamma_k = \gamma\sqrt{k+1}$

 Sample ξ_k P and compute stochastic gradient $g_k = \nabla f(x_k, \xi_k)$.

$s_k = s_{k-1} + \lambda_k g_k$

$z_{k+1} = x_0 - \frac{s_k}{\beta_k}$

$x_{k+1} = (1 - c_{k+1})x_k + c_{k+1}z_{k+1}$

end

return x_T

Note that MDA implements FTRL on the z_{k+1} iterates with the following update:

$$z_{k+1} = \operatorname{argmin}_{x \in \mathbb{R}^n} \left\{ \left\langle \sum_{i=1}^k \lambda_i g_i, x \right\rangle + \frac{1}{2\sqrt{k+1}} \|x - x_0\|_2 \right\}$$

This algorithm uses an L_2 based regularizer function. The averaging technique used to create x_{k+1} , $x_{k+1} = (1 - c_{k+1})x_k + c_{k+1}z_{k+1}$, allows use of the final iterate, x_T , as the algorithm parameters. Removing this and directly using the z_{k+1} iterates requires using the averaged iterates as algorithm parameters, i.e. $x_T = \frac{1}{T-1} \sum_{i=1}^{T-1} x_i$. This can become infeasible for a large number of rounds or models which require a large number of parameters such as deep neural networks.

MADGRAD implements a similar algorithm with a slightly different regularizer.

2.2 MADGRAD Cube-Root Denominator

3 Algorithm Implementation

We have successfully replicated results on the CIFAR10 dataset for the MDA, MADGRAD, Adam, and Stochastic Gradient Descent with Momentum (SGD+M) algorithms. We show our test accuracy and test loss results in the plot below.

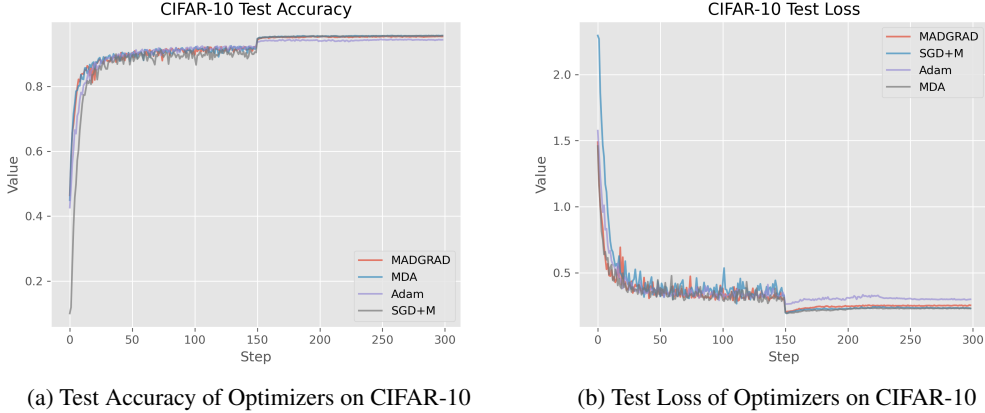


Figure 1: Comparison of optimizer performance on CIFAR-10 dataset

Our experiment setup and optimizer implementations for MDA and MADGRAD can be found at https://github.com/shashankmanjunath/ftrl_deep_learning. We provide algorithm hyperparameters in A.

Comparing algorithm performance shows that MDA and MADGRAD achieve performance on par with tuned SGD+M, and outperform tuned Adam. However, MDA and MADGRAD also require significant parameter tuning in order to perform appropriately, and therefore do not necessarily provide a significant advantage over SGD+M.

4 Theory

When proving the convergence bound for MADGRAD, the authors require an alternative definition of MADGRAD than the one presented in the paper and implemented. In the original MADGRAD algorithm presented in the paper, the z_{k+1} is given by:

$$z_{k+1} = x_0 - \frac{1}{\sqrt[3]{v_{k+1}} + \epsilon} \circ s_{k+1}$$

where \circ indicates the Hadamard product. ϵ is included for numerical stability in the early iterations of the algorithm, as the v_{k+1} parameter can be 0. However, in the convergence proof, the z_{k+1} parameter is given by:

$$z_{k+1} = x_0 - \frac{1}{\sqrt[3]{\lambda_{k+1}G^2 + v_{k+1}}} \circ s_{k+1}$$

Note the extra $\lambda_{k+1}G^2$ in the denominator, which is used to create the following upper bound leveraged in the overall convergence proof:

$$\sum_{t=0}^k \frac{\lambda_t^2 g_t^2}{\sqrt[3]{\lambda_t G^2 + \sum_{i=0}^{t-1} \lambda_i g_i^2}} \leq \frac{3}{2} \lambda_k \left(\sum_{i=1}^k \lambda_i g_i^2 \right)^{\frac{2}{3}}$$

This extra $\lambda_t G^2$ prevents the algorithm from being *scale-free*, or an algorithm that is invariant to the scaling of losses by a constant factor. Therefore, we aim to construct a convergence proof which maintains the scale-free nature of the algorithm.

4.1 Proof of Scale-Free Regret Bound for MADGRAD

Consider the MADGRAD algorithm. This algorithm implements FTRL with the regularizer:

$$\psi_t(\mathbf{x}) = \frac{1}{2} \|\mathbf{x} - \mathbf{x}_0\|_{A_t}$$

where $A_t = \text{diag}(\alpha_t)$, and $\alpha_t = \sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_i^2}$. Note that $\psi_t(\mathbf{x})$ is strongly-convex with respect to the norm $\|\cdot\|_{A_t}$. Let us denote the Bregman divergence of a function f over two vectors $\mathbf{x}, \mathbf{y} \in \mathbb{R}^D$ by $B_f(\mathbf{x}; \mathbf{y})$ and let f^* indicate the Fenchel conjugate of f . In order to prove the scale-free bound, we make the reduction that $c_t = 1$ for all rounds. This effectively removes the momentum operation, and leaves us with only FTRL iterates. Let us first make a useful proposition. Proving a scale-free bound for the whole algorithm will require modification of Lemma 1 in order to handle the modified update. Note that we make no assumption on the size of our convex set K used as the feasible set for our algorithm. Additionally, we make no assumptions about the boundedness of subgradients g_i .

Proposition 1 (Proposition 2 in Orabona et al. [2014]: Properties of Fenchel Conjugates of Strongly Convex Functions). *Let $K \subseteq \mathbb{R}^D$ be a non-empty closed convex set. Let $\lambda \geq 0$, and let $f : K \rightarrow \mathbb{R}$ be a lower semi-continuous function that is λ -strongly convex with respect to $\|\cdot\|$. The Fenchel conjugate of f satisfies:*

1. f^* is finite everywhere and differentiable
2. $\nabla f^*(\ell) = \text{argmin}_{w \in K} (f(w) - \langle \ell, w \rangle)$
3. For any $\ell \in V^*$, $f^*(\ell) + f(\nabla f^*(\ell)) = \langle \ell, \nabla f^*(\ell) \rangle$
4. f^* is $\frac{1}{\lambda}$ -strongly smooth, i.e. for any $x, y \in V^*$, $B_{f^*}(x, y) \leq \frac{1}{2\lambda} \|x - y\|_*$
5. f^* has $\frac{1}{\lambda}$ -Lipschitz continuous gradients, i.e. $\|\nabla f^*(x) - \nabla f^*(y)\| \leq \frac{1}{\lambda} \|x - y\|_*$ for any $x, y \in V^*$

Let us now define some useful lemmas.

Lemma 1 (Lemma 1 in Orabona et al. [2014]). *Let $\{\psi_t\}_{t=1}^\infty$ be a sequence of functions defined on a common convex domain $S \subseteq \mathbb{R}^n$ and such that each ψ_t is μ_t -strongly convex with respect to the norm $\|\cdot\|_t$. Let $\|\cdot\|_{t,*}$ be the dual norm of $\|\cdot\|_t$, for $t = 1, 2, \dots, T$. Then, for any $\mathbf{u} \in S$,*

$$\text{Regret}_T(\mathbf{u}) \leq \sum_{t=1}^T \langle g_t, \mathbf{u} - \mathbf{x}_t \rangle \leq \psi_T(\mathbf{u}) + \psi_1^*(0) + \sum_{t=1}^T B_{\psi_t^*}(-\theta_t, -\theta_{t-1}) - \psi_t^*(-\theta_t) + \psi_{t+1}^*(-\theta_t)$$

Proof. Given in (Orabona et al. [2014]) □

Lemma 2. *Let a_1, a_2, \dots, a_t be non-negative real numbers. If $a_1 > 0$, then*

$$\sum_{t=1}^T \frac{a_t}{\sqrt[3]{\sum_{s=1}^t a_s}} \leq \frac{3}{2} \left(\sum_{t=1}^T a_t \right)^{\frac{2}{3}}$$

Proof. Given in A.2

Lemma 3. Let $C, a_1, a_2, \dots, a_T \geq 0$, and $\alpha \geq 1, \alpha \neq \min_{t=1,2,\dots,T} a_t^{\frac{4}{3}}$. Then,

$$\sum_{t=1}^T \min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, Ca_t \right\} \leq \frac{C\alpha}{\alpha - \min_{t=1,2,\dots,T} a_t^{\frac{4}{3}}} \max_{t=1,2,\dots,T} a_t + 2\sqrt[3]{1 + \alpha^2} \sqrt{\sum_{s=1}^T a_s^3}$$

Proof. Given in A.3

Let us now state the overall convergence bound for our version of MADGRAD.

Theorem 1. Suppose $K \subseteq \mathbb{R}^D$ is a non-empty closed convex subset. Suppose that a regularizer $\psi_t : K \rightarrow \mathbb{R}$ is a non-negative lower semi-continuous function that is μ_t strongly convex with respect to a norm $\|\cdot\|_t$. The regret of non-momentumized MADGRAD satisfies:

$$\begin{aligned} \text{Regret}_T(u) &\leq \sum_{d=1}^D \frac{\psi_d(u_d)}{\sqrt[3]{\sum_{i=1}^T \lambda_i g_{id}^2}} + \frac{3}{2} \left(\sum_{t=1}^T \lambda_t g_{td}^2 \right)^{\frac{2}{3}} + 2\sqrt{T-1} \left(\sum_{i=1}^{T-1} \lambda_i g_{id}^2 \right)^{\frac{2}{3}} (1 + \min_{t \leq T} (\sqrt{\lambda_t} |g_{t,d}|)^{\frac{4}{3}}) \max_{t \leq T} \sqrt{\lambda_t} |g_{td}| \\ &\quad + 2\sqrt[3]{1 + (1 + \min_{t \leq T} (\sqrt{\lambda_t} |g_{t,d}|)^{\frac{4}{3}})^2} \sqrt{\sum_{t=1}^T \lambda_t^{\frac{3}{2}} |g_{t,d}|^3} \end{aligned}$$

Proof. Note that $\psi_t(x) = \frac{1}{2} \|\mathbf{x} - \mathbf{x}_0\|_{A_t}^2$, where $A_t = \text{diag}(\alpha_t)$. For this regularizer, $\alpha_t = \sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_i^2} \in \mathbb{R}^D$. Let $L_t = \sum_{i=1}^t \lambda_i g_i$. Let us perform this analysis per-coordinate.

$$\psi_{t,d}(\mathbf{x}) = \frac{1}{2} (\mathbf{x}_d - \mathbf{x}_{0,d})^2 \sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{id}^2} = \frac{1}{2} \sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{id}^2} (\mathbf{x}_d - \mathbf{x}_{0,d})^2.$$

Let $\eta_{t,d} = \frac{1}{\sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{id}^2}}$. Therefore, we have:

$$\begin{aligned} \psi_{t,d}(\mathbf{x}) &= \frac{1}{\eta_{t,d}} \psi_d(\mathbf{x}) \\ \psi_d(\mathbf{x}) &= \frac{1}{2} (\mathbf{x}_d - \mathbf{x}_{0,d})^2 \end{aligned}$$

Since A_t is a diagonal matrix, $\psi_t(\mathbf{x})$ is $\min_{d \leq D} \sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2}$ -strongly convex. We can tighten this bound by analyzing $\psi_{t,d}(\mathbf{x})$ and establishing a per-coordinate strong convexity bound. Recall that, since $\psi_d(\mathbf{x}) : \mathbb{R} \rightarrow \mathbb{R}$, we can find the strong convexity by finding the lower bound of the second derivative of $\psi_d(\mathbf{x})$.

$$\begin{aligned} \frac{d\psi_d(\mathbf{x})}{d\mathbf{x}_d} &= \mathbf{x}_d - \mathbf{x}_{0,d} \\ \frac{d^2\psi_d(\mathbf{x})}{d\mathbf{x}_d^2} &= 1 \end{aligned}$$

Therefore, $\psi_d(\mathbf{x})$ is 1-strongly convex with respect to $|\cdot|$, as we are dealing with real numbers in the per-coordinate case. By Lemma 1, we have:

$$\text{Regret}_T(\mathbf{u}) \leq \psi_{T+1}(\mathbf{u}) + \psi_1^*(\mathbf{0}) + \sum_{t=1}^T B_{\psi_t^*}(-L_t, -L_t - 1) - \psi_t^*(-L_t) + \psi_{t-1}^*(-L_t)$$

Writing this in a per-coordinate manner,

$$\begin{aligned} \text{Regret}_T(\mathbf{u}) &\leq \sum_{d=1}^D \psi_{T+1,d}(\mathbf{u}) + \psi_{1,d}^*(\mathbf{0}) + \sum_{t=1}^T B_{\psi_{t,d}^*}(-L_t, -L_t - 1) - \psi_{t,d}^*(-L_t) + \psi_{t-1,d}^*(-L_t) \\ &\leq \sum_{d=1}^D \frac{1}{\eta_{T+1}} \psi_d(\mathbf{u}) + \frac{1}{\eta_1} \psi_d^*(\mathbf{0}) + \sum_{t=1}^T B_{\psi_{t,d}^*}(-L_t, -L_t - 1) - \psi_{t,d}^*(-L_t) + \psi_{t-1,d}^*(-L_t) \end{aligned}$$

Let us proceed by bounding $B_{\psi_{t,d}^*}(-L_t, -L_t - 1) - \psi_{t,d}^*(-L_t) + \psi_{t-1,d}^*(-L_t)$ in two ways.

1. By Proposition 1 item 4, we know that $B_{\psi_{t,d}^*}(-L_t, -L_t - 1) \leq \frac{\eta_t \lambda_t g_{t,d}^2}{2\mu_{t,d}} = \frac{\eta_t \lambda_t g_{t,d}^2}{2}$. Therefore, by Lemma 1, we know that:

$$B_{\psi_{t,d}^*}(-L_t, -L_t - 1) - \psi_{t,d}^*(-L_t) + \psi_{t+1,d}^*(-L_t) \leq B_{\psi_{t,d}^*}(-L_t, -L_t - 1) \leq \frac{\eta_t \lambda_t g_{t,d}^2}{2}$$

since $\psi_{t,d}^* \geq \psi_{t+1,d}^*$.

2. Similarly,

$$\begin{aligned} B_{\psi_{t,d}^*}(-L_t, -L_t - 1) - \psi_{t,d}^*(-L_t) + \psi_{t+1,d}^*(-L_t) &= B_{\psi_{t+1,d}^*}(-L_t, -L_t - 1) + \psi_{t+1,d}^*(-L_t - 1) \\ &\quad - \psi_{t,d}^*(-L_t - 1) + \langle \nabla \psi_{t,d}^*(-L_t - 1) - \nabla \psi_{t+1,d}^*(-L_t - 1, g_{t,d}) \rangle \\ &\leq \frac{1}{2} \eta_{t+1,d} \lambda_t g_{t,d}^2 + |\nabla \psi_{t,d}^*(-L_t - 1) - \nabla \psi_{t+1,d}^*(-L_t - 1)| |g_{t,d}| \\ &\leq \frac{1}{2} \eta_{t+1,d} \lambda_t g_{t,d}^2 + |\nabla \psi_d^*(-\eta_{t,d} L_{t-1}) - \nabla \psi_d^*(-\eta_{t+1,d} L_{t-1})| |g_{t,d}| \\ &\leq \frac{1}{2} \eta_{t+1,d} \lambda_t g_{t,d}^2 + |L_{t-1}| (\eta_{t,d} - \eta_{t+1,d}) |g_{t,d}| \end{aligned}$$

Recall that $\eta_{t,d} = \frac{1}{\sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2}}$. Therefore,

$$\begin{aligned} |L_{t-1}| (\eta_{t,d} - \eta_{t+1,d}) &\leq |L_{t-1}| \eta_{t,d} = \frac{\sum_{i=1}^{t-1} \lambda_i g_{i,d}}{\sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2}} \\ &\leq \frac{\sqrt{(\sum_{i=1}^{t-1} \sqrt{\lambda_i} g_{i,d} \sqrt{\lambda_i})^2}}{\sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2}} \\ &\leq \frac{\sqrt{(\sum_{i=1}^{t-1} \lambda_i) (\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2)}}{\sqrt[3]{\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2}} \end{aligned}$$

By Callebaut's inequality. Therefore, we have:

$$|L_{t-1}|(\eta_{t,d} - \eta_{t+1,d}) \leq \left(\sqrt{\sum_{i=1}^{t-1} \lambda_i} \right) \left(\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2 \right)^{\frac{2}{3}}$$

Combining these two bounds, we have:

$$B_{\psi_{t,d}^*}(-L_t, -L_{t-1}) - \psi_{t,d}^*(-L_t) + \psi_{t+1,d}^*(-L_t) \leq \frac{\eta_t \lambda_t g_{t,d}^2}{2} + \left(\sqrt{\sum_{i=1}^{t-1} \lambda_i} \right) \left(\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2 \right)^{\frac{2}{3}}$$

Note that

$$\sqrt{\sum_{i=1}^{t-1} \lambda_i} \leq \sqrt{(t-1)\lambda_t} = \sqrt{t-1} \sqrt{\lambda_t}$$

Let $H = \left(\sum_{i=1}^{t-1} \lambda_i g_{i,d}^2 \right)^{\frac{2}{3}} \sqrt{t-1}$. Therefore, we have:

$$B_{\psi_{t,d}^*}(-L_t, -L_{t-1}) - \psi_{t,d}^*(-L_t) + \psi_{t+1,d}^*(-L_t) \leq \frac{\eta_{t+1,d} \lambda_t g_{t,d}^2}{2} + H \sqrt{\lambda_t} |g_{t,d}|$$

Therefore, we have an overall regret bound of

$$\begin{aligned} \text{Regret}_T(\mathbf{u}) &\leq \sum_{d=1}^D \frac{1}{\eta_{T+1}} \psi_d(\mathbf{u}) + \frac{1}{\eta_1} \psi_d^*(0) + \sum_{t=1}^T \min \left\{ \frac{\eta_t \lambda_t g_{t,d}^2}{2}, \frac{\eta_{t+1,d} \lambda_t g_{t,d}^2}{2} + H \sqrt{\lambda_t} |g_{t,d}| \right\} \\ \therefore \text{Regret}_T(\mathbf{u}) &\leq \frac{1}{\eta_{T+1}} \psi_d(\mathbf{u}) + \frac{1}{\eta_1} \psi_d^*(0) + \frac{1}{2} \sum_{t=1}^T \eta_{t+1} \lambda_t g_{t,d}^2 + \frac{1}{2} \sum_{t=1}^T \min \left\{ \frac{\eta_t \lambda_t g_{t,d}^2}{2}, 2H \sqrt{\lambda_t} |g_{t,d}| \right\} \end{aligned} \quad (1)$$

Let us bound this regret in three groups.

$$1. \frac{1}{2} \sum_{t=1}^T \min \left\{ \frac{\eta_t \lambda_t g_{t,d}^2}{2}, 2H \sqrt{\lambda_t} |g_{t,d}| \right\}$$

We bound this using Lemma 3. Let $B = \min_{t \leq T} a_t^{\frac{4}{3}}$ setting $\alpha = 1 + B$.

$$\frac{1}{2} \sum_{t=1}^T \min \left\{ \frac{\eta_t \lambda_t g_{t,d}^2}{2}, 2H \sqrt{\lambda_t} |g_{t,d}| \right\} \leq 2H(1+B) \max_{t \leq T} \sqrt{\lambda_t} |g_{t,d}| + 2 \sqrt[3]{1 + (1+B)^2} \sqrt{\sum_{t=1}^T \lambda_t^{\frac{3}{2}} g_{t,d}^3}$$

$$2. \sum_{t=1}^T \frac{\lambda_t g_{t,d}^2}{\sqrt[3]{\sum_{i=1}^t \lambda_i g_{i,d}^2}}. \text{ We bound this by Lemma 2.}$$

$$\sum_{t=1}^T \frac{\lambda_t g_{t,d}^2}{\sqrt[3]{\sum_{i=1}^t \lambda_i g_{i,d}^2}} \leq \frac{3}{2} \left(\sum_{t=1}^T \lambda_t g_{t,d}^2 \right)^{\frac{2}{3}}$$

$$3. \frac{1}{\eta_{T+1}} \psi_d(\mathbf{u}) + \frac{1}{\eta_1} \psi_d^*(0).$$

Note that $\psi_d(\mathbf{u}) = \frac{1}{2}(\mathbf{u}_d - x_{0,d})$. Therefore,

$$\frac{1}{\eta_{T+1,d}}\psi_d(\mathbf{u}) = \frac{(\mathbf{u}_d - x_{0,d})^2}{2\sqrt[3]{\sum_{t=1}^T \lambda_t g_{t,d}^2}}$$

Now let us analyze $\psi_d^*(0)$. By Proposition 1 item 2,

$$\psi_d^*(0) = \sup_{x \in K} (\langle x, 0 \rangle - \psi_d(x)) = \sup_{x \in K} \left(-\frac{1}{2}(\mathbf{x}_d - x_{0,d})\right) \leq 0$$

$$\text{Therefore, } \frac{1}{\eta_{T+1}}\psi_d(\mathbf{u}) + \frac{1}{\eta_1}\psi_d^*(0) \leq \frac{1}{\eta_{T+1}}\psi_d(\mathbf{u})$$

Substituting these three upper bounds back into (1) gives the desired bound. \square

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A Appendix

A.1 Algorithm Parameters

A.2 Proof of Lemma 2

Lemma 2. Let a_1, a_2, \dots, a_t be non-negative real numbers. If $a_1 > 0$, then

$$\sum_{t=1}^T \frac{a_t}{\sqrt[3]{\sum_{s=1}^t a_s}} \leq \frac{3}{2} \left(\sum_{t=1}^T a_t \right)^{\frac{2}{3}}$$

Proof. Note that if $0 \leq x \leq 1$,

$$\frac{2}{3}x \leq 1 - (1 - x)^{\frac{2}{3}}$$

Let $L_t = \sum_{i=1}^t \ell_i$, and let $x = \frac{\ell_t}{L_t}$. Let $\ell_0 = 0$.

$$\begin{aligned} \frac{2}{3} \frac{\ell_t}{L_t} &\leq 1 - \left(1 - \frac{\ell_t}{L_t}\right)^{\frac{2}{3}} = 1 - \left(\frac{L_{t-1}}{L_t}\right)^{\frac{2}{3}} \\ \frac{2}{3} \frac{\ell_t}{L_t} L_t^{\frac{2}{3}} &\leq L_t^{\frac{2}{3}} - L_{t-1}^{\frac{2}{3}} \\ \frac{2}{3} \frac{\ell_t}{\sqrt[3]{L_t}} &\leq L_t^{\frac{2}{3}} - L_{t-1}^{\frac{2}{3}} \\ \therefore \frac{2}{3} \sum_{t=1}^T \frac{\ell_t}{\sqrt[3]{L_t}} &\leq \sum_{t=1}^T L_t^{\frac{2}{3}} - L_{t-1}^{\frac{2}{3}} \\ \sum_{t=1}^T \frac{\ell_t}{\sqrt[3]{L_t}} &\leq \frac{3}{2} L_T^{\frac{2}{3}} \\ \sum_{t=1}^T \frac{\ell_t}{\sqrt[3]{L_t}} &\leq \frac{3}{2} \left(\sum_{t=1}^T \ell_t \right)^{\frac{2}{3}} \end{aligned}$$

Letting $\ell_i = a_i \forall i$ yields the lemma. □

A.3 Proof of Lemma 3

Lemma 3. Let $C, a_1, a_2, \dots, a_T \geq 0$, and $\alpha \geq 1, \alpha \neq \min_{t=1,2,\dots,T} a_t^{\frac{4}{3}}$. Then,

$$\sum_{t=1}^T \min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, C a_t \right\} \leq \frac{C\alpha}{\alpha - \min_{t=1,2,\dots,T} a_t^{\frac{4}{3}}} \max_{t=1,2,\dots,T} a_t + 2\sqrt[3]{1+\alpha^2} \sqrt{\sum_{s=1}^T a_s^3}$$

Proof. We will prove this bound by proving each individual case in the minimum, then summing them.

Case 1. Consider $a_t \leq \alpha^3 \left(\sum_{s=1}^{t-1} a_s^2 \right)^{\frac{2}{3}}$.

$$\begin{aligned} \min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, C a_t \right\} &\leq \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}} = \frac{a_t^2}{\sqrt[3]{\frac{1}{1+\alpha^2} \left(\alpha^2 \sum_{s=1}^{t-1} a_s^2 + \sum_{s=1}^{t-1} a_s^2 \right)}} \\ &\leq \frac{a_t^2 \sqrt[3]{1+\alpha^2}}{\sqrt[3]{a_t^2 + \sum_{s=1}^{t-1} a_s^2}} = \frac{a_t^2 \sqrt[3]{1+\alpha^2}}{\sqrt[3]{\sum_{s=1}^t a_s^2}} \end{aligned}$$

Note that $\frac{x^2}{\sqrt[3]{x^2+y^2}} \leq 2(\sqrt{x^3+y^3} - \sqrt{y^3})$. Using this inequality,

$$\sqrt[3]{1+\alpha^2} \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^t a_s^2}} \leq 2\sqrt[3]{1+\alpha^2} \left(\sqrt{\sum_{s=1}^t a_s^3} - \sqrt{\sum_{s=1}^{t-1} a_s^3} \right)$$

Case 2 Consider $a_t^2 \geq \alpha^3 \left(\sum_{s=1}^{t-1} a_s^2 \right)^{\frac{2}{3}}$. Note that this implies that $a_t \geq \alpha^{\frac{3}{2}} \sqrt[3]{\sum_{s=1}^{t-1} a_s^2}$. Additionally,

let $A = \left(\sum_{s=1}^{t-1} a_s^2 \right)^{\frac{2}{3}}$.

$$\begin{aligned} \min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, Ca_t \right\} &\leq Ca_t = Ca_t \left(\frac{\alpha - A}{\alpha - A} \right) \\ &\leq \frac{C}{\alpha - A} (\alpha a_t - A a_t) = \frac{C\alpha}{\alpha - A} \left(a_t - \alpha^{\frac{1}{2}} A \sqrt[3]{\sum_{s=1}^{t-1} a_s^2} \right) \\ &\leq \frac{C\alpha}{\alpha - A} \left(a_t - \left(\sum_{s=1}^{t-1} a_s^2 \right)^{\frac{2}{3}} \left(\sum_{s=1}^{t-1} a_s^2 \right)^{\frac{1}{3}} \right) \\ &\leq \frac{C\alpha}{\alpha - A} \left(a_t - \sqrt{\sum_{s=1}^{t-1} a_s^2} \right) \end{aligned}$$

Let $M_t = \max\{a_t, \dots, a_t\}$. Note that in this case, $a_t = M_t$, and $\sqrt{\sum_{s=1}^{t-1} a_s^2} \geq M_{t-1}$. Therefore,

$$\min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, Ca_t \right\} \leq \frac{C\alpha}{\alpha - A} (M_t - M_{t-1})$$

Further note that since $a_t \geq 0 \forall t$, $A = \left(\sum_{s=1}^T a_s^2 \right)^{\frac{2}{3}} \geq \min_{t=1, \dots, T} a_t^{\frac{4}{3}}$. Let $B = \min_{t=1, \dots, T} a_t^{\frac{4}{3}}$. Therefore,

$$\min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, Ca_t \right\} \leq \frac{C\alpha}{\alpha - B} (M_t - M_{t-1})$$

Therefore, combining the two cases, we have:

$$\min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, Ca_t \right\} \leq \frac{C\alpha}{\alpha - B} (M_t - M_{t-1}) + 2\sqrt[3]{1+\alpha^2} \left(\sqrt{\sum_{s=1}^t a_s^3} - \sqrt{\sum_{s=1}^{t-1} a_s^3} \right)$$

Therefore, summing from $t = 1$ to T ,

$$\sum_{t=1}^T \min \left\{ \frac{a_t^2}{\sqrt[3]{\sum_{s=1}^{t-1} a_s^2}}, Ca_t \right\} \leq \frac{C\alpha}{\alpha - B} \left(\max_{t=1, \dots, T} a_t \right) + 2\sqrt[3]{1 + \alpha^2} \left(\sqrt{\sum_{t=1}^T a_t^3} \right)$$

□