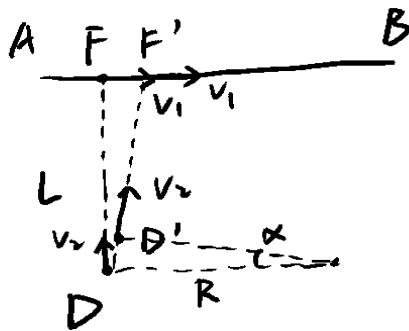


# 程力

练 2-17



$$a_n = \frac{v_2^2}{R}$$

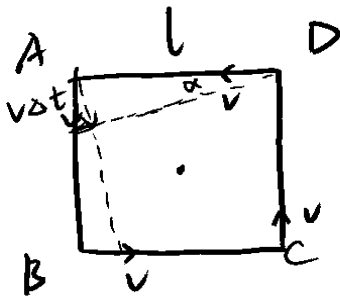
$$v_1 \Delta t = \alpha L$$

$$v_2 \Delta t = \alpha R$$

$$\Rightarrow a_n = \frac{v_1 v_2}{L}$$

$$(\dot{\vec{v}} = \vec{\omega} \times \vec{v} = \frac{v_1 \Delta t}{\frac{L}{\Delta t}} \cdot v_2)$$

2-18



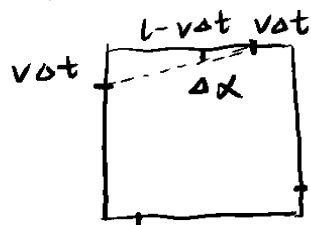
在中心连线上速度分量不变

$$t = \frac{\frac{\sqrt{2}}{2} l}{v \cos 45^\circ} = \frac{l}{v}$$

$$s = vt = l$$

$$a = \frac{v^2}{\rho} = \frac{v^2}{l}$$

in fact. 经过  $\Delta t$

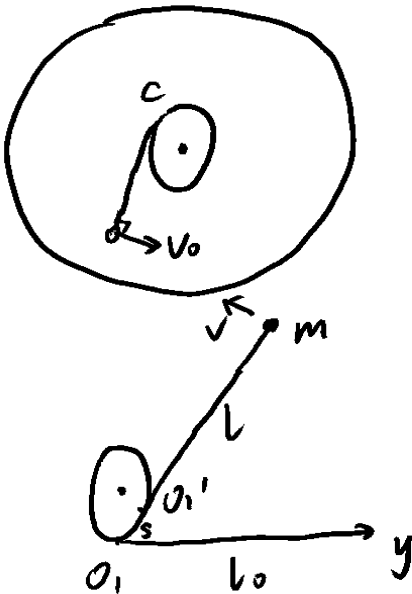


$$\Delta\alpha = \frac{v\Delta t}{l - v\Delta t} = \frac{v\Delta t}{l}$$

$$\rho = \frac{\Delta s}{\Delta\alpha} = \frac{v\Delta t}{\frac{v\Delta t}{l}} = l$$

$$(\dot{\vec{v}} = \vec{\omega} \times \vec{v} = \frac{v\Delta t}{l - v\Delta t} \cdot v = \frac{v^2}{l})$$

2-20



对  $O_1'$  分析: 受到切向  $a_s$

对  $m$  分析 (在  $O_1'$  系中受惯性力  $mas$ )

绳长改变导致  $a_l$

向心加速度  $a$

$$T = ma + ma_l + mas$$

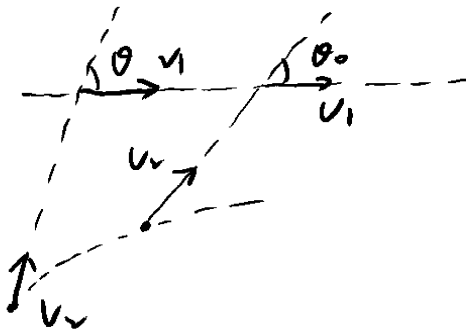
其中  $l + s = l_0 \equiv c$

$$\Rightarrow a_l + a_s = 0.$$

$$\frac{1}{2} m v_0^2 = \frac{1}{2} m v^2$$

$$\Rightarrow T = \frac{m v_0^2}{l}$$

2-21



$$v_1 = 5 \text{ m/s} \quad v_2 = 4 \text{ m/s}$$

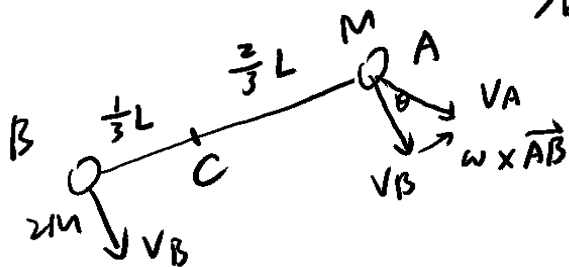
观察速度连线方向

当  $v_2 = v_1 \cos \theta_0$  时

= 有间距最小, 为 30 m

$$\text{此时 } \vec{a} = \vec{\omega} \times \vec{v}_v = 4 \text{ m/s}.$$

2-22

某时刻  $v_A = v$ ,  $v_B = 2v$ 

求此刻系统因运动新增张力

合运动 = 质心平动 → 绕质心转动

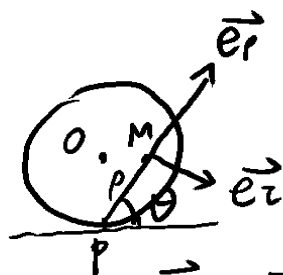
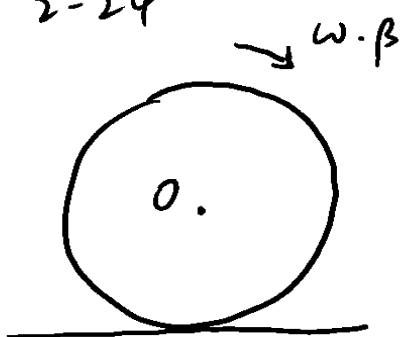
↓                      ↓  
 不会因此新增张力    产生  $N$

$$N = M \left( \frac{2}{3}L \right) \omega^2$$

$$\text{或 } N = 2M \left( \frac{1}{3}L \right) \omega^2$$

 $\theta$  变化时,  $|\omega \times \vec{AB}| = \omega L \in [v, 3v]$  $\Rightarrow N$  范围

2-24

任取一点  $M(r, \theta)$  $P$  为瞬心

$$\vec{v}_M = \vec{\omega} \times \vec{PM} = \omega r \vec{e}_\theta$$

$$\vec{a}_M = \vec{a}_P + \vec{\beta} \times \vec{PM} - \omega^2 \vec{PM}$$

$$\vec{a}_P = \vec{\beta} \times \vec{OP} + \omega^2 \vec{PO} + a_0$$

$$v_0 = \omega r \quad a_0 = \beta r$$

$$\Rightarrow \vec{a}_0 = -\beta \times \vec{OP}$$

$$(1) \vec{a}_M \cdot \vec{e}_P = 0 \Rightarrow p = r \sin \theta$$

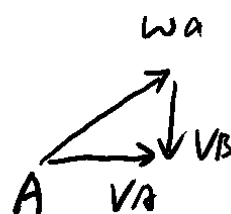
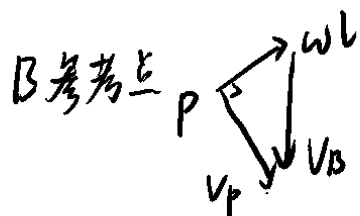
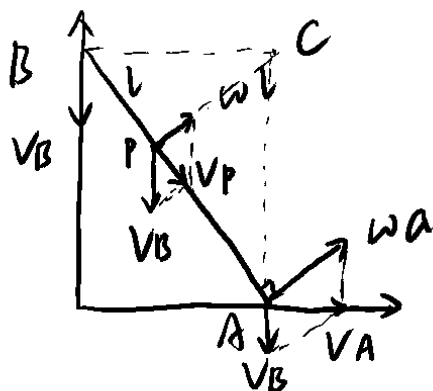
以  $OP$  为直径的圆

$$(2) \vec{a}_M \cdot \vec{e}_\theta = 0 \Rightarrow p = \frac{\omega^2 r}{\beta} \sin \theta$$

(1)  $v$  与  $a$  方向一致的点集?(2)  $v$  与  $a$  方向垂直的点集?

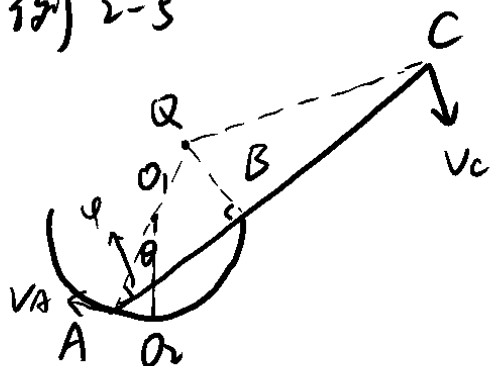
2-2b

杆上某一点P速度沿杆



in fact, (瞬心C)  $CP \perp AB$

例 2-5



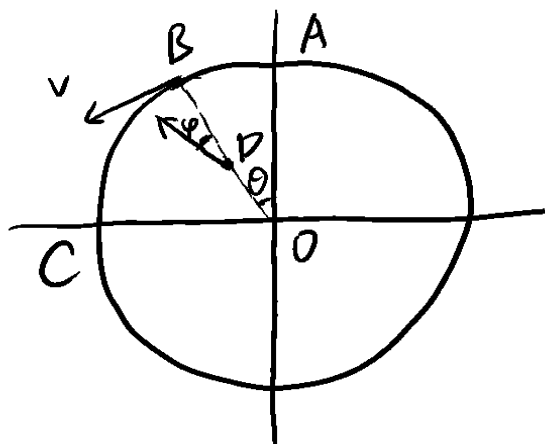
$V_A = \frac{1}{2} V_C$ . 求 AB:BC

$V_B$  只能沿杆

从而可以找到瞬心Q

$$V_A = \frac{1}{2} V_C \Rightarrow QA = \frac{1}{2} QC$$

例 2-11



由 O、A 出发以匀速  $v$  追击。

过程中保持 fox dog O 共线  
dog 应沿什么轨道追击？

分析 B 点：  $v_\theta = r\dot{\theta}$

$$v_r = \sqrt{v^2 - (r\dot{\theta})^2} = \dot{r}$$

$$\dot{\theta} = \frac{v}{R} \quad \dot{r} = v \cos \varphi$$

$$\Rightarrow r = R \sin \varphi$$

$$\Rightarrow \frac{dr}{d\varphi} = R \cos \varphi$$

$$r\dot{\theta} = v_\theta = v \sin \varphi$$

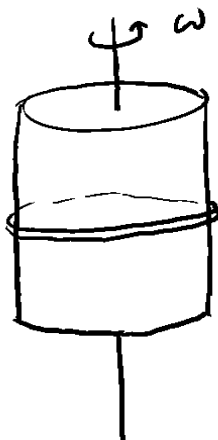
$$\dot{\theta} = \frac{d\theta}{dr} \cdot \dot{r} = \frac{d\theta}{dr} v \cos \varphi$$

$$\frac{d\theta}{dr} = \frac{1}{r} \tan \varphi = \frac{\tan \varphi}{R \sin \varphi} = \frac{1}{R \cos \varphi}$$

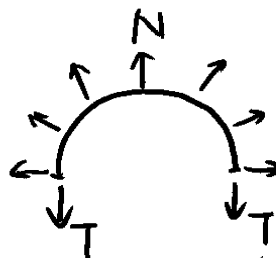
$$\Rightarrow \theta = \varphi$$

$$\Rightarrow r = R \sin \theta$$

3-11

橡皮圈 ( $m, r_1, k$ ) 圆柱 ( $r_2 > r_1$ )圆柱转动的  $\omega$  保持橡皮圈不滑下.

$$\text{张力 } T = k \cdot (2\pi r_2 - 2\pi r_1)$$



$$\boxed{\text{对于一半橡皮圈 } 2T = N \cdot 2r_2}$$

$$dl: dm = \frac{m}{2\pi r_2} dl$$

对于每个  $dl$ , 受惯性离心力  $df = \frac{m}{2\pi r_2} dl \cdot \omega^2 r_2$ 

$$\frac{df}{dl} = \frac{m\omega^2}{2\pi}$$

$$m(N - \frac{df}{dl}) = \frac{m\omega^2}{2\pi r_2} \Rightarrow \omega$$

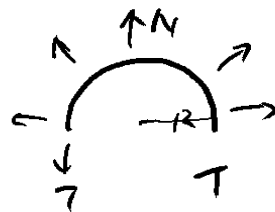
(  $N, \frac{df}{dl}$  均为单位长度受力 )

点评: 1. 出现切向方向的张力时可取半圆进行分析.

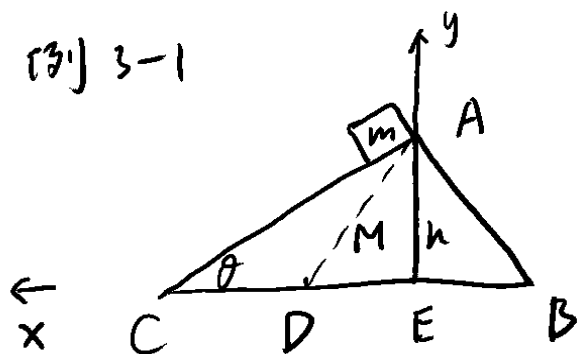
2. 选取一段  $dl$  进行分析.

记住此构型

$$N \cdot 2R = 2T$$



例 3-1



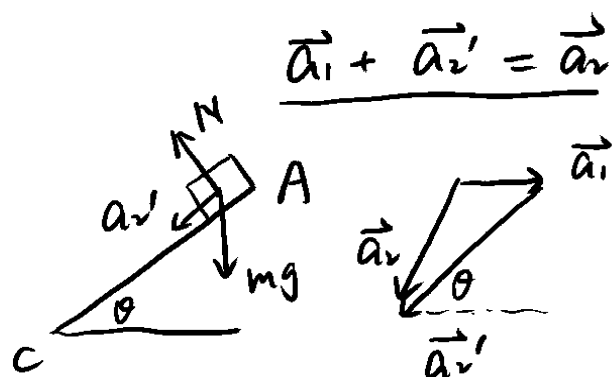
(1)  $m$  从顶端滑到底时  $M$  位移

$$m \cdot DE = M \cdot CD$$

$$CD + DE = h \cot \theta$$

$$\Rightarrow CD = \frac{m}{M+m} h \cot \theta$$

(2)  $m$  下滑时,  $M$  对地加速度  $a_1$ ,  $m$  对  $M$ :  $a_2'$ ,  $m$  对地  $a_2$



$$\vec{a}_1 + \vec{a}_2' = \vec{a}_2$$

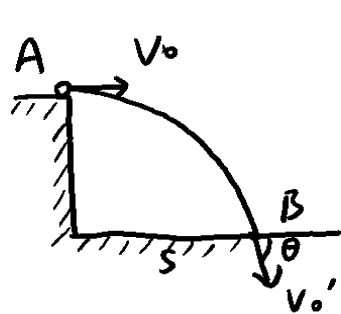
$$\begin{cases} N \sin \theta = m(a_2' \cos \theta - a_1) \\ mg - N \cos \theta = m a_2' \sin \theta \end{cases}$$

$$N \sin \theta = M a_1$$

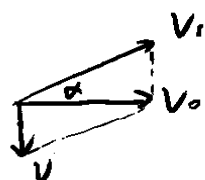
$$\Rightarrow a_1, a_2', a_2, N$$

例 3-11

将运动分解以抵消 f (类比  $qvB - qE$ )

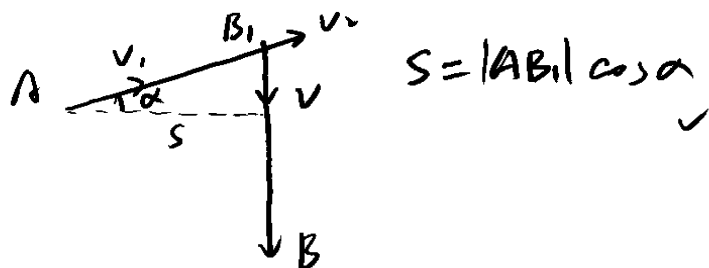
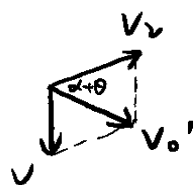


$\vec{f} = -k\vec{v}$   
求  $\vec{v}_0'$ ,  $S$



使  $k v_1 = m g$  从而以  $v_2$  匀速向下.  
在  $v_1$  方向变减速运动  $\vec{f}_1 = -k\vec{v}_1$

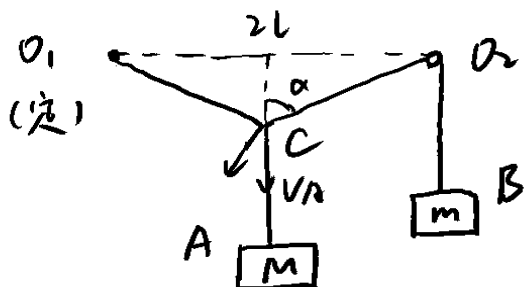
$A \rightarrow B = A \rightarrow B_1 \rightarrow B$



$S = |AB_1| \cos \alpha$

★

例 3-12



速度关联  $V_B = 2 V_A \cos \alpha$

$\alpha = 60^\circ$  时  $V_A$  达到最大

$\Rightarrow [a_A = 0 \Rightarrow \ddot{r} - r\dot{\theta}^2 = 0]$

对 C 点:  $\ddot{r} = r\dot{\theta}^2 = \frac{(V_A \sin \alpha)^2}{\frac{l}{\sin \alpha}}$

$a_B = 2\ddot{r}$

$2T \cos \alpha = Mg$

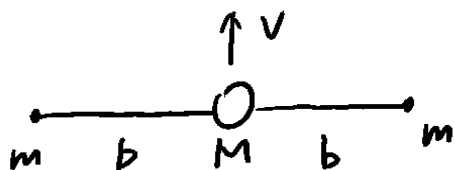
$T - mg = m a_B$



# 习题 3-28

M 获得初速度  $v$ .

求两端小球发生互碰前绳中张力.

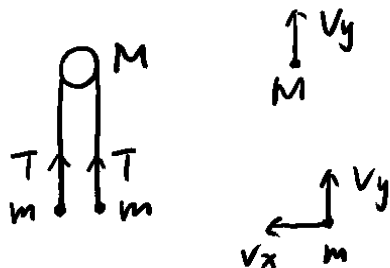


$$Mv = (M + 2m)v_y$$

$$a_M = \frac{2T}{M}$$

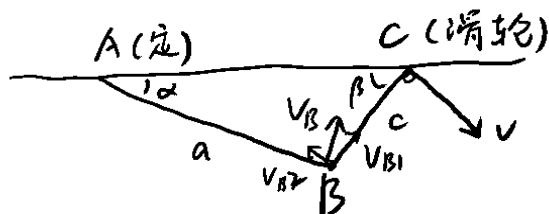
$$M \text{ 系中 } T + ma_M = m \frac{v_x^2}{b}$$

$$\frac{1}{2}Mv^2 = \frac{1}{2}Mv_y^2 + 2 \cdot \frac{1}{2}m(v_x^2 + v_y^2) \rightarrow T \checkmark$$



# 习题 3-31

以恒定速率收绳. 求绳中张力



A 点, B 绕 A 圆周运动

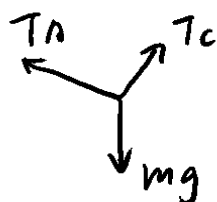
$$\Rightarrow v_B \perp AB$$

$$BC \text{ 方向, } a_{Br} = \ddot{r} - r\dot{\theta}^2$$

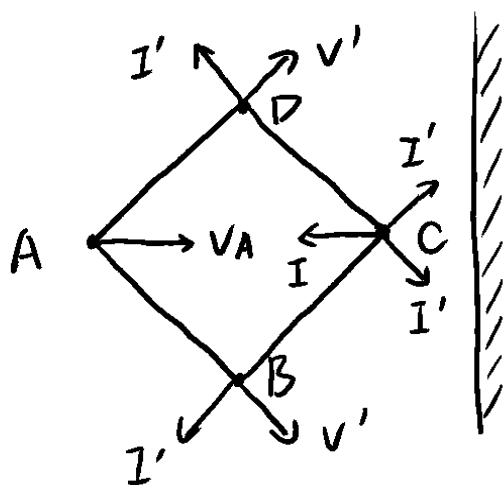
$$\text{其中 } \ddot{r} = 0$$

$$\dot{\theta} = \frac{v_{B\perp}}{c}$$

结合受力分析  $\checkmark$



4-12

正方形框以  $v$  向右运动,  $C$  与墙壁碰后变为 0.求碰后一瞬间  $V_A$ .找全冲量 速度关联  $V_B, V_D$  沿杆.

$$\frac{\sqrt{2}}{2} V_A = V_B = V_D = v'$$

 $C$  应受到墙壁  $I$ .  $CD$  和  $CB$  方向  $I'$ 

$$C: I - \sqrt{2} I' = mv$$

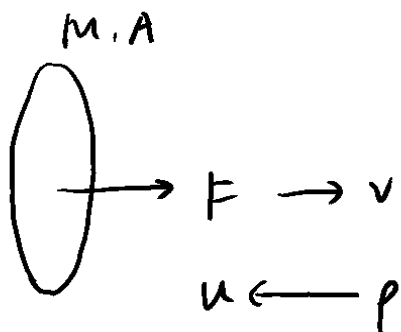
$$D: I' = m \frac{\sqrt{2}}{2} v$$

$$* I = 4mv - (mV_A + 2 \cdot m v' \cdot \frac{\sqrt{2}}{2})$$

$$\Rightarrow V_A = v$$

注意速度方向及一些变形.

4-16



$$\begin{array}{ccc} M & M+dm & Mdv + dm \cdot v + dm \cdot u \\ v \rightarrow & v+dv \rightarrow & = Fdt \end{array}$$

$$\begin{array}{ccc} dm & & \\ \leftarrow u & & \Rightarrow Fdt = d(Mv) + dm \cdot u \end{array}$$

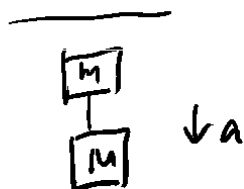
$$dM = \rho A (v+u) dt$$

$$M = M_0 + \rho A u t + \rho A x$$

$$Ft = Mv + u(M - M_0)$$

# 习题 4-3

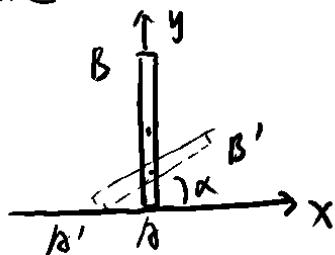
注意整体视角



$$F_A = (M + m)a$$

$$I = (M + m)a(t + t') = mv \Rightarrow v$$

# 习题 4-12



杆倾倒, 求 B' 轨迹.

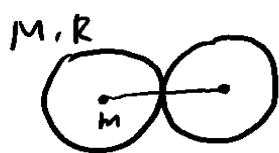
水平方向不受外力.  $x_c$  不变

$$\Rightarrow x_B = l \sin \alpha, \quad y_B = 2l \cos \alpha$$

$$\frac{x_B^2}{l^2} + \frac{y_B^2}{4l^2} = 1$$

5-11

(1) 青蛙能一次跳离荷叶, 至少应做多少功?



荷叶不会产生  
竖直方向运动

跳起瞬间青蛙相对地  $v_x, v_y$

\* 荷叶后退  $v$

$$W = \frac{1}{2}m(v_x^2 + v_y^2) + \frac{1}{2}Mv^2$$

$$mv_x = Mv$$

$$\text{跳离荷叶: } x' \geq R \quad x' = \frac{2v_y}{g}(v_x + v)$$

(2) 由 A 荷叶中央起跳落到 B 荷叶中央, 随之一起向前滑动

求机械能损失与青蛙所做功比值

$$x = \frac{2v_y}{g}v_x = 2R$$

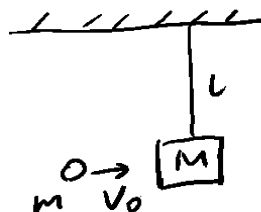
注意

条件!!!

$$mv_x = (m+M)v_x'$$

$$\Delta E = \frac{1}{2}m(v_x^2 + v_y^2) + \frac{1}{2}Mv^2 - \frac{1}{2}Mv'^2 - \frac{1}{2}(m+M)v_x'^2$$

5-12



两体问题

$$\text{总动能 } E_k = \frac{1}{2}mv_0^2$$

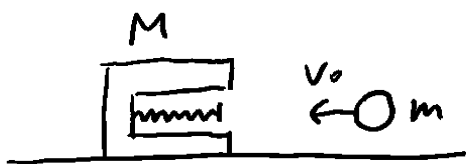
$$\text{质心系中系统动能 } E_k' = \frac{1}{2}\mu v_0^2$$

$$E_{kc} = \frac{1}{2}mv_0^2 - \frac{1}{2}\mu v_0^2$$

$E_k'$  将被完全损耗, 仅剩  $E_{kc}$

5-13

弹簧(k)的最大压缩量?

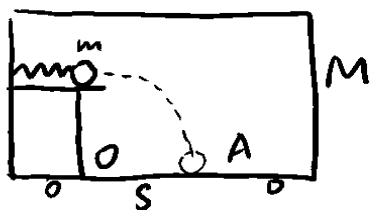


$$E_k' = \frac{1}{2} \mu v_0^2 = \frac{1}{2} k x^2$$

$E_k'$  可被转移, 剩余  $E_{kc}$

5-15

弹簧解除压缩后 运动至点 A



小车固定.  $W = \frac{1}{2} m v^2$

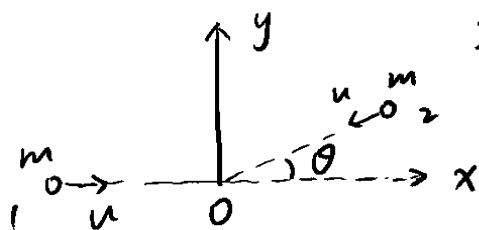
小车不固定:  $W = \frac{1}{2} \mu v_{\text{相}}^2$  (质心系中)

$$\frac{s_2}{s_1} = \frac{v_{\text{相}}}{v_1}$$

$$\underline{v_c = 0}$$

5-17

1, 2 具有相同质量 相同能量 作正碰撞.



在某个以  $v$  运动的质心系中看 1, 2 作对心正碰

$$u_1 = u \vec{i} \quad u_2 = -u \cos \theta \vec{i} - u \sin \theta \vec{j}$$

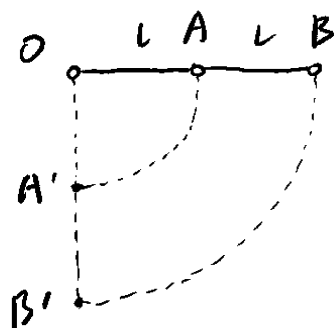
$$\underline{\vec{v} = \frac{m_1 \vec{u}_1 + m_2 \vec{u}_2}{m_1 + m_2} \Rightarrow |\vec{v}|}$$

碰前质心系中的总动能:  $E_k' = \frac{1}{2} \mu v_{\text{相}}^2$

地系中的总动能.  $E_k = m u^2$

$$(E_{kc} + E_k' = \frac{1}{2} \cdot 2m \cdot v^2 + \frac{1}{2} \mu v_{\text{相}}^2 = E_k = m u^2)$$

5-26



$$mgl + 2mgl = \frac{1}{2}mv_A^2 + \frac{1}{2}mv_B^2$$

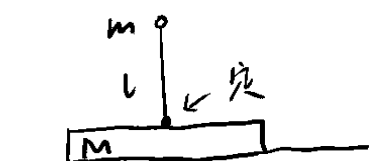
$$\Rightarrow v_A = \sqrt{\frac{6gl}{5}} \quad v_B = 2\sqrt{\frac{6gl}{5}}$$

$$\text{而若仅存在 A/B} \quad v_A' = \sqrt{2gl}, \quad v_B' = \sqrt{4gl}$$

$$\Rightarrow W_A = \frac{1}{2}mv_A^2 - \frac{1}{2}mv_A'^2, \quad W_B$$

5-27

接近地面(板)时小球速度, 杆中张力



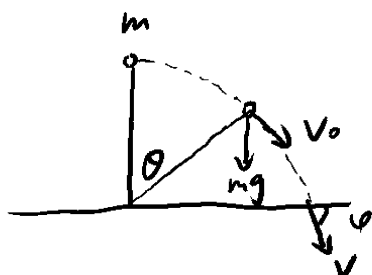
$$\textcircled{1} \quad mgl = \frac{1}{2}mv^2$$

$$T = m a_m = M a_M$$

$$a_m = a_{m \rightarrow M} + a_m = \frac{v^2}{l} + a_m$$

$$\textcircled{2} \quad \boxed{\text{两体问题}} \quad mgl = \frac{1}{2}mv^2$$

$$T = \frac{mv^2}{l}$$



杆与地面间有足够大的静摩擦力

当  $T=0$  时 杆球分离.  $v = \sqrt{2gl}$

由  $v_0$  后续的斜抛运动确定  $v$  方向.

**tips**

动量定理 中  $v$  为绝对速度

$\frac{v^2}{R}$  中需变为相对速度

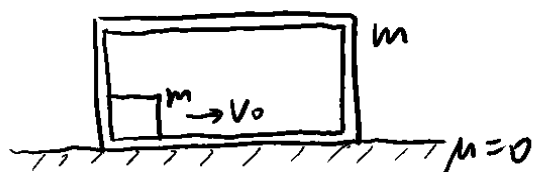
★ 5-37

恢复系数  $e$

两体问题

始终不变

↓



$$E_0 = \frac{1}{2} m v_0^2 \quad v_{\text{相}0} = v_0 \quad v_c = \frac{1}{2} v_0$$

经过  $n$  次碰撞  $v_{\text{相}n} = e^n v_0$

从而  $E_k' = \frac{1}{2} m v_0^2 - \frac{1}{2} m (e^n v_0)^2$  被损耗

从滑块开始运动到刚完成 4 次碰撞期间, 箱子平均速度?

第  $i$  次碰撞时刻  $t_i$ , 每一段时间内相对位移为  $L$ .

$$t_1 - 0 = \frac{L}{v_0} \quad t_2 - t_1 = \frac{L}{e v_0} \quad t_3 - t_2 = \frac{L}{e^2 v_0} \quad t_4 - t_3 = \frac{L}{e^3 v_0}$$



偶数次碰撞前

箱子相对质心位移均为 0

$$u_{\text{箱}} = u_c + u_{\text{箱}c}$$

$$u_0 = 0$$

$$u_1 = \frac{1}{2} v_0 + \frac{1}{2} e v_0$$

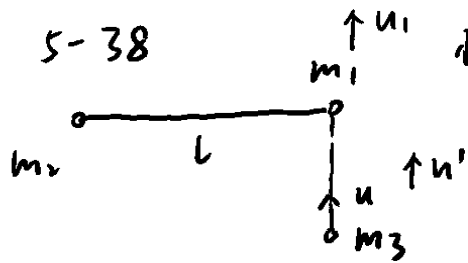
$$u_2 = \frac{1}{2} v_0 - \frac{1}{2} e^2 v_0$$

$$u_3 = \frac{1}{2} v_0 + \frac{1}{2} e^3 v_0$$

$$\bar{u} = \frac{u_0 \cdot \Delta t_0 + u_1 \Delta t_1 + u_2 \Delta t_2 + u_3 \Delta t_3}{\Delta t_{\text{总}}} = \frac{v_0}{2}$$

此外,  $\bar{u} = \frac{\text{质心位移} + \text{相对质心位移}^{\overset{=0}}}{\text{时间}} = \frac{\text{质心位移}}{\text{时间}} = v_c = \frac{v_0}{2}$

5-38



恢复系数  $e$ , 求碰撞后瞬间绳上张力

$$\begin{cases} m_3 u = m_1 u_1 + m_3 u' \\ u_1 - u' = eu \end{cases} \Rightarrow u_1$$

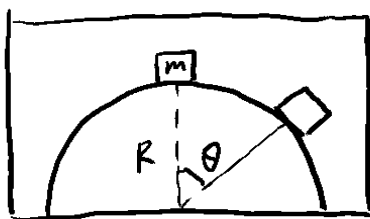
$$\textcircled{1} \quad T = \mu \frac{u_1^2}{l} \quad \square$$

② 在质心系中考虑 ( $m_1, m_3$  系统)

$$u_c = \frac{m_1 u_1}{m_1 + m_3} \quad l_1 = \frac{m_3}{m_1 + m_3} l$$

$$T = m_1 \frac{(u_1 - u_c)^2}{l_1} \quad \square$$

SOME TIPS (e.g. 5-4)



位于车厢参考系  $v'$  为相对车厢速度

$$mgR(1 - \cos\theta) = \frac{1}{2}mv'^2$$

地面系  $v$  为  $m$  相对地速度

$$\vec{v} = \vec{v}' + \vec{v}_0 \text{ 与圆柱面不垂直}$$

需考虑脱离圆柱面

从而存在支持力做功.

$$\frac{1}{2}mv_0^2 + W_N + mgR(1 - \cos\theta) = \frac{1}{2}mv^2$$

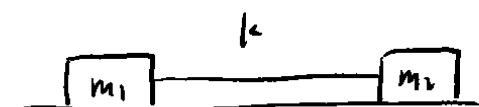
↑ 本就存在的向右  $v_0$  的速度.



例 5-6

原长  $a$ , 由  $b$  ( $b > a$ ) 释放

求两物块相碰时相对速度大小



质心系

设相碰时相对质心为  $v_1, v_2$

$$\frac{1}{2}k(b-a)^2 - \mu m_1 g l_1 - \mu m_2 g l_2 = \frac{1}{2}m_1 v_1^2 + \frac{1}{2}m_2 v_2^2$$

$l_1, l_2$  为相对质心的位移  $m_1 l_1 = m_2 l_2$

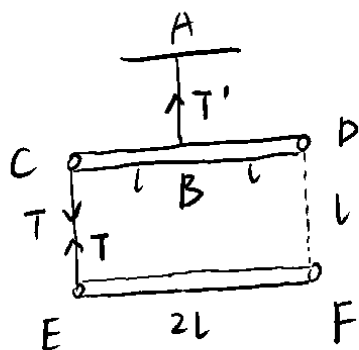
$$l_1 + l_2 = b$$

质心系中动量始终为 0, 两物位移具有确定关系

$$m_1 v_1 = m_2 v_2 \quad \checkmark$$

6-6

突然剪断 DF, 剪断后瞬间 AB 中张力



E. 刚剪断时杆 EF 对其无作用

$$mg - T = ma_E$$

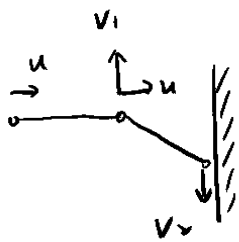
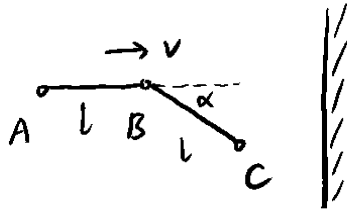
CD 刚剪断时绕 B 点运动

$$\text{对 B 轴: } Tl = \frac{\Delta(mlv + mlv)}{\Delta t} = 2mla$$

$$T' = T + 2mg$$

6-7

C 与完全非弹性墙壁相碰时, 求受冲量  $I$ .



$$I = 3mv - 2mu$$

$$v_1 = v_2$$

$$u \cos \alpha - v_1 \sin \alpha = v_2 \sin \alpha$$

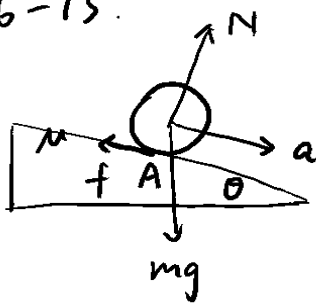
冲量作用点在 C 点  $\Rightarrow$  碰撞中相对于过 C 的轴的

冲量矩为 0  $\Rightarrow$  碰撞前后相对 C 轴角动量守恒

$$2mu l \sin \alpha + m v_1 l \cos \alpha = 2m v l \sin \alpha$$

本题也可通过设每根杆上冲量解出.

6-13.



对于  $\theta < \theta_c$  条件下, 圆柱将无滑动滚下.

$$\text{纯滚动: } mg \sin \theta - f = ma$$

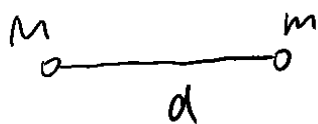
$$mg \cos \theta = N \quad f = \mu N$$

$$fR = I\beta \quad a = \beta r$$

另: 点 A 为瞬心,  $mgR \sin \theta = I_A \beta$  即可求出

6-28

在万有引力作用下相向运动，经 $t$ 后碰撞

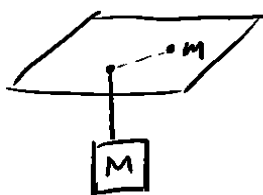


$$\frac{(\frac{1}{2}d)^3}{T^2} = \frac{G(M+m)}{4\pi^2}$$

$t = \frac{1}{2}T$  (认为M、m同时充当焦点、顶点)

习题 6-16

m在与孔连线方向振动，与孔最近b，最远a



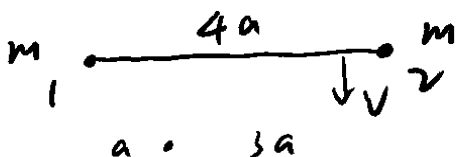
受有心力  $\Rightarrow$  角动量守恒

$$mv_1 b = mv_2 a$$

$$Mg(a-b) = \frac{1}{2}mv_1^2 - \frac{1}{2}mv_2^2$$

6-17

绳子运动过程中碰到钉子，求l与钉子最大距离



速度分解

与钉子距离最远  $\Rightarrow V_r = 0$

$$2 \cdot \frac{1}{2}mv^2 = ( ) + ( )$$

$$mva = mV_{1\theta} r_1$$

$$mv \cdot 3a = mV_{2\theta} (4a - r_1)$$

