Project Weekly report

Topic:- Modelling and Prediction of Athletic Readiness based on Training Load

Group Name: QuadML **Project Definition:** 7

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Patel

Further Steps:

• Perform cluster interpr

etation and summarize key findings.

- Apply factor analysis to reduce dimensionality and enhance interpretability.
- Link clusters to athletic readiness outcomes (if available).
- Train predictive models using clusters and reduced features.
- Visualize clusters and trends using PCA/t-SNE and radar plots.
- Finalize cluster summaries for the report and presentation.