Why Telehealth Matters for Dementia Care in India

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Telehealth is no longer optional—it is foundational for dignified dementia care.

In cities like Mumbai, commuting for dementia consultations is exhausting. Telehealth bridges care gaps with timely, high-quality support.

## Specialists Wherever You Are

Video sessions connect families to neurologists, occupational therapists, and dementia counsellors without travel. Even a 30-minute consult prevents avoidable ER visits.

## Continuity Between In-Person Visits

Follow-up tele-sessions keep treatment plans updated. Care teams monitor nutrition, mobility, and cognitive stimulation weekly instead of waiting months.

## Privacy and Dignity at Home

Families often hesitate to discuss behaviour changes in crowded clinics. Telehealth lets them speak freely while the person with dementia experiences less anxiety.

## How Echoing Healthy Ageing Uses Telehealth

We combine video consults with home-based assessments. If we notice early warning signs, we loop in our Memory Café team or therapy partners instantly.