

IBD Endoscopic Activity Scores

Date of Scoring: _____

Endoscopist: _____

UCEIS (UC)

(Score the worst affected segment)

	0	1	2	3
Vascular pattern	Normal	Patchy obliteration	Obliterated	-
Bleeding	None	Mucosal	Luminal mild (some liquid blood in lumen)	Luminal moderate-severe (frank blood, visible oozing)
Erosions/ulcers	None	Erosions (<5mm)	Superficial ulcer	Deep ulcer

Total = ____ (0-8)

UCEIS ≥ 7 predicts need for salvage therapy and colectomy (AUC = 0.85, sensitivity 60% specificity 85%)

Mayo Endoscopic Subscore (UC)

(Score the worst affected segment)

Mayo 0

Normal
Normal mucosa

Mayo 1

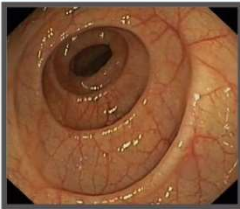
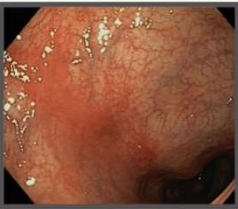


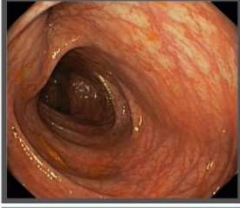


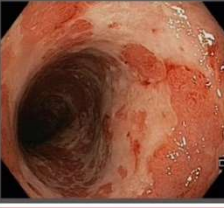
Mild
Mild erythema, friability, reduced vascular pattern

Mayo 2

Moderate
Marked erythema, lack of vascular pattern, friability, erosions

Mayo 3

Severe
Severe activity, spontaneous bleeding, large ulcers

Mayo UC Endoscopic Score = 0 (normal or inactive disease)	Mayo UC Endoscopic Score = 1 (mild disease)	Mayo UC Endoscopic Score = 2 (moderate disease)	Mayo UC Endoscopic Score = 3 (severe disease)
			
			
Normal vascular pattern	Erythema, decreased vascular pattern, mild friability	Marked erythema, absent vascular pattern, friability, erosions	Spontaneous bleeding, ulcerations



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Rutgeerts (Post-op CD recurrence)

i0	i1	i2	i3	i4
No lesions in ileum	≤5 anastomotic aphthous lesions	>5 aphthous lesions with normal areas in between, ulcers up to 1cm	Diffuse aphthous ileitis	Diffuse inflammation with large ulcers or narrowing/stenosis
Remission	Remission	Substantial recurrence	Advanced recurrence	Advanced recurrence

General Scoring Tips:

- Wash mucosal surface before performing scoring
- Score on withdrawal rather than insertion

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SES-CD

		N/A	0	1	2	3
Ileum	Ulcer size	Not assessed	None	<5mm	0.5-2cm	>2cm
	Ulcerated surface	Not assessed	None	<10%	10-30%	>30%
	Affected surface	Not assessed	None	<50%	50-75%	>75%
	Strictures	Not assessed	None	Single	Multiple	Can't pass
Right colon	Ulcer size	Not assessed	None	<5mm	0.5-2cm	>2cm
	Ulcerated surface	Not assessed	None	<10%	10-30%	>30%
	Affected surface	Not assessed	None	<50%	50-75%	>75%
	Strictures	Not assessed	None	Single	Multiple	Can't pass
Transverse	Ulcer size	Not assessed	None	<5mm	0.5-2cm	>2cm
	Ulcerated surface	Not assessed	None	<10%	10-30%	>30%
	Affected surface	Not assessed	None	<50%	50-75%	>75%
	Strictures	Not assessed	None	Single	Multiple	Can't pass
Left colon	Ulcer size	Not assessed	None	<5mm	0.5-2cm	>2cm
	Ulcerated surface	Not assessed	None	<10%	10-30%	>30%
	Affected surface	Not assessed	None	<50%	50-75%	>75%
	Strictures	Not assessed	None	Single	Multiple	Can't pass
Rectum	Ulcer size	Not assessed	None	<5mm	0.5-2cm	>2cm
	Ulcerated surface	Not assessed	None	<10%	10-30%	>30%
	Affected surface	Not assessed	None	<50%	50-75%	>75%
	Strictures	Not assessed	None	Single	Multiple	Can't pass

Total = _____ (0-56)


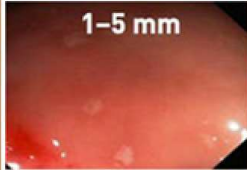
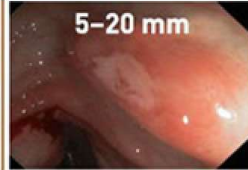
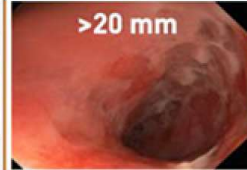




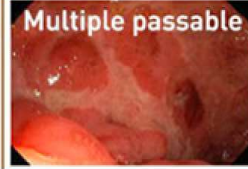

(Inactive ≤2, Mild 3-6, Moderate 7-15, Severe ≥16)

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SES-CD

SES-CD activity index				
SES-CD	0	1	2	3
Presence and size of ulcers		1–5 mm 	5–20 mm 	>20 mm 
Extent of the ulcerated surface		<10%	<10–30%	>30%
Extent of the affected surface		<50%	<50–70%	>70%
Presence and type of stenosis		Single passable 	Multiple passable 	Impassable 
5 segments	Rectum Left colon Transverse colon Right colon Ileum	SES-CD	<Inactive 3–6 Mild activity 7–15 Moderate activity ≥16 Severe activity	

Section II.2.1.1. Figure 3. SES-CD activity index.