

Medical Diagnosis Report

Patient Name: shaurya singh jadaun
Age: 18
Gender: Male
Symptoms: he have ocd and repetative behaviour
Contact: 8218647730
Address: surendra nagar aligarh

Diagnosis:

The patient, Shaurya Singh Jadaun, aged 18, presents with a history of Obsessive-Compulsive Disorder (OCD) as evidenced by repetitive behaviors.

Treatment Plan:

The treatment plan will involve a combination of psychotherapy and pharmacological interventions. Cognitive Behavioral Therapy (CBT) will be used to help the patient overcome harmful thoughts and compulsions, while medications may be prescribed to help manage symptoms.

Recommended Medicines:

If prescribed, common medications for OCD include Selective Serotonin Reuptake Inhibitors (SSRIs) such as Fluoxetine, Sertraline, or Clomipramine. Please note that the specific medication and dosage will be determined by a qualified healthcare provider based on the patient's unique circumstances.

Additional Notes:

It's important to note that OCD is a chronic condition requiring long-term management. The patient should expect to work closely with a mental health professional and be dedicated to attending therapy sessions and taking prescribed medications as directed.

Follow-up:

The patient should schedule regular follow-up appointments with their mental health professional to monitor progress, adjust treatment plans as necessary, and address any arising concerns.

Doctor: Dr. John Doe (General Physician)
Hospital: City Health Hospital