

# Medical Diagnosis Report

**Patient Name:** shaurya singh jadaun  
**Age:** 18  
**Gender:** Male  
**Symptoms:** he have ocd and repetative behaviour  
**Contact:** 8218647730  
**Address:** surendra nagar aligarh

## Diagnosis:

The patient, Shaurya Singh Jadaun, has exhibited symptoms suggesting the presence of Obsessive-Compulsive Disorder (OCD). OCD is a mental health disorder characterized by recurring, unwanted thoughts (obsessions) and repetitive behaviors (compulsions) that he feels driven to perform.

## Treatment Plan:

1. Cognitive Behavioral Therapy (CBT): This therapy helps the patient to identify, challenge, and change unhelpful cognitive patterns and behaviors related to OCD.

## Recommended Medicines:

If necessary, medications such as Selective Serotonin Reuptake Inhibitors (SSRIs) like Clomipramine may be prescribed to help manage the symptoms. However, the use of medication should be decided in consultation with a healthcare provider.

## Additional Notes:

It is important to note that the treatment for OCD often requires ongoing care and adjustment based on the patient's response and progress. Support from family and friends is also crucial for the successful management of the condition.

## Follow-up:

The patient is advised to follow up with the healthcare provider for regular therapy sessions and medication management. Progress will be monitored, and adjustments to the treatment plan may be made as needed. It is important for the patient to attend all scheduled appointments and communicate any changes in symptoms to the healthcare provider.

**Doctor:** rohan khatri (general physician)  
**Hospital:** lilawati hospital