

# Medical Diagnosis Report

**Patient Name:** shaurya singh jadaun

**Age:** 20

**Gender:** Male

**Symptoms:** ocd symptoms and repetative anxiety behaviour

**Contact:** 8218647730

**Address:** surendra nagar aligarh

## Diagnosis:

The presented symptoms, specifically Obsessive-Compulsive Disorder (OCD) and repetitive anxiety behaviors, are suggestive of an anxiety disorder. However, for a definitive diagnosis, a thorough psychological evaluation and diagnostic interviews should be conducted.

## Treatment Plan:

The treatment plan will primarily involve Psychotherapy (Cognitive Behavioral Therapy - CBT) which aims to help manage and reduce OCD symptoms. Medication may also be considered in conjunction with therapy.

## Recommended Medicines:

If medication is necessary, Selective Serotonin Reuptake Inhibitors (SSRIs) like Fluvoxamine, Sertraline, or Clomipramine are often prescribed for OCD. However, the specific medication will be determined based on the patient's overall health and individual response to treatment.

## Additional Notes:

It is important to note that OCD symptoms can greatly impact a person's quality of life and may cause significant distress. Patients often benefit from a supportive and understanding environment during treatment.

## Follow-up:

Regular follow-ups will be scheduled to assess the effectiveness of the treatment plan, monitor side effects, and adjust the treatment as necessary. Adherence to the treatment plan is crucial for improving symptoms and quality of life. The patient may also be referred to a psychiatrist or psychologist for further evaluation and treatment. It is essential for Mr. Shaurya Singh Jadaun to maintain open communication with his healthcare providers regarding his symptoms, treatment progress, and any concerns or questions he may have.

**Doctor:** rohan khatri (general physician)

**Hospital:** lilawati hospital