Nurse Name: Jack Jones

Date: 2024-06-22

## Shaurya Srivastava Nursing Report

### **Patient History & Context:**

Patient has a history of diabetes in his family. Patient has previously injured femur in March 2020. Patient has enormous penis syndrome

#### Vitals:

blood pressure: 120/80 heart rate: 72 BPM respiratory rate: 16 breaths/minute body temperature: 98.6°F oxygen saturation: 98%

# Notes for Doctor:

The travel nurse assessed Mr. Smith's post-surgery recovery, noting a bit of soreness and a pain level of four, managed with medication every six hours. Vital signs were normal: temperature 98.6°F, blood pressure 120/80 mmHg, pulse 72 bpm, respiratory rate 16 breaths per minute, and oxygen saturation 98 percent. His incision site showed minor redness but no swelling or discharge. Mr. Smith reported feeling tired, which the nurse attributed to normal post-surgery fatigue, recommending rest, a balanced diet, and hydration. Appetite was low, managed with smaller, frequent meals. Mobility was slightly painful, suggesting gentle walking and using support. The patient has home support from his daughter. No immediate concerns, but continued monitoring is advised.

#### **Notes for Patient:**

The travel nurse reviewed Mr. Smith's post-surgery vital signs, which were all within normal ranges: temperature at 98.6°F, blood pressure at 120/80 mmHg, pulse at 72 beats per minute, respiratory rate at 16 breaths per minute, and oxygen saturation at 98%. These vitals are essential indicators of health, showing the body's basic functions like heart rate and breathing efficiency. Mr. Smith's pain level was a manageable 4 out of 10, aided by medication every six hours. The nurse advised keeping the incision site clean and dry, and changing the dressing daily. Post-surgery fatigue is normal due to the body's healing process. The nurse recommended rest, hydration, a balanced diet, and gentle mobility exercises. If symptoms like sudden pain or fever arise, seek immediate medical attention.