user_favs	
id	int
username	varchar
food	varchar
cals	decimal
protein	decimal
carbs	decimal
fat	decimal

user_weights	
id	int
username	varchar
date_weighed	date
user_weight	decimal

user_cals	
id	int
username	varchar
date_cal	date
user_cal	decimal
recommended_cals	decimal

foods id int varchar username food varchar users decimal cals decimal varchar protein username decimal user_password varchar carbs decimal email varchar fats date_joined date dec amount date_added curr_weight decimal date curr_height decimal integer curr_age recommendations curr_activity varchar varchar curr_goal varvhar username decimal cals curr_experience varchar decimal gender varchar protein curr_BMR carbs decimal integer fat biweek_check_date date decimal





