

Pasta Recipes



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## Classic Spaghetti Bolognese

#### Ingredients:

500g San Remo No 5 Spaghetti

2 tbsp olive oil

2 tsp rosemary, chopped

2 cloves of garlic, crushed

400g beef mince

1 onion, thinly sliced

1 red capsicum, diced

400g can tomatoes, pureed

3 tbsp tomato paste

Salt and pepper to taste

Grated cheese, to serve



#### Method:

- 1. In a pot of boiling, salted water, cook pasta as per packet instructions.
- Heat olive oil in a pan, fry chopped rosemary, crushed garlic, 400g beef mince, thinly sliced onion and diced red capsicum.
- Cook until the onions are soft and beef starts to brown. Add canned tomatoes and tomato paste.
- Cook until the sauce is boiling, then reduce heat and simmer 15 minutes until the beef is cooked and the capsicum tender.
- 5. Season with salt and pepper to taste.
- 6. Divide pasta into bowls and top with sauce. Sprinkle with grated cheese.







prep time 15 cook time 20



## Mozzarella & Basil Gratin with Small Shells

#### Ingredients:

500g San Remo No 28 Small Shells

1 tbsp butter

4 eggs

1 cup of thickened cream

300g mozzarella, grated

½ cup parmesan, grated

½ cup pecorino, grated

200g gruyere cheese or melting cheese, diced

1 cup cherry tomatoes, cut into halves

½ cup basil leaves, torn in halve

Salt and pepper



- 1. Pre-heat oven to 180C.
- 2. In a pot of boiling salted water, cook pasta as per packet directions.
- 3. Grease a baking dish with butter.
- In a large bowl, beat eggs, cream and gradually add mozzarella, parmesan, pecorino and 2/3 of gruyere. Add tomatoes and basil to egg mix and set aside.
- 5. Strain pasta and add to egg mix, season with salt and pepper and stir.
- Pour pasta into baking dish and top with remaining gruyere. Bake for 15 minutes or until golden.
- 7. Remove from oven and allow pasta to cool for 5 minutes and serve.









#### Pasta Bake with Tuna

#### Ingredients:

500g San Remo No 18 Penne

- 2 tbsp extra virgin olive oil
- 1 brown onion, peeled and finely diced
- 2 x 400g tins chopped tomatoes

Sea salt flakes and freshly ground black pepper

- 2 x 185g tins tuna in olive oil
- 1/4 bunch basil leaves or 1 teaspoon dried basil (if fresh is not available)
- 1 cup grated Parmesan cheese



- Pre-heat the oven to 200°C (180°C fan-forced). Lightly grease a large baking dish.
- 2. In a pot of salted, boiling water, cook pasta as per packet directions. Drain.
- 3. In a small frying pan, heat oil over a medium heat. Add onion and cook for 4 minutes, or until onion becomes translucent and aromatic. Add the tomatoes, salt and pepper, cover and cook on a gentle heat for 20 minutes, or until the sauce has thickened.
- Add tuna and basil leaves, stirring until well combined. Add the cooked pasta, tossing until well coated.
- 5. Place half the pasta into prepared baking dish, sprinkle over ½ cup Parmesan cheese to cover pasta. Add remaining pasta and sprinkle with remaining Parmesan cheese. Cover baking dish with foil and place in preheated oven for 25-30 minutes until cooked. Remove foil for the last 5 minutes of cooking to allow the top of the pasta to become golden and crisp.







prep time 15 cook time



### Pasta E Fagoli Soup

#### Ingredients:

500g San Remo No 27 Curls

- 2 tbsp olive oil
- 1 clove garlic, crushed
- 1 small onion, peeled and diced
- 1 tsp ground paprika
- 1 carrot, peeled and diced
- 2 stalks celery, diced
- 400g tin crushed tomatoes
- 2 cups vegetable stock
- 1 cup water
- 10 green beans, finely sliced
- 200g tin two-bean mix, drained and rinsed
- Salt and pepper to taste

Grated parmesan, to serve



#### Method:

- Heat the olive oil in a deep saucepan; add garlic, onion and paprika and sauté gently until soft.
- 2. Add the carrot and celery; continue to cook for 2 minutes.
- 3. Pour in the crushed tomatoes, stock, water, beans and uncooked pasta. Bring to the boil and then reduce heat and simmer for 15 minutes.
- 4. Season with salt and pepper and serve with grated parmesan.







prep time 10 cook time



# Pasta Nicoise with Sun-Dried Tomato Vinaigrette

#### Ingredients:

500g San Remo No 18 Penne
250g green beans, halved diagonally
425g can tuna chunks in spring water,
drained and flaked into large pieces
1 small red onion, cut into thin wedges
200g grape tomatoes, halved
1/2 cup bottled roasted red capsicum strips
1/2 cup firmly packed basil leaves, torn if large
50g baby rocket



#### Dressing ingredients:

1/3 cup pitted black olives 4 boiled eggs, peeled and halved

8 sun-dried tomatoes packed in oil, drained and chopped 1/4 cup red wine vinegar 2 cloves garlic, crushed 1/2 cup extra virgin olive oil ground black pepper and salt, to taste

- In a pot of boiling, salted water, cook pasta according to packet directions.
   Drain and rinse under cold water. Drain well and place in a large bowl.
- 2. Meanwhile, cook beans for 2 minutes in boiling water. Drain and place in cold water to cool. Drain well.
- Add tuna, beans, onion, tomatoes, capsicum, basil, rocket and olives to the pasta and toss gently. Place on a shallow serving bowl or platter.
- Place all vinaigrette ingredients in a small food processor and process until blended. Drizzle dressing over the salad and toss gently. Arrange egg halves on top of salad.





#### Penne Puttanesca

#### Ingredients:

500g San Remo No 18 Penne

- 2 tbsp olive oil
- 1 clove garlic, crushed
- 2 x 400g tins peeled tomatoes, chopped
- 2 tbsp stuffed olives, sliced
- 1 tbsp parsley, chopped
- ½ capsicum, finely diced
- 4 anchovy fillets, drained and chopped
- 1 tsp basil leaves

½ tsp chilli powder (or to taste)

1 tsp sugar

Salt & pepper, to taste

Parmesan cheese, to serve

Parsley, to serve



#### Method:

- On medium heat, heat olive oil in a saucepan. Fry garlic until brown, stir frequently.
- When brown add tomatoes, olives, parsley, capsicum, anchovies, basil and chilli.
- Season with sugar, salt and pepper. Bring to boil and simmer gently for 15 minutes.
- In a pot of boiling, salted water, cook pasta according to packet directions. Drain well and return to pot.
- 5. Add ¾ of the sauce and gently stir it through.
- Serve hot topped with the remaining sauce, sprinkled with Parmesan cheese and garnished with basil or parsley leaves.







prep time 15 cook time 15



### Prawn, Lemon & Parsley Linguine

#### Ingredients:

500g San Remo No 1 Linguine

½ cup olive oil

- 2 tbsp butter
- 1 tbsp crushed garlic
- 500g prawn meat, deveined & finely diced
- 2 lemons, zested & juiced
- Salt & pepper
- 1/2 bunch flat leaf parsley, chopped
- 1/2 bunch mint, finely chopped

#### Method:

- 1. In a pot of boiling, salted water, cook pasta as per packet directions.
- In a large pan, heat olive oil and butter on medium heat until butter has melted.
- Next, place garlic and prawn meat into pan and sauté for 3 to 5 minutes or until prawns are cooked.
- Add, lemon zest, lemon juice and reduce heat to a simmer. Cook for a further 3 minutes.
- 5. Season with salt and pepper.
- Add parsley and mint to pan and stir through and turn off the heat. Finally strain pasta and toss through the sauce.
- 7. Serve with extra cracked pepper.

Developed by Adam Swanson for San Remo.

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prep time 5 cook time



## Spaghetti Arrabiata

#### Ingredients:

500g San Remo No 5 Spaghetti 1/4 cup olive oil 1/4 cup fresh parsley, chopped 4 garlic cloves, crushed 4 onions, roughly chopped

- 140g tomato paste
- 2 tsp dried basil
- 1 tsp oregano
- 1/2 tsp chilli flakes, crushed Salt and cracked black pepper, to taste
- 2 x 400g cans tomatoes, crushed Parmesan cheese



#### Method:

1. In a pot of boiling, salted water, cook pasta as per packet instructions.

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- 2. Heat oil in a large pan on low-medium heat.
- Stir in parsley and garlic and cook for 5 minutes.
- 4. Add onions and cook a further 10 minutes until caramelised.
- 5. Add tomato paste, basil, oregano and chilli flakes.
- 6. Season generously with salt and pepper, stir well and cook for 2 minutes.
- 7. Add tomatoes and simmer uncovered for 45 minutes on medium heat.
- 8. Toss sauce through the pasta and garnish with parmesan cheese.







prep time 10

cook time



## Spicy Moroccan Meatballs

## with Spaghetti

#### Ingredients:

500g San Remo No. 5 Spaghetti 500g beef mince

- 1 cup coarse breadcrumbs
- 1 egg, lightly beaten
- 1 tbsp ground cumin
- 1 tbsp ground hot paprika
- 1 tsp ground cinnamon



1/2 cup coriander, chopped finely

- 1 tbsp crushed garlic
- Salt and white pepper
- 1/4 cup olive oil
- 1 small red onion, diced
- 1 x 400g tin of crushed tomatoes
- 1 cup chicken stock

- In a pot of boiling salted water, add the pasta and cook as per packet directions.
- Mix together mince, breadcrumbs, egg, cumin, paprika, cinnamon, coriander and garlic.
- 3. Add salt and pepper to taste. Roll tablespoonfuls of mince into balls.
- Heat half the oil in a pan on medium heat and fry meatballs for 2 to 3 minutes or until lightly browned.
- 5. Once cooked, remove and place onto a tray.
- 6. Heat remaining oil and fry onion for 2 minutes. Add tomatoes, chicken stock and bring to the boil.
- 7. Reduce heat to a simmer and add meatballs.
- 8. Cook for a further 8 to 10 minutes.
- 9. Season again with salt and pepper.
- 10. To finish, add pasta to pan and mix together.



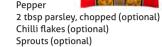




## Vegan Mac & Cheese with Kale Chips

#### Ingredients:

250g San Remo No 35 Elbows 1/2 bunch of kale 2 tbsp olive oil Salt



#### Mac 'n' cheese sauce:

1 cup of coconut milk ½ cup of cashews, soaked for at least 8 hours, drained and rinsed\*

1/4 cup of nutritional yeast flakes

- 1 tbsp arrowroot powder
- 2 garlic cloves, minced
- 1 ½ tsp onion flakes

#### 1/2 tbsp dijon mustard

½ tbsp apple cider vinegar

1/2 tsp salt

1/4 tsp black pepper

1 tbsp miso paste (optional, for more umami flavour)

½ tsp of turmeric (optional, just for colour)

- Preheat oven to 110°C.
- 2. Wash kale and dry thoroughly, then tear into small pieces, discarding hard stems. Place kale pieces on a baking tray, pour over 1 tbsp of the olive oil and toss with your hands to make sure all the kale is covered.
- 3. Spread the kale out, making sure they aren't touching too much (you may need 2 baking trays). Place in oven for around 10 minutes, until kale is crispy, but not burnt. Remove from the oven, sprinkle with some salt and set aside.
- 4. In a pot of boiling salted water, cook pasta as per packet directions, when done, save ½ cup of pasta water and drain the rest.
- 5. In a blender, add all the Mac 'n' Cheese sauce ingredients and blend until smooth.
- 6. Pour the sauce into a saucepan and heat slowly, stirring constantly until the sauce thickens (if it gets too thick, add a little bit of pasta water).
- 7. Turn off heat, then add the pasta and chilli flakes and stir to combine. Season with salt and pepper as needed.
- 8. Serve in bowls, top with kale chips, sprouts and parsley.





