

The 2026 Definitive Guide to User Interface Design: Standards, Trends, and Systems

1. The State of Interface Design in 2026: An Era of Intelligent Minimalism

The digital landscape of 2026 represents a mature synthesis of aesthetics and utility, defined by a philosophy of "Intelligent Minimalism." We have moved beyond the stark, often sterile flatness that characterized the early 2020s, and we have integrated the depth and tactility promised by spatial computing without succumbing to the skeuomorphic clutter of the past. For the experienced frontend designer and developer, the mandate is no longer just to create beautiful screens but to construct resilient, adaptive design systems that function seamlessly across an ever-expanding continuity of device resolutions—from the 440px logical width of the iPhone 16 Pro Max to the expansive 4K canvases of desktop displays.¹

In 2026, the interface is not merely a static layer; it is an active participant in the user experience, powered by "Agentic UX." As Artificial Intelligence becomes a collaborative partner rather than just a tool, interfaces must be designed to accommodate dynamic content generation, assistive panels, and intent-driven layouts.³ This guide serves as an exhaustive reference for the dimensions, color theories, and component specifications that define the professional industry standard for this year. It is designed to be the ultimate source of truth for constructing clean, aesthetic, and modern UIs that stand the test of time.

1.1 The Shift from Static to Modular Fluidity

The most profound structural shift in 2026 is the abandonment of rigid page templates in favor of modular fluidity. The industry standard has solidified around the concept that a user interface is a collection of autonomous, self-aware components rather than fixed pages. This evolution is driven by the necessity of "Container Queries," which have largely replaced viewport-based media queries for component-level styling.⁵ A card component in 2026 is designed to look perfect whether it is squeezed into a 300px sidebar or stretched across a 1200px main content area, adjusting its typography, padding, and layout internally based on its immediate parent container rather than the browser width.

This shift has elevated the "Bento Grid"—a layout style inspired by Japanese lunch boxes—to the pinnacle of layout trends.⁶ The Bento Grid allows for the organized chaos of modern content strategies, where video, text, interactive widgets, and data visualizations coexist in a unified, rectangular harmony. It provides a structured flexibility that traditional column-based layouts struggled to achieve, making it the default choice for everything from SaaS

dashboards to creative portfolios.

1.2 The "Warm" Aesthetic and Mental Health

Visually, the dominant trend is "Warm Minimalism." The industry has recognized that the high-contrast, blue-light-heavy interfaces of the past contributed to digital fatigue. In response, 2026 design principles prioritize mental health through the use of softer, earthy palettes, "Mocha" tones, and lower contrast ratios that meet accessibility standards without straining the eye.⁸

This aesthetic is characterized by:

- **Tactile Depth:** A resurgence of texture, where buttons have a subtle "squishiness" and surfaces possess a "liquid glass" quality that implies depth and hierarchy without heavy drop shadows.¹⁰
- **Organic Geometry:** The era of the sharp rectangle is effectively over. "Super-ellipses" and high-radius rounded corners (border-radius) are standard, conveying approachability and safety.¹²
- **Humanist Type:** Typography has moved away from the cold, geometric sans-serif of the early 2010s toward typefaces with calligraphic roots, open counters, and taller x-heights, ensuring readability and warmth.¹³

1.3 Design for AI and "Agentic" Interfaces

The integration of AI has fundamentally altered the canvas. Designers in 2026 are crafting interfaces for "Human-Agent Ecosystems." This requires allocating screen real estate for "Assistive Panels"—collaborative sidebars where AI agents suggest actions, summarize data, or generate content.³ The UI must be robust enough to handle the unpredictability of AI-generated text. We are no longer designing for fixed copy; we are designing resilient containers that maintain their integrity whether the AI returns a single sentence or three paragraphs. This requires a mastery of auto-layout principles and fluid spacing tokens that can expand and contract gracefully.

2. Comprehensive Color Systems: The 2026 Standards

Color in 2026 is rigorous, semantic, and deeply psychological. We have moved away from picking colors based on "vibe" to constructing mathematical color systems using HSL (Hue, Saturation, Lightness) or LCH (Lightness, Chroma, Hue) models. This ensures that tonal ramps are consistent and accessible across both light and dark modes.¹⁴

2.1 The Semantic Color Architecture

A professional UI color system in 2026 is defined by *roles* rather than *hues*. A palette is not

just a list of hex codes; it is a set of tokens mapped to functions.

- **Surface Tokens:** Define the background layers (Page, Card, Modal).
- **Content Tokens:** Define the elements sitting on surfaces (Text, Icons, Borders).
- **Action Tokens:** Define interactivity (Primary, Secondary, Tertiary buttons).
- **State Tokens:** Define feedback (Success, Warning, Error, Info).

2.2 Trending Professional Color Stacks (Hex Specifications)

The following color stacks represent the "Best in Class" for varying industry verticals in 2026. These combinations have been vetted for accessibility, aesthetic harmony, and trend adherence.

Palette A: "SaaS Enterprise Trust" (The New Corporate Standard)

This palette replaces the stark blacks of the past with deep "Midnight" blues and "Slate" grays, reducing eye strain while maintaining authority.⁹

| Token Role | Color Name | Hex Code | Usage Context & Rationale |
|------------------|---------------|----------|--|
| Surface (Base) | Cloud White | #F8FAFC | The foundational background. Pure white (#FFFFFF) is reserved for Card surfaces to create elevation. |
| Surface (Card) | Pure White | #FFFFFF | Used for components to separate them from the base background. |
| Text (Primary) | Midnight Navy | #0F172A | A very deep blue-grey. Softer than #000000, provides high contrast without harshness. |
| Text (Secondary) | Slate Blue | #64748B | For subheaders and metadata. |

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| | | | Contains enough blue to harmonize with the primary text. |
| Primary Action | Electric Indigo | #4F46E5 | High vibration, accessible on white. Used for main CTAs. |
| Secondary Action | Soft Indigo | #EOE7FF | Used for background of secondary buttons (with Indigo text). |
| Accent/Success | Teal | #0D9488 | A modern replacement for standard green, offering a more sophisticated "Success" state. |

Palette B: "Warm Minimalism" (Lifestyle, Wellness, Modern Brand)

Dominating 2026, this stack utilizes the "Mocha Mousse" and "Terracotta" trends. It feels organic, human, and grounded.⁸

| Token Role | Color Name | Hex Code | Usage Context & Rationale |
|-----------------------|------------|----------|--|
| Surface (Base) | Sand/Beige | #F6EDE1 | A warm, ultra-light beige that replaces white/gray. Reduces blue light emission. |
| Text (Primary) | Deep Olive | #2C3E2C | A very dark green-black. Feels natural and |

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| | | | high-end. |
| Text (Secondary) | Earth Brown | #9A7E68 | Warm gray-brown for secondary text. |
| Primary Action | Terracotta | #E2725B | A muted red-orange. Energetic but not aggressive. Inviting for "Add to Cart" or "Sign Up". |
| Highlight | Soft Gold | #D4AF37 | Used sparingly for premium badges or ratings. |
| Trend Color | Mocha Mousse | #A47864 | Pantone 2026 favorite. Used for section backgrounds or large typography. |

Palette C: "Dark Mode Native" (Developer Tools, Media, Dashboard)

Dark mode is mandatory in 2026. This palette avoids pure black (#000000) to prevent OLED "smearing" and allows for proper elevation via lightness.¹⁸

| Token Role | Color Name | Hex Code | Usage Context & Rationale |
|------------------------|------------|----------|---|
| Surface (Base) | Obsidian | #121212 | The industry standard dark background. |
| Surface (Lvl 1) | Gunmetal | #1E1E1E | Card backgrounds. Slightly lighter than base. |
| Surface (Lvl 2) | Charcoal | #252525 | Modals or |

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| | | | Dropdowns. Lighter still to simulate proximity to the user. |
| Text (Primary) | Mist | #E2E8FO | Off-white (87% white). Pure white vibrates too much against dark backgrounds. |
| Text (Secondary) | Steel | #94A3B8 | Light blue-gray. |
| Primary Action | Neon Violet | #818CF8 | Desaturated neon colors perform better in dark mode than fully saturated primaries. |
| Border | Subtle Edge | #2D2D2D | Low contrast borders to define shape without visual noise. |

Palette D: "Neo-Retro & Glass" (Creative, Portfolio, Web3)

Leveraging the "Liquid Glass" and "Gradient" trends, this palette relies on vibrancy and transparency.¹¹

| Token Role | Color Name | Hex Code | Usage Context & Rationale |
|----------------------|------------|-----------|--|
| Background | Deep Mesh | #0B1120 | Often paired with blurred gradient orbs in the background. |
| Glass Surface | Frost | #FFFFFF10 | 10% opacity white + Background Blur |

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| | | | (20px). The signature "Glassmorphism" look. |
| Primary Gradient | Cyber | #EC4899 to #8B5CF6 | Pink to Purple gradients. Used for text fills or primary buttons. |
| Border | Shine | #FFFFFF20 | 20% opacity white stroke to define glass edges. |

2.3 The 60-30-10 Rule: 2026 Edition

The classic interior design rule remains the gold standard for UI balance, but with nuanced application for 2026:

- **60% Neutral (Surface):** This is your negative space. In 2026, "neutral" does not mean white. It means #F8FAFC (Cool White) or #F6EDE1 (Warm Sand). The large amount of neutral space is critical for the "Clean" aesthetic.
- **30% Secondary (Brand/Structure):** This includes the Navigation Bar, Sidebars, Cards, and Footer. These elements define the structure.
- **10% Accent (Action):** This is strictly for *interactivity*. If a user sees the Accent color (e.g., #4F46E5), they should know it is clickable. Using the accent color for non-interactive decorative elements is considered a UX failure in 2026.¹⁹

2.4 Deep Dive: Dark Mode Engineering

Dark mode is no longer a simple color swap; it is an engineered view.

- **Desaturation:** Bright colors appear more vibrant against dark backgrounds due to higher perceived contrast. A button that is #3B82F6 (Blue) in light mode should be desaturated to #60A5FA in dark mode to prevent visual vibration.
- **Elevation Strategies:** In light mode, we use *shadows* to show depth. In dark mode, shadows are invisible. We must use *lightness*. A layer "closer" to the user is lighter gray than the layer behind it.
- **Text Contrast:** Designers must verify that text maintains a 4.5:1 contrast ratio. This is challenging with gray text on dark gray backgrounds. The "Steel" color (#94A3B8) is specifically chosen because it passes accessibility standards on #1E1E1E backgrounds.¹⁸

¹⁸ [https://www.w3.org/WAI/ARIA/tutorials/color-contrast/](#)

3. Visual Language and Aesthetic Trends

The aesthetic of 2026 is a reaction to the digital saturation of the previous decade. Users crave clarity, order, and a touch of humanity.

3.1 The Bento Grid: The Layout of the Decade

The Bento Grid is the defining layout trend of 2026. It is characterized by a grid of rectangular tiles of varying sizes (1x1, 1x2, 2x2) that lock together to form a cohesive whole.

- **Why it works:** It mimics the way we consume feed-based content but adds structure. It allows for "Visual Hierarchy by Size"—the most important feature gets a large 2x2 square, while secondary metrics get 1x1 squares.⁶
- **Implementation:** The Bento grid is typically built using CSS Grid. It relies on a strict gap (usually 16px or 24px). The corners of individual tiles are heavily rounded (24px - 32px radius) to separate the content visually without harsh lines.
- **Responsiveness:** Bento grids are inherently responsive. On mobile, the complex 2D grid simply reflows into a single 1D column, preserving the order and content without requiring a completely new design.⁷

3.2 Glassmorphism and "Liquid Glass"

"Liquid Glass" is the evolution of 2020's Glassmorphism. It is cleaner, more subtle, and used functionally rather than just decoratively.

- **Functional Blur:** Instead of blurring entire backgrounds, we see "functional blur" on sticky navigation bars and modal overlays. This preserves context—the user can see *something* is behind the layer—helping them maintain their mental map of the interface.²²
- **Technical Spec:** A standard Liquid Glass effect in 2026 uses a background opacity of 60-80% (`rgba(255, 255, 255, 0.7)`), a `backdrop-filter` blur of 12px to 20px, and a 1px solid border at 10-20% opacity to define the edge.¹¹

3.3 Tactile Maximalism ("Squishy UI")

A counter-trend to strict minimalism is "Tactile Maximalism" or "Squishy UI." This involves elements that look like they have physical mass. Buttons might have a subtle 3D bevel or a gradient that implies curvature. When pressed, they don't just change color; they physically scale down (e.g., to 95% size), mimicking the deformation of a rubber button. This adds a layer of "delight" and feedback that flat design lacks.¹⁰

3.4 Iconography: The Solid vs. Outline Debate

In 2026, the industry standard for iconography is strictly functional:

- **Outline Icons (1.5px - 2px stroke):** Used for passive states. They are lighter and contribute less visual noise to the page. They are the default for navigation bars and

menus.

- **Solid/Filled Icons:** Used for *active* or *selected* states. When a user taps the "Home" tab, the house icon fills in. This change in visual weight provides immediate, clear feedback. Solid icons are also used for high-priority actions like "Compose" or "Add" buttons to draw the eye.²⁴
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4. Layout Architecture and The Grid Physics

The foundation of the 2026 interface is the Grid. We do not place elements arbitrarily; we snap them to a rigid mathematical structure that ensures rhythm and consistency.

4.1 The 8pt Spacing System

The 8pt grid is the universal language of spacing in 2026. Every margin, padding, and height is a multiple of 8. This reduces decision fatigue and ensures that all components lock together like Lego bricks.

- **The Scale:** 4px (0.5x), 8px (1x), 16px (2x), 24px (3x), 32px (4x), 40px (5x), 48px (6x), 64px (8x), 80px (10x), 96px (12x).²⁶
- **Exceptions:** 4px is used for very tight grouping (like a label next to a small icon). Line-heights often use a 4pt baseline grid to ensure text sits perfectly within the system.

4.2 The 1440px Desktop Standard

While 4K monitors are common, **1440px** (logical width) remains the primary design target for desktop interfaces. This aligns with the logical resolution of high-end laptops (like the MacBook Pro) which act as the common denominator for professional work.

1440px Grid Specification:

- **Total Canvas Width:** 1440px
- **Content Container (Max-Width):** 1140px to 1280px.
 - *Why?* Content wider than 1280px becomes difficult to scan. Keeping the main container constrained ensures lines of text remain at a readable length (60-75 characters).
- **Columns:** 12 Columns.
- **Gutter:** 24px (Standard) or 32px (Airy).
- **Margin:** The remaining space $((1440 - 1280) / 2 = 80\text{px})$ is auto-margin on the left and right. On wider screens (1920px), these margins simply increase, centering the content.²⁸

4.3 The 12-Column Grid Anatomy

The 12-column grid is the backbone of responsive design.

- **100% Width (12 Cols):** Hero sections, full-width data tables.

- **50% Width (6 Cols):** Standard two-column layouts (Text + Image).
 - **33% Width (4 Cols):** Feature cards, pricing tiers (The "Rule of Three").
 - **25% Width (3 Cols):** Dense data grids or gallery thumbnails.
 - **Sidebar Layouts:** A standard layout in 2026 is a **256px** fixed sidebar (roughly 2-3 columns equivalent) with the remaining space dedicated to the content area.³⁰
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5. Screen Resolutions and Breakpoint Strategy: The Complete Guide

Designing for "every possible screen" requires a strategic approach to breakpoints. We do not design for specific devices; we design for *ranges*. However, knowing the specific logical resolutions of market-leading devices is critical for fine-tuning.

5.1 The Master Breakpoint Table (2026)

| Device Class | Breakpoint Range (CSS Width) | Typical Device Logic Resolution | Grid Cols | Gutter | Margin |
|------------------|------------------------------|--------------------------------------|-----------|--------|--------|
| Mobile Small | 0px – 374px | 360 x 800 (Android Base) | 4 | 16px | 16px |
| Mobile Standard | 375px – 479px | 393 x 852 (iPhone 15/16) | 4 | 16px | 16px |
| Mobile Large | 480px – 767px | 440 x 956 (iPhone 16 Pro Max) | 4 | 16px | 24px |
| Tablet Portrait | 768px – 1023px | 834 x 1194 (iPad Mini/Air) | 8 | 24px | 32px |
| Tablet Landscape | 1024px – 1279px | 1024 x 768 (iPad Pro) | 12 | 24px | 48px |

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| Laptop Small | 1280px – 1439px | 1280 x 800 (MacBook Air) | 12 | 32px | 64px |
| Desktop Standard | 1440px – 1919px | 1440 x 900 (Standard Design Target) | 12 | 32px | Auto |
| Large / TV | 1920px + | 1920 x 1080 (Full HD) | 12 | 40px | Auto |

Critical Insight: The iPhone 16 Pro Max has introduced a logical width of **440 points** (up from the previous 428/430 standards). This creates a "phablet" class where designers can often fit two small columns of content (like a Pinterest grid) rather than a single column stack. Designs must be tested at 440px to ensure they don't look awkwardly stretched.¹

5.2 Container Query Logic

In 2026, we focus less on the screen width and more on the *component* width.

- **@container (min-width: 400px):** If a card is wider than 400px, switch from a vertical stack (image on top) to a horizontal layout (image on left).
- **Why this matters:** A dashboard widget might be 400px wide on a desktop (in a 3-column grid) but 100% width on mobile (360px). The component needs to adapt its internal layout based on the space *available to it*, not the browser window.⁵

6. Component Specifications: The Atomic Guide

This section provides the exact pixel-perfect specifications for the core UI components.

6.1 Typography: The Major Third Scale

In 2026, the base font size has shifted from 16px to **18px** for desktop body text. High-resolution displays render text smaller and sharper; increasing the base size improves readability and reduces eye strain. We use a **Major Third (1.250)** modular scale to determine heading sizes, creating a harmonious hierarchy.³³

The 2026 Type Scale (Desktop):

| Role | Size (px) | Line Height (Ratio) | Line Height (px) | Letter Spacing | Usage |
|------------------|-----------|---------------------|------------------|----------------|------------------------------|
| Display / Hero | 56px | 1.1 | 64px | -1.5% | Large marketing headers. |
| H1 (Page Title) | 44px | 1.2 | 56px | -1.0% | Main page title. |
| H2 (Section) | 36px | 1.25 | 48px | -0.5% | Major section dividers. |
| H3 (Card Title) | 28px | 1.3 | 36px | 0% | Card headers, modal titles. |
| H4 (Sub-section) | 22px | 1.4 | 32px | 0% | Minor grouping labels. |
| Body Large | 20px | 1.5 | 32px | 0% | Lead paragraphs, intro text. |
| Body Base | 18px | 1.6 | 28px/32px | 0% | Standard reading text. |
| Body Small | 16px | 1.5 | 24px | 0% | Secondary text, lists. |
| Caption/Label | 14px | 1.4 | 20px | +1.0% | Form labels, timestamps . |

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|------|------|-----|------|-------|-----------------------------------|
| Tiny | 12px | 1.4 | 16px | +2.0% | Legal, footnotes. (Minimum size). |
|------|------|-----|------|-------|-----------------------------------|

Mobile Adjustment: For mobile, shift the scale down one step. Desktop H3 (28px) becomes Mobile H2. Mobile Body Base is typically **16px** (never go lower than 16px for input text to prevent auto-zoom on iOS).³⁵

6.2 Buttons: Shape and Size

The button is the primary interaction point. The trend in 2026 favors the **Pill Shape** (fully rounded ends) for primary actions due to its organic, friendly feel. Rectangular buttons (with 8-12px radius) are used for secondary actions or form inputs to differentiate them from the primary call to action.³⁷

Button Size Chart:

| Size Class | Height | Padding (X) | Font Size | Icon Size | Usage |
|-------------|--------|-------------|-----------|-----------|--|
| Large (XL) | 56px | 32px | 18px | 24px | Landing page hero CTAs. |
| Medium (MD) | 48px | 24px | 16px | 20px | Standard form submit, primary actions. |
| Small (SM) | 40px | 16px | 14px | 16px | Secondary actions, table row actions. |
| Mini (XS) | 32px | 12px | 13px | 14px | High-density toolbars. |

- **The Touch Target Law:** Even if a button is visually "Mini" (32px), its *hit area* (the invisible clickable zone) must be at least **44x44px** on mobile to meet Apple HIG and WCAG

standards. Designers achieve this by adding invisible padding around the icon or text.³⁸

6.3 Navigation Bars (Navbar)

The Navbar anchors the user experience.

- **Desktop (1440px):**
 - **Height:** 72px or 80px (Standard). 64px is considered "dense" in 2026.
 - **Style:** "Floating" Navbars are the trend. The navbar is a card that floats 24px from the top of the screen, with a width of 1280px (matching content) rather than stretching full width. This creates a layered, modern feel.⁴⁰
 - **Content:** Logo (Left), Links (Center), Search/Profile (Right).
- **Mobile:**
 - **Height:** 56px to 64px.
 - **Safe Area:** Must account for the "Notch" and "Dynamic Island" on iPhones. The top status bar area is typically 44px-54px high; the navbar sits *below* this.

6.4 Cards and Containers

Cards are the fundamental unit of the Bento Grid.

- **Border Radius:** 24px is the standard for "Large" cards. 16px for "Medium" cards. 8px for internal elements. The radius should be consistent; if the outer card is 24px, the inner image should be roughly 20px to creating "concentric corner smoothing".¹²
- **Padding:** A standard card uses **24px** padding internally. On mobile, this might reduce to **16px** to save space.
- **Shadows:** In 2026, shadows are ultra-soft and colored. Instead of #000000 (black) shadow, use a dark blue (#0F172A) at 5-10% opacity. This prevents the "dirty" look of gray shadows.
 - *Example:* box-shadow: 0 10px 15px -3px rgba(15, 23, 42, 0.1);

7. Deep Dive: Screen-Specific Design Strategies

7.1 Designing for the 1440px Laptop

This is the "Workhorse" view.

- **The Fold:** While "above the fold" is less critical, the "Hero Area" (top 800px) is vital. On a 1440px screen, after subtracting the browser chrome and taskbar, you have roughly **900px** of vertical height.
- **Layout:** Use a 12-column grid. A common pattern is the **5/7 Split**: 5 columns for text/CTA on the left, 7 columns for a rich visual/image on the right. This asymmetry feels more dynamic than the traditional 6/6 split.⁴²

7.2 Designing for the Mobile (393px - 440px)

- **The Thumb Zone:** On large phones like the iPhone 16 Pro Max (440px wide), the top corners are unreachable. Navigation must be bottom-heavy.
- **Bottom Sheets:** Instead of modals that pop up in the center, use "Bottom Sheets" that slide up from the bottom. These are easily dismissible with a downward swipe and are thumb-friendly.
- **Font Sizing:** Do not simply scale down. Maintain 16px body text. Headings should reduce significantly (e.g., H1 goes from 56px to 32px) to prevent words from breaking onto three lines.⁴⁴

7.3 Designing for Ultra-Wide (1920px +)

- **Centering:** Never let text stretch across 1920px. It is unreadable. Always constrain text to a central channel (max 700px-800px width).
- **Ornaments:** Use the extra space on the sides for "sticky" elements (Table of Contents, Social Share buttons) or decorative graphic elements that frame the content without interfering with it.⁴³

8. Conclusion and Future Outlook

The UI guide for 2026 is a document of balance. We balance the rigid mathematics of the **8pt Grid** and **12-Column Layout** with the organic softness of **Pill Buttons**, **Warm Color Palettes**, and **Humanist Typography**. We design for the **440px** mobile screen with as much care as the **1440px** laptop canvas, using **Container Queries** to ensure our components are resilient in any environment.

By adhering to these specific hex codes, pixel dimensions, and structural principles, you are not just following a trend; you are building an interface that is accessible, performant, and cognitively ergonomic. This is the standard for professional, clean, and aesthetic design in 2026. The "Demand" is for interfaces that feel like a natural extension of the user's thought process—unobtrusive, helpful, and quietly beautiful.

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- **Trends:**³
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- **Resolutions:**¹

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