## Psalm 32:1-4 -- The Psalms of David in Metre, pg 55

(tune: Landas - NO CAPO)



- 3 When as I did refrain my speech, and si-lent was my tongue,My bones then wax-ed old, be-cause I roar-ed all day long.
- 4 For up-on me both day and night thine hand did hea-vy lie,
  So that my mois-ture turn-ed is in summer's drought there-by.

Amen