Week 9

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Mobile:

Personal Development Workouts
1. Watch the movie "Invictus"   2. Watch the London Real interview of David Goggins "You can't hurt me"
Write a short description about this task   *From my perspective, "Invictus" is a captivating movie. It tells the story of Nelson Mandela uniting a divided nation through rugby. The acting, especially Morgan Freeman as Mandela, is amazing. The film portrays the struggle of post-apartheid South Africa and how sports can bring people together. The rugby scenes are intense and exciting. The movie shows the power of leadership and determination. It's inspiring to see how Mandela uses the World Cup to bridge divides. The cinematography captures emotions well. While some parts could be more detailed, overall, "Invictus" is a moving tale of hope, unity, and the impact of sports on society.*   *Link to the folder containing your audio summary*   [*audio*](#)
Write a short description about this task   *In my opinion, "You Can't Hurt Me" is a remarkable book. It's written by David Goggins, sharing his tough journey from hardships to success. The book is honest and inspiring. Goggins' struggles and determination are truly motivating. He overcomes challenges and becomes an extraordinary athlete. The book's message of pushing limits and embracing pain sticks with you. Goggins' writing is direct and impactful. His story of going from a difficult childhood to becoming a Navy SEAL and athlete is gripping. While some parts are intense, they show the power of willpower. Overall, "You Can't Hurt Me" is a powerful read that encourages self-improvement and resilience.*   *Link to the folder containing your audio summary*

Technical Workouts

1. Create a web application.
    a. Should have login, signup and home page for users.
    b. Should store the user data on a database.
    c. Login should be validated.
2. Create an admin panel.
    a. Admin panel should have a login with validation.
    b. Should be able to view and perform a search on user data.
    c. Should be able to create, delete and edit user data.
    d. Should handle sessions and cookies properly.
3. Prepare for your full domain review.

Write a short description about this task

Over the past week, I embarked on an exhilarating journey creating a user management app. Armed with MongoDB, Node.js, Express, and EJS, I dived into the intricate world of web development. Crafting user authentication from scratch was both challenging and rewarding. I molded data models in MongoDB, and Express streamlined route handling. EJS breathed life into dynamic user interfaces, while Node.js orchestrated the app's backend. Debugging and refining code, I witnessed the evolution of a seamless login, signup, and logout process. Embracing both triumphs and hiccups, this experience fortified my problem-solving skills and deepened my understanding of full-stack development. I take pride in this accomplishment as a testament to my passion for coding and my ever-expanding technical prowess.

Link to your screen record video
[video](#)

Write a short description about this task

Crafting the admin panel for my user management app was a dynamic and fulfilling journey. Employing MongoDB, Express, Node.js, and EJS, I ventured into complex terrain. I mapped out data structures, ensuring efficient storage for user details. Building upon the existing foundation, I fashioned secure routes, safeguarding admin functionalities. EJS templates breathed life into a polished, user-friendly interface, while Express adeptly managed backend operations. Integrating user CRUD operations involved meticulous coding, from displaying user information to enabling edits, deletes, and creations. Debugging and fine-tuning each aspect, I witnessed the admin panel evolve into a robust tool. This experience deepened my grasp of full-stack development, empowering me with the ability to implement intricate features. With each challenge conquered, I reinforced my coding prowess, all while shaping an application with enhanced versatility and functionality.

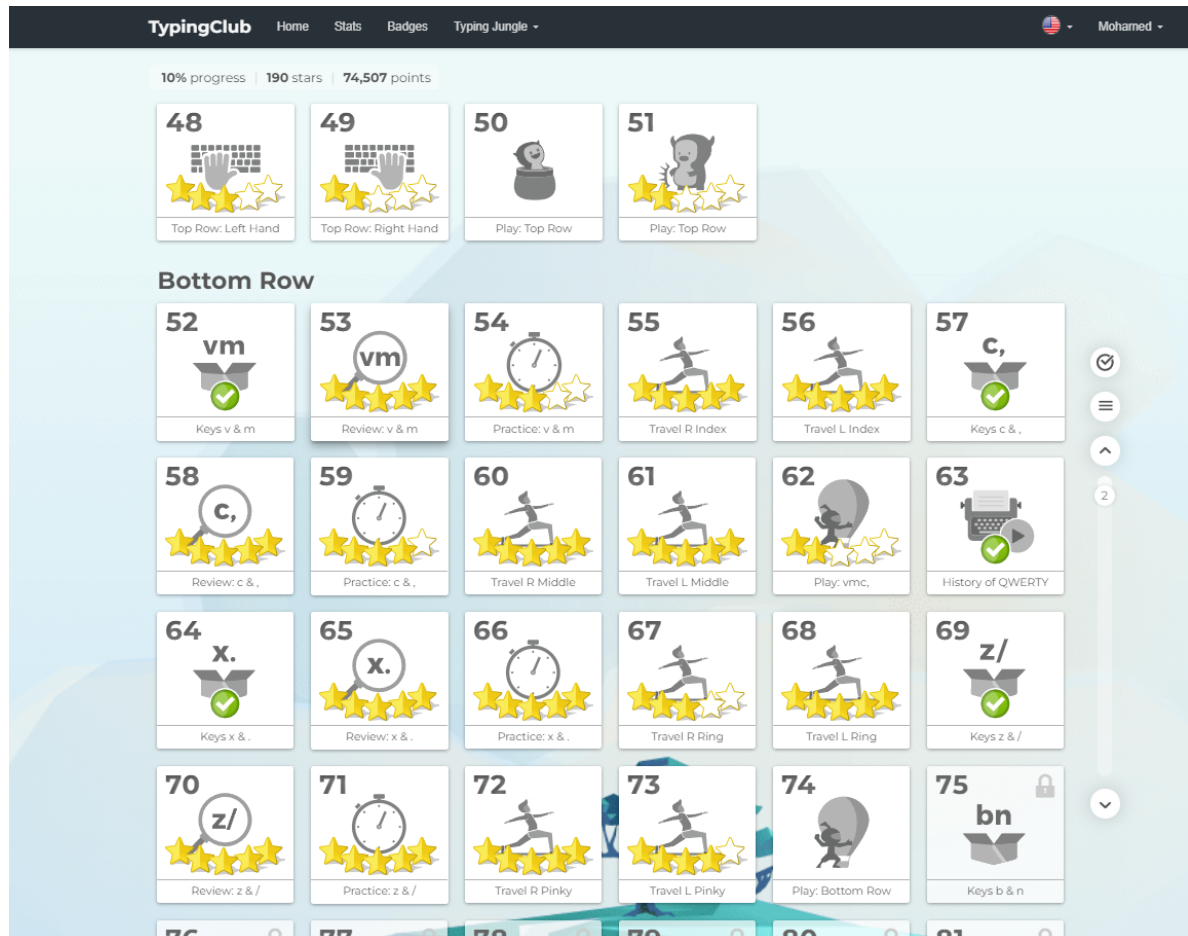*Link to your screen record video*

Miscellaneous Workouts

1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don't spend more than an hour each day.
2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video.
3. Conduct a Feedback session by the end of this week.
4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video.

Write a short description about this task

I dedicated myself to practicing typing for one hour each day using the platform TypingClub.com. in the last week I ended up with a speed of 25 wpm this week I increased that to 20 wpm. I focused on some specific exercises and lessons provided by TypingClub.com The platform offered a structured curriculum that gradually introduced new keys, words, and sentences to type, and now I successfully completed

73+ lessons. Through this continuous hard work, I believe I can achieve good typing speed.

Link to screenshot image

Write a short description about this task

Seminars and workshops provide a chance to improve our communication skills as well as our knowledge about a certain topic.We students tend to learn about the latest information and new skills related to the concerned subjects.This type of tasks will improve our language skill too.And also,many of the peoples are nervous to do seminars mainly because of their public facing problem..This types of problems can be remove by practicing this types of task daily. Anyway,This is also an effective task.

Link to your seminar video

Link to the document containing notes for your feedback session

In the past week, I undertook a transformative learning journey by conceiving and crafting a robust user management app featuring distinct user and admin sections. This endeavor was a profound exercise in applying my coding knowledge and problem-solving skills to real-world scenarios.

I initially grasped the significance of meticulous planning as I mapped out the app's architecture, foreseeing potential challenges. The process of developing user functionalities—such as secure registration, login, and logout—strengthened my grasp of data validation and authentication protocols.

Venturing into the admin section was a remarkable leap, requiring me to master more intricate CRUD (Create, Read, Update, Delete) operations. This segment taught me about efficient data management and further honed my backend proficiency.

The integration of MongoDB, Express, Node.js, and HBS seamlessly amalgamated into a harmonious ecosystem, enhancing my familiarity with full-stack development. As I tirelessly debugged and iterated, I realized the significance of responsive design, ensuring a user-friendly experience across devices.

This learning journey extended beyond coding; it revealed the iterative nature of development, where user feedback and continuous enhancements drive progress. Ultimately, I emerged from this experience not just with a functional app, but with a newfound confidence in tackling complex challenges and an enriched understanding of the intricate interplay between technology and user needs.

Write a short description about this task

This task is about checking and understanding the level of each and every student till their last level.And this task provides a space for calculating our progression level,means whether we progressed or not,whether we updated or not,etc…if not we have to make better those fields by taking extra time and hardwork.I think everyone should got a big progression when they changed from normal life to brocamp life,because that much pressure and hardworking is created inside the hub throughout a day.

Link to your progress video