

Ayesha Abid

NUST | ISLAMABAD

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EDUCATION

Bachelor of Science in Psychology | 2024-2028

National University of Science and Technology, NUST

- Relevant Coursework: Psychology, Statistics, Human Behavior, Management Sciences. Anthropology, Neurology, Biology, Sociology

Alevels | 2022-2024

Lahore Grammar School Defense Phase 5

- Subjects: Psychology, Chemistry, Physics, Biology

INTERNSHIPS

AIESEC | June - July 2025

UN Education SDG 4.0 Internship, Turkey

- Selected by NUST and AIESEC International to intern as a global leader in Izmir, Turkey.
- Designed and delivered training sessions to enhance the skills and competencies of teachers in local education sector, focusing on areas such as leadership, communication, and project management.

CMH Lahore | June - July 2023

Internship in Psychiatry Ward of CMH Lahore

- Observed and identified behaviors exhibited by patients with psychological disorders.
- Learnt to Input, score and analyze psychological behaviors into quantitative data through, MMPI, BDI, BAI etc.

WWF | June - July 2024

World Wildlife Fund for Animal Extinction

- Practiced steps that can be taken on a global level to prevent extinctions.
- Learnt to lead big meaningful projects with an impact.

COURSES AND CERTIFICATIONS

John Hopkins University, Maryland

Psychological First Aid Certified

- Learnt how to handle and identify patients affected by trauma.
- Conducted behavior tests and exams to ensure practice in said course.

HAAMI 2.0

HR Executive

- Selected by NUST to lead and partake in HR of HAAMI.
- Participated and helped in raising 1.4 million rupees through managing multiple events.
- Exhibited leadership, management and team-working skills.

NOTABLE AWARDS

- Multiple Gold and Silver Medals in International Competitions.
 - Sports President, Lahore Grammar School.
 - Community Service Representative, Lahore Grammar School.
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