



7 NIGHTS / 8 DAYS

Discover Your Inner Ram

Experience the values and virtues embodied by the characters of Ramayan in the trails

"Saryu Se Sagar Tak"

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

Exquisite Experience

Spiritual + Leisure

Traverse + Transform

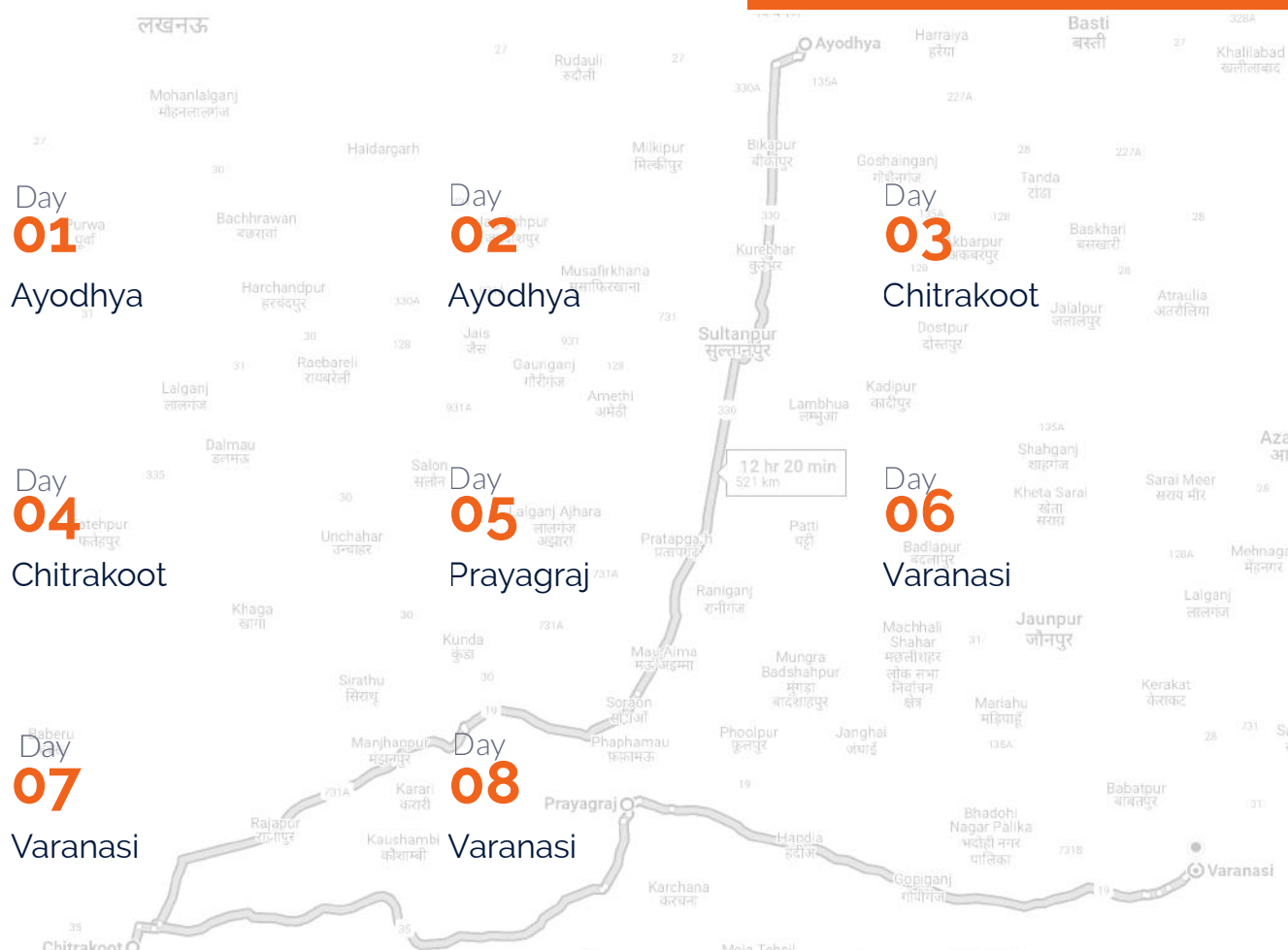


India's First Scholar Led Expeditions

Trail - 1

7 nights / 8 days

Ayodhya, Chitrakoot, Prayagraj, Varanasi



Journey Overview

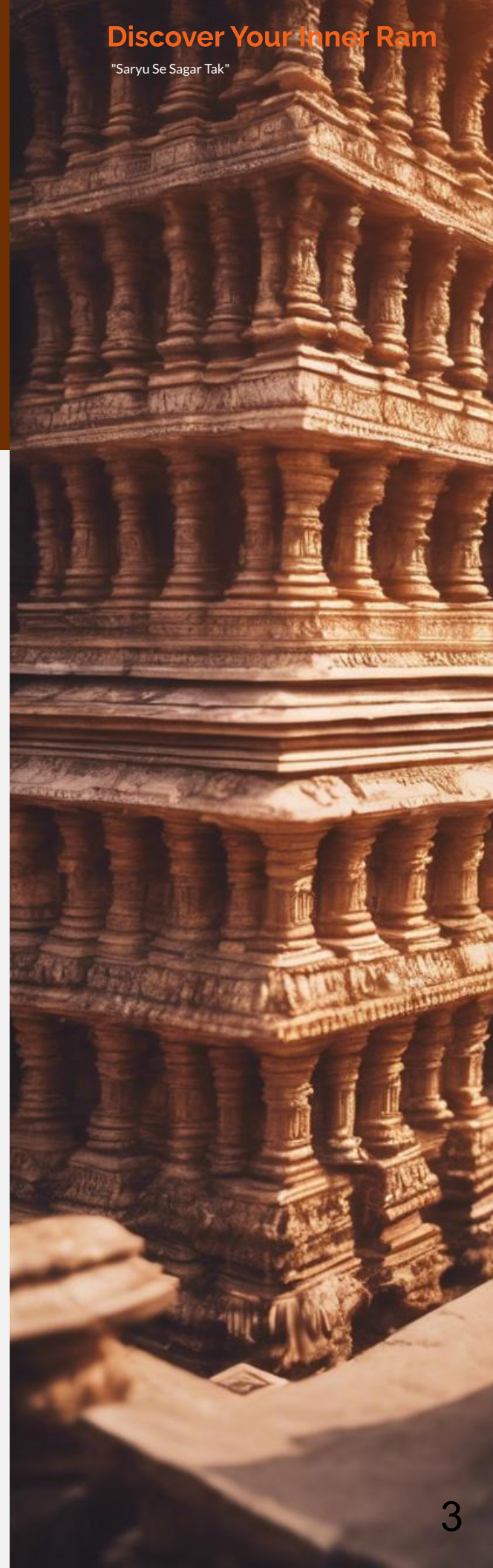
Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

Overview

Join us on a series of trails inspired by the stories of Ramayana, where the characters of **Ram, Sita, Hanuman, Laxman, Bharat and Shatrughana** come alive as profound mentors. In this exploration, you will encounter the living realities of values, virtues, and duties embodied by Ram and others.

Why Do I Choose to Attend?

This trail is not just a journey through tales; it's a path to understanding your inner nature (*Svabhava*) and discovering your right duty (*Svadharm*a) in the face of conflicts and challenges. The timeless teachings of *Maryada Purushottama Sri Ram* unveil the integral pursuit of physical well-being, emotional happiness, righteousness, and enlightenment.



All Inclusions

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



Ex. Mumbai - Varanasi /
Ayodhya - Return



Best Available Hotels @
Destinations



Veg, Jain and Vegan Meals
(Breakfast, Lunch and Dinner)



Luxury A/C Coach



Local Sight Visits



Yoga / Meditation Practises



VIP Darshan @ all Major
Temples and Aarti



Daily 15 mins self reflection
program



Planned Discourses with
Scholars



Daily Immersive programs
for inner transformation



Expert Tour Guides and Escorts



Photo and Videography

Scholar Led Discourse Sessions

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



Three interactive discourse sessions

- Introduction to the objective of the tour
- A session on exemplary qualities of Sri Rama and their timeless relevance in shaping ethical leadership and personal growth
- A session on "Relevance of Sri Ram in Modern Age", that relates to various anecdotes which can be used in day to day life

Live musical immersive performances

- Understanding the few epics of Sunder Kanda and some famous bhajans of Ram-Leela

Meditation practise

- A session exclusively curated for all participants to learn and practise during entire course of the tour for better sleep and rejuvenation

Self reflection journal writing

Purpose of the Reflection Journal:

The reflection journal is a sacred space provided to each participant on our transformative journey. Its purpose is multifaceted, serving as a tool for introspection, self-discovery, and spiritual growth. Regular journaling enables participants to gain deeper insights into their thoughts, feelings, and behavioural patterns, leading to heightened self-awareness and self-understanding.

Destination Inclusions

Trail 1- Varanasi, Prayagraj, Chitrakoot, Ayodhya

Ayodhya

- Ram Janmabhoomi Temple - **VIP Darshan**
- Ram ki Paidi is a series of ghats on the bank of Saryu river. Experience Arati at Saryu Ghat

Chitrakoot

- Visit Jagadguru Rambhadracharya Ashram
- Visit Ram ghat and experience the Mandakani river Aarti in special group boats

Rajapur

- Enroute to Rajapur, where we meet Pandit Ramashraya Tripathiji, a disciple of Goswami Tulsidas

Prayagraj

- Visit Triveni Sangam, the confluence of the three holiest rivers by private boat.
- Visit Bade Hanuman temple

Varanasi

- Ganga Arati at Dashashwamedh Ghat with **VIP seats**
- **VIP Darshan** at Shri Kashi Vishwanath temple
- Special group boats arranged for the ride on Ganga river
- Visit "Banaras Hindu University", the oldest Hindu University in the world
- Visit "Weavers of Banaras" - with our local expert
- **(Optional)** Sparsh darshan at Shri Kashi Vishwanath temple @ 2.30 am (first come first basis)



Our Scholars

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



A Sanskrit scholar and Awardee by the President of India

Prof. Sampananda Mishra

An author and a student of Indic knowledge system

Ms. Ami Ganatra



A Singer and a Composer

Mr. Prem Prakash Dube

A Singer and a Composer

Mr. Shailendra Bhartti



Prof. Sampadananda Mishra (MA, Mphil, PhD in Sanskrit) A Sanskrit scholar and Maharshi Badarayna Vyasa Samman, Awardee by the President of India, will set the context of the trail and daily reflection program.

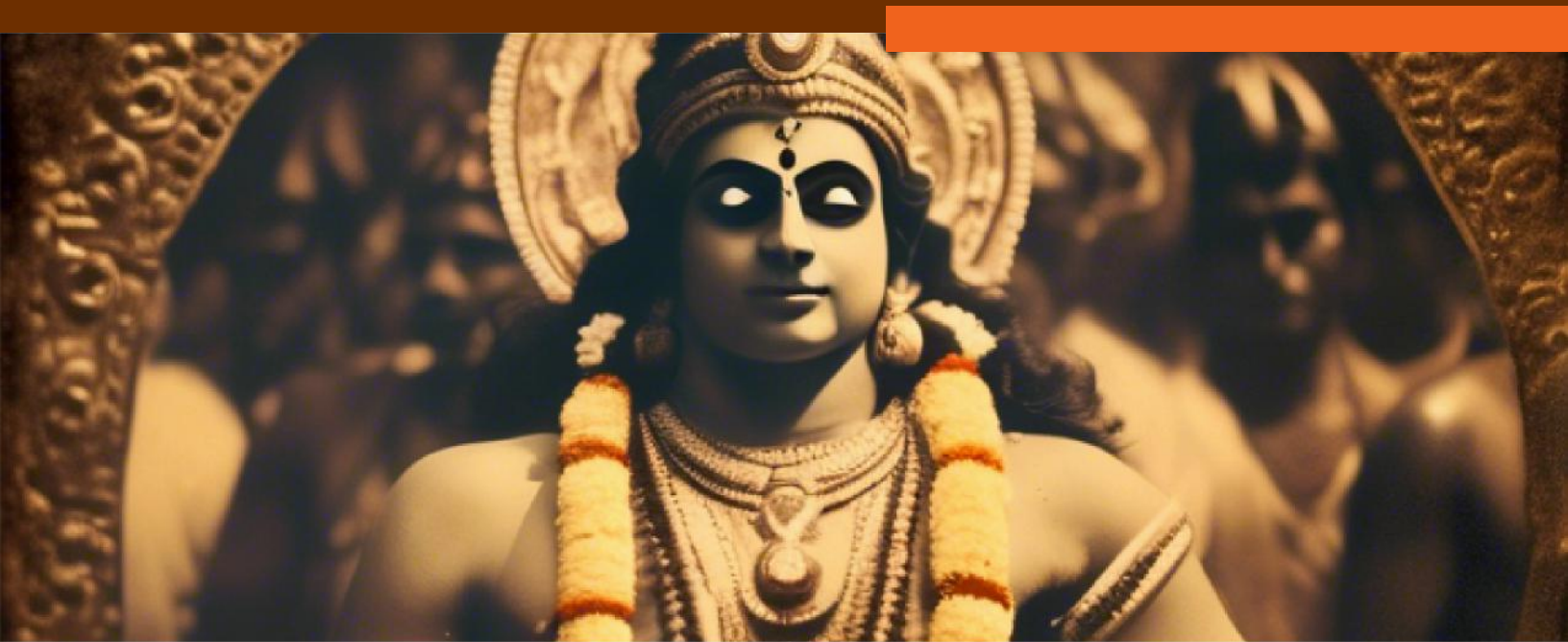
Ms. Ami Ganatra is an alumna of IIM-A, a devout yoga practitioner and an author of books – Mahabharata Unravelling and Ramayana Unravelling. She will be sharing her thoughts with a session on “Role of Rama in modern life”.

Mr. Prem Prakash Dube is a professional music composer & singer of Ramayan, Sri Bhajan, Durga Saraswat and 23 Sahastranam including 10000 Sanskrit shlokas, currently singing first epic of Sanatan Dharm and will set the evening with spiritual musical session on Sunderkand and Rama Bhajan.

Mr. Shailendra Bhartti is a distinguished singer with a rich artistic temperament and melodious voice. It is only after going through many years of rigorous training under an able guru—to bring out a synthesis of voice modulation—that he has been able to achieve this range of immaculate vocal mastery.

Cost Summary

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



March / April 2024 Departures

Departures Trail 1:

- 31st March to 7th April

Indian Residents:

DBL / Twin Sharing: INR 1,34,500 per person

SGL Occupancy: INR 1,67,500 per person

Overseas Residents:

DBL / Twin Sharing: USD 1950 per person

SGL Occupancy: USD 2250 per person

Highlighted Inclusions:

- Return economy class airfare ex. Mumbai
- Hotels as mentioned above
- 7 breakfast, 7 curated lunches and 7 curated dinners
- Planned 3 discourse session with our scholars
- On tour photographer
- VIP Darshans and Aarti at major temples and more...

Included Hotels:

Ayodhya: **The Ramayana or Similar**

Chitrakoot: **Hotel BindiRam or similar**

Prayagraj: **Hotel WelcomHHeritage Badi Kothi or similar**

Varanasi: **Hotel Taj Ganges or Hotel Radisson or similar**

**Call us to avail an early
bird discount**

Enquire Now

Or

Email: sales@tatvaexpeditions.com

Call: +918850855480

Must Know Policies

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

PAYMENT TERMS:

- 50% at the time of booking the tour per person
- 25% 30 days prior departure
- 25% 15 days prior departure

CANCELLATION POLICY:

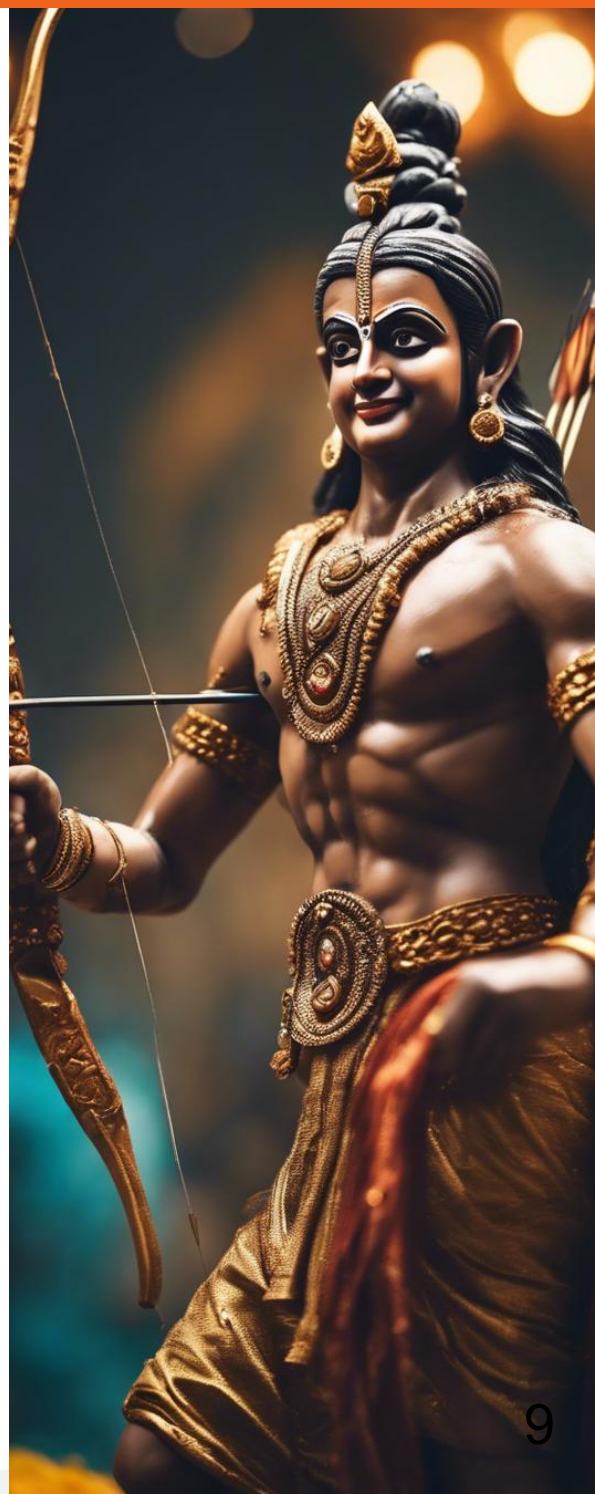
- 90 Days Prior to Departure 25% of the Tour Cost
- 60 Days Prior to Departure 50% of the Tour Cost
- 45 Days Prior to Departure 75% of the Tour Cost
- 35 Days Prior to Departure 100% of the Tour Cost

INCLUSIONS:

- Return flights from Mumbai - Varanasi / Ayodhya included, flights from other destinations to Varanasi / Ayodhya may attract difference in cost.
- Luxury AC coach.
- All meals including breakfast @ hotel, crated lunch and curated dinner
- Accommodation will be in the above mentioned hotels or similar on double/twin basis.
- Guide, driver, toll charges, parking charges.
- Entry fee, special darshan charges, of places to be visited.
- Soil 2 Soul Tour Manager service from Day 1 till the drop point
- Yoga / meditation by expert @ respective sessions.
- Cost of professional photographer for the group.

EXCLUSIONS:

- GST 5% on package cost.
- Cost of insurance.
- Any upgradation of room category or hotel.
- Cost of pre/post tour accommodation and transfers.
- Any extra charges incurred due to any force majeure situation before the tour departure or during the tour, such as change in airline schedule, weather conditions, change in hotels.
- Any personal expenses such as portorage, laundry, telephone, shopping, alcoholic beverages, extra mineral water or food that is not part of the groups set menu.
- Any cost incurred due to illness, accidents, hospitalisation or any personal emergency.
- Cost of any optional activities or services.
- Anything specifically not mentioned in the tour price inclusion.
- Tips not included.





Objective

Traverse & Transform

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

"Discovering your inner Ram" is a transformative journey, where the ancient wisdom of Ramayana becomes a guiding light for your modern life. In the hustle of today, many find themselves adrift, yearning for true well-being. Our quest is to help you rediscover your Inner Ram – to experience life, embrace challenges, and find joy in the journey.

This pursuit isn't about escaping life's realities but embracing them. It's about connecting with your transcendental self, the spiritual soul that rejuvenates mind and body even amidst uncertainties. Come, delve into the art of experiencing life through the profound wisdom of Ram and Ramayana. *"Let's have this journey together and live life by embracing Sri Ram within us."*

*"To wish you are
someone else is to waste
the person you are"*

Maryada Purushottama Sri Ram

Trails 2 and 3

Trail 2: 8 Nights / 9 Days: Nashik, Hampi, Lepakshi, Bengaluru

Trail 3 and 4: 10 Nights / 11 Days: Tiruchirappalli (Trichy), Madurai, Rameshwaram, Dhanushkodi, Srilanka



Launching Shortly





Soil 2 Soul Expeditions offers a Indi's first scholar led transformative journey that encourages self-reflection, mindfulness, and personal growth, fostering a sense of purpose and fulfillment. We are proud to introduce **"Transformative Journeys to Sacred India / Bharat"** a pioneering initiative aimed at offering seekers an opportunity to explore India's sacred places in a profound and insightful way.

Embrace a holistic experience that combines cultural exploration, spiritual understanding, and personal growth. Through meticulously designed itineraries, in-depth research, and comprehensive training, we aim to: Immerse seekers in the richness of India's culture, facilitate a deeper understanding of the spiritual practices, philosophies, and beliefs that have shaped India's sacred sites for centuries.

www.soil2soulexpeditions.com

Email: sales@tatvaexpeditions.com