



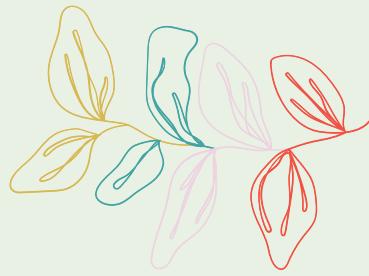
Positive Affirmation Phone Wallpapers

10 options to choose from!

1. Find your favorite
2. Take a screen shot
3. Set as your wallpaper

*Come back here for your next
wallpaper when you're ready*

for a change

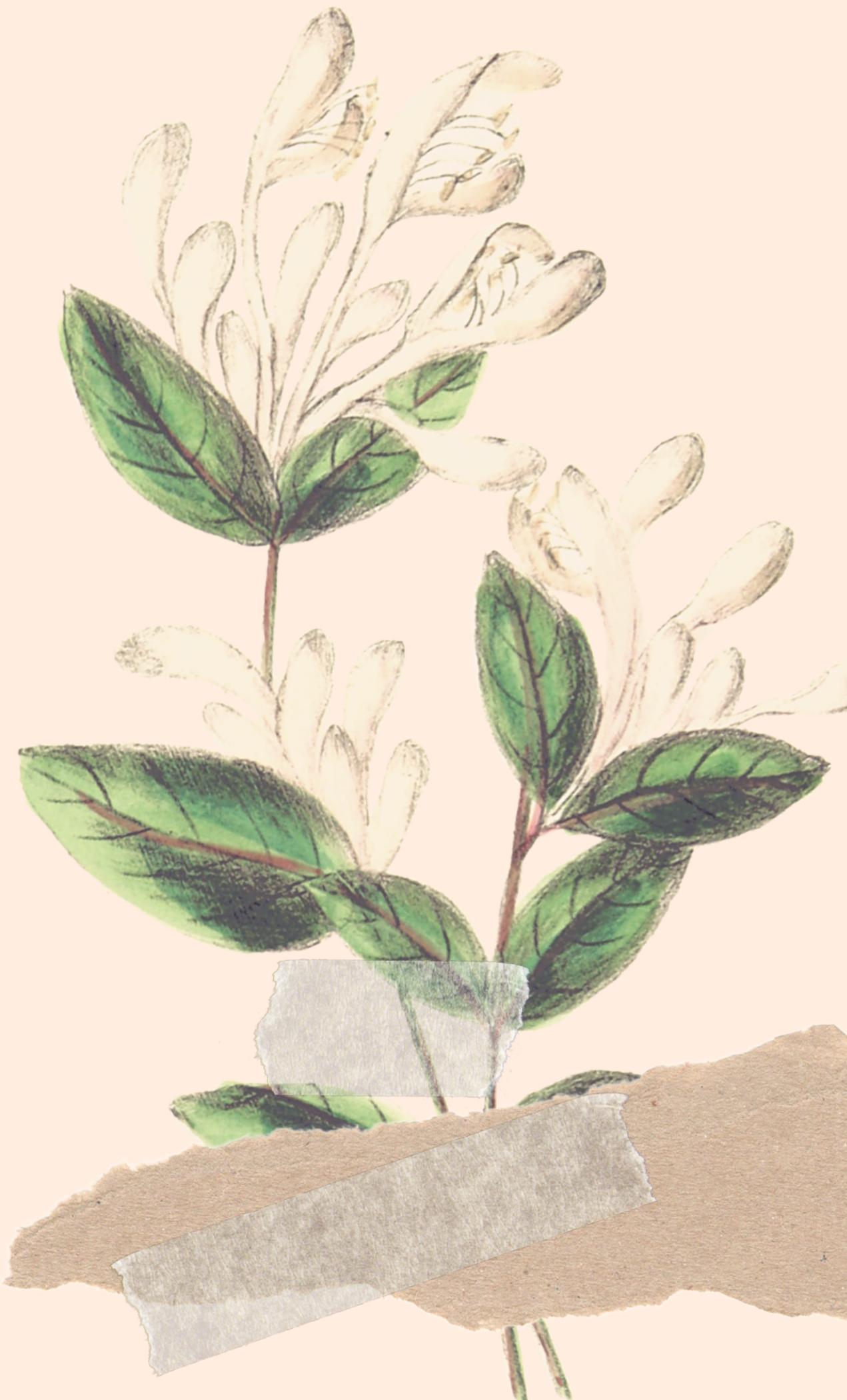


I Am

Growing

Expanding

Thriving



**I Am
Well
Healthy
Vibrant**



I am a creator
of beautiful things

TODAY

CHOOSE JOY





I bring light with me
wherever I go



I WILL
HONOR,
LOVE,
& NOURISH
MY BODY
TODAY

*I can
&
I will*



I Turn
OBSTACLES
into
OPPORTUNITIES



Acknowledging
the good that you
already have in
your life is the
foundation for all
abundance.

LET
THAT



SHIT
GO

About Sheila Anne



Hi there, I'm Sheila! I am a coach, yoga instructor, and event/retreat curator. I help individuals and groups to become more resourced, resilient, and effective in their lives and careers.

Keep learning and growing with me
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