echo & lightning

Sheila Packa

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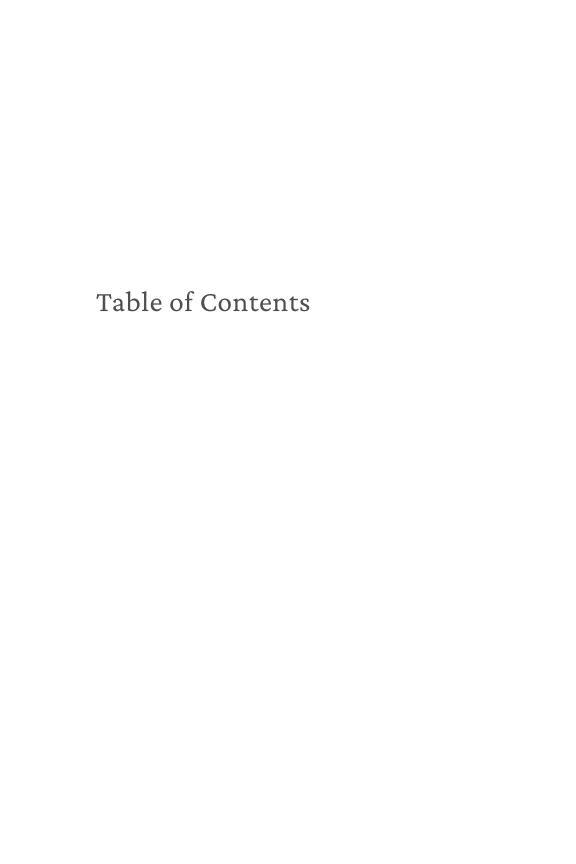
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dream
twelve tone geese
north and south
love root, silk thread 6
raspberry canes
thunder / perfect mind
to the wind 11
threshold
swan
wolf moon / annunciation
center of fire
leda (version I)
leda (version II)
gift (version III)
ascent
sky
II
(without bridge)
(without bridge)
(without bridge) 24 (immersion) 25 (hidden things) 26
(without bridge)
(without bridge)
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28 (not stream but eddy) 29
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28 (not stream but eddy) 29 (after) 30
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28 (not stream but eddy) 29 (after) 30 (helpless) 31
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28 (not stream but eddy) 29 (after) 30 (helpless) 31 (song / eurydyce) 32
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28 (not stream but eddy) 29 (after) 30 (helpless) 31 (song / eurydyce) 32 (shore) 33
(without bridge) 24 (immersion) 25 (hidden things) 26 (between us we are a vessel) 27 (strange symmetry) 28 (not stream but eddy) 29 (after) 30 (helpless) 31 (song / eurydyce) 32 (shore) 33 (vigil) 34

(what sea)
(river begins)
(invisible embrace)
(nocturne / snow)
(breaking light)
III
love never meant sky
butterfly
fiddleheads
confluence
the circle I draw50
incantation / muse
salt / lot's wife
middle passage / mary magdalene
dusk
falling star
in the beginning
into shore
the calling
my love / villanelle
what's found
love goes on
what if a star
Acknowledgments
Acknowledgments

dream

two wild swans came in the dark hours by star light far into the journey to lend their wings

traveled north over ten rivers flew over moss riven boulders broken from the mother stone

over the fens
and spears of birch
through the wordless
winds and migrations
flew over graves
and lovers reaching blindly
through sheets of northern lights

two swans with feathers of falling snow

twelve tone geese

in synchrony and angles across forests over rivers

below Venus or

clouds invisible borders
carrying nothing
besides star memories
along arteries of the body

into dark interiors through the moon's phases

calling to each other on lovers' endless roads

north and south

if you answer when you hear their call

the geese in loose and shifting lines from land to sea to cloud

cross the evening sun red on clouds of plum over rivers inlaid in gold upon the slopes

over borders if you need to leave

in every country we are born to the same body

wind inimitable invisible forces change us beyond reach

if you make the sky your home

— it isn't easy, you can't bring those things —

wrap in those lines cross with them

a journey yes

wind turns the body and ground falls away

geese unafraid of silence or empty sky must go must go must go

reach into the wind move as clouds rimmed with sunlight or dark cloud of rain

need to follow their flight like ice in the spring that once held the river

light surges in the veins searches for the beginning of a journey yes

music you haven't heard didn't know you needed opens deep

love root, silk thread

let me give enough of myself away let me hold nothing so close I can not release it.....

like breath that comes into the body the way water leaves the shore like love you've spent

the warmth of the shoulder what softens the face or gathers behind sorrow

gravity that presses its light inside what doesn't resign in its reaching but pauses for breath

a deep and awkward question what is sealed in its tomb what gains in its diminishing

let me keep nothing back not the dead not the broken seed cases torn letters

love breathing in the palm as I tear at the earth not the vine, root relinquished blossom not the broken pot shattered mirror, not the stone the promise or rose give it all — all

raspberry canes

ending is certain but changing uses a landscape in wonder

wanting to cross or go over rise from the beginning of things take what comes as far as possible find strength and lend it

with limits but heedless in the slash amid tangles and thorns with hand and finger and mouth

not lost but realizing a course not of my own making willing release into the hand of God my life and what I could bring steady wandering

gathering of me into things no longer familiar or long lasting no exit except from the body these hands these eyes rendering, drawing

a bloom worn by sun filled with rain opened in deep passion hung on the lattice of vine and leaf not given to possessing but unpossessing released by an intersection of friction and sunlight as rain laden raspberries from yellow dry leaves use both echo and lightning

thunder / perfect mind

hills echo

in hills

thunder places in your hands

two skies

rising sinking

thunder fills eye and ear

with shades

of deep

colliding fronts

inside

clouds speak

the mind of stars

in constellation

bodies

to give away

the border

between sea and stones

or bones and light

to the wind

you come to clear the smoke from the air and bring the altitude of sky and birds

sweep away anxiety dear wind you sing and howl around the eaves

climb over the barriers hold me in your give and take you toss the trees violently

cross all boundaries at any velocity come be easy dear wind always in motion

hold me in the cradle with the sound of your breath in the tops of the waves

dear wind combing through the forest and grass searching with your body

rising at a front be gentle dear wind you enter every opening

I give you my ears my mouth my hands so that you will fill and stir me dear invisible perpetual lover relentless one

threshold

in a fever I wrote her, erased her found endless openings and fallings in the net of language — uncertain music —

constructed from pen and paper before the words, not after re-arrange, delete the self

on the threshold of an empty page push the heavy door voyage out

swan

when music without melody came in veils of northern light curtains lifted or cloud in the crossing when a vibrating body

turned my journey aside
made me threshold
pulled me from all the reaches
and I receded with no handhold

sky came in with a breath shadow etched itself on stone spoke a language opening to touch when it was night and filled, bereft afloat upon the planes of light

wolf moon / annunciation

I give myself up what I was whoever I was

life from life attempts at flight

give my hours blue arch of robes to pass through gates

illumined by sun whatever I was meant to be

my body small bridge across time a road traveled when the life I was living went past

to become lost or bright give my gifts

transfer tender ringing of stars climb the ladder into night fill my arms

center of fire

I come to you now through the distance without fear

wearing bracelets of fire release my past that burned with its bright life

ash drifts through the gate on the road of wind in wheels billows

falling into the world upward and down through the clouds

that take me into their changes I come smudged by absence

dark with desire for the invisible body between us

below your palm above my clavicle for the center of fire

catching emerging tendrils flashes on the water your face and corolla your dawn dissolve me

leda (version I)

no time to say good-bye, I broken glass, odd how some things never moved and others never moored in exchange I, a molten core

with unbearable pouring against the panes, giving way finally to the body not taken, given, I — I in the mouth of god —

dark angels sing after night fall lift grief into the golden rim of clouds under a vibration

of wings grateful for the aftermath of sun, for prayers never answered

leda (version II)

to be untied, broken from a constellation, let go like a bow across the strings to be chastened by the dark

bound by what doesn't reach spilled, hounded by the need to give in, to give what nothing one has, a sound or

a vibration of waves for a force
that drove the waves in and turned upon itself
and drove them out as well
both heaven and hell
in exchange gave up food and sleep

the body's ribcage, whatever, not keep

gift (version III)

the body yes but more than that everything I had and couldn't hold

faces that are gone the nakedness of birth its exertions bound with cloth

worn and torn from another life music pulled under by its current in the night lake

dark with crimson boat and bird and broken

ascent

I have found you in late winter storms

in the rising of years and come when you call

I have heard you calling upon the sea where words

sweep like a net through the moonlit

surfaces of water shining like copper and silver implements

I have washed you in my hands and hung the towels

unlocked the doors opened the windows

when I heard your voice went into absolute darkness

into a new atmosphere climbed a staircase

of notes and ascended the sky's road

crossed bridges of clouds lit by dying stars

sky

sky swallowed a seagull
that walked through her body
white feathers grey
yellow eye
in a dark wave without bottom
that drowned in flight
clouds sieving the night
while the bird tumbled in depth
like a stone many stones
making for shore
moonlight and waves
wing over wing a language
for disappearing

(without bridge)

from a house made of bones beating drum dream from the marsh fish eggs, cattails, dragonfly mating

from pouring currents without bridge lovers union comes without corners

for the boatman a coin of two sides comes to standing waves and rowing against force

(immersion)

water resists breaks without breaking flows along invisible scores courses between continuous ends, begins

doesn't resist touches, touches, turns over the same skin

body around my body body of sky of ironi body of toss and turn of shallow and deep body of broken things of mud and weeds of cold and heat of cells and sleep body of bodies body of minerals and salts of light and shadow of obsession body of work, of play of sound body of birds in flight

(hidden things)

beneath the surface more surface

folded memories closed doors

beneath the blue nets chains, reversals a hidden precipice

electrical impulses explosions

velocity resembling thunder dissolving particles

waves played by hammer and anvil overtures, underscores

planetary influences invisible tensing, flexing releasing

simultaneous being, non-being not erasing, annihilating

not replicating, creating

(between us we are a vessel)

in the hold of our bodies
we are rising, falling
unmoored, adrift
I am the stem you are the stern
our hands the masts
restraining, releasing
in our private motion
vibrant ocean

(strange symmetry)

in a concert of surface tensions

the climbing wave, green water uneven rising, falling spilled terrain

places we traveled on a keel of music pressed against the body

what I wanted but couldn't keep comes close, can not arrive

breaks against this ledge falling deep into the sky

where sun and crescent moon, little scythe, tremble if I were to speak of

god, wind or infinity's boat the underworld displaces

a spray of stars clouds of night cresting

(not stream but eddy)

not journey to another world

stairs downward whirring of notes

reached by breath deep emerald hidden in the day shadow of chance

hours never rising

bronze inside and rust

fallen leaves fastened by movement

slow stones on the verge of sand

ribs of the body asleep

(after)

you sleep after rapture, after the beat of wings, confusion of hearts, you sleep after conception and birth's exertion never the same, broken and worn deep

you sleep after pushing, the nameless already a long journey, wind in the reeds and still you sleep in the submersion of dream, strong propulsion, webbed feet

as if you live outside yourself, incomplete
in the waters of the lake, weave
of white lace and mud at the bottom
of new life, your own
heart outside your body and a thirst
to draw from what you are pouring

(helpless)

the body submerged, covered by leaves, fast currents, poisons, past rescue the river relentless, stones rolling in the bed

the body in darkness, covered by gods, fallen, speaking under water this place, gone by tomorrow

seize what you can, if you come to the river, listen, the voices of the dead rise up like poems

(song / eurydyce)

when I sang in the underworld, a ladder of light descended link by beloved link, encased in amber, a golden chain to hold the submerged, drowned, released

a bubble of air climbed to the surface without breaking, without me when I sang it was the song of the lily the sun, a song chiseled into stone, a song of cranes landing on the beach in fog

when you come in your grief and swim, dive into the wreck you will not find what you lost only this corroded coin, this weed in the silence of a shrouded lake, no song at all

but driftwood, a plank broken from the boat
with a rusted nail, wave on wave as you emerge
each day it goes deeper
becomes artifact or history, follows you

(shore)

it wasn't pain but waves pounding on shore rolling of small stones up the slope and back ungraspable breaking waves with their spatter of white foam all night long re-living that peak or pitch recognizing reorganizing tossing building up and dissipating all night long it was the world creating, recreating, retreating and waves capitulating

(vigil)

heat now without body left in the breath light without bone

shadow without night given for deep exchange ache by ache

birds fly through her empty hands and feet now on her knees

cold without stars anchored adrift deep without sides

rain without reach for rivers that either hold or sweep

fall through her ribcage fall from the sky drift into sleep

(mouth)

the river comes to the sea in the end everything that has been spoken falls in, waves take in the pouring of a stream endlessly muddy forks and erosions, excursions forward and backwash in union, in deep stones wear against stones words cancel words fish that have swum upstream to spawn return followed by progeny, followed by stream beds, followed by fishermen, followed by gulls stirring the moon on the naked back of the sea

(battering)

the sea, the sea tosses the fathoms

lifts light on its shoulders lifts prevailing winds to ride its grey fields

gravity relents its forces as the sea shoves its weight

inside all that it hides empties and fills the lungs

reaches over stones pulls from underneath

takes weather below its crests falls over clouds and flights

down by the pier down by the harbor down by the mouth of the river

up by the beach slapped flat littered by wood and weeds

(displacement)

the long slow wave of the sea doesn't break

comes full of lead or violets or ice pulls stones

from a stone beach while the other world cast underneath

rolls to the pier under vessels and gulls bears down

pulls on the chains climbs over islands

taking plates and windows into dark weeds releases into sky's face

driftwood silvered bone rusted iron hinge moon

tarnished clouds broken ends of bottles smoothed into gems

the long slow wave of the sea lifts from the other side or underside without cease

(what sea)

what sea
cast in the waters
in falling nets
rises inside
with waves
shimmering
can break the confines
shifting bottom
stirring weeds
part its waters
when you need
to breathe or flee

(river begins)

river begins in the other world without time —

begins, flows through the body inside, its shore

river begins and begins (sky and sky and sky)

each bend (knee or elbow) smoothes the stone

joins the strands of over and under and besides

given its nature of never going empty

watercourse and delta river begins

lifting you, taking the silt finally you wear thin, fall in

begin as river possessed by light

(invisible embrace)

all my life the one like a star at night in a clear sky called me to its light shimmered inside against my ribs dreamt inside my skin or beside me invisible embrace a trembling brimming body where waves concentric urges a finger's touch begins

(nocturne / snow)

reaches into my body exhales into wing

crosses rivers that split and divide night and its dreams

falls into dark rings black veins roots' taut strings

in the half light descends stairs without end

every day arrives into the world changed

given to season or wind or age disappears in the hand

in the next world received rises from night's edge

comes through the gate stretches the hour

white wingspan of light

(morning)

morning led me upstairs into starlight desire suddenly woken into music morning was a door in the wall of darkness deep and down and a heat —

if she could but press her fingers against my body to release it

morning walked into another world would never be home again

too much was the grief for what I had not yet done or known that maybe I couldn't

an ascension of longing I climbed and reached

green shattered and fell snow drifted and filled spruce with blue shadow

clouds with clouds grey and yellow edge

morning tore away, went under broke

the ladder fell away

an hourglass extinguished in the pouring of water into night

morning of the invisible morning of threshold and distance

(breaking light)

the harbor lights lose themselves in the sea love with a careless combustion float until extinguished by dawn

forgive them

the great lake murmurs in sympathy comes to shore to soothe with a steady rhythm as if a heart beat in its body

comes to breathe on the losses our own dark absence III

love never meant sky

love never meant sky to me when each day was so much like every day

before the flames rose and past promises turned to ash

before love when I turned to speak, everything was smoke and we were fleeing carrying things from the house

love never meant sky nor did the stars mean fire

tonight the sunset caught me unaware and I traced the extinguishing moments

like the fall when summer ignites into orange and crimson and yellow with first frost

love never meant sky
until I could not span the distance
and the leaves
never meant fall
never meant fire

butterfly

The butterfly by the river rises like the sun in the sky's bowl climbing like heat or time and falling. The world isn't without seeing both beautiful and brutal not far. Nor does the fox regret its path. We go like a sheer cloud turn where we didn't mean to turn, get lost in no dense thicket, without a foothold. But that is grace, that is mercy.

fiddleheads

as if all winter music was underground

as if the body submerges its rhythms until snow becomes a memory

and light falls down into desire among the mosses on soft ground into rhizomes

as if the body could dream of all the things it couldn't reach

as if first fiddleheads then root strings pressed by the fingertips of everything lost or dead or buried

as if absence drew the bow across shadows to play a sound that lifted wings in the branches and across the breach springs flow

confluence

you were given to me and I to you your river

falling like breath or light over stones, airborne broken silver

into the river of my own I hear you falling through

the forest where no one goes
through crimson and evergreen and azure
tumbling in the deep bed
your currents braid with mine
tug upon the roots of things
covering and uncovering

I take you with inside of me feel your heart frenzy of wings

reverberating deep tones

for the rain

the sun

the hills fall into us and rise with a wild sound weeping and laughing indivisible

the circle I draw

I draw on love soaring on a pinnacle of wind the wing beat through the trees the shadows black as black as purple iridescence

I draw on the crowns of trees the sound of stones talking loneliness

I draw the ache from the broken heart that tears the light to ribbons to carry it to the highest point to feed the darkness

I draw upon the dead delicate lichen etched upon a face the origin of ice, the wingspan, the burst of flight

I draw the deep thickets with animals going no one knows

I draw the raven around me twice

incantation / muse

in the north
in the rising of waters
in the rising over the sun over the lake
in the rising of wind
in the rising of storms and love, of hawks, of music
where the dark world turns on its axis
beneath the constellations we are born under
where the stars cast their light infinitely
where the clouds cast their shadows

muse, with your body's strings, come with your bridge across death, come with your magic wands, come with your ink stained breath with your winged instrument with the flicker of lightning behind closed lids with the spark that flares with the smell of sulfur touch the wicks and ignite the body with the silk threads that are spun in the cocoons weave your passion with the flights of migrating birds above the silver lakes and blue green forests above the smoke of the houses above the circulation of the highways lift me into the unfettered space with your eyelash grant a wish

let the waters rise brimming with your cheek against the breast

with your palm cupped against the cheek

let the waters come pouring
with your complete possession
let the constant river come roaring
with your dreams made of star shine and smoke
with your music made of darkness and light

I come into your streams
I have untied myself
let go of my fear
I have been giving myself away
emptying myself for your gifts
I have prepared a home for you
lit the stars, turned down the blanket of night
come to meet you

salt / lot's wife

I align the salt and pepper
on the table between
the squares of black and white
as we separate
watch the geranium at the window
and the ice on the other side
grasp a cup, watch love go
into the salty street
between the black iron fence
and white drifts
around the street lamp
watch the unknown negotiations
of hot and cold
the old and new —
— don't look back

how long have I been stone?

is it love if it can't dance if it's a system of measurement can love be an accident or a vision? or a piece of music played by angels?

oh to be saved by angels

I climb the back of each string
each note pours a shaft of light
each note starts and stops my life
I ride upon a light horse
an indigo and graphite and platinum
and leafy and sky horse

ride the sound of rails and nightfall day break and the body the body the body one is made of wood one is made of bone one is made of light

oh to die and live in a house of light pass through inviolate turn caution aside

leaving was an act of love turning an act of love

was there salt on the angel's tongue when she told me to leave? did she shake the house trembling azaleas' red petals against the green stems and leaves

every time I begin, petals fall
I am leaving or I've left
or one is leaving me
we are leaving still
edges brittle
some leaves are dead
some are green

what do you do without green? what do you do with your lot? what do you do without salt? how long can you be a stone? the angel rubs the bow
against the strings to make a fire
sparks fly into the billows
smoke rises
the cities are burning
she holds the strings down
on the other side, releases
fire from the ice
shadows come out of the trees
to feed Orion in the sky
she swallows the night
before she rises
the dark and salty night

following I make my own way
with the body
in confusion in the wilderness
in the place of tangles and shadows
and fallen trees up the hill
in the crossings
in the place of chairs and tables
on the mapless paper
through the past
in a story among other stories
make my own way
without an axe clear a path
toward the light of angels
leave the vanity and mirror
taste the salt on my face

where we were staying I didn't want to stay where we were going I didn't want to go

look back, don't look back

middle passage / mary magdalene

I poured the oil to empty the vessel

(so much has been said)

and myself poured until I was empty

like any woman who needed an opening to have a door, a solitude, a place where I was alone

silence had a voice that could be spoken for

would only give if I could give

would not speak unless I sheltered it

the empty place gave all I could

came and was not turned away

death the stone poured out in the middle passage

where weight turned into light and I was taken into language

the river falls

the river falls over the edge cascades over ledges

abandons itself the river never climbs backward

in time, nor reverses does not relive its beginnings or middles

along the grassy meadows and stone banks it weeps for

what it has known but rushes forward rejecting nothing

held the way it needs to be held the river might slow

but eventually sweeps fills its bed with its own splash

ripple tumble and flow it wanders in the bays and sways in the deep fed by the rain by other streams the hidden springs

the river when it comes time to fall — the brown river red river white river —

never holds back at all

breaking into blossom

when a tendril extends not a filament can be retrieved not the stem nor its flower nor its seed

nor the fire its ash all fall into the wind and find the deep ground dreaming

through winter and its blanket the sleep of the trees ice that holds the water still if only for a season

find what feeds the fire

lover and the wound of love

seed stem bud

breaking into blossom
must be painful
to tear the tight bud and flare
in deep orange or red or flames

dusk

On her body dusk. The circle of light from the lamp falls on a pot upon a round bowl in front of the window

on her hips.
Roses bloom.
It's as if the light has found a way to enter the body.

It's raining outside and water flows into the vessels and blossoms and out on the umbrella over the empty table. On the lilacs.

It's as if music as if light plunged into the clouds and the clouds wrapped around its fists.

Green leaves all hearts and stems like vines and the light in the body went into the roots and the roots were sending it back. As if we were wrapped by clouds and rain and in the center darkness lifted.

falling star

when we were together last night a star in the sky fell into me pulling the firmament behind

indigo and clouds iron and hydrogen burn inside inhale

desire like a flame in the place of my heart from the constellation where once I was fixed

frida's gaze

if I could gaze as unflinching as wary or haughty or direct at what comes

if I could see what feeds me
what waves are poised or roiling
or my heart
or hang the hummingbird
for a pendant

or let the jaguar stalk across my shoulder

if I could be so blind
and leave marks like these
if our hands could see, not to control
but to let go, or flow
into you or out or into the flames
of a fire that stains
the dark with light
the night with your dreams

if I could see the murder the love with scalpels and myself amidst the spectacular country, the bloom and twist the collision the visitations

as if this pain could be accepted graciously like gifts, generously as if the mark were a stroke that severed and swept

as if there were no choice at all, only givens worn like thorns around the neck as if the spine was a broken column as if we all need a brace as if, as if in the capitulations and pressure

we've surrendered to the surgeries in tenderness

in the beginning

in the beginning was a note before a word was written along the lines against the sky like birds that rest and rise up and fly away

in the beginning was a note before a word was spoken written in rivers flowing endlessly in the day and night over stones and hard places

in the beginning was a note before there was a word written in the blood flowing in the veins in the body to places never seen

in the beginning was a note in the limbs of trees swaying in the breeze not silence exactly

into shore

into shore came driftwood fallen and polished into shore came shattered and smoothed glass, translucent and blue into the year came February cold and snow into the storm came the other world into the dead of winter came fire into the keyholes, locks, into the hinged doors came relentless wind into the wind, a music from the northern lights into the scales the shafts of solar dust lit by the departed sun into the howling, an ecstasy into the interior, immeasurable waves into the battering, a sea into the stones, slender green stems into the cracks, came love into the vessel, into the body, the source

the calling

comes like notes
that press into my breast
into the chambers of the heart
and my blood takes it on roads

deep inside that split and divide it's never enough, what I have in hand, the music...the circumference

goes beyond the body (yours or mine) the only thing that contains it is the sky, sometimes by the stars

I can see this other body we're inside, the ribs' blue vault and the wind coming in like breath

notes bend around the strings and turn like a river that rises and falls along a landscape welling up in the twilight

petals
opening on white water
lilies and the crossing of bears
and winged migrations calling

from a tiny wire

from a tiny wire, vibrating from far away, full of arrival, the wind

from the north smelling of permafrost and smoke and sedgy marsh

sweeping down the latitudes and longitudes drops degrees

drops water on the leaves the sun's relentless shining, unbroken by cloud or wing or forest, drops

what the stars pick up by darkness onward and endless the blue landscapes the gray dome when the sky drops

the shifting greens, yellow green, deep green dark green, gray green, black and dust star moss in the damp

shadow of a tree picks up the sound the white pine roots lift the flat stones upward, everything into music

my love / villanelle

my love around you is a circle
I wrap you in blankets
I wrap you with feathers, with twigs

with wool, I wrap you with leaves, with blues, with greens my love around you is a circle

flights are ways of returning with silver, with russet, with crimson I wrap you with feathers, with twigs

let go to fall to the roots let go to rise in the skies my love around you is a circle

in sunlight and shadow, in music with scales, with flows I wrap you with feathers, with twigs

empty for filling full for emptying my love around you is a circle I wrap you with feathers, with twigs

what's found

in the tangle of trees in twigs from branches and trunks and roots in the ephemeral tenderness of green leaves that last a season in the trembling and wind the blue of sky and lake in clouds resounding from a place of emptiness a chamber that answers in vibration, string and wind a trembling, brimming and falling in the place opposite of grief the place opposite of dark in the body of lost in water and air a star whose light has ended but travels toward us rising and falling in a cascade of notes which is not endless but aching and sweet like iridescent feathers of wings that rise and fall in the circle of migration in each flight music that we breathe

love goes on

Love goes on in spite of the quarrels

in spite of leavings, broken hearts, rejected rites

discarded love letters, promises never kept

love goes on in face of all its failures

betrayals, reverse in fortunes

formidable opponents, competing needs.

Love goes on and on

if not above ground then under, if not under

then through, if not through

then around, if not around, then over

and over, if not you, then another, if not

another then another.

Love goes on

slips out of our grasp

travels upon the roads

falls like rain and

floods and evaporates only to rain elsewhere.

Love goes on here and elsewhere

beyond the bodies, the climax, the clasp

of hand and mouth and ribs and limbs.

Love is beyond the pain of it, the disdain of it

the stain of it, beyond the seed that falls

beneath the soil before

and after the rain that splits the seed open

the tendril that lifts its small stem

goes on to leaf and back to seed.

Love is this circle that we're in

outside, inside, unsayable, unspeakable, unseeable unknowable creator and destroyer.

Love, love, love, how grief rises into dark stars.

what if a star

what if a star fell into your hand? what would do with the weight? with the infinite roaring the burning light?

what if a star fell into your hand? what would you do without a body? without shadow or distance the end of night?

Acknowledgments

Acknowledgments

Echo & Lightning is one woman's love story that was written for cello music composed by Kathy McTavish. This book is an expanded version of a chapbook of the same title; also included are many poems from the audio CD, Undertow, and the chapbook, Fearful Journey. This work is about change. "Dream": The poem refers to lines from a Finnish poet, Helvi Juvonen. "I, a boulder split off the mother rock..." from her poem "The Boulder," translated by Keith Bosley. The title "Loveroot, Silkthread" is a line from Walt Whitman's Leaves of Grass. "Leda" (Version I and II) refer to Greek mythology, Leda and the Swan. "Thunder / Perfect Mind" borrows its title from the Gnostic text, Thunder, Perfect Mind. Also referenced are three women in The Bible (Mary, Mary Magdalene, and Lot's Wife) and the Greek myth of Orpheus and Eurydyce.

Sheila Packa is the Poet Laureate of Duluth, 2010-2012. The granddaughter of Finnish immigrants, she grew up on Minnesota's Iron Range. Her work, influenced by the Finnish language, explores the theme of migrations (of birds, grandmothers, and desire) and the natural world. Sheila has published poetry, short stories and essays in several literary magazines, including Ploughshares. Her poems have been in several anthologies, including Finnish-North American Literature in English (Mellen Press, 2009) Beloved of the Earth: Poems of Grief and Gratitude (Holy Cow Press, 2008) and To Sing Along the Way: Minnesota Women Poets from Pre-Territorial Days to the Present (New Rivers Press, 2006). Poetry Harbor published her first chapbook, Always Saying Good-bye. Her book of poems, The Mother Tongue (Calyx Press, 2007) received recognition at the Northeast Minnesota Book Awards. She has received a Loft Mentor Award in poetry, two Arrowhead Regional Arts Council

fellowships for poetry, a Career Opportunity grant, and two Loft McKnight Awards (in both poetry and prose). Some of the poems in this book are recorded with cello music composed by Kathy McTavish and are available as MP3s. Please visit her website, www.sheilapacka.com.