



SHEILA KIPROTICH

MOBILE NUMBER: 602 632-2870
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OBJECTIVE

To be an instrument of positive change in the society, where I will be able to share, help and further my knowledge and skills.

CERTIFICATION

First Aid and CPR

EXPERIENCE

ANODYNE DEVELOPMENT - CAREGIVER FEB 2018 TO DATE

- Assisting with personal care: bathing and grooming, dressing, toileting, and exercise
- Basic food preparation: preparing meals, shopping, housekeeping, laundry, and other errands
- General health care: appointment reminders, noticing any changes and reporting any differences in health, maintaining safe, clean and healthy environment for clients
- Mobility assistance: help with getting in and out of a wheelchair, car or shower, etc.
- Personal supervision: providing constant companionship and general supervision including engaging in gentle activities such as taking walks, working puzzles, doing crafts, and reading
- Transportation: driving to and from activities, running errands, and help getting in and out of wheelchair-accessible vehicle
- Emotional support: being a stable companion and supporter in all matters personal, health-related and emotional
- Home organization: help with organizing, packing or cleaning for a trip, or general house care and cleaning

BELLA HOUSE - CAREGIVER
JUNE 2017 - JANUARY 2018

- Cleaning and cooking.
- Medication Reminders and administration.
- Running Client programs according to their plans and shopping for clients.
- Taking clients to their medical appointments.
- Helping with client hygiene and other activities of daily living.
- Taking clients to medical appointments.

EDUCATION

Associate Degree in Science and arts
Glendale Community College (Aug 2017 – Date)

High school Diploma
Ironwood High school – Glendale (2013 – 2017)

REFEREES

Adam Mutwol,
Manager – BELLA House
Tel: 623-225-1240

Faith Kosgei,
Case Manager – BELLA House
Tel: 602-585-7670