

# Recitation: Convexity

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## 1 Convexity, Strong convexity, Smoothness

### 1.1 Convex set

**Definition 1** A set  $C$  is convex if for all  $x, y \in C$ , the segment connecting  $x$  and  $y$  is contained in  $C$ , that is  $\text{seg}(x, y) \subset C$ .

**Remark 2** The set  $x : f_i(x) \leq b_i, i = 1, \dots, m$  is convex if all  $f_i$  are convex functions.

**Definition 3** A function  $f$  is convex if  $\text{dom } f$  is a convex set and Jensen's inequality holds:

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y) \quad \text{for all } x, y \in \text{dom } f, \theta \in [0, 1].$$

When the domain of  $f$  is not convex, then the function  $f$  is no longer convex in its domain.

**Theorem 4 (Separating hyperplane theorem)** Every two disjoint convex sets  $C$  and  $D$  can be separated by a hyperplane, which means there exists  $a \neq 0, b$  such that

$$a^\top x \leq b \text{ for } x \in C, \quad a^\top x \geq b \text{ for } x \in D$$

.

### 1.2 Function convexity

**Definition 5** An operator  $\mathcal{F} : H \rightarrow H$  is monotone if  $\langle \mathcal{F}(x) - \mathcal{F}(y), x - y \rangle \geq 0$ .

**Theorem 6** A differentiable function  $f$  is convex iff  $\nabla f$  is monotone.

Proof:.

### 1.3 Function smoothness

**Definition 7** A function  $f$  is called  $L$ -smooth if the gradient of  $f$  is Lipschitz continuous with parameter  $L > 0$  such that

$$\|\nabla f(x) - \nabla f(y)\|_2 \leq L\|x - y\|_2 \quad \text{for all } x, y \in \text{dom } f$$

**Remark 8** If  $f$  is twice differentiable then

$$\begin{aligned} f \text{ is } L\text{-smooth} &\iff \nabla^2 f(x) \preceq LI \\ &\iff \frac{L}{2}\|x\|_2^2 - f(x) \text{ is convex} \end{aligned}$$

**Remark 9** Descent Lemma / Quadratic upper bound.

By definition,  $f$  is  $L$ -smooth implies

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \leq L\|x - y\|^2, \quad \text{for all } x, y \in \text{dom } f. \quad (1)$$

If  $\text{dom } f$  is convex, the inequality 1 is equivalent to

$$f(y) \leq f(x) + \langle \nabla f(x), y - x \rangle + \frac{L}{2}\|x - y\|_2^2.$$

Proof:.

**Lemma 10** *A consequence of the descent lemma is that*

$$\frac{1}{2L} \|\nabla f(x)\|^2 \leq f(x) - f(x^*) \leq \frac{L}{2} \|x - x^*\|^2$$

.

Proof:.

**Remark 11**

*Lipschitz continuity:*

$$\|f(x) - f(y)\|_2 \leq L\|x - y\|_2$$

*Lipschitz continuity of gradients: The function  $f(x)$  is differentiable and its gradient is also Lipschitz continuous.*

$$\|\nabla f(x) - \nabla f(y)\| \leq L\|x - y\|_2$$

.

*co-coercivity of gradients:*

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \frac{1}{L} \|\nabla f(x) - \nabla f(y)\|_2^2, \text{ for all } x, y.$$

*Lipschitz continuity of  $\nabla f \iff$  co-coercivity of  $\nabla f$ .*

Proof:.

## 1.4 Function strong convexity

**Definition 12** *A convex function  $f$  is  $\mu$ -strong convex if*

$$f(\theta x + (1 - \theta)y) \leq \theta f(x) + (1 - \theta)f(y) - \frac{\mu}{2}\theta(1 - \theta)\|x - y\|^2$$

*holds for all  $x, y \in \text{dom } f, \theta \in [0, 1]$ .*

**Remark 13 (first order condition)**

$$f(y) \geq f(x) + \langle \nabla f(x), y - x \rangle + \frac{\mu}{2}\|y - x\|_2^2$$

**Remark 14 (second order condition)** *The strongly convex holds if and only if it holds for  $f$  restricted to arbitrary lines:*

$$f(x + t(y - x)) - \frac{\mu}{2}t^2\|x - y\|^2$$

*If  $f$  is twice differentiable then*

$$\begin{aligned} f \text{ is } \mu - \text{convex} &\iff \nabla^2 f(x) \succeq \mu I \\ &\iff f(x) - \frac{\mu}{2}\|x\|_2^2 \text{ is convex} \\ &\iff \langle \nabla f(x) - \nabla f(y), x - y \rangle \geq \mu\|x - y\|^2, \quad \text{for all } x, y \in \text{dom } f. \end{aligned}$$

*The last inequality is called strong monotonicity /coercivity of  $\nabla f$ .*

**Remark 15** *Difference between strictly convex and strongly convex function.*

- *Strictly convex function: for all  $x \neq y$  and  $\lambda \in (0, 1)$ ,*

$$f(\lambda x + (1 - \lambda)y) < \lambda f(x) + (1 - \lambda)f(y).$$

- *(First order condition)*

$$f(y) > f(x) + \nabla f(x)^T(y - x) \text{ for all } x, y \in \text{dom } f, x \neq y$$

- *(Second-order condition)*

$$\nabla^2 f(x) > 0$$

.

- *Strongly convex functions: there exists an  $\alpha > 0$  such that*

$$f(x) - \alpha \|x\|_2^2$$

*is convex.*

- *strong convexity  $\Rightarrow$  strict convexity  $\Rightarrow$  convexity.*

## 2 Analysis of gradient descent (GD)

This section talks about the unconstrained optimization of minimizing a convex function

$$\min_x f(x)$$

**Lemma 16** *For convex functions, local minima are global minima.*

Proof:.

### 2.1 GD for convex and smooth functions

**Definition 17** *The Gradient descent is defined by the following updating rule:*

$$x_{k+1} = x_k - t_k \nabla f(x_k).$$

for fixed step size or back tracking line search.

Now we are going to analyze the problem where  $f$  is only convex and  $L$ -smooth. We can bound the function value difference by

$$\begin{aligned} f(x_{k+1}) - f(x_k) &\leq \langle \nabla f(x_k), x_{k+1} - x_k \rangle + \frac{L}{2} \|x_{k+1} - x_k\|^2 \quad (L\text{-smoothness}) \\ &= -t_k \|\nabla f(x_k)\|^2 + \frac{L}{2} t_k^2 \|\nabla f(x_k)\|^2 \\ &= (-t_k + \frac{L}{2} t_k^2) \|\nabla f(x_k)\|^2 \end{aligned}$$

The last line is minimized when  $t_k = \frac{1}{L}$ . We take  $t_k$  to be this value and obtain

$$f(x_{k+1}) - f(x_k) \leq -\frac{1}{2L} \|\nabla f(x_k)\|^2.$$

Based on the above observation, we have the following theorem.

**Theorem 18** Suppose  $f$  is convex and  $L$ -smooth, then if we pick step size  $t_k = \frac{1}{L}$  in gradient descent, we have

$$f(x_{k+1}) - f(x^*) \leq \frac{L\|x_0 - x^*\|^2}{2k} = \mathcal{O}\left(\frac{1}{k}\right).$$

As in the previous section, we would also like to investigate the rate of convergence—the difference between the point we get in  $k$ th iteration and the minimum point. We have the following theorem.

**Theorem 19** Using the gradient descent defined as before with step size  $t_k = \frac{1}{L}$ , we have

$$\|x_{k+1} - x^*\|^2 \leq \|x_k - x^*\|^2 - \frac{\|\nabla f(x_k)\|^2}{L^2}.$$

Proof:.

**Remark 20** Note that  $x^*$  here may not be unique—this result applies to all optimizers attaining the same function value as  $f(x^*)$ .

## 2.2 GD for strongly convex functions (linear convergence)

**Theorem 21** If  $f$  is  $\mu$ -strongly convex and  $L$ -smooth, then for  $t_k = \frac{2}{\mu+L}$  and  $\kappa = \frac{L}{\mu} \geq 1$ , we have

$$\|x_k - x^*\| \leq \left(\frac{L - \mu}{L + \mu}\right)^k \|x_0 - x^*\|.$$

Proof:.

**Remark 22** In this lecture all the norms are the  $L_2$  norm and the above convergence rate is called *Linear Convergence in optimization*.

**Remark 23** Assuming  $L$ -smoothness, we have

$$f(x_k) - f(x^*) \leq \frac{L}{2} \|x_k - x^*\|^2 \leq \frac{L}{2} \left(\frac{L - \mu}{L + \mu}\right)^{2k} \|x_0 - x^*\|^2.$$

## 3 Stochastic Gradient Descent

In machine learning, we solve the finite-sum problem. Given a finite dataset  $D = \{(\xi_i, y_i)\}_{i=1, \dots, n}$ , we minimize

$$f(x) := \frac{1}{n} \sum_{i=1}^n l(x; \xi_i, y_i)$$

. In practice, the number of data  $n$  can be very large in modern machine learning. It is difficult to do gradient descent in this case because the gradient. Stochastic gradient descent for the finite-sum case performs the following iterations:

$$x^{t+1} = x^t - \eta \nabla l(x^t; \xi_{\omega t}, y_{\omega t})$$

. The datum  $(\xi_{\omega t}, y_{\omega t})$  over which we compute the gradient before updating the weights is picked randomly from the dataset  $D$ .

**Remark 24 (Mini-batch version of SGD)**

$$x^{t+1} = x^t - \frac{\eta}{\vartheta} \sum_{k=1}^{\vartheta} \nabla l(x^t; \xi_{\omega t}^k, y_{\omega t}^k)$$

.

**Lemma 25 (Descent lemma for stochastic updates)** *The next update for SGD satisfies*

$$\mathbb{E}_{\omega_t} [f(x^{t+1})] - f(x^t) \leq -\alpha \langle \nabla f(x^t), \mathbb{E}_{\omega_t} [\nabla f(x^t)] \rangle + \frac{L\alpha^2}{2} \mathbb{E}_{\omega_t} [\|\nabla f(x^t)\|^2].$$

Proof. Use the descent lemma, substitute the iterates of SGD and take an expectation on both sides over the index of the datum  $\omega t$ .

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## References

## References

- [1] Stephen Boyd, Stephen P Boyd, and Lieven Vandenberghe. *Convex optimization*. Cambridge university press, 2004.
- [2] Trevor Hastie, Robert Tibshirani, and Jerome Friedman. *The elements of statistical learning: data mining, inference, and prediction*. Springer Science & Business Media, 2009.
- [3] L. Vandenberghe. *lecture notes in UCLA ECE236C: Spring 2020*. 2020. URL: <http://www.seas.ucla.edu/~vandenbe/236C/lectures/gradient.pdf>.

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<sup>1</sup>Check [1, 2] and lecture notes in UCLA ECE236C [3] for reference.