«Name»

«Address»

**Public Health Service 2017 (PHS 2017) Health Screening Report**

Dear Sir/Madam («NRIC»),

Thank you for participating in our health screening at Jurong East on 21st/22nd October this year. Here are your screening results:

**Body Mass Index (BMI)**

Your height is *«Height»* cm, and your weight is *«Weight»* kg.

Your BMI is *«BMI»* kg/m2.

According to the revised Asian BMI guidelines, your BMI is in the **normal/abnormal** range.

A healthy BMI is of a value between 18.5 and 22.9 kg/m2.

**Blood Pressure**

Your average blood pressure reading is *«Average Reading»* mmHg.

A healthy blood pressure reading is around 120/80 mmHg.

**Blood Test Results**

Your blood test results have been enclosed in the same envelope as this health report. **They are satisfactory/Unfortunately, they are not satisfactory**.

**Conclusion**

Your overall health screening result is **not satisfactory**.

Thank you for visiting your preferred clinic to collect your full health screening results. We recommend that you follow the advice of the doctor and continue going for regular health check-ups.

Should you have any queries, feel free to contact us at [ask.phs@gmail.com](mailto:ask.phs@gmail.com). We hope that you have benefitted from PHS 2017 and would continue to support us in the future.