

Hatch Patch Creations

Family Home Evening Made Easy

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The Sacrament Family Home Evening Packet



Contents:

Story, Picture Sheets, Activity, Scripture, Treat Recipe

\$7.00

Mud Pie

Ingredients:

- 1 pound chocolate cookies crushed
- 1/2 cup margarine or butter melted
- 1/2 gallon of softened vanilla ice cream
 - 1 can of fudge topping
 - 1 medium sized container of frozen whipped topping

Directions:

Mix crushed, chocolate cookies with margarine or butter and press into a 9x13 pan. Spread softened ice cream in the pan over the cookie crust. Heat the fudge topping and spread over the ice cream. Spread softened whipped topping on top of the fudge layer. Freeze overnight.

Thanks to Diane Tulak of Ontario, California for sharing this great recipe with us!

The Sacrament Family Home Evening Packet

Home Evening Outline

- Opening Prayer
- Opening Song
- Scripture Story Game
- Closing Song
- Closing Prayer
- Refreshments

Suggested Songs: "To Think About Jesus", pg. 71 (Childrens)

"The Sacrament", pg. 72 (Childrens)

"I Stand All Amazed", pg. 193 (Hymn)

Scriptures: John 6:54, Matthew 26:26-27

Story Discussion: Color graphics with markers, colored pencils, chalks, etc. Laminate each sheet of cards and cut on the dashed lines. The cards are numbered from 1-9, and copies of each sacrament prayer are included for reference. Begin with discussion card #1 and discuss cards 1-9.

Sacrament Activity: Preparation - Color the large sacrament tray gray or silver, leaving the sacrament cups white. Laminate the entire sheet. Cut out the sacrament tray and each of the sacrament cups numbered 1-20. Using an x-acto knife, cut twenty slits in the sacrament tray on the dashed lines. Before the activity begins, randomly place each of the sacrament cups numbered 1-20 in each of the twenty slits.

Activity - Begin by placing the sacrament tray in a place where it can be seen by everyone. Start with the youngest member of the family. The first participant removes one of the twenty numbered sacrament cups from the tray. An adult then reads the corresponding question from the "Sacrament Question" page. Allow the participant to try and answer the question. If the participant is a younger child, open the question to discussion if the answer is not known. If the participant is an older child and the question cannot be answered, place the cup back in the tray to be drawn at a later time. Continue the activity until each sacrament cup has been removed from the tray, and each family member has had several opportunities to answer questions. *Remember: The purpose of the activity is to learn the answers to the questions, so be prepared to discuss and enlighten.*

The Sacrament

Before Jesus was to be crucified, he gathered all of his Apostles around him at the last supper. Jesus knew that this would be the last time he would be able to be with his dearest friends. Jesus wanted his Apostles to always remember him, and he wanted them to remain faithful. For this purpose, he introduced the sacrament to his Apostles. As Jesus and his Apostles were eating, he took some bread and broke it into small pieces and blessed it. He gave the pieces of bread to his Apostles and said: "Take, eat; this in remembrance of my body which I give a ransom for you" (JST, Matthew 26:22). Jesus then poured some wine into a cup and blessed it. He gave the cup to his Apostles and said: "Drink ye all of it. For this is in remembrance of my blood, . . . which is shed for as many as shall believe on my name, for the remission of their sins" (JST, Matthew 26:23-24). Shortly after the last supper Jesus was taken and crucified, but arose on the third day as prophesied.

The Sacrament is an important, sacred priesthood ordinance. It is so important, that after Jesus' resurrection, he visited the Americas and instituted the sacrament among the Nephite people.

Jesus told his disciples to bring him some bread and wine. Jesus then asked the multitude to sit down on the ground. When the disciples returned with the bread and wine, Jesus took the bread and broke it into pieces and blessed it. He first gave the bread to his disciples and commanded them to eat it. After the disciples ate of the bread, he commanded them to give the bread unto the multitude. The multitude did eat of the bread and then Jesus said: "And this shall ye do in remembrance of my body, which I have shown unto you. And it shall be a testimony unto the Father that ye do always remember me. And if ye do always remember me ye shall have my Spirit to be with you." (3 Nephi 18:7)

Jesus then gave his disciples the wine. "He commanded his disciples that they should take of the wine of the cup and drink of it, and that they should also give unto the multitude that they might drink of it." (3 Nephi 18:8) Jesus then said: "Blessed are ye for this thing which ye have done, for this is fulfilling my commandments, and this doeth witness unto the Father that ye are willing to do that which I have commanded you. And this shall ye always do to those who repent and are baptized in my name; and ye shall do it in remembrance of my blood, which I have shed for you, that ye may always remember me. And if ye do always remember me ye shall have my Spirit to be with you." (3 Nephi 18:10-11)

Later, the gospel was restored to the Earth through Joseph Smith. Again, Jesus instituted the sacrament and commanded that his people partake of the sacrament through a revelation given to Joseph Smith in April of 1830. Read D&C 20:75-79.

It is so important that we remember our Saviors' supreme, atoning sacrifice. He has given us this important ordinance, the sacrament, to serve as a reminder. By being reverent, and thinking about Jesus during the sacrament, we are showing our Heavenly Father that we are willing to be obedient, and that we are thankful for the supreme sacrifice of his son, the greatest gift given to mankind.

DISCUSSION

- What does the bread represent?
- What does the water represent?
- What covenants do we renew when we partake of the sacrament? (D&C 20: 77, 79)
- How can we show reverence during the sacrament?

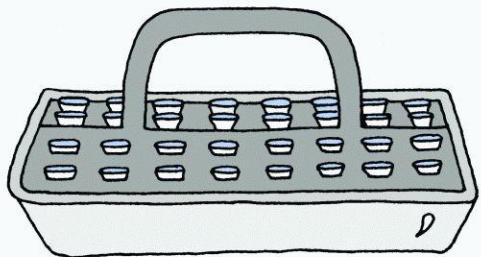
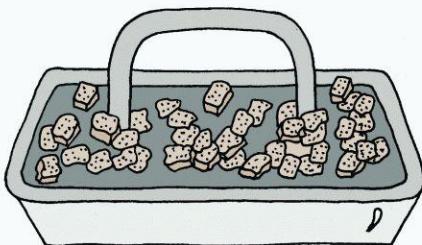
S

is for the sacrament



A

is for the atonement



C

is for covenant



R

is for remember



A

is for
administer



E

is for eyes
and ears



N

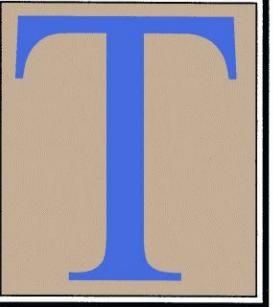
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**JESUS
CHRIST**

M

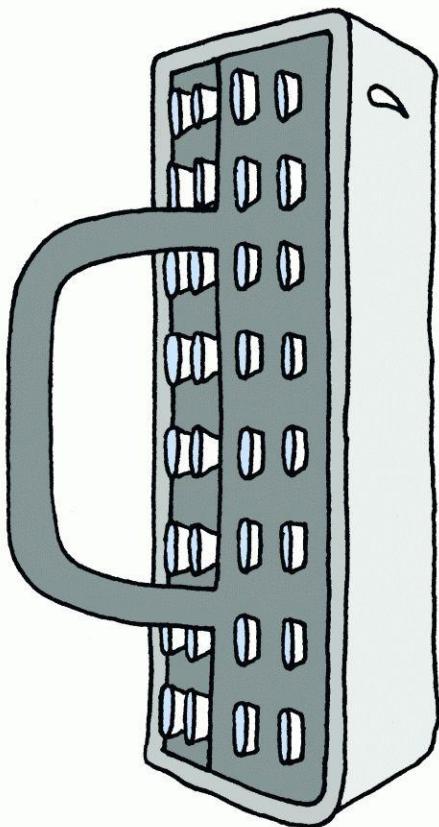
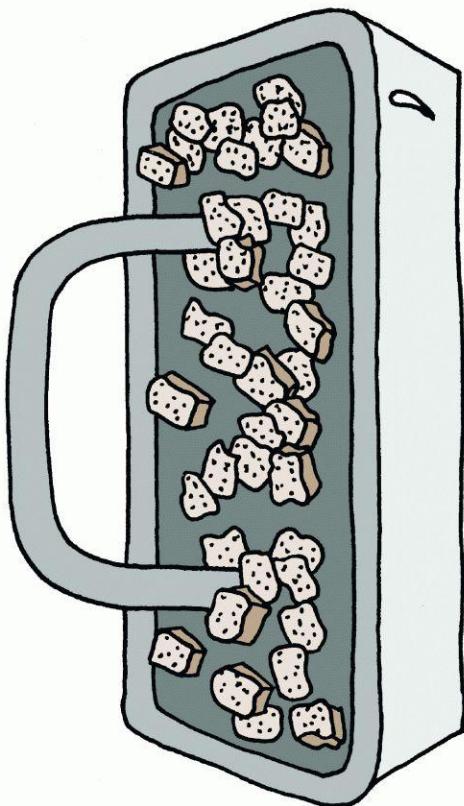
is for
mouth





is for
think

Thoughts
of Jesus
Christ

A thought bubble with wavy lines at the bottom contains the text 'Thoughts of Jesus Christ'.

What is the atonement?

"The suffering and death of Jesus Christ." (Gospel Principles, pg. 374) Through this infinite sacrifice, resurrection is provided to all men, and to those who have faith in Christ and repent of all their sins, eternal life.

What do the bread and water represent in the sacrament?

The bread represents the Savior's body.

The water represents the Savior's blood.

Read Matthew 26:26-28
#2

What does the word "remember" have to do with the sacrament?

When we partake of the sacrament, we promise that we will "always **remember** him and keep his commandments which he has given them."

We need to remember his supreme sacrifice for us.
#4

What is the sacrament?

The sacrament is a priesthood **ordinance** that serves as a reminder of our Savior's atoning sacrifice. (*An ordinance is a sacred rite and/or ceremony that is necessary for our eternal progression.*)
Gospel Principles, pg. 378

Where do we partake of the sacrament?

Every Sunday, we attend sacrament meeting. It is called sacrament meeting, because the sacrament is the most important part #1 of that meeting.

What is a covenant?

A **covenant** is a "binding agreement or promise between God and a person or group of people." (*Gospel Principles, pg. 376*)

Each Sunday, when we partake of the sacrament, we renew covenants with the Lord. We make the same covenants when we are baptized, so we are renewing our baptismal covenants. The Lord has promised us that if we keep our covenants, we will always have his Spirit to be with us.

What promises do we make during the sacrament?

Read: D&C 20:77
"witness unto thee" means that we are making a promise to our Heavenly Father.
#3

What should our eyes and ears do during the sacrament?

We should shut our eyes and listen to the sacrament prayers.

We also need to remember to say "Amen" at the end of each prayer.

The sacrament prayers remind us of the covenants that we have made.

#7

What does it mean to take upon ourselves his name?

When we partake of the sacrament, we are making a covenant to take upon ourselves the name of Jesus Christ. This means that we are willing to be recognized as part of his Church and that we are representatives of Jesus Christ. We also promise that we will not do anything that will "bring shame or reproach upon" his name.

#8

(Gospel Principles, pg. 154)

Who can administer the sacrament to us?

A worthy priest or Melchizedek priesthood holder prepares the sacrament by breaking the bread into pieces.

He then kneels and blesses it.

A deacon or other worthy priesthood holder can then pass it to the congregation.

The sacrament is a sacred ordinance.

Priesthood holders should dress appropriately and should be worthy to pass the sacrament.

#5

What should our mouths be doing during the sacrament?

We should always remember to be reverent during the sacrament.

We should keep our mouths closed, and sit very still.

We should try not to disturb others.

#6

What should we think about during the sacrament?

- We need to think about Jesus
- We need to think about the Savior's atonement
- Think of stories or songs about Jesus
- Think of his love for us
- Think of all the things he has taught us

#9

The prayer that is offered to bless the water:

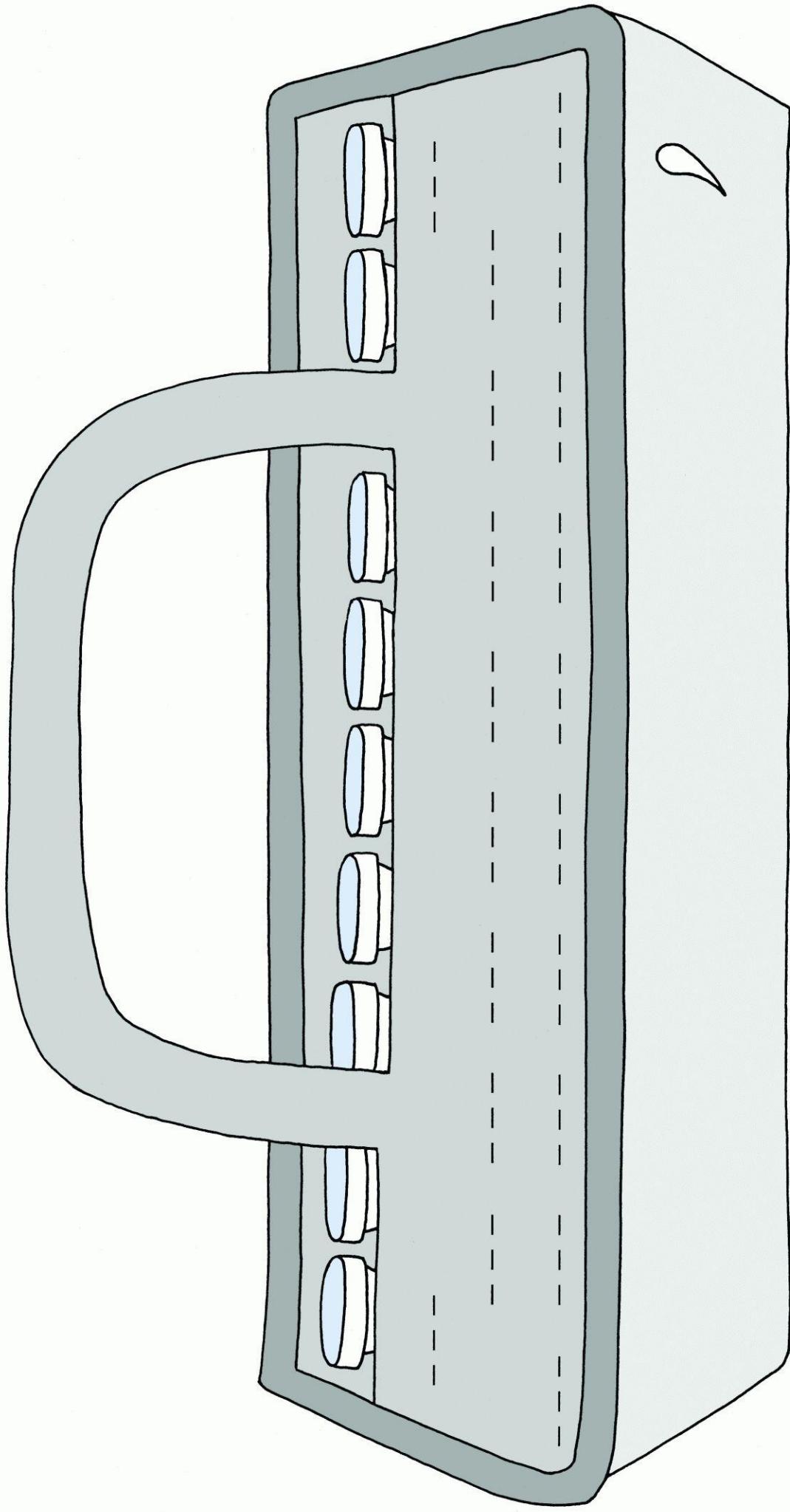
"O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and sanctify this water to the souls of all those who drink of it, that they may do it in remembrance of the blood of thy Son, which was shed for them; that they may witness unto thee, O God, the Eternal Father, that they do always remember him, that they may have his Spirit to be with them. Amen."

D&C 20:79

The prayer that is offered to bless the bread:

"O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and sanctify this bread to the souls of all those who partake of it, that they may eat in remembrance of the body of thy Son, and witness unto thee, O God, the Eternal Father, that they are willing to take upon them the name of thy Son, and always remember him and keep his commandments which he has given them; that they may always have his Spirit to be with them. Amen."

D&C 20:77



- | | |
|----|----|
| 10 | 20 |
| 9 | 19 |
| 8 | 18 |
| 7 | 17 |
| 6 | 16 |
| 5 | 15 |
| 4 | 14 |
| 3 | 13 |
| 2 | 12 |
| 1 | 11 |

SACRAMENT QUESTIONS

1. What is the term for a holy priesthood ordinance that serves as a reminder of our Savior's atoning sacrifice? (*Sacrament*)
2. When do we partake of the sacrament? (*The Sabbath*)
3. Where do we partake of the sacrament? (*Sacrament meeting*)
4. What is a covenant? (*A binding agreement or promise with God*)
5. What does "witness unto thee" mean? (*We are making a promise to our Heavenly Father*)
6. What is provided to all men through the death and resurrection of Jesus Christ? (*Resurrection*)
7. What does the bread eaten during the sacrament represent? (*The Savior's body*)
8. What does the water that we drink during the sacrament represent? (*The Savior's blood*)
9. Where was the sacrament first instituted? (*The Last Supper*)
10. At the last supper, who did Christ present the sacrament to? (*The Apostles*)
11. When we partake of the sacrament, we promise that we will "always _____ him and keep his _____ which he has given them." (*remember, commandments*)
12. Who can bless the sacrament? (*Only worthy priests and melchizedek priesthood holders*)
13. Who can pass the sacrament? (*Only worthy deacons and other priesthood holders*)
14. What should we be doing while the sacrament prayers are being said? (*Shut our eyes, fold our arms, keep our mouths closed and listen to the prayers.*)
15. As the sacrament is being passed, what should we be doing? (*Thinking of Jesus, the Atonement, etc.*)
16. What should we not be doing while the sacrament is being passed? (*Talking, playing with toys or other items, disturbing others, etc.*)
17. What does it mean to take upon ourselves his name? (*We are willing to be representatives of Jesus Christ and his Church*)
18. After Jesus' resurrection, he visited what group of people in the Americas and taught them about the sacrament? (*The Nephites*)
19. A revelation was given to Joseph Smith in April of 1830 to reinstitute what holy priesthood ordinance? (*The sacrament*)
20. Each Sunday when we partake of the sacrament, we are renewing covenants that we made at the time of what? (*Baptism*)

John 6:54

**"Whoso eateth my flesh,
and drinketh my blood,
hath eternal life; and I
will raise him up at the
last day."**

