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Contents:

Story, Picture Sheets, Game, Scripture, Treat Recipe

\$5.00

Family Home Evening Packet Home Evening Outline Pioneer Heroes

Opening Prayer Opening Song **Closing Prayer** Refreshments Closing Song Scripture Story Game

Suggested Songs: "Pioneer Children Sang As They Walked", pg. 214 (Children's)

"The Handcart Song", pg. 220 (Children's)
"Come, Come, Ye Saints", pg. 30 (Hymn)

They, The Builders Of The Nation", pg. 36 (Hymn)

Scriptures: D&C 97:8, Isaiah 2:2

Story: Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics, etc.

Pioneer Trek Activity: Preparation - Laminate and cut out the Pioneer Trek cards. Read through the cards before hand so that you are familiar with them. (Make sure that the "baby born card" comes before the "baby dying card.") There are three blank cards included. Make up three pioneer scenarios of your own.

raisins, a 10 lb. bag of flour (baby boy), a filled water bottle for each member of the family, rags or dish towels for bandages, some type of pack for each member of the family, a small garden shovel, a copy of the song "Come, Come, Ye Saints" and Primary pioneer songs, a small blanket, and a family members favorite item **Items needed:** Scriptures, (preferably for every member of the family who can read), beef jerky, trail mix,

this activity. Choose a secluded place, if possible to provide privacy while participating in this activity. If the The activity should include hiking or walking. You, as a parent, determine how long or far you should hike Activity: Have an opening prayer before and after the activity and invite the spirit to be with you throughout weather permits, go to a wooded park or the mountains, etc. If this is not possible the activity can be done in be distributed when the family finds wild berries. Depending on the ages of your children, you can make this a favorite Item, and his scriptures. For older children and adults, you could weight the packs with a rock, etc. every time you stop to draw a card, you can distribule food rations (trail mix) and each family member can activity as hard or as easy as you want. When you return from the activity, have each member fill out his the home, in a back yard, etc. Before you begin, have each family member pack his pack with a water bottle, before drawing a card. The oldest member of the family goes first land on down the line to the youngest) by drawing a card. The family then follows the directions on the card. Hike further, and the second member of the family draws a card. Everyone follows the directions on the card. Unless the card designates otherwise, have a drink of water. The beef jerky is to be distributed when the company kills two buffalo. The raisins can Cut the pages on the datted lines, fold a crease in the middle and staple the pages together.) Younger children booklet. Print the booklets with double-sided copies, or glue the front to the back

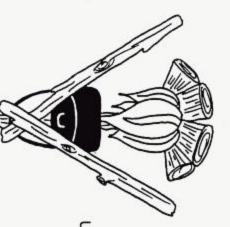
will need assistance. (Items that are supposed to be left behind will be carried by one of the parents. When

he baby dies, if possible, actually dig a small grave to bury the flour and make a memorial marker.

Rice Custard Pioneer

Ingredients

- 2 cups cooked long grain white rice
- 10 eggs, lightly beaten
 - 2 cups sugar 5 cups milk
- 3 cinnamon sticks 1 tsp. vanilla
- sprinkle of nutmeg



Preheat the oven to 300 degrees. Place the cooked rice in a buttered $10 \times 12 \times 3$ - inch baking dish, and spread beat together the eggs and sugar. In a large saucepan place the milk, vanilla and cinnamon sticks. Heat the mixture to the scalding-point and remove it from the amounts at a time. Strain the mixture through a fine sieve over the rice. Sprinkle with nutmeg. Place the heat. Remove the cinnamon sticks. With an electric baking dish in a large baking pan filled with very hot place it on a rack to cool. Refrigerate the custard for water. Bake the custard for two hours or until it is set it evenly over the bottom of the dish. In a large bowl, but not firm. Remove the custard from the oven and mixer on low speed, add the milk to the eggs in small wo hours. YUM!



Pioneer Heroes



In June of 2002, a great new temple was dedicated for the Church of Jesus Christ of Latter-Day Saints in Nauvoo, Illinois. Members of the Church have waited a very long time to see this wonderful event happen. Many, many years ago, there was a beautiful temple in Nauvoo but it was burned to the ground when the Saints were forced to leave their homes and belongings to start their long, hard journey to Utah. These people have come to be known as the "Pioneers."

A pioneer is someone who "forges new trails." In other words, a pioneer can be anyone who has the courage to try new things, to discover new ways of doing things or who finds answers to problems that will help us and others.

DISCUSSION: Can you name any pioneers? (Thomas Edison, Albert Einstein, President Hinckley, etc.)

The pioneers, who came to Utah over rugged mountains and through places that had never been traveled, are our heroes. They overcame tremendous hardships and trials to build homes in the Salt Lake Valley and establish the Church so that we would be able to enjoy it now. We owe our pioneers so much for what they did for all of us!

Don and Afton Welling of Evanston, Wyoming have raised a beautiful family of eleven children and have over fifty grandchildren. They have many relatives who were pioneers and they have been kind enough to share some of their special pioneer stories with us.

Jonathan H. Holmes had joined the Mormon Battalion. He had to leave his wife, Elvira Annie, with their little daughter, Sarah, to cross the plains to the Salt Lake Valley on their own. Elvira came with the pioneers of 1847 while Jonathan went to fight the war. Elvira had a team consisting of an ox and a cow to pull her wagon. While crossing the plains, the cow lost one of her shoes, which made it so she could no longer pull the wagon. Elvira told the captain of the wagon train and he said that they would camp by a small stream. She would have to go back the distance of a few miles to the company behind them who had a blacksmith and get him to come and fit a new shoe on her cow. He said they would wait for her.

Pioneers didn't have any cars to get them places quickly, so it would take Elvira a very long time to travel the distance to the blacksmith. Sarah cried and pleaded with her mother not to make the journey. She was afraid that wild animals or Indians would attack her mother and that she would be left alone. But Elvira told Sarah, "No, don't cry. Ask the Lord to protect us both, and I will come back to you." Elvira headed back to the other wagon train and finally reached it. She was very tired and needed to rest for a while. The blacksmith then went with her to where her cow was. As soon as the shoe was fitted, the cow went to her yoke-mate and put down her head to have the yoke placed. They traveled on for a while but suddenly, the ox died, which made it impossible for them to go on. But Elvira was a very special woman. She put the yoke on her own shoulders and pulled the wagon, walking beside the cow, until the captain could make other arrangements for her. When Elvira and Sarah arrived in the Salt Lake Valley, they settled in what was called the "Old Fort." Food was very scarce and they were alone. Elvira taught Primary school there and was paid a little so that she could buy food. Sarah gathered sego and thistle roots to make soup and Elvira would make bran biscuits.

When the Mormon Battalion was disbanded in July of 1847, the soldiers were allowed to go or stay as they chose. Jonathan made arrangements so he could go to his family as soon as possible. He made the trip riding a mule and pulling a pack animal. The men making the trip had very little food and they had to stop to rest for a few days. They had nothing to eat, so they boiled pieces of rawhide from their saddles until they were soft enough to chew or make soup to keep them alive until they could get to a place where they could find food. When Jonathan reached Salt Lake City, Sarah could not recognize him. He looked like a tramp, with a long beard and long, shaggy hair. His clothes were worn and dirty. The little family remained in the Old Fort, which is now known as Pioneer Park in Salt Lake City, until about 1850 when they moved to and remained in Farmington, Utah.

Another relative, Abel Garr, came to the Salt Lake Valley in 1847 and was a famous scout for the Church. He was very athletic and strong and was a member of Utah's Salt Lake Militia of the Nauvoo Legion. After Abel reached the valley,

he lived in Millville, Utah. He made many trips with other scouts to assist wagon trains who were coming to Salt Lake City. In 1856, Brigham Young learned of the terrible condition of the handcart companies coming to Utah. Abel was called to be part of a relief party. Twenty-seven young men were given blessings "that fairly made them quake" before they set out to help. From then on, they drove relentlessly through stormy weather and heavy snows, not even stopping for meals. They reached Fort Bridger, Wyoming on the twelfth of October. Three days later they arrived at the Green River, but there was no sign of the emigrant handcart companies. They were very scared for the people who hadn't come yet. They sent scouts ahead to inform the pioneers that relief was coming and to tell them to travel quickly toward the valley. The relief company continued to move on until a man rode into camp and told them that his handcart company was freezing and starving. The next day, the relief company finally reached the Willie handcart company where they witnessed sights that hurt their hearts. The relief company fed them and helped them until they were able to continue their journey to the Salt Lake Valley.

Four days later, after moving as fast as they could, the relief company arrived at Devil's Gate. They had traveled three hundred miles in nineteen days and were terribly tired. That's almost sixteen miles a day on horseback through wind, snow and rain. They spent that Sunday fasting and praying. Imagine the faith of these boys! Then Abel and Joseph A. Young, Brigham Young's son, were sent to locate the Martin, Hodgett and Hunt handcart companies.

In an article for the Improvement Era on the Emigrants of 1856, Solomon F. Kimball wrote: "What a tremendous responsibility rested upon the shoulders of these young men and what a picture of discouragement was here presented! Here they were, three hundred and thirteen miles from home, hemmed in on all sides by the drifting snows with instructions from Brigham Young not to return until every emigrant on the plains was accounted for. They had already endured hardships greater than the ordinary individual could endure, but it was a matter of small moment compared with the work yet to be accomplished. Many trying experiences had already happened to them but their burden, on this occasion, seemed greater to them than they could bear."

Several days later, the boys returned with an account of how terrible the conditions of the companies were. The Martin and Hodgett companies were located two miles from where the road leaves the North Platte for the Sweetwater, having not moved since October tenth due to sickness, death and the deep snow. The Hunt company was twelve miles beyond. Food was nearly gone, their clothing was worn out, and they had left bedding behind, as they were too weak to haul it. Old men were tugging loaded handcarts, women were pulling sick husbands and children were struggling through the deep snow. The boys urged them to move on until relief could come from Salt Lake City. On the morning of November third, Abel Garr and Joseph A. Young rode into the Salt Lake Valley with this message from Captain Grant, the leader of the relief party, for President Brigham Young. "There is not much use for me to attempt to give a description of these people, for this you will learn from your son, Joseph and from Brother Garr. You can imagine between five and six hundred men, women and children, worn down by drawing carts through mud and snow, fainting by the wayside, children crying with the cold, their legs stiffened, their feet bleeding and some of them barefooted. The sight is too much for the stoutest of us, but we go on doing our duty, not doubting, not despairing. Our party is too small to be of much help. The assistance we give is only a drop in the bucket. I believe that not more than one-third of the Martin Company will be able to walk any further. I have never felt so much interest in any mission that I have ever before been called to perform and all of the boys who came with me feel the same. We have prayed without ceasing and the blessing of the Lord has been with us."

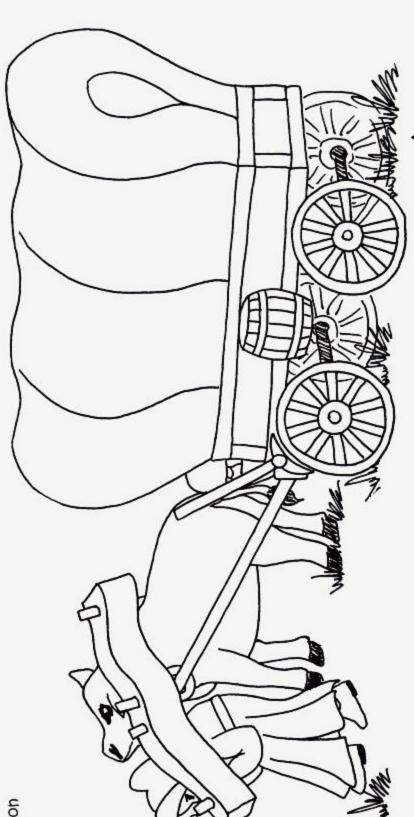
It took ten days for Abel and Joseph to reach the Salt Lake Valley where they delivered their message to Brigham Young. They were completely exhausted and stiff and sore from riding so fast and so long. Soon wagons were on the way to relieve the handcart companies. These two young men were classed among seventeen other notable scouts, as "men whose names deserve a permanent place in history for the activity and heroism then displayed in seeking to save from misery and death large numbers of their fellow men."

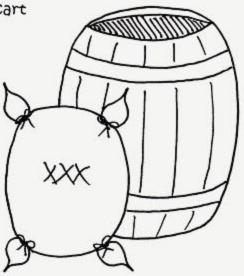
Abel and Joseph saved many lives through that experience. Wouldn't you like to meet all these people who had such courage and faith? So many people sacrificed so much for us. We love our "Pioneers."

DISCUSSION:

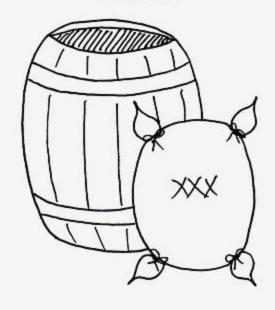
- •Do you have the kind of faith that our pioneers had?
- •Could you leave your home and personal belongings to travel far and find a new home?
- •What can we do to show our love of our pioneers?

Supplies brought in for handcart companies





Supplies brought in for handcart companies



evenly distributed among kill two buffalo, and it is while crossing the plains Your company is able to Your handcart company comes to a buffalo herd of Wyoming. the members.

into your camp in the middle of the night. You are afraid at first, but then you realize A starving Indian wanders that he is only after some scarce, but you share your food. Food rations are portion with the Indian. Read Matthew 25:40 together as a family.

weary, but mother and baby finally she gave birth to a remainder of the journey It has been a long, hard journey for mother, but are doing fine. Mother must carry the baby the baby boy today. She is to Salt Lake City.

to camp until the repairs are are no food rations tonight. breaks and your family has It will be a long night. You A wheel on your handcart made to the wheel. There are very discouraged! Read D&C 121: 7-8 together as a family.

> You are so hungry! wild berries to eat. There is no food. you hunt for As a family

bitterly cold! The river is partially frozen. Father determines that he loing so, Father spikes a high fever barely makes it through the night! chills. Your family camps for the everyone from exposure. After will carry each member of the and has an extreme case of the night and cares for Father. He family across the river to save

and you must bury it beside the trail. You feel as if the Due to extreme exposure to the cold, the baby dies, Lord has abandoned you, and you can't go on

Read D&C 122: 7-9 together as a family. any longer.

company brings some extra sing around the campfire! traveled two miles today! Your handcart company celebrated! As a family food rations. There is The captain of your much to be

comes to a watering hole, but it is dry. You will not Your handcart company (Empty any remaining be able to refill your water from your water bottles.)

canteens.

weakened due to lack of food and exposure. will have to carry his family has become A member of your Someone else pack for him.

company brings some extra

The captain of your

food rations. There is

traveled two miles today!

Your handcart company

sing around the campfire!

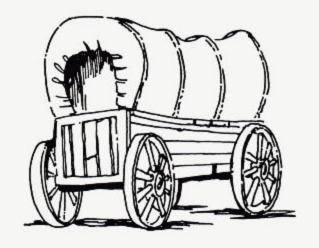
celebrated! As a family

much to be

carry the heavy load carrying. You must leave your favorite You can no longer you have been item behind.

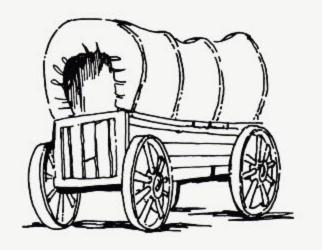
Due to your family's weakened condition, you fall behind the rest of the company and become separated. You set up camp and Father leaves on foot to try to find the rest of the handcart company. Father is gone for two days. Read 2 Nephi 31:19-20 together as a family.	Your family members are very discouraged and you feel that their faith is wavering. At the end of the day, after eating what food rations you have, you decide to have a family testimony meeting. Share your testimonies with one another. Read D&C 62-3 together as a family.	
The oldest child in your family is bitten by a rattlesnake. The wound must be attended to quickly, or the child will not make it. Draw out the poison and bandage the wound.	Father is gathering firewood, and accidentally gets into some poison ivy. Make a mud pack to put on Father's hand.	
The youngest member of your family is involved in an accident. His leg is crushed by a handcart wheel, and he must be carried until the leg heals. Read Psalm 73:26 together as a family.	The children do not have many toys. Make a child's doll with items you find along the trail.	
You have very little food left. There is enough food to feed all except one of you. Determine which member of the family will have to go without food tonight.	The handcart company stops to rest for a few minutes. Distribute what little food rations you have and sing "Come, Come, Ye Saints".	Members of your handcart company have been struck with cholera, including one member of your family. They can no longer walk due to their weakened condition and must be carried.

Pioneer Trek Memory Book



This book belongs to:

Pioneer Trek Memory Book



This book belongs to:

What was my most memorable	Picture
experience from the pioneer trek?	
draw a picture	
oraw a piciure	
1	6
716	
What was my most memorable	Picture
experience from the pioneer trek?	
draw a picture	
oraw a piciure	

My Jestimony (or draw a picture that shows how you feel about the experience.)	What was the hardest thing about the pioneer trek?
	draw a picture
5 Thy Testimony (or draw a picture that shows how you feel about the experience.)	What was the hardest thing about the pioneer trek?
	draw a picture

what are some things that I appreciate more now, about the pioneers?	What was the greatest lesson I learned about the pioneers?
3	
what are some that I appreciate more now, about the pioneers?	What was the greatest lesson I learned about the pioneers?

I would not give the ashes of a rye man that was not willing to sacrifice straw for any religion that was not worth living for and ... dying for; and G would not give much for the his all for the sake of his religion. L'orenzo Inow