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Alma The Younger

A Story of Faith, Repentance and Testimony
Family Home Evening Packet



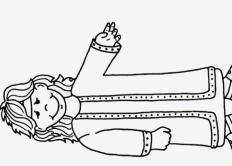
Contents:

Story, Picture Sheets, Activity, Scripture, Treat Recipe \$2.50

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Alma The Younger's Funnel Cakes



Ingredients:

- 4 cups flour
 - 3 eggs
- 1 Tbsp. baking powder 1/2 tsp. salt
 - 1 tsp vanilla
- 1 cup brown sugar
 - 3 cups milk
- cinnamon and sugar
 - powdered sugar

Directions

powder, salt, vanilla and milk. Cream together until the batter becomes smooth and is the consistency of pancake batter. Cut the top and bottom out of a #10 metal can. If you do not have a #10 can, a smaller can will work. Place come very hot). Take a funnel and place your finger at the the can in the heated oil (Be very careful, the can will bebottom, blocking the opening. Pour the batter into the funfrying pan. Mix together flour, brown sugar, eggs, baking nel. Place funnel over the metal can and remove your finger, pouring the batter into the hot oil in a crisscross pattern going back and forth overlapping the batter. Cook approximately two minutes until golden brown. Remove metal can with pliers. Flip the cake to the other side and Preheat oil to high heat in an electric fry pan, deep fryer or cook until a golden brown. Remove from oil onto a paper towel and sprinkle with cinnamon and sugar, or powdered sugar. ALWAYS BE CAREFUL WHEN WORKING WITH HOT

Family Home Evening Packet Alma The Younger

Home Evening Outline

Opening Prayer **Opening Song** Closing Prayer Retreshments Closing Song Scripture Game Story

Suggested Songs: "Repentance", pg. 98 (Childrens) "How Gentle God's Commands", pg. 125 (Hymn) "Help Me, Dear Father", pg. 99 (Childrens)

Scriptures: Moses 6:57, Alma 34:32, Mosiah 4:10-12

Story: Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics, etc.

need a large pan lid with a handle. For the mice cut about a three foot long piece of yarn and attach It to a large plastic office paper clip. Laminate and cut out the cheese and tape it to the floor in the Same: "Cat & Mouse" - Preparation: Laminate and cut out the game cards. For the cat you will

Play: Divide the family into two to three teams, preferably three. Each team will need a set of reads the statement with the scripture reference. Each team quickly looks up the scripture reference and tries to identify the key word that fits the statement previously read. Once a team has identified he key word, they send a runner to the front of the playing area, who then rings a bell or touches a each of the other teams becomes a mouse. The cat is given the pan lid and the mice are given the scriptures. Place game cards face down. Have an officiator or parent draw the first card. He then designated object. The runner then gives the answer. If the answer is correct you begin the game of cat and mouse. The runner who gave the correct answer becomes the cat, and one person from paper clips attached to yarn. The mice place their paper clips on the piece of cheese, holding on to one foot off of the ground. The cat yells faith, repentance or testimony, but the only word that the successfully captures a mouse, he is awarded 5 points for each mouse he catches. If a mouse gets away, the mouse is awarded 5 points. If the cat yells "Faith" or "Testimony" and a mouse tries to he end of the yarn. The cat crouches down to the ground close to the cheese, holding the lid at least mice can move on is "Repentance." As soon as the cat yells the word "Repentance", the mice try and pull their clips off of the cheese before the cat can clamp the lid down on top of them. If the cat move off of the cheese, the cat is automatically awarded 10 points for each mouse that moves and the mouse is disqualified for that round. The game ends when all thirty cards have been played. The team with the highest score wins. **NOTE:** After each card has been read and the game of cat and mouse has been played for that card, discuss each card and what it means. Also, use smaller children who can't read as the runners, cats or mice.

Alma The Younger A Story of Faith, Repentance and Testimony

Between the years of 100 and 120 B.C. there lived a mighty King named Mosiah. King Mosiah ruled in the land of Zarahemla and was loved by his people. He was a righteous king and he was true to the gospel of Jesus Christ. There was peace in all of the land and King Mosiah sent out a proclamation that it would be against the law for any unbeliever to persecute those people who belonged to the church of God.

King Mosiah commanded his people that there should be equality among them and that there should be no haughtiness or pride. He told them that they should respect their neighbors and use their hands to work hard to support their families. The people of the land obeyed King Mosiah and Heavenly Father gave them riches and they became a "large and wealthy people."

One of the great men of the Church at that time was Alma. His job was to regulate all of the affairs of the Church. He too was a very righteous man and had taught his children to love the Lord. However, even though both King Mosiah and Alma were strong in the gospel and had been good fathers, they had sons who chose not to obey.

Four of King Mosiah's sons - Ammon, Aaron, Omner and Himni and Alma's son, Alma the younger rebelled and became unbelievers. This was very sad for King Mosiah and for Alma. To see your children use their agency to do wicked things to the Church of God is a very hard thing.

Alma the younger became a very wicked and idolatrous (the worship of idols; excessive admiration or devotion) man. He would flatter the people and lead them away. He became a great enemy of the Church. He caused people to fight and hate each other, but his father Alma, had great faith in God.

Alma, the father, prayed constantly that Heavenly Father would change the heart of his son Alma. He loved God and had great faith that his prayers would be answered.

One day while Alma the younger and the sons of Mosiah were trying to destroy the Church of God, an angel of the Lord descended in the middle of a cloud. He appeared to Alma the younger and the sons of Mosiah. He spoke loudly and his voice was like thunder. His speaking caused the earth to shake.

Alma and the sons of Mosiah were so surprised that they fell to the earth. They couldn't understand what the angel said but the angel kept on speaking to them saying: "Behold, the Lord hath heard the prayers of his people, and also the prayers of his servant, Alma; who is thy father; for he has prayed with much faith concerning thee that thou mightest be brought to the knowledge of the truth; therefore, for this purpose have I come to convince thee of the power and authority of God, that the prayers of his servants might be answered according to their faith."

The angel was mighty and told the men that he had been sent from God. He reminded them that they should not be seeking to destroy the Church and that the prayers of the Church on their behalf had been answered. He warned them that if they didn't begin standing up for the Church, they would be cast off. Then he was gone.

The power and majesty of the angel caused the sons of Mosiah and Alma the younger to fall to the earth. The men knew that there was no one, except God, who could cause the earth to shake so badly.

The experience was so shocking to Alma the younger that he couldn't open his mouth or speak. He became very weak and couldn't even move his hands. The sons of Mosiah carried Alma to his father.

The sons of Mosiah told Alma, the father, what had happened to them and Alma became very excited for he knew that the power of God had struck his son. In fact, he was so happy that he called for all the people to gather together so they could see what the Lord had done to his son and the sons of Mosiah.

Alma also called all of the priests together and they began to fast and pray. They pleaded with the Lord to open the mouth of Alma the younger and make his arms strong again.

After fasting for two days and two nights, Alma the younger's arms began to grow stronger and he could speak again. Alma the younger began telling everyone about his experience and how he had repented of his sins. He praised the goodness of the God. He spoke of how the Lord talked with him and told him how important it is to receive a witness of the truth. This is something that we all must receive and it is given to us by the Holy Ghost.

Alma the younger had rejected the Savior and denied what he had been taught but now he was bearing his testimony of the Lord.

Soon, Alma the younger and the sons of Mosiah became missionaries, preaching the gospel through out the land. They told everyone they could about their experience with the angel. They worked hard to repair all of the damage they had done to the Church and they converted many people to the gospel. This caused the unbelievers in the land to persecute Alma the younger and the sons of Mosiah and to hit them. Despite the persecution, they never lost their testimonies again. They went about doing much good for the Church and for our Heavenly Father.

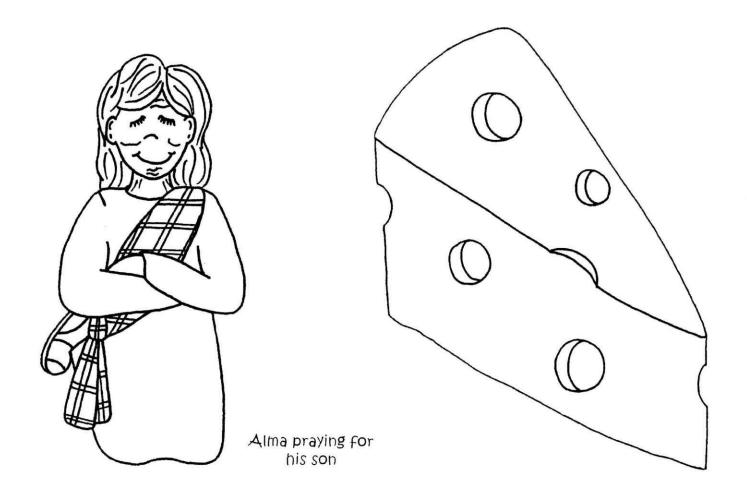
We can learn so much from this story of Alma the younger. First, we need to have the faith of Alma the father. It was his prayers to Heavenly Father that saved his son. Second, we need to make sure that when we have done something wrong, we repent. Third, we need to build strong testimonies of the gospel and of our Father in Heaven. If we can do these three things, we will be strong, courageous members of the Church.

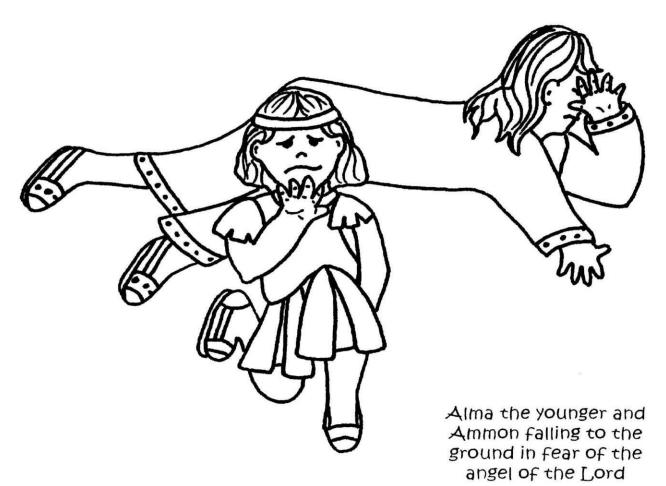
We also need to remember that Heavenly Father doesn't always step in and save someone from being bad as he did Alma the younger. When we lose our testimonies and begin doing wrong things, we are often left alone to find our own way back. This can be very hard and some people never make it back. Wouldn't it be better and easier to stay on the right path?

DISCUSSION:

- •What did Alma the younger lack that caused him and the sons of Mosiah to rebel against the church?
- •Have you ever prayed hard for someone who was doing bad things?
- •Do you think you have prayed as hard as Alma the father?
- •Do you have the faith that Alma did in knowing that the Lord would answer his prayers?
- •What do we need to do to repent of something we have done wrong?

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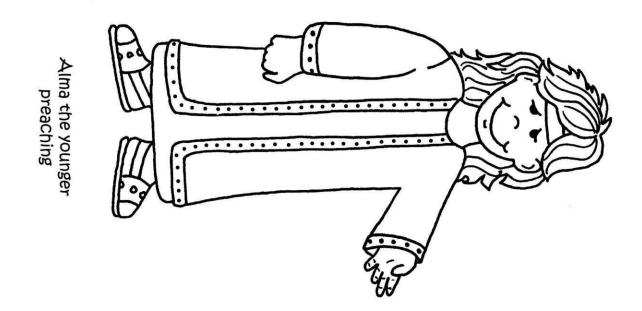


Front row, left to right: Ammon, Alma the younger, Omner Back row, left to right: Himni and Aaron





The sons of Mosiah Carrying Alma the younger to his father



We cannot anything we do, from ourselves or from the Lord Alma 39:8	We need to confess to the proper authority. Joshua 18:7	We should to the person we have injured. John 9:22
"I the Lord sins, and am merciful unto those who confess their sins with humble hearts." D&C 61:2	Part of repentance is This is the fifth step. Exodus 22:3	We must forgive D&C 46:14
another. Luke 6:37	"This life is the time for men to to meet God. Alma 34:32	Our and joy can be sweet and exquisite. Mormon 2:13
Do notyour sinful practices. Exodus 23:7	We need to learn from error. D&C 1:39	If we truly of our sins, we will do them no more. Mark 6:12
We must make any wrong that we have done. D&C 9:8	"By this ye may know if a man repents of his sins - behold, he will them and forsake them." D&C 58:43	"Let your sins you, with that trouble which shall bring you down unto repentance." Alma 42:29-30

We all need to 2 Nephi 9:23	slow our spiritual progression. 2 Nephi 4:19	We must feel sincere for our sins. Alma 29:2
Keep the Resp the Proverbs 4:4	Repentance is made possible through the of Jesus Christ. Mosiah 3:19	Jesus paid for our sins. Phillippians 2:11
Repentance sometimes requires great I Chronicles 22:13	Repentance requires ———· Moses 1:20	The step to repentance is to recognize our sins. Mosiah 2:23
We must admit the things we do that are Acts 7:26	The second step to repentance is to feel for what we have done. Leviticus 26:16	We must ourselves before God. I Nephi 13:16
We must come forth with broken hearts and spirits. D&C 56:18	The third step to repentance is to our sins. Deuteronomy 4:31	The fourth step to repentance is to our sins. Alma 17:4

Moses 6:57

kingdom of God, for no unclean "Wherefore, teach it unto thing can dwell there, or dwell men, everywhere, must Syour children, that all repent, or they can in nowise inherit the in his presence

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