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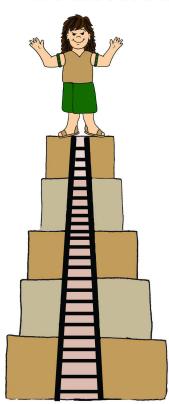
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## Primary Mini-Pac Alma, Amulek and the Zoramites

Contents:

Story,

Picture Sheets, Scripture



\$1.50

## Alma, Amulek and the Zoramites

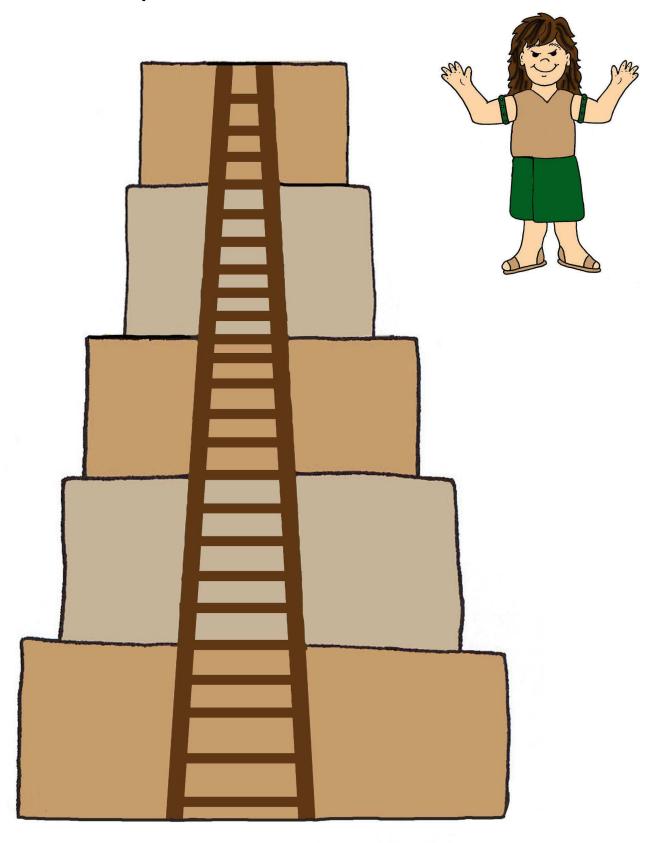
The Nephites had a chief judge named Alma. He was a wonderful man. Alma was worried about some of the members of the church, and he was afraid that these people had forgotten Heavenly Father. Alma feared they would join the Lamanites.

Alma decided to take Amulek and other good, strong men with him to teach the Zoramites. The Zoramites had forgotten how to pray. The leader of the Zoramites was named Zoram. He was a wicked man who led his people to worship idols. They would meet once a week and say boastful prayers. They built synagogues and in the middle of the synagogue they would place a stand called a rameumptom. A rameumptom is another word for a "holy stand." They would take turns climbing up onto the platform and saying the same loud prayer. They said there would be no Christ. They would raise their hands high above their heads and pray so everyone could see and hear them. After everyone had taken a turn, they would leave the synagogue and not think of Heavenly Father again until the following week.

Alma and Amulek taught the people how to pray reverently. They taught them that they could pray anywhere and at any time. They taught that we should thank Heavenly Father for the things He has given us and that we should ask for things we need. They also taught them to pray continually in their homes, their fields and when they were alone.

We too can learn from Alma and Amulek. We are blessed to be able to speak to Heavenly Father all of the time. We need to remember to pray reverently, and often. (See Alma Chapter 31)

## Wicked Zoramite and Rameumptom



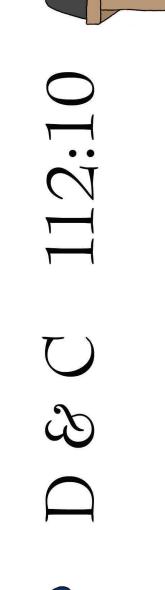




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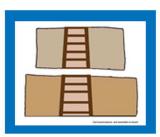


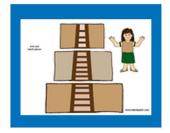
and give 3e thou humble; and the hee answer to thy prayers lead Jod shall nand, thee by the ord



- Start by assembling the rameumptom pieces on the board. You will build it like a puzzle. It should look like one graphic. Place the image of the Zoramite on top. The children will be trying to take down the stand by answering questions. (see attached)
- Call on a child to answer a question. If they get a question correct, they take off a piece starting with the top. If they answer incorrectly, they have to put that piece of the stand back on. Continue repeating the questions, if needed, until the entire stand is taken down. Reiterate that we do not need a special stand or rameumptom to pray.







The Nephites were afraid that the Zoramites would join which group?

**Answer: Lamanites** 

Who did Alma take with him to teach the Zoramites?

Answer: Amulek and other strong men

How often should we pray?

Answer: All the time

Where should we pray?

Answer: We can pray anywhere

Zoram taught his people to worship what?

Answer: Idols

How did the Zoramites pray?

Answer: They climbed the rameumptom and raised their hands in the air.

How often did the Zoramites pray?

Answer: Once a week

What was the name of the Zoramites church building? (Hint if needed: starts with S and ends with og)

Answer: Synagogue

What does this story teach us about prayer?

Cut out each piece

