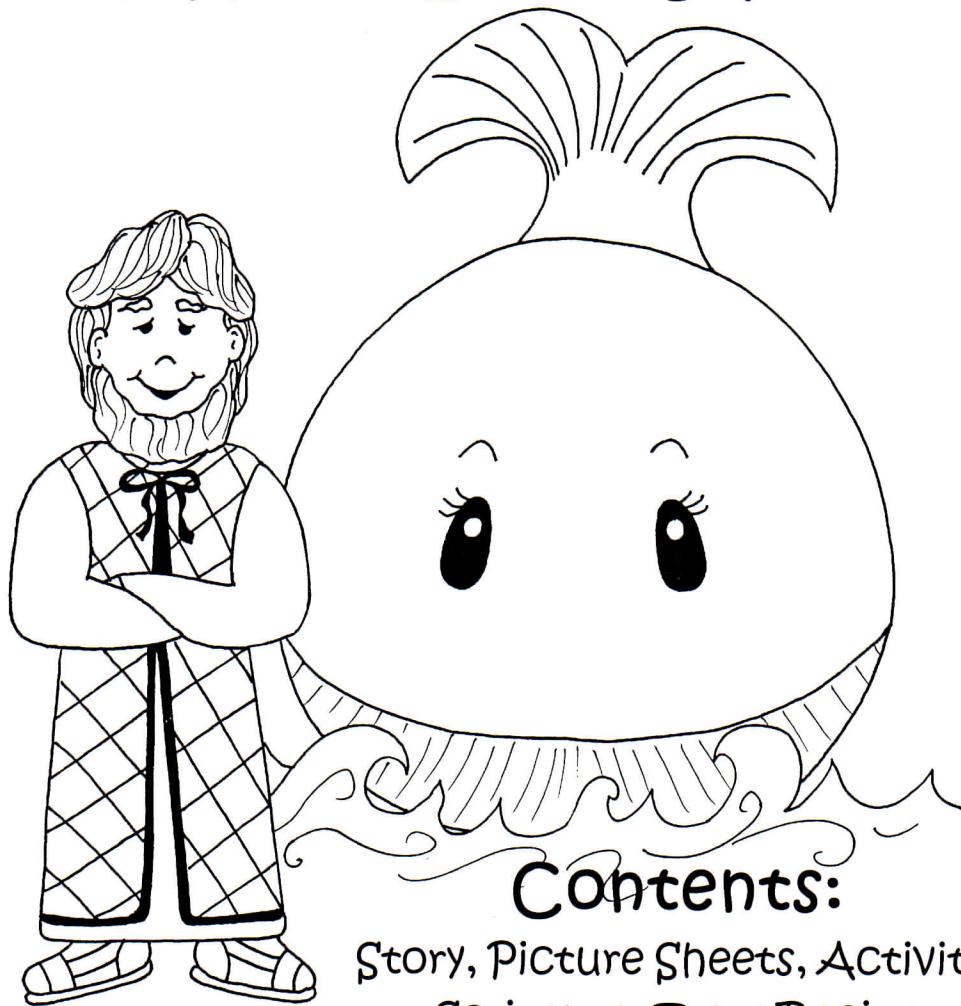


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From Our Home To Yours

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Jonah And The Whale Family Home Evening Packet



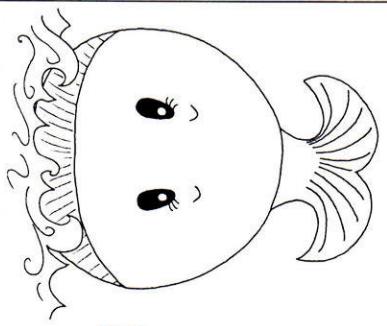
Contents:

Story, Picture Sheets, Activity,
Scripture, Treat Recipe \$5.00

Jonah And The Whale

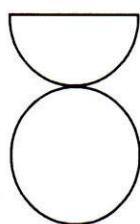
Family Home Evening Outline

A Whale Of a Cake



Cake Directions:

Bake any cake mix according to the directions on the box in two eight inch round cake pans. Allow the cakes to cool slightly and remove from pans. Cut one round cake in half. Place the cakes side by side as shown in the diagram below and freeze for at least one hour. Remove cake from freezer and allow the children to frost the whale and to decorate with candy. You could also color shredded coconut blue, and use for the water.



Frosting Ingredients:

- 1/2 cup softened butter
- 1/4 cup shortening
- 1 1/2 tsp. vanilla
- pinch of salt
- 4 cups powdered sugar
- 6 - 7 Tb. milk

Directions:

In a large bowl mix shortening, butter and vanilla. Mix until fluffy. Add salt and mix in powdered sugar. Mix milk in slowly until desired consistency is achieved. Use red and blue food coloring to color the frosting.

Cake Decorating Tips:

- Freeze cake before frosting. This prevents the cake from tearing or crumbling while frosting.
- Cover frosting bowl with a damp cloth to prevent frosting from drying.
- A decorator bag can be replaced with a zipper sandwich bag or rolled parchment paper.
- Use a toothpick to draw your design on the cake before decorating.
- This frosting can be stored up to two weeks in the refrigerator. When ready to use, bring frosting to room temperature and beat slightly.

Home Evening Outline

Opening Prayer Opening Song

Scripture

Story Game

Closing Song Closing Prayer Refreshments

Suggested Songs: "Nephi's Courage", pg. 120 (Childrens)
"Keep The Commandments", pg. 146 (Childrens)
"Do What Is Right", pg. 237 (Hymn)

Scriptures: D&C 58:2, D&C 63:5

Story: Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics, etc.

Game - Jonah & The Whale: Preparation - Place the two game board sheets side by side so that the "START" space is on the left and the "FINISH" space is on the right. Tape the two sheets together on the back side. Color game board as desired and laminate. Color each of the game pieces a different color. Laminate and cut each one out. You will need five dice for this game.

Object: - To be the first player to reach the "FINISH" space where the whale spits Jonah on to dry land.

Play- Determine which player is to go first. The first player begins by rolling all five dice. The player must roll a "four" to get off the start space and have Jonah swallowed by a whale. If a player is successful by rolling a "four", he then gets a whale game piece and places it on the first game square. He can then continue his turn. He rolls all five dice. In order to continue his turn, he must roll a "one", a "five" or a "six". If a player rolls a one or a five he may advance one square for each "one" or "five" rolled. For each "six" that is rolled, he may send one players game piece back to the first square (not the "START" space). Once the player has rolled, there are several things that can happen. If a "one", "five" or "six" is not rolled the players turn ends and rotates clockwise. If a "one", "five" or "six" is rolled the player moves the game pieces as indicated above. He now has the option to stay where he is at and end his turn or he can take a chance, set any "ones", "fives" or "sixes" aside and roll the remaining dice. In order to continue his turn, he must roll a "one", "five" or "six". If one of these numbers is not rolled, the player must then return his game piece to the first space on the game board (not the "START" space). If the player is able to successfully roll one or more of these numbers, he can continue to set those dice aside and continue his turn. He can stop at any time. If all five dice are rolled, and the player has rolled "ones", "fives" and "sixes" with all five dice, he may pick up all five dice and start all over again. REMEMBER, a player can stop rolling at any time and remain where they are at on the game board. Also, multiple players can occupy a space at one time.



Jonah And The Whale

(Taken from the book of Jonah in the Bible)



Somewhere between the years 760 B.C. and 780 B.C. there lived a prophet from Galilee named Jonah. Now Jonah lived in a time when there were many evils in the world and many wars across the land. One of the most wicked places was the country of Assyria. The people of Assyria hated the Israelites and had caused them to suffer many trials and hardships. Those who lived in Nineveh, the capitol city of Assyria were particularly evil and mean.

The Lord instructed Jonah to travel to Nineveh and cry out against this great city. God wanted Jonah to get the people there to repent of their wicked ways or He would destroy them. But Jonah had other ideas. He did not want to preach to these people that he disliked so much. He just wanted the Lord to destroy them outright.

So, Jonah went down to Joppa where he paid for his fare on a large boat to travel to Tarnish, a city in Spain. He wanted to hide from the Lord but no one can hide from the Lord.

Soon a huge wind began to blow and there was a "mighty tempest" in the sea that almost caused the ship to break apart. The sailors were afraid and began to pray mightily to God. They threw everything overboard that they possibly could to lighten the weight of the boat. Jonah, however, had gone below inside the ship and was asleep. The captain of the boat found him there and woke him up, angrily chastising him as to why he was not praying to his God for the safety of the men.

The sailors on the ship decided to cast lots, or to vote, to see who they thought had brought this danger to them. They voted on Jonah.

The sailors began yelling questions at Jonah, asking why he was on the ship, what his occupation was and from what country and people he came from.

Jonah told the men that he was Hebrew and that he feared the Lord but that he had fled from Him because he didn't want to do as the Lord had commanded. The men were still afraid and wanted to know why Jonah had done this terrible thing to them. They wondered what could be done to calm the sea and save their lives.

Jonah suggested that they throw him into the sea because he knew that this was his fault. He believed that the Lord would calm the waters if he was dead but the sailors tried to row the boat to shore instead. The winds were too fierce though, and they gave up. After praying to the Lord, they decided that the only way to save their lives was to throw Jonah overboard into the sea, and when they did, the waves were calmed.

The Lord always prepares for any circumstance and he was prepared for this situation. He sent a huge fish (which we believe to have been a whale) to swallow Jonah and save his life. Jonah lived in the belly of the huge fish for three days and three nights.

It would have been easy for God to let Jonah die as a consequence for disobeying Him, but we see God's great mercy and love for Jonah even though he had sinned. Finally after three days inside the giant fish, Jonah prayed and asked God to save him. God spoke to the fish and the great whale spit Jonah onto the dry land.

God spoke to Jonah again, telling him to go to Nineveh and to preach repentance to all of the people there. This time, Jonah obeyed the voice of the Lord and traveled the three days distance to Nineveh. He began to warn the people that they would be destroyed in forty days if they didn't repent.

Then a wonderful thing happened! The king of Nineveh and all of the people dressed in sackcloth and ashes and fasted and prayed. They repented from their sins and asked God for forgiveness.

When God saw what they had done, He forgave them and did not destroy them. But Jonah still was not happy. He wanted the Lord to punish Nineveh. Now, Jonah was very depressed and he prayed that God might destroy him instead.

Jonah went outside of the city gates and built him a little shelter so that he could sit in it and watch what would happen to the city. In essence, Jonah went there to sulk because he had not gotten his way with the Lord. Jonah didn't like the people of Nineveh and he thought that they deserved the wrath of God to be brought down upon them for what they had done in the past.

DISCUSSION: Do we sometimes hold grudges like Jonah did?

God then explained that Nineveh had around one hundred and twenty thousand people who had been living in spiritual darkness. Why shouldn't He feel sorry for them?

What wonderful lessons we can learn from the story of Jonah and the whale.

God loves us so much that he gives us many chances to live as we should and to repent of those things we do that are wrong. When he commands us to do something, we need to obey, for he is all powerful and will find a way to accomplish those things he desires.

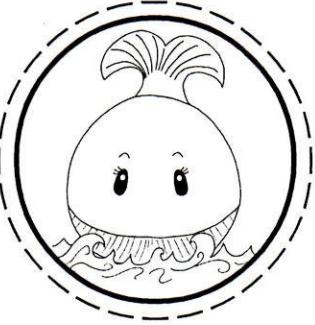
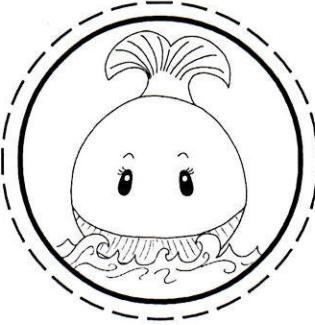
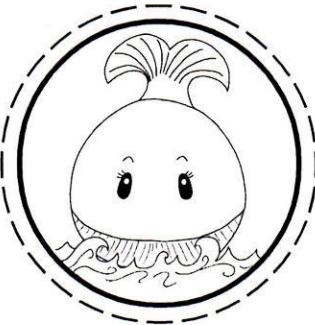
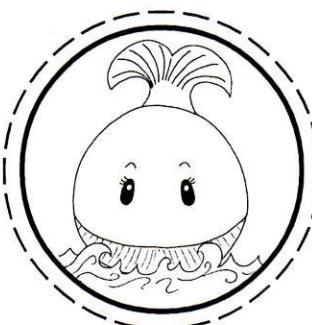
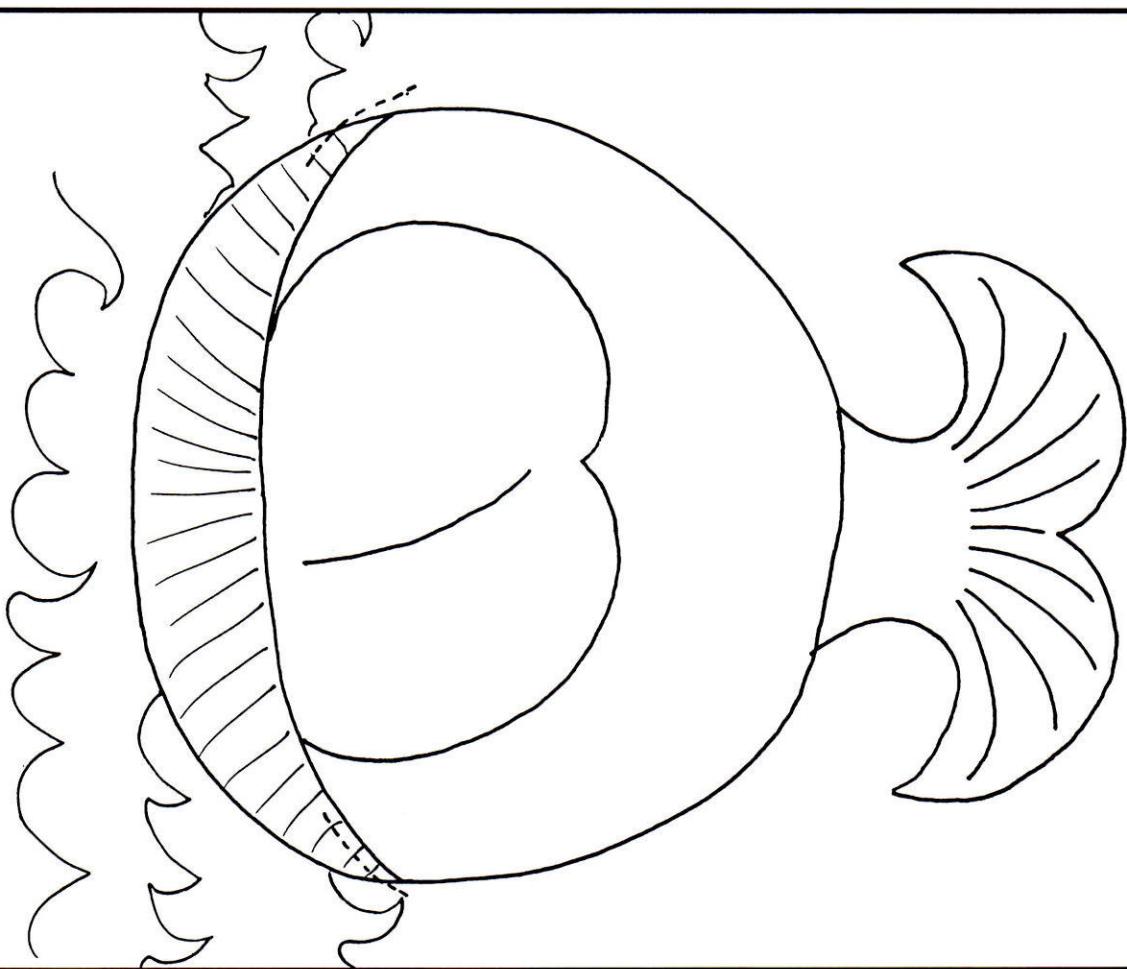
We learn that when God gives us a commandment, he also prepares a way for us to achieve that commandment.

We also learn of God's great mercy for all of His children. God does feel sorry for us and He wishes to help us in all of our troubles and trials.

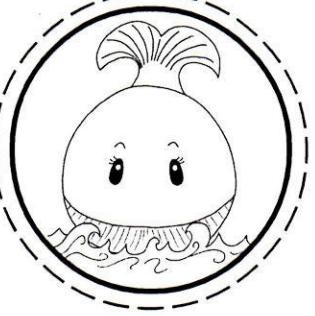
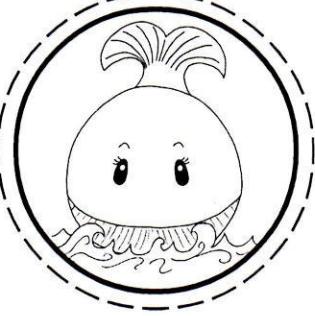
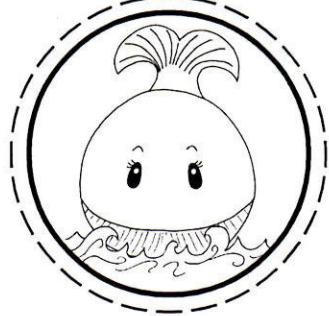
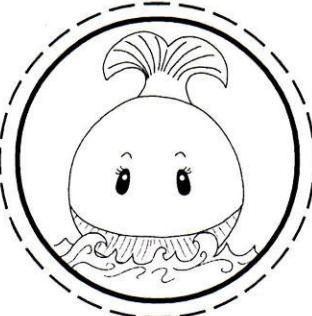
We need to obey God, trust in Him and have faith that he will do what is best for us.

DISCUSSION:

- Are there commandments that the Lord gives us that we don't want to obey? What should we do when we feel this way?
- When we have committed a sin, do we remember that God is merciful and that He loves us?
- Is our faith lacking in God so that we think we should decide even the punishments of others?
- Are we forgiving of others shortcomings or do we sulk and hold grudges?
- How can we become more forgiving and obedient?



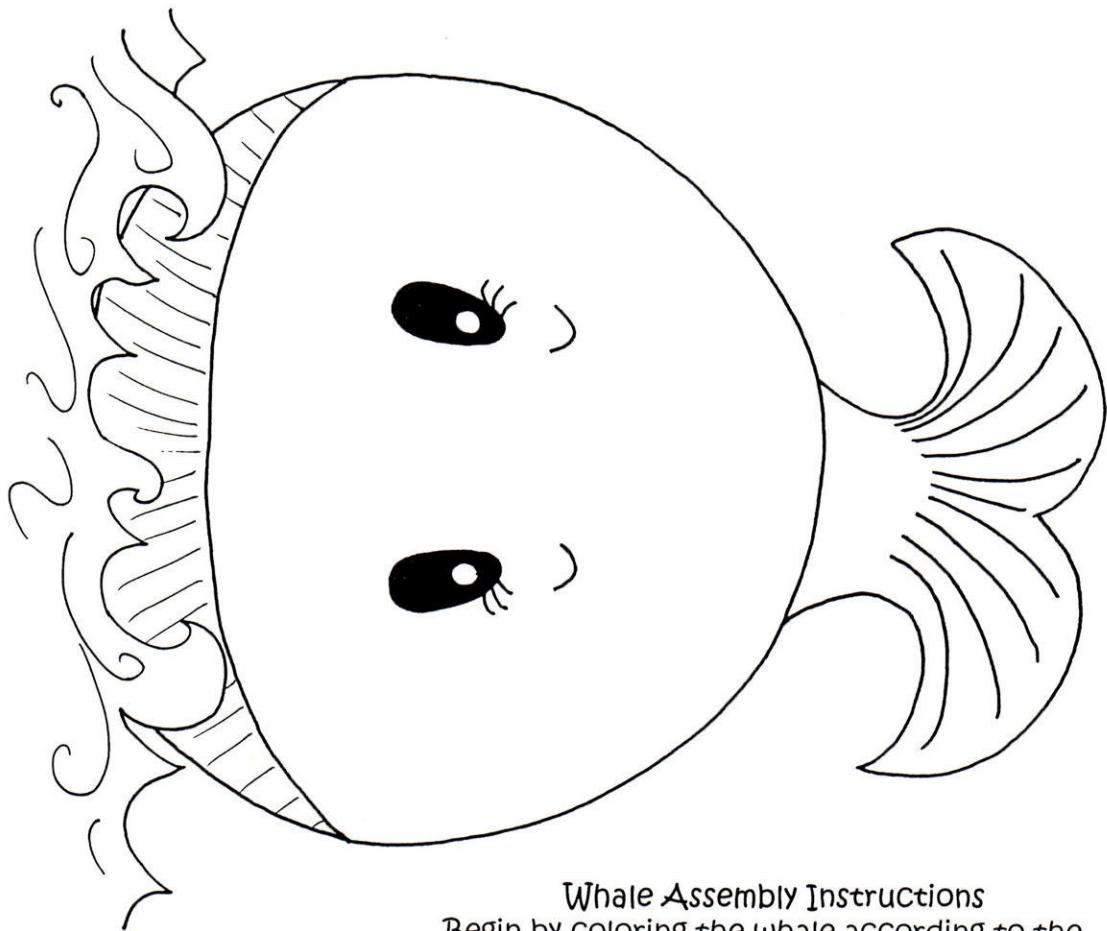
WHALE GAME PIECES



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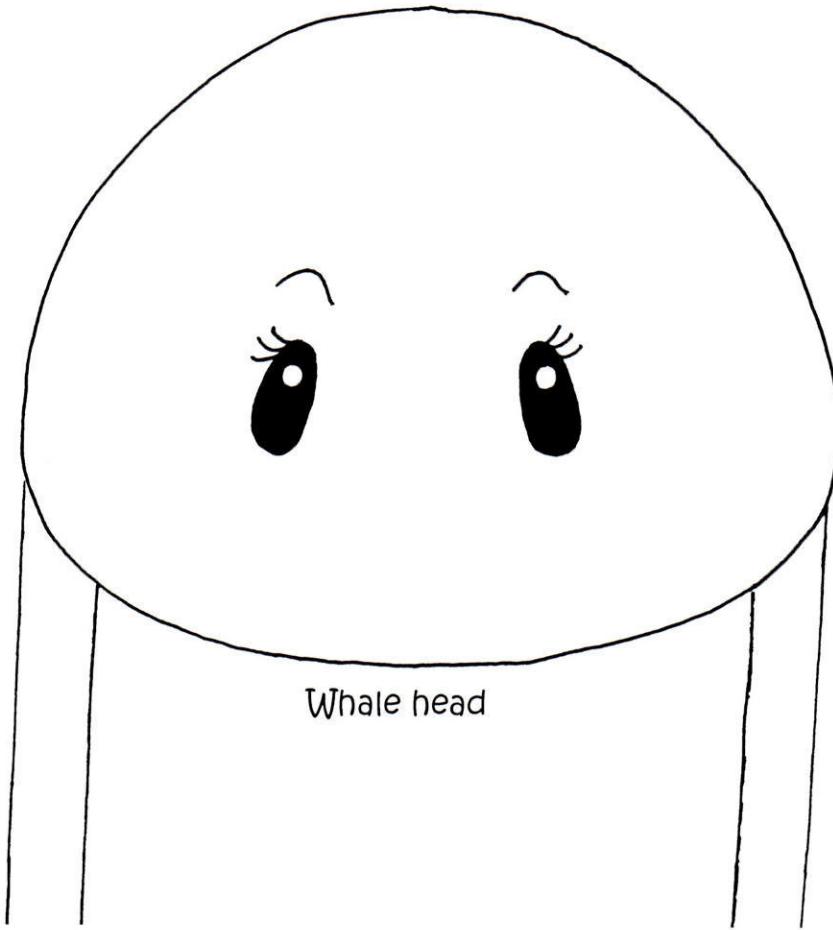


Jonah praying

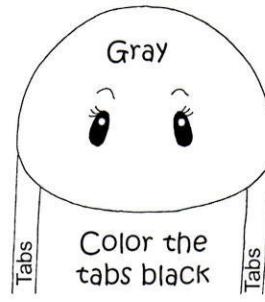


Whale Assembly Instructions

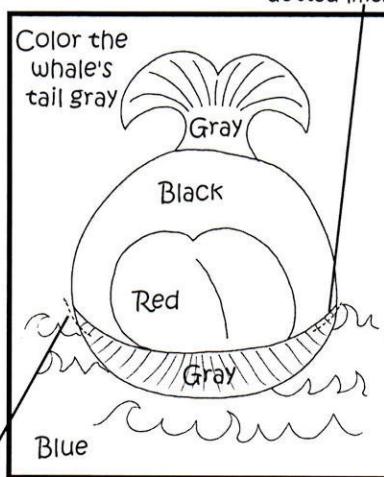
Begin by coloring the whale according to the color key below. Once the coloring is complete, laminate both the whale head and the whale body card. Cut out the whale head including the tabs. Using an x-acto knife, cut along the dotted lines (on the sides of the whale's tongue). Now insert the tabs into the two slots cut with the x-acto knife. To open the whale's mouth, simply pull up on the whale head to reveal the inside of the whale's mouth. During the story have one of the children place the miniature Jonah in the whale's mouth.



Whale head

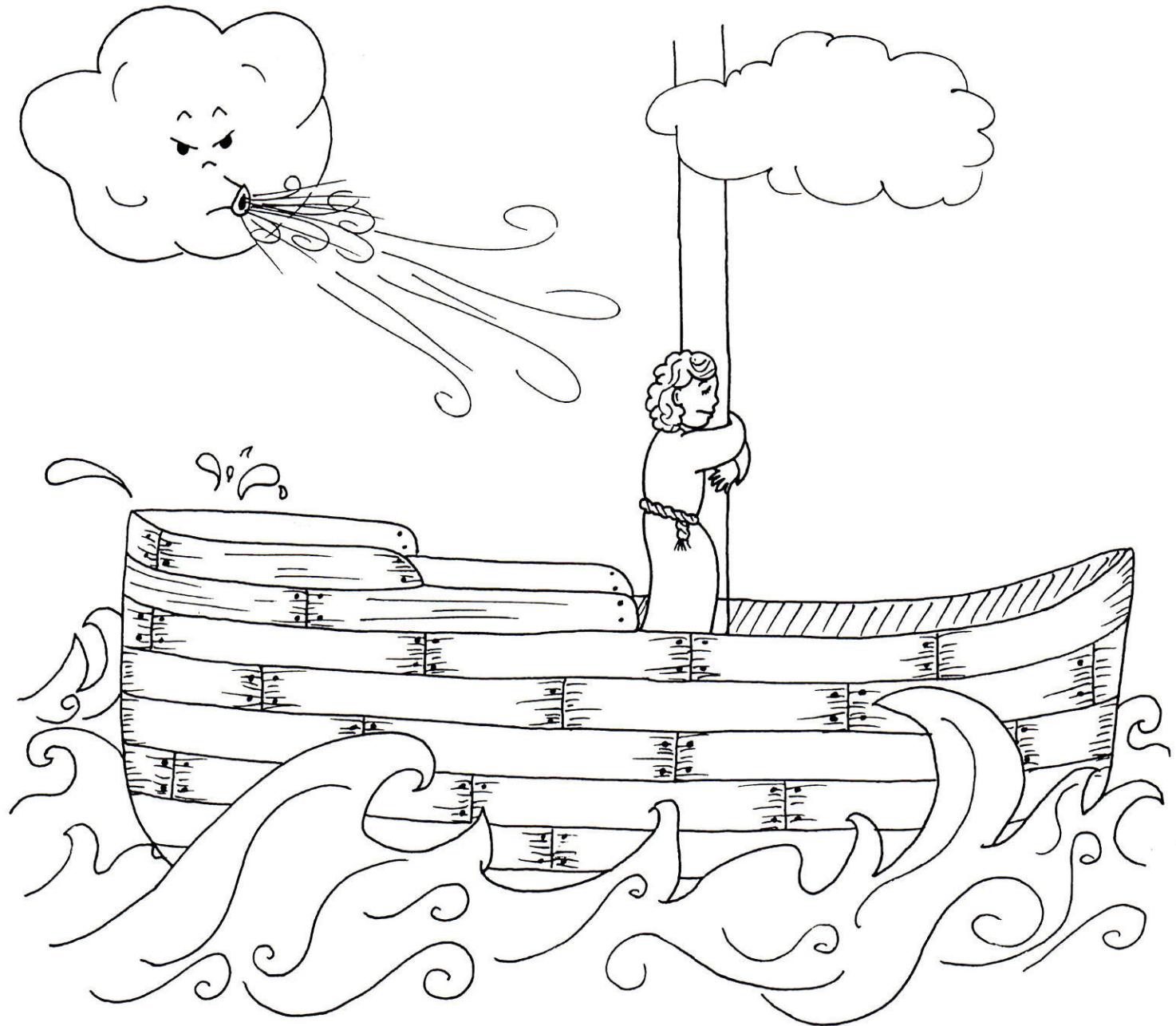


Cut along
dotted lines



Color the inside of the whale's mouth black and the tongue red

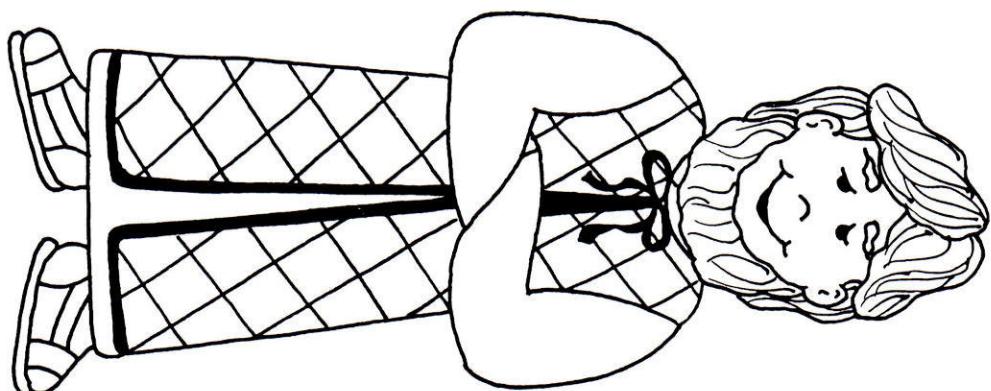
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The mighty tempest tossing the boat
to and fro

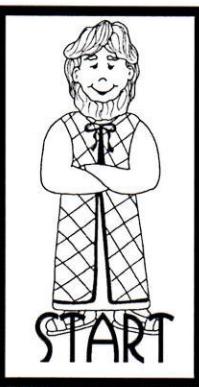


Miniature Jonah



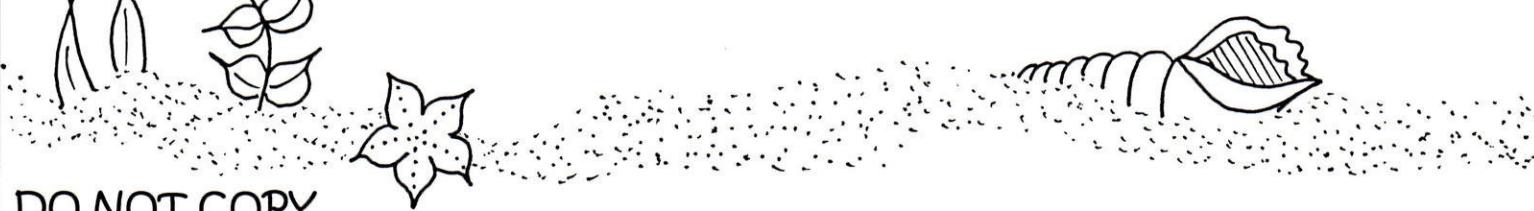
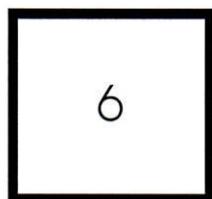
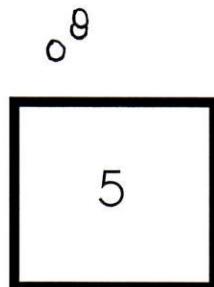
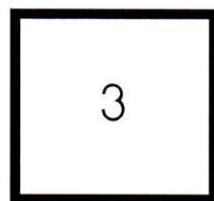
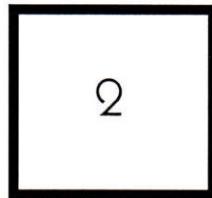
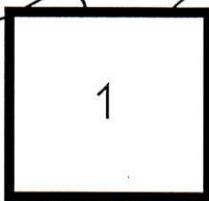
Jonah

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JONAH

AND



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THE WHALE



12

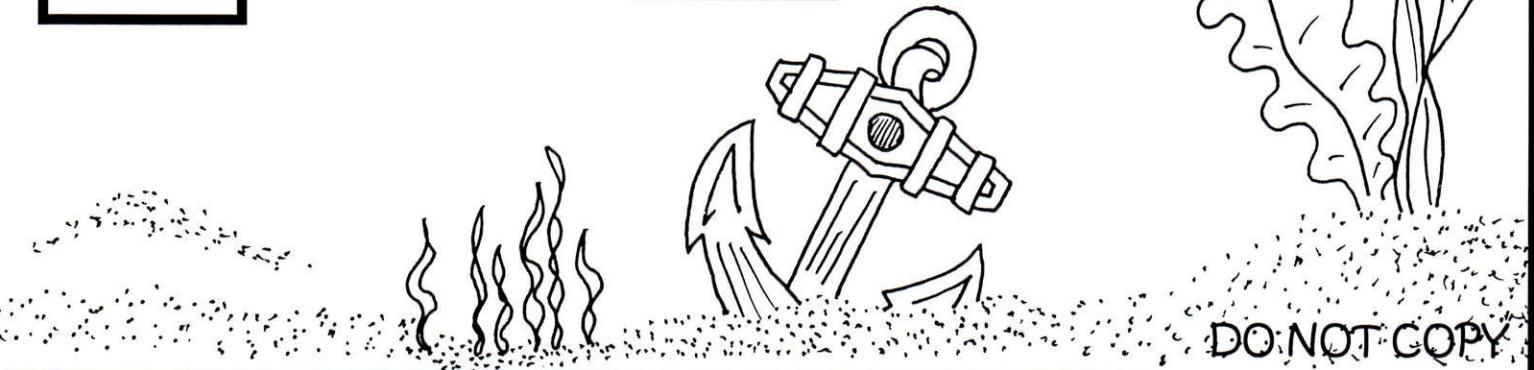
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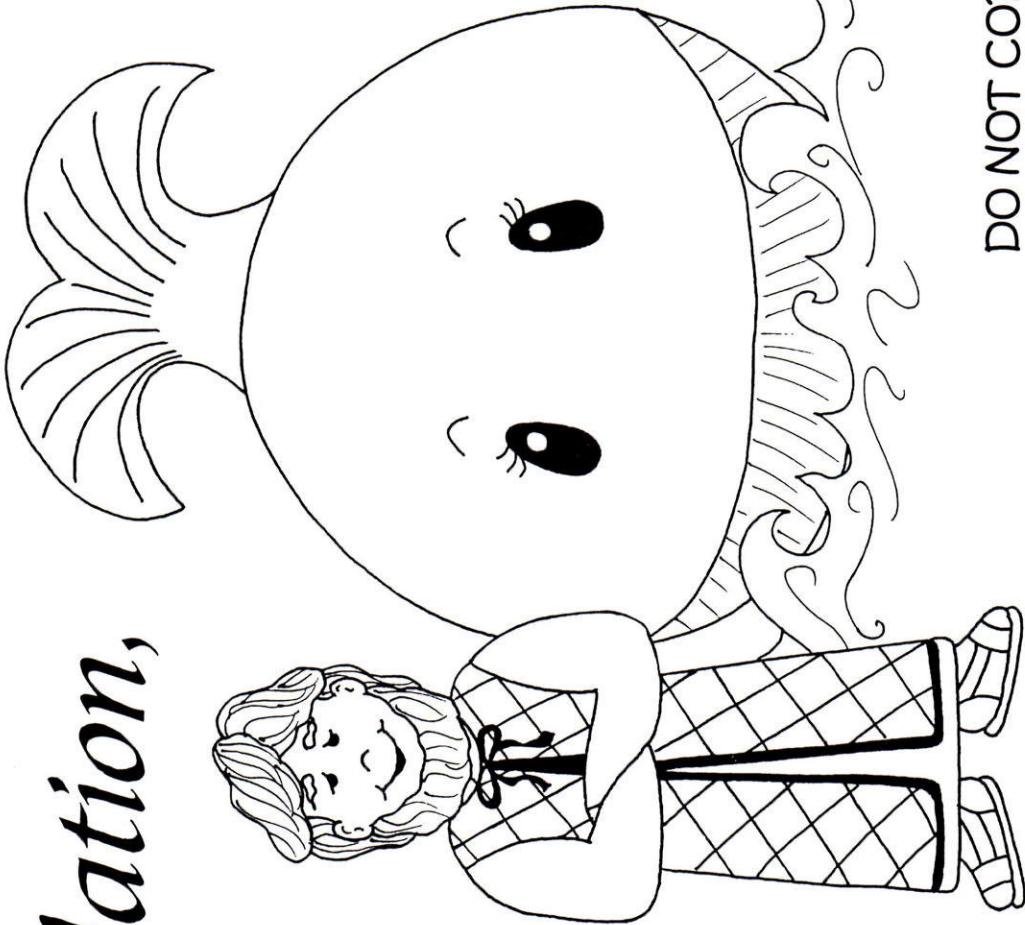
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*"For verily I say unto you, blessed
is he that keepeth my commandments,
whether in life or in death; and he that
is faithful in tribulation,
the reward of the
same is greater
in the kingdom of
heaven."*



D&C 58:2