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#### Putting On The Whole Armor of God Family Home Evening Packet



#### Contents:

Story Picture Sheets Game Scripture Treat Recipe



### Royal Tarts



# **Tart Shell Ingredients**

- I pound butter
- 1 cup sugar
- •1 egg
- 5 to 6 cups flour
- 10 drops almond extract
- 1 cup brown sugar

Cream butter and sugar. Add egg and flavoring. Mix and knead as much flour as dough will hold. The more flour, the better the cookie. Press into tart shells and trim off top. If you do not have tart shells, press into muffin tins. Bake at 350 degrees until slightly brown, then remove. Let cool for a short time and remove from tart pans. If you do not want to make the shell from scratch, you can purchase sugar cookie dough and press into tins and bake.

# Tart Filling

- Fresh or frozen strawberries (or desired fruit)
  - 1 box of Danish Dessert

Follow the pie filling directions on the back of the box of Danish Dessert. Fill tart shells. Top with whipped cream and serve. ENJOY!

## Putting On The Whole Armor Of God Family Home Evening Packet **Home Evening Outline**

Opening Prayer
Opening Song
Scripture
Story
Game
Closing Song
Closing Prayer
Refreshments

Suggested Songs: "Seek The Lord Early", pg. 108 (Childrens) "I Will Be Valiant", pg. 162 (Childrens) "We Are Marching On To Glory", pg. 225 (Hymn)

Scriptures: D&C 27:15-18, 1 Timothy 6:12

**Story:** Color graphics with markers, colored pencils, chalks, etc. Use flannel, or laminate and cut out and place magnets on back of graphics, etc. Use either the large boy or girl graphic. As you read each segment of the story, allow each child to tape or velcro the piece of armor to the boy or girl graphic that corresponds with the story seament.

**Game:** Preparation - Color, laminate and cut out each set of boys, girls and each set of armor. Cut out the die, and glue together according to the directions on the die sheet.

Object - The object of the game is for a family member to have his or her figure totally clad in all six pieces of armor. The first player to accomplish this wins the game. Play - Give each family member a boy or girl figure, and one set of complete armor. (a helmet, shield, sword, legs & feet, loins and a breastplate.) Determine which player will go first and rotate clockwise. The first player rolls the die. The player must roll a "1". If the player does roll a "1", he can get his helmet. He can then roll again and try and get a "2", then a "3" and so on until all pieces of armor have been collected in order. If he does not roll the number he needs, play rotates to the next player. Remember, each player must receive each piece of armor in the order given below.

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1 - Legs & Feet, 2 - Loins, 3 - Breastplate, 4 - Helmet, 5 - Shield, 6 - Sword

#### Putting On The Whole Armor of God

Every day, we hear or see things that are disturbing to us or things that scare us. We wonder how our lives will be affected and how we can withstand what is going on. As in all things, God is the answer and we can have peace in our own lives, even if bad things are happening around us. God doesn't want us to be afraid. We can be brave and go with confidence with the right tools.

There is a beautiful scripture in the Doctrine & Covenants, 27:15-18. It reads: "Wherefore, lift up your hearts and rejoice, and gird up your loins, and take upon you my whole armor that ye may be able to withstand the evil day, having done all, that ye may be able to stand. Stand therefore, having your *loins* girt about with *truth*, having on the *breastplate* of *righteousness*, and your *feet shod* with the *preparation of the gospel* of peace, which I have sent mine angels to commit unto you; Taking the *shield* of *faith* wherewith ye shall be able to quench all the fiery darts of the wicked; And take the *helmet* of *salvation*, and the *sword* of *my Spirit*, which I will pour out upon you, and my word which I reveal unto you, and be agreed as touching all things whatsoever ye ask of me, and be faithful until I come, and ye shall be caught up that where I am ye shall be also. Amen."

We need to wear this armor proudly, improving every day on those things that the Lord has suggested we strive to obtain.

#### Loins Girt About With Truth

We need to know the truth, and our greatest resource for knowing all truth is the Holy Ghost. What a wonderful gift it is to be able to pray to our Father in heaven and know that the truth will be revealed to us through the power of the Holy Ghost. One of the wonderful examples we have of this is when the prophet Joseph Smith was confused about which church to join. He was just fourteen years old and he had read in the Bible that if he needed to know anything, he just had to pray and the Lord would answer his prayers. Joseph went to the Sacred Grove and knelt in prayer. Then, a most miraculous thing happened: God, the Father, and Jesus, His son, appeared to young Joseph and told him that none of the churches on earth at that time were true. They brought with them the truth and gave it to Joseph.

Not very many of us will receive such great witnesses of the truth as having the Father and the Son appear to us, but we can still know the truth every bit as much as Joseph did that day. The truth feels good. The truth gives us peace. The Holy Ghost will whisper, softly, the truth of all things to us, and when He teaches us the truth, we will have a good feeling in our hearts. We may feel warm inside. Don't be afraid to know the truth. That is how we gain our testimonies.

#### Having On The Breastplate Of Righteousness

We need to be righteous. This is not an easy thing when we are around friends at school, when we are invited to go places that we know are not good places, or when Satan tries to tempt us to do bad things. Even so we can choose to be righteous.

When Joseph Smith was only seven years old, he became very sick. A terrible pain began in one of his legs. The pain was almost unbearable and even though the doctors had examined him many times, it continued for over two weeks. The leg became swollen and to ease the pain, Joseph's mother, Lucy, would carry him around with her. When Lucy became really tired, Joseph's brother, Hyrum, sat by the bedside and put pressure with his hands on the area that hurt so bad. After three weeks of this intense pain, Joseph got so bad that they sent for the doctors again. An eight-inch cut was made in the leg to relieve the pressure but when it healed over, the

pain returned as bad as ever. The doctors tried once more to relieve the pressure but the same thing happened. Finally, the decision was made to take off part of Joseph's leg.

Lucy pleaded with the doctors to leave the leg alone, so the doctors decided to operate on the leg and just remove a small piece of the bone where the infection was. The doctors wanted to tie Joseph down but he said, "No." Then they asked him if he would drink some wine to deaden the pain and he said, "No, I will not touch one particle of liquor, nor will I be tied down, but I will tell you what I will do. I will have my father sit on the bed close by me, and then I will do whatever is necessary to be done in order to have the bone taken out." After giving instructions to his mother, Joseph said, "The Lord will help me." Joseph was righteous, even in very hard times. He tried very hard to always do the right thing. We know what is right in our hearts. We just need to do it at all times.

#### Feet Shod With The Preparation Of The Gospel

We need to study and learn the gospel. How can we live something when we don't know anything about it? Joseph Smith went through awful trials and heartaches so that we could have the Book of Mormon. I wonder if we could have gone on translating the plates if we had been treated so badly. Many times Joseph was tarred and feathered. There were people who hated Joseph Smith because Satan didn't want the Book of Mormon to be printed, so he would tempt people to be cruel to Joseph. These bad men would pour hot tar over Joseph and then pour large bags of feathers over his head so they would drift down and land in the sticky tar. This would hurt Joseph greatly and then would come the awful task of removing the tar. As each piece of tar was pulled from his skin, it would leave a red, painful sore which would take weeks to heal.

We can show our love for the prophet, Joseph Smith, by reading the Book of Mormon and studying the gospel, which he restored for us. One of our greatest protections from the world is to know all about our church. Joseph Smith made it possible for all of us to know about the gospel of Jesus Christ.

#### Shield Of Faith

We must have faith, but in what are we to have faith? We must have faith in Jesus Christ, that He is the Son of God, and that He will do all those things that He has promised. Can you imagine the faith that Joseph Smith must have had to go through so many terrible things and not murmur or doubt the Lord? Joseph Smith and his wife, Emma, had eleven children. Of the eleven, only five - Joseph the III, Frederick, Alexander, adopted twin daughter, Julia and David Hyrum lived to be adults. The first three children, Alvin and the twins, Thaddeus and Louisa, all died on the day they were born. One of their adopted twins, Joseph, died of exposure caused by a mob before he reached the age of one. Don Carlos lived to be just two months past one year old and a still-born son was born in 1842.

Imagine how very difficult it would have been to lose six children, all just babies. If you were the prophet of the Church, wouldn't you be angry? Wouldn't you feel abandoned by the Lord? To have all the other trials going on at the same time, how could you or I hold up under that kind of pressure? Would we still believe? Joseph Smith is the ideal example of perfect faith. He loved the Lord and believed in Him and his faith never wavered. That is the kind of faith we need to have. If we can develop that faith, it will act as a shield against the world and give us peace, even during the hardest times.

#### Helmet Of Salvation

We need to know the plan of salvation. Joseph Smith did so much for each one of us, and one of the greatest revelations to him was the Plan of Salvation. We are so lucky to know where we came from, where we are going and why we are here. We have goals because of this great plan: we want to be with our families forever

and we want to live in the Celestial Kingdom with our Heavenly Father and Jesus. Because of those "wants" we work toward those goals. The "Plan of Salvation" is just that - a plan for eternity. After the "great war" in Heaven, we chose to follow Heavenly Father's plan. We came to earth to be tested to see if we would do everything that God asked of us. We are now in that testing period. When we are finished here, we will go on and live forever, but how we live here will determine where we live later. What a great challenge for us all! What a great ideal for which to work hard. Yes, knowing the plan of salvation will protect us from so many bad things in the world. If we never lose sight of the goal, we will reach it someday.

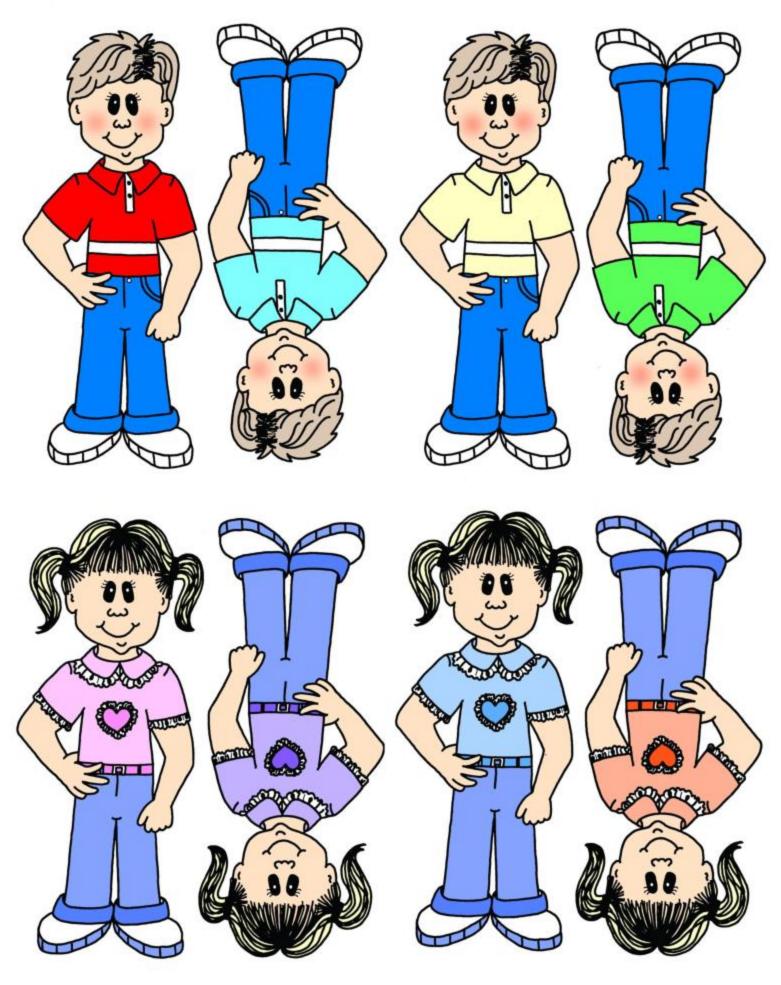
#### The Sword Of My Spirit

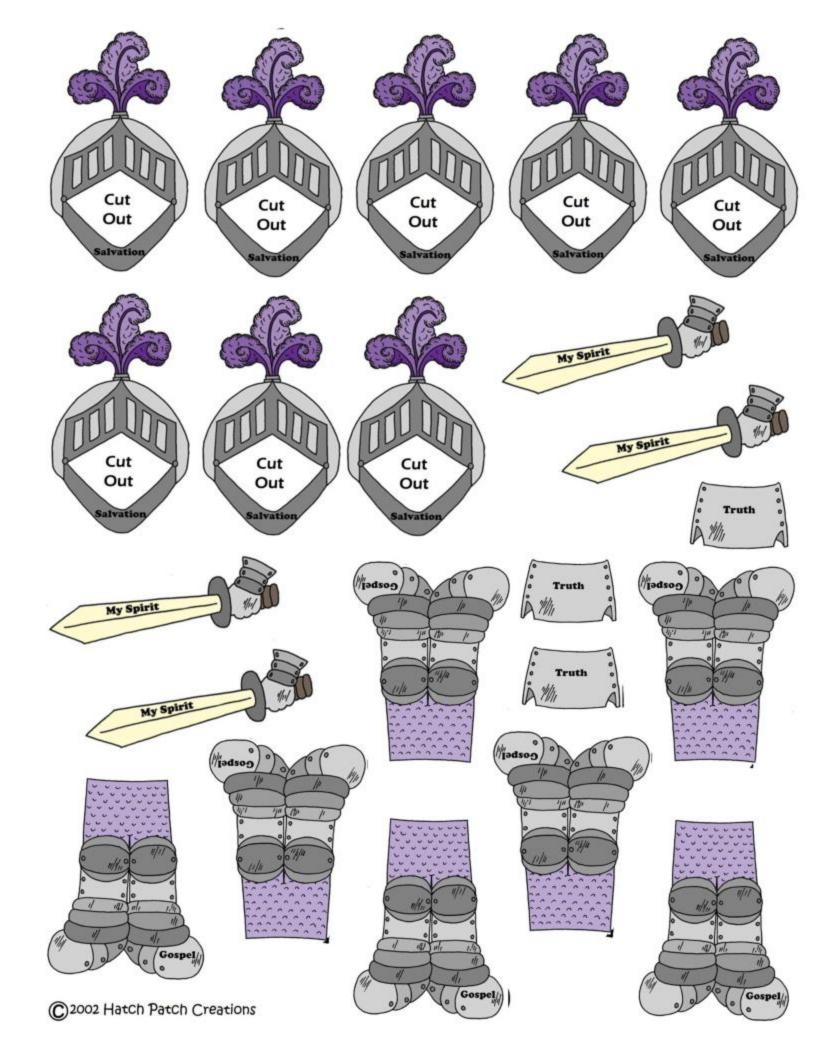
We need to live so that we can be worthy to have Heavenly Father's Spirit with us at all times. Here is our greatest protection. When we take the sacrament each Sunday, we are reminded that we must remember our Savior and keep his commandments. If we do that, we will have his Spirit to be with us. What greater blessing could we have? What greater gift could he give to us than to be with us always? This truly is our sword that goes before us as we face life's experiences.

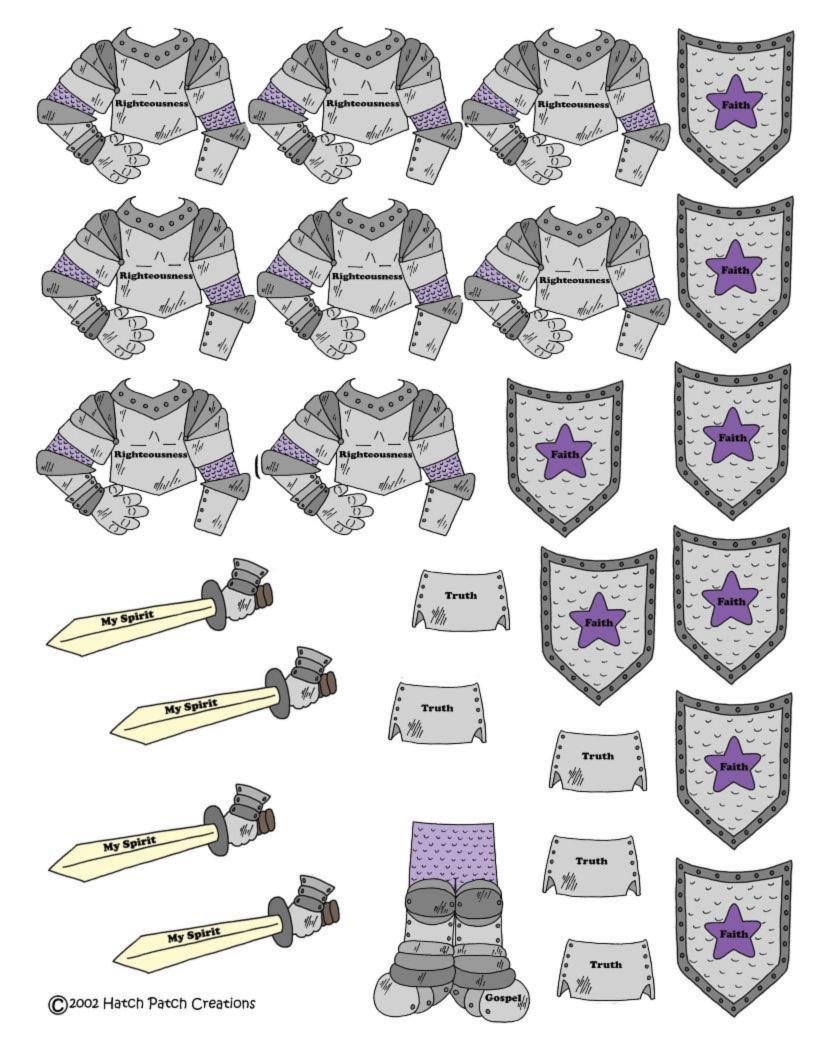
We are now covered in the armor of God. We are protected in every spot that could cause us trouble. We are strong, mighty and courageous! We are ready to meet the world head-on!

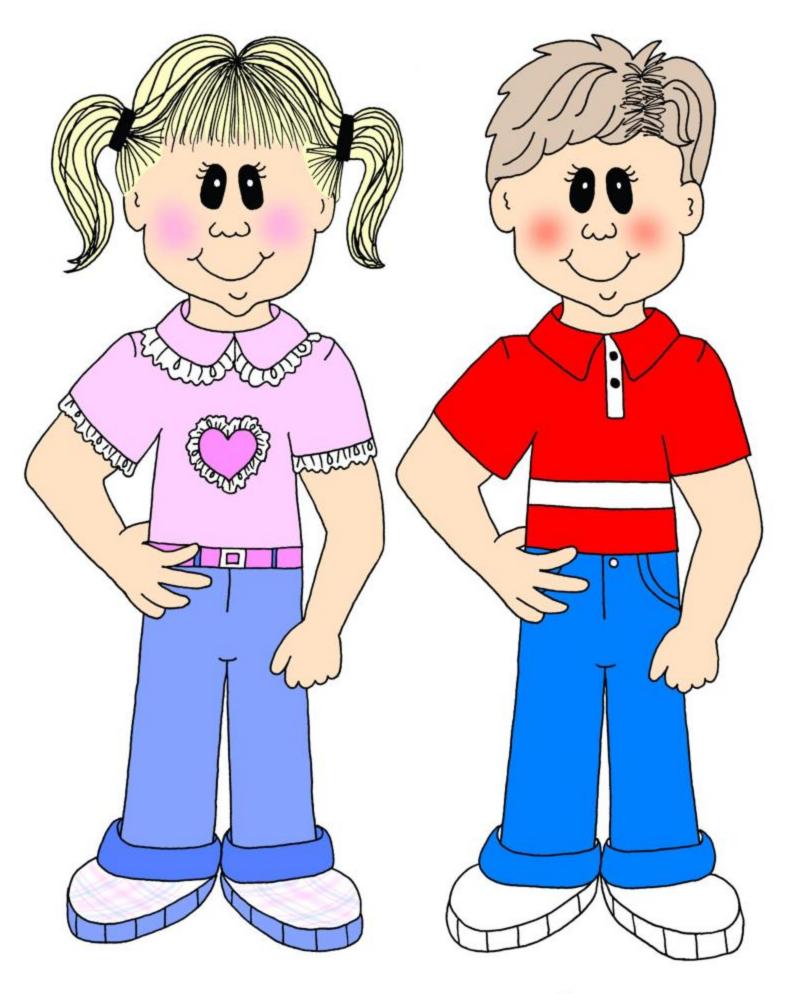
#### DISCUSSION

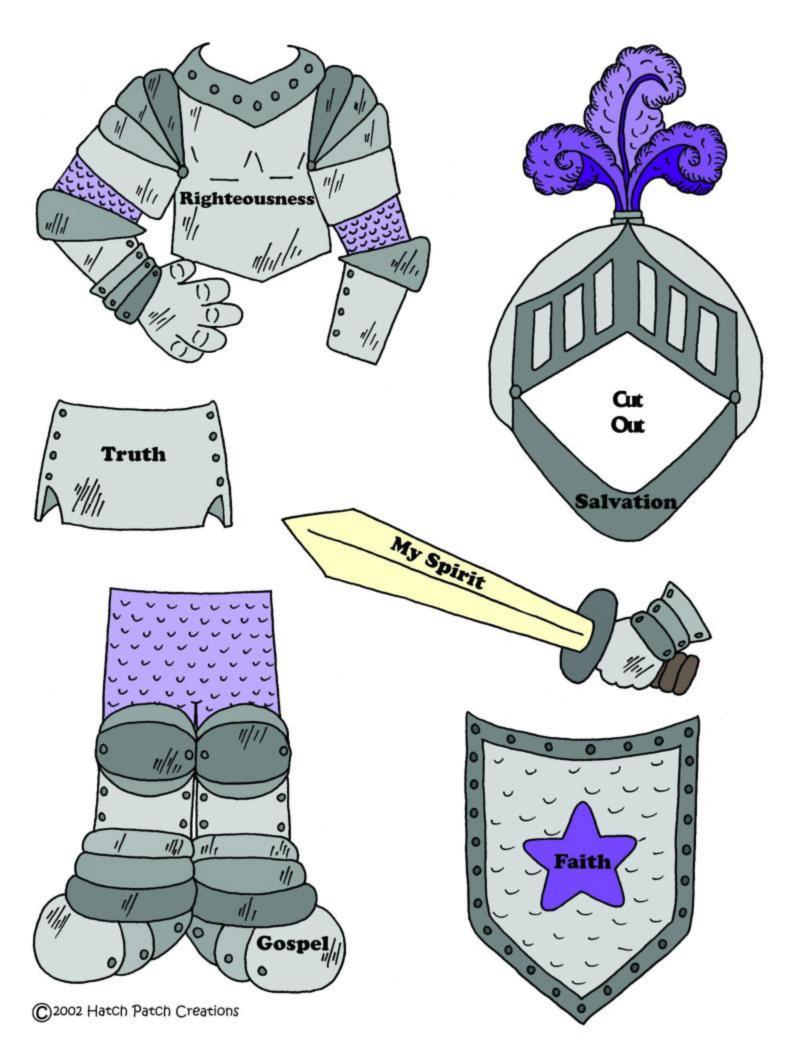
- •What things do you need to work on the most to have the armor of God all around you?
- •Is it easy to get all of these pieces of armor?
- •What will help us the most to obtain all of these protections?











#### **Assembly Directions**

- · Cut on all dashed lines.
- · Fold a crease on all solid lines. · Fold each side in, forming a cube. Use a glue stick or small amounts of white glue to adhere the insides of the cube together. Be sure that all numbers are on the outside.



# Doctrine & Covenants 27:15-18



"Wherefore, lift up your hearts and rejoice, and gird up your loins, and take upon you my whole armor, that ye may be able to withstand the evil day, having done all, that ye may be able to stand. Stand, therefore, having your loins girt about with of faith wherewith ye shall be able to quench all the fiery darts truth, having on the breastplate of righteousness, and your feet shod with the preparation of the gospel of peace, which I have sent mine angels to commit unto you; Taking the shield of my Spirit, which I will pour out upon you, and my word which I reveal unto you, and be agreed as touching all things of the wicked; And take the helmet of salvation, and the sword whatsoever ye ask of me, and be faithful until I come, and ye

shall be caught up that where I am ye shall be also. Amen."