Transcripted summary of VOIP interview with client (translated)

Date of interview: 29th January 2017

Describe the current system

My personal healthcare is mostly the recording of heart rate and blood pressure, and medicinal intake. I manually record my heart rate by taking my pulse from the side of my neck. To measure blood pressure, I use a small instrument. The readings of both, I log on a sheet of lined paper. For medication intake, I rely mostly on reminders.

What problems do you face with the current system?

I have to log most of the health vitals on paper, which does not really help me do anything with the data except finding and reading it. In the case of instruments, I feel that the one I have been using is quite old and I've been advised to buy new ones. Reminding myself to take medication is difficult as I do write reminders on a sheet of paper, but it becomes difficult to stick to a schedule if there are no additional reminders other than this.

How do you currently remind yourself for medication intake?

Earlier, I tried using an alarm system on my phone. This becomes troublesome as the number of alarms I have to take makes it very confusing. I moved on to using a paper where I could strike out medications whose course was complete, and a space at the top where I could append to the medications that I would be taking for long periods of time.

Are there any solutions to the problem that you have in mind?

An application on my phone which simplifies the alarm system that I previously used would be great. Other than that, any additional features that would make this process less time-consuming would be helpful.

What would your requirements be of the replacement system?

It would be great to have a simple user interface where I can add medications which I can be reminded of in a noticeable way. If I could also take vitals (heart rate, blood pressure) from the application, it would be helpful. Otherwise, just a facility whereby I can enter these vitals informations manually.

How experienced are you with using a computer system?

I'm reasonably experienced with a computer system. Being specific to the application, I feel I would be able to easily use it if it is simple to understand.