

Antiracism Affirmation

Antiracism means

Fighting for Respect, Freedom &

Dignity To be me

For my Wholeness, my Humanity

For the Health of my soul!

All these that I shouldn't have to fight for.

[Respect:]

- Respect – I deserve what's implicitly given by white male to another white male
- Respect – I DO NOT deserve your racial stereotype
- Respect – I deserve more than your racial stereotype

[Freedom:]

- Freedom – I am free to speak my mind without fetters of physical and psychological abuse
- Freedom – I am free from clutches of manipulation, coercion, double standards
- Freedom – I am free to explore ME without ridicule, humiliation, antagonism

[Dignity]

- Dignity – My life is my responsibility
- Dignity – My responsibility is to reclaim my identity
- Dignity – Reclaiming my identity is to redefine myself in my choosing
- Dignity – Redefining myself is to embrace my Wholeness
- Dignity – Embracing my Wholeness is to embrace my Humanity
- Dignity – Embracing my Humanity is to birth forth Equanimity & uplift EVERY HUMAN
- Dignity – Uplifting every Human – this nourishes my soul

In racism, nourishing Your soul is what You lose

In Antiracism, nourishing my soul creates space for Your nourishment

I am a monogamous, hetero, Indian Male; I have some white privilege

This is my affirmation.

I am Anti-racism.